

Wealth Is an Attribute of Spirit/Truth/God

There is no spot where God is not – which means there is no spot where all the qualities of Ultimate Good are not. When you judge or reject any part of creation, including wealth in its many forms, you are rejecting a part of God – a part of your true self.

Spiritual Principle

*Wealth can never separate you from your spirit.
It can never make you anything you aren't already.
Wealth magnifies your character.*

RELEASING THE OLD STORIES AROUND WEALTH

Many people especially spiritual people carry a lot of baggage around wealth and money, because of the suffering materialism and capitalism seems to be causing in the world. This is a misunderstanding of the real nature of wealth, which is infinite, spiritual and available for everyone without limits. We are the ways God and the Universe is putting itself on display. Wealth is love expressed. It is time for you to tear up the old contract of lack and limitation, of the false separation between spirituality and success.

You are now committing to putting a lavish, abundant, gorgeous life of the infinite on display on every area of your living. Lavish love, lavish joy, lavish play and lavish wealth. Riches in dollars, riches in creativity, riches in companionship, riches in generosity and service.

– You are one of the wonders of the world. –

Observe and journal your progress without any judgement

What has come up for you?

Have you noticed any shifts in your relationship with wealth and money?

Have you dropped some of your old beliefs, habits and limitations?

Are you more confident and empowered around money, wealth and success?

How is your 25 Ways to Manifest more going?

How are you doing on the 40 Day Giving Challenge?

Have you been doing the work, if not ask yourself why won't I do the work?

What am I afraid of?

What is more valuable for me?

UNCOVERING YOUR VALUES CONFLICTS

Do this sentence completion exercise to uncover what you really believe about wealth and success – where your values are in conflict or if the unconscious shadows are running the show for you.

Write down all the sentences that come up for you, as many as you can think of on each subject.

Money is...

Wealth is...

Rich people are...

Really rich people are...

If I have a lot of money...

The reason I don't have a lot of money is...

The problem with having money is...

The problem with being rich is...

If I become really wealthy I won't be able to...

If I become really wealthy, I'm afraid I'll lose...

If I become really wealthy, I'm afraid I'll have to sacrifice...

If I make a lot of money, I'm afraid that...

If I charge a lot of money...

If I charge a lot of money people will think...

If I charge a lot of money people will think I am...

If I charge a lot of money people will...

Take your top 10 values list and think about your real values, those that you are actively expressing in your life. You may want to value your family more, but are actually spending most of your time working. Make an honest and the most accurate list of the values you live by. See if you can discover any correlations with your values conflicts.

THE REAL VALUES I'M EXPRESSING IN MY LIFE

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Make another list of your values and order it in a way you would like it to be. To help you to move into expressing more of your desired values start finding all the positive associations you possibly can connect with your desired values. You can also begin to find all the negative associations of not having the things you want to value, such as how not having wealth effects your life.

MY DESIRED VALUES

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

VALUES AF-FROM-ATIONS

Notice a way that you feel limited by having to choose one value or another, one way of being or another.

If I succeed in this I'm afraid that I will lose...?

If I succeed I'm afraid I will have to sacrifice...?

If I get...

... then I will lose:

If I get...

... then I will lose:

If I succeed in...

...I will have to sacrifice

If I succeed in...

...I will have to sacrifice

CONNECTING VALUES AFFROMATIONS

There is no real separation between all the things we value. What you value isn't either or, it is both/and. Using the conflicts that you have identified, rewire your values so that they work together again. For example: *The more wealth and success I have, the more space, time and freedom I have.*"

The more I get...

...the more I also manifest:

The more I get...

...the more I also manifest:

And the more I manifest...

...the more abundantly I experience:

And the more I manifest...

...the more abundantly I experience:

Continue to create value afromations that you can really feel lighting something up in you and are inspiring for you.

AWAY-FROM-VALUES

Notice if you find yourself having **away-from-values** that drive you. Those things you don't want to be. They usually contain shadows and create repeating negative behavioral patterns such as yoyo dieting. Turn your **away-from-values** into **towards-values**.

Away from value: I value not... being alone

Towards-value: I am... deeply connected.

GIVING THANKS

The more you live in gratitude the more aligned you are with the truth of your abundant being. When you make practicing gratitude your way of life, life will keep giving you reasons to be grateful. In the congruent state of gratitude you become a wide open channel for the infinite good within you to begin to flow out.

THE ARC OF GRATITUDE

You start with no reason to be grateful,
then you become grateful for something,
then grateful for everything and
then grateful for no reason.

Where are you struggling, stuck or stagnated in the area of wealth?

What do I need to let go of or embrace to step into the next stage of gratitude, power and abundance in this area of my life?

Where are the blessings in my life that I'm not seeing and acknowledging?

Where is there an opportunity to be more grateful?

Count your blessings daily.

