Welcome to the Extraordinary Soul Mystery School



Module 32



Module 32

NORTH – THE AIR DOOR

Revisiting the StarMaiden Circle

Items needed for this module:

- 5 stones laid out in a wheel
- Module 33 Handout
- Your Shield
- Your Bundle



Lay out rocks
Connect, Call in Sacred Space



Open to Receive



CHECK – IN

ANY QUESTIONS FROM ANYTHING WE HAVE DONE SO FAR?

We’ve been out in the sky and now we are going to land back in the wheel.



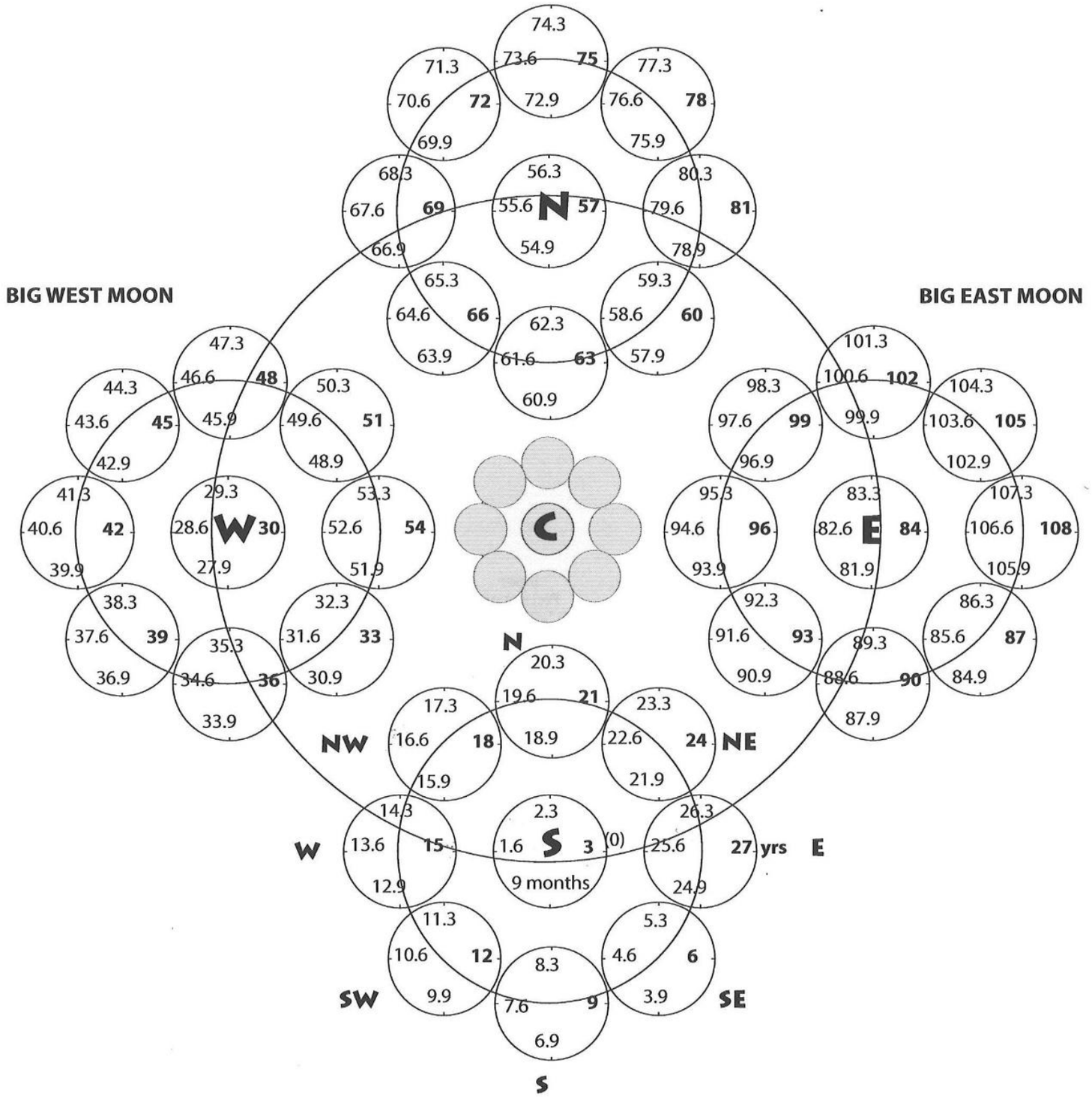
Once again, we want to remind ourselves of where we have been and where we are now.

You all received your Akashic Record of your Soul.

Then, we learned The Big Moon Map is the overall map of our lives. On it we have all the versions of the StarMaiden Circle that are the directional foundation of all the circles within circles. As we drill down into each of these circles, we see that the overlays of the StarMaiden Map apply to every single circle. We use one of the arrows in out quiver, every single time we make a choice, from the earth shattering to the most mundane. We learned how we actually break down those choices into steps that happen every time we make any choice, and that those steps are contained in the Infinity Movement. We also learned that each of those steps, there is both a Masculine and Feminine aspect to each step, as well as a light and a dark aspect of each of those. We then learned how to “spin” your wheel to redirect your steps. And we did that in your StarMaiden Dance. I hope you can see the shift that is now taking place in your life.



BIG NORTH MOON



BIG SOUTH MOON

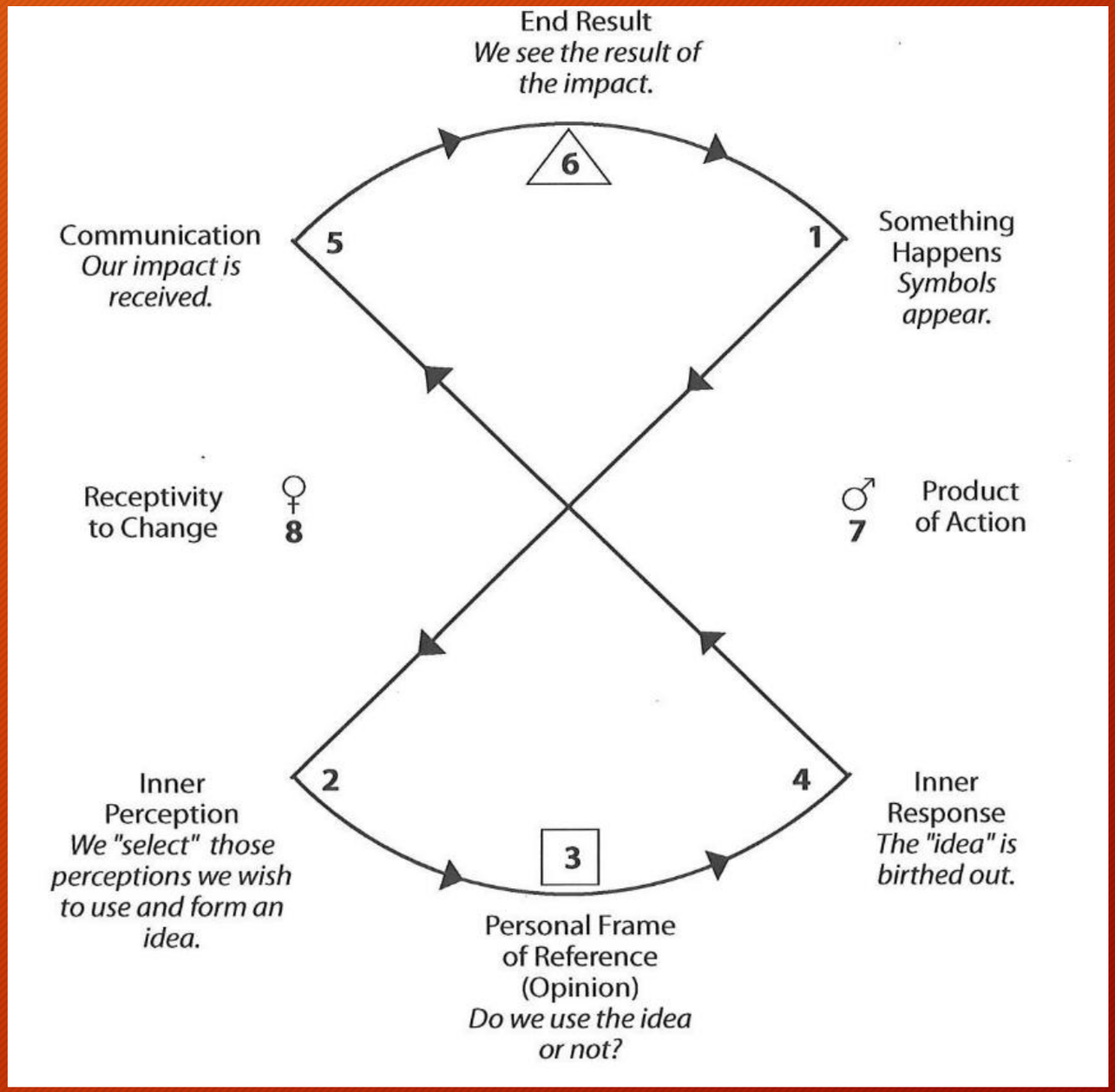
Then we traveled out to the stars to retrieve our individual map, and remind ourselves of what we came here to do, this specific lifetime…

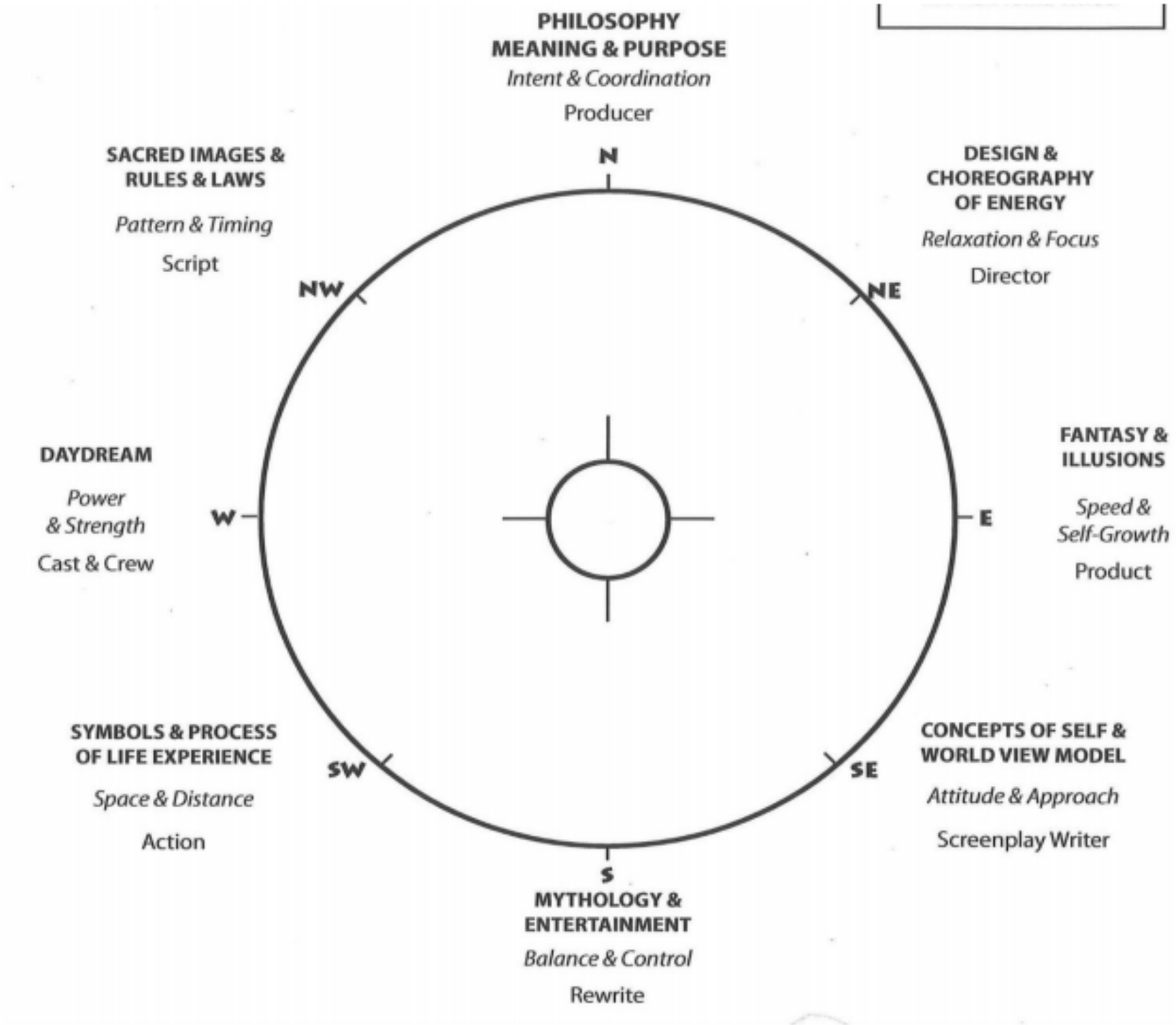


This Photo by Unknown Author is licensed under CC BY

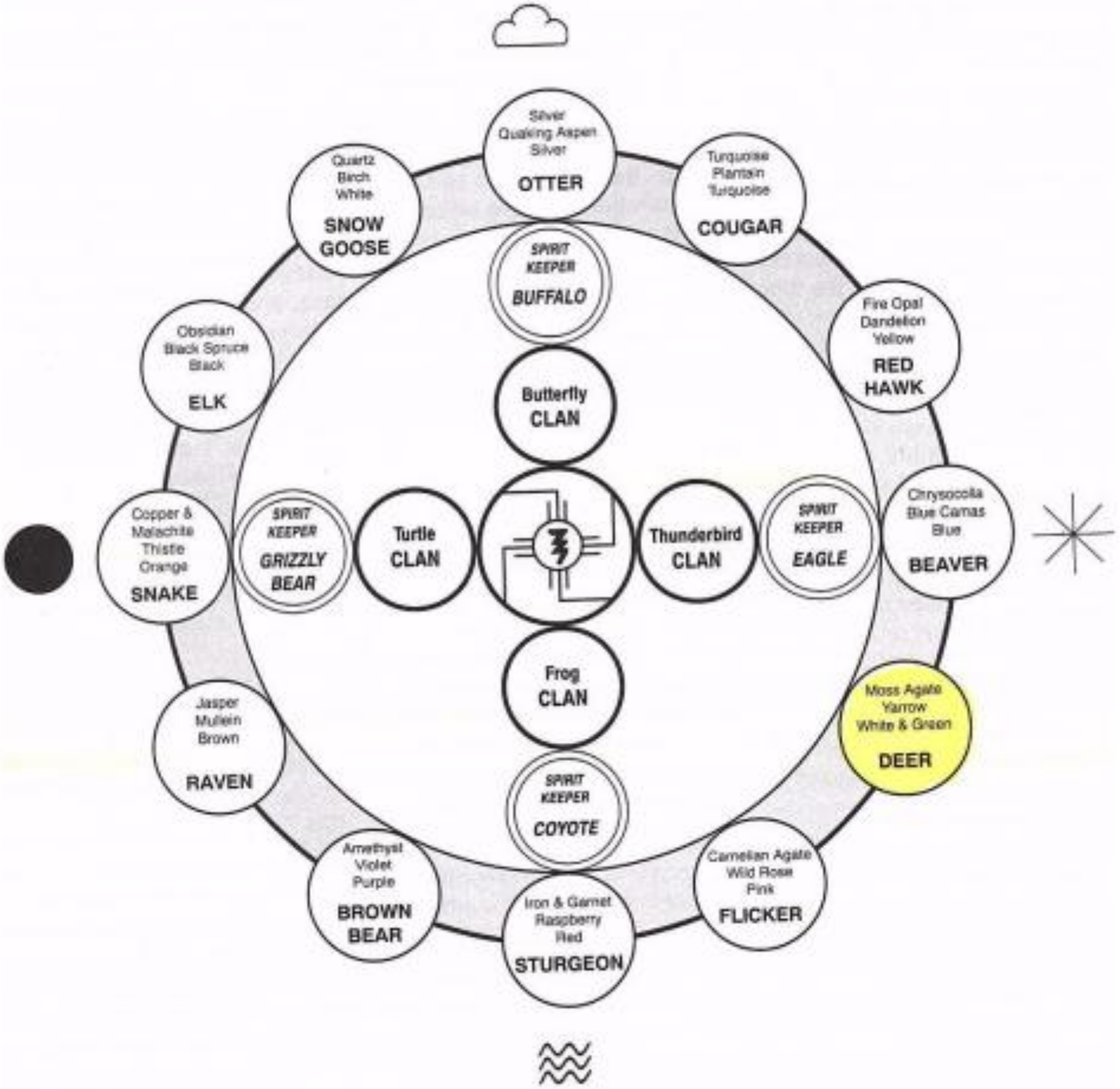
Even though that shift is taking place in every aspect of your life continually, you may come across circumstances where you feel the shift may not be happening fast enough, or you may feel particularly stuck in a specific area. You may want to look a specific difficulty more deeply and move it along with a StarMaiden dance. Early in our time together it was suggested that you track significant events in your life and plot them so you could see your patterns. If you have done this, it could be quite helpful in deciding what you will choose to specifically work on. However, it is not necessary. You can simply choose the area that seems troublesome and begin working through the process. This will also serve as a review so whenever you run into difficulty, you will know what to do.

The first step that you will do this week is figure out what you want to work on. In order to do this, you will want to revisit yourself in your original sitting position, the place you were born. First look over the infinity symbol below and begin to remind yourself of each of the positions.





So place your infinity symbol for the TONAL spin, over the wheel above, with 3 on your birth spot, your sitting place. Notice where all the steps plot out. You may want to make copies of this page so you can use it to plot different positions as we move forward. You can redance your steps again and again, any time you feel the need to move some energy.


Silver
Quaking Aspen
Silver
OTTER
Quartz
Birch
White
SNOW
GOOSE
Turquoise
Plantain
Turquoise
COUGAR
SPIRIT
KEEPER
BUFFALO
Obsidian
Black Spruce
Black
ELK
Fire Opal
Dandelion
Yellow
RED
HAWK
Butterfly
CLAN
Copper &
Malachite
Thistle
Orange
SNAKE
SPIRIT
KEEPER
GRIZZLY
BEAR
Turtle
CLAN
Thunderbird
CLAN
SPIRIT
KEEPER
EAGLE
Chrysocolla
Blue Camas
Blue
BEAVER
Frog
CLAN
Jasper
Mullein
Brown
RAVEN
Moss Agate
Yarrow
White & Green
DEER
SPIRIT
KEEPER
COYOTE
Amethyst
Violet
Purple
BROWN
BEAR
Carnelian Agate
Wild Rose
Pink
FLICKER
Iron & Garnet
Raspberry
Red
STURGEON

Once you have done this, NEXT WEEK we will go through the dark arrows in each position. Look at both the feminine and the masculine aspect. Ask yourself how each of these dark aspects pertains to your specific issue that you are addressing. Make notes on each position like we did before. You can even begin the dark arrow work. Utilizing the outlines below.



The following is a description of both the dark and light mirrors of the female and male energies as they exert their influence at each point around the Star Maidens Circle. Remember that balance is achieved when we can hold both energies with equal intensity.

• SOUTH

♀ **Dark Reflection of the Female Energy**
The Helpless Victim Syndrome; needing to be rescued; pain tapes which place the female into the mythological roles of the damsel in distress. Without pain there is no gain. "I cannot be desirable as a woman unless I am needing to be rescued." "I am lost by myself."

Light Reflection of the Female Energy
Based on a woman's ability to give with tenderness, to have humbleness and humility, willingness to be vulnerable. Choose pleasure and knowledge instead of pain and ignorance. Sensitivity to align with Grandmother Earth, Mother Earth and a resonance with the Four Worlds. When we are grounded in this way it is hard to throw us out of our center, for we are so connected to Nature that we can always experience healing and rejuvenation from Her.

♂ **Dark Reflection of the Male Energy**
The Macho-Male Syndrome. Based on the need to control, this energy is the height of self-importance. With this energy we must and can always "bring home the bacon" and "slay the dragon", but we are an emotional vampire and use our emotions to battle for control.

Light Reflection of the Male Energy
One who can reach out to others when asked, can touch self, life and others with beauty. Total compassion, an innate sense of justice and multiple viewing points of righteousness. It is not dictated by emotions, but resonates with them and follows whatever is the strongest energy that is present. Able to persevere and is not a quitter.

• SOUTHWEST

♀ **Dark Reflection of Female Energy**
Fear of any and all female energy results in closed symbols centered around womanhood. The basic core belief that is acted out here is that female = weak = lost, abandoned or attacked. These are the rape victims, the brow-beaten wives who completely give their power away and will not confront their dark mirrors on any level. Whenever this is so, tonal reality goes out of balance also.

Light Reflection of the Female Energy
This is the explorer and adventurer who loves to open closed symbols because it is exciting to do so. The quality of receptivity contains no value judgments. It has multiple viewing points: first, the ability to see everything as it is; second, the ability to see alternatives and the ways it could be; and third, no expectations about how it must be. The quality of creativity includes the ability to understand our own resource circle and the limitations and boundaries it creates as well as the knowledge and ability to add to our resource circle in such a way as to extend those limitations and boundaries. This allows us to know when to delegate authority and when to do the task ourselves.

♂ **Dark Reflection of Male Energy**
This is the classic emotional and physical manipulator. The core belief that is operative here is: "The only way to succeed is to walk over people". This vindictiveness is the opposite of compassion. This mythology is held within and perpetuated by the rapist, wife-beater, successful executive, and the lead male role in many popular television shows.

Light Reflection of Male Energy
Taking full responsibility for our decisions and actions is a prerequisite for this reflection. Putting ourselves onto the Mistakes Wheel (pg.179) and the Five Perceptions of Reality Wheel (pg. 182), by picking up the Light Arrows (pg. 64-66) and actualizing our dream, we throw ourselves into the center of our own circle. In this way, our life will become an ongoing Vision Quest. Life is a ceremony.

• **WEST**

♀ **Dark Reflection of Female Energy**
In this case we are in a continuous war between female and male power in which there is no win-win solution possible. We are over-powered by the abilities of the male energy and give away our power to the male in order to survive. We blame male energy for everything that is wrong in order to avoid feeling guilty and ashamed for not honoring the feminine. In this context, a turnaround is necessary: women must become warriors and men must become nurturers.

Light Reflection of Female Energy
Taking control of one's needs and wants, manifesting the larien (our psychic gifts). Holding with intimacy the preciousness of life and death, makes it possible for us to use our creativity, realizing that it is the dignity of life and death itself that must be defended.

♂ **Dark Reflection of Male Energy**
The driving need for material gain, possessions and success overrides intimacy and relationship. Rather than developing into a warrior who knows the balance of the female and male, we become a supreme manipulator and collector, mistaking that to be the warrior.

Light Reflection of Male Energy
Here we see a sensitivity and respect of the highest order for life and others. This will prompt the following priorities: first, protecting our loved ones; second, providing for our reality needs; third, looking after ourselves. Another characteristic of this reflection is the ability to create a space of stability in an ever-changing and chaotic situation.

For both female and male energies in the dark, this reflection consists of living in the past while being worried about the future and, thus, being oblivious to the present. Caught in the dark, we blame life and others for our reality and are unwilling to see reality as it actually is, unwilling to take responsibility for ourselves.

When female and male energies are balanced, we gain the ability to gather together all our resources and walk our talk with impeccability.

• **NORTHWEST**

♀ **Dark Reflection of Female Energy**
By taking on the molding, sculpting and armoring of the imagemakers, the rules and laws are compounded and taken into physical birth. The following rules and beliefs are formulated: "It is only through motherhood that my body is identified as female." "Giving birth is painful." "It is only through pain and suffering that I prove my worth as a human being." "I must trap, catch, maintain and hold onto that which I need." Unconsciously, this energy subjects the body to pain to prove its strength, to prove that it is stronger than that of a male body.

Light Reflection of Female Energy
Understanding and knowing body language, body image and body rhythms is a natural gift that comes when female energy aligns itself with the cycles of the moon and sacred law.

♂ **Dark Reflection of Male Energy**
This is the rebel complex, fighting all rules and laws. This energy prompts death-producing scenarios to prove superiority over the female. Men go to war or engage in painful sports. This compounds our armoring and we are (or believe that we are) not capable of multiple orgasms. Our physical bodies are either "beefed" up or atrophied, lacking any muscle control.

Light Reflection of Male Energy
Effortlessness is the key here. This energy allows us to get our body to do what it knows how to do naturally. We are able to expand any limitation and boundary in direct proportion to how fast we can imagine doing so.

The balance of female and male energies in the Northwest gives us the ability to alter our physical being and move through all time, space, dimensional realities at will using breath. Both female and male light reflections can be gained through understanding that the body is an image of sacred mind. The higher our overall energy, the more pleasure the body can experience. Techniques to work towards this are breath, imaging, muscle isolation and contraction, humor and the fire breath.

• **NORTH**

♀ **Dark Reflection of Female Energy**
Without receptivity we become inflexible, opinionated and locked into a specific frame of reference. Creativity then becomes tunnel focused, one-directional, and anything outside of the one way is seen as wrong, bad and evil. Humanity or compassion is lacking, but definite moral and ethical judgments and prejudices abound.

Light Reflection of Female Energy
In order to achieve this, the molded, sculpted and armored core beliefs must be eliminated from our frame of reference. Receptivity, creativity and forbearance are used to develop the highest potential of the mind and the most comprehensive points of view.

♂ **Dark Reflection of Male Energy**
This energy begins to determine with the mind (that is the brain) according to the molded, sculpted and armored core beliefs. This will manifest as dogmatism and a holding to inflexible tradition.

Light Reflection of Male Energy
Active male energy in the light is able to apply intent, focus and a firm commitment to follow through. Conceptive male energy in the light utilizes the full resources of what has been planted without any waste.

For both the female and male energies in the dark there are two common, inappropriate choreography choices made: one is the mind is used as a determiner (which manifests as fanatical and/or sociopathic behavior); the other is the mind is used as a giver (which manifests as hyperactive or hypochondrial tendencies). In order to achieve a balance of the North female and male energies in the light, explore a minimum of nine viewing points on anything that requires a decision. Choose the one that will ensure the longest pleasure and the greatest learning. At that point you are able to stay in clear and pure mind. Understand the value of knowledge in all aspects of self-expression.

• **NORTHEAST**

♀ **Dark Reflection of Female Energy**
An improper implosion of energies results in the inability to properly use our receptive and creative energies in any way that leads to resolution, choice or decision-making, let alone to solution. Although we are always dealing with change and movement, including the twenty percent law of chaos, this dark female energy procrastinates, puts off making a decision and cannot make up its mind.

Light Reflection of Female Energy
Proper implosion results in being receptive to seeing every issue that is possible to see and being creative to see the many possibilities and to move decisively within each issue that is presented.

♂ **Dark Reflection of Male Energy**
Improper explosion of energies results in reaction without a proper response or pure action. At the moment of choice we tempt the laws of chance, gamble, and thereby increase the chaos. Again our actions are irrational and dogmatic. Old patterns are re-enacted even though they may not be suitable to a new situation. Rash decision-making and/or impulsive, obsessive-compulsive behavior are common.

Light Reflection of Male Energy
Proper explosion of energies results in being open to the direction of movement that the Universe is taking and taking action to move with it. This is minimum effort with maximum efficiency. It is knowing when to act and when not to act or to leave the situation.

Improper balance of female and male energies, compounded by those in the dark, lead to the development of a fanatical personality, fanaticism and even to terrorism.

• **EAST**

♀ **Dark Reflection of Female Energy**
Although the female energy in this place should be determining with passion and lust, we see a complete denial of orgasm, self-pleasure and knowledge. When we are unable to understand the essential part that sexuality plays in the health of our body and in our general happiness, we shut down both our receptivity and creativity. Often we hold others responsible for our orgasticness.

Light Reflection of Female Energy
In this case we have the ability to focus our orgasticness through our free will and, thus, be completely open and receptive to our full creativity.

♂ **Dark Reflection of Male Energy**
This is the inability to express our self without looking for approval and recognition for what we have done.

Light Reflection of Male Energy
This is the ability to put into action the power of our orgasticness through our free will, and to give pleasure and knowledge to the world for the pure joy and beauty of doing the give-away.

The dark reflection of both female and male energies occurs whenever we live our life for others. We have no vision, no artistic originality and creativity. This leads us to take a job or career because others want us to do it. Our self-worth and self-esteem are dependent on the recognition, acceptance, approval and support of others. We act out a fantasy, based on the illusion (rather than the reality) of who we are and what we are doing. A complete balance of the female and male energies in the light leads us to individual freedom and autonomy.

• **SOUTHEAST**

♀ **Dark Reflection of Female Energy**

This is the classic "poor me" syndrome. We choose the dark arrows to validate our existence because we are receptive only to our own circle of fear and thus create a life in fear. It seems, at this point, that we know ourselves only by the amount of fear we experience.

Light Reflection of Female Energy

We use the quality of receptivity to pick up the arrow of self-awareness, and we use our creativity to pick up the arrow of self-appreciation and self-acceptance.

♂ **Dark Reflection of Male Energy**

In this case, the dark reflection comes out through a low concept of self and is expressed in revenge: "You better... or else!" "If I hurt, so should you!" We actively look for ways to prove ourselves at the expense of others. The conceptive aspect leads us to enjoy the pain of others. It may even lead to sadomasochistic behavior which has an obsessive-compulsive flavor.

Light Reflection of Male Energy

The active energies are now used to pick up the arrows of self-pleasure and self-love, and the conceptive energies are used to pick up self-actualization and impeccability.

If both the female and male energies are utilized in the dark, phobias are often the result. A perfect balance of the female and male energies in the light brings to us the Rainbow Arrows of illumination and enlightenment; introspection and intuition; trust, innocence and perfection; balanced alignment with wisdom; open heart to heart communication; impeccability as one's self-worth and the actualization of our Sacred Dream.

Homework:

Use the big moon map to refer to major life events if you plotted them. If not, just pick someplace where you still feel stuck.

We can begin working on our dark arrows next week together or you can get a head-start if you are an overachiever!



Integration Dance



Gratitude & Closure

Ground