

You Have to Ask to Receive

‘Whatever’s missing is what we’re not giving.’

We are divine power plants, and a power plant doesn’t receive energy – or even have energy – it generates it. Spiritual Principle ‘Ask and you shall receive’ works because everything is already here, already happening, in the quantum field or spiritual reality. It is actively seeking to find outlets for its expression. So the act of ‘asking’ opens the channel to receive what is always being given.

VALUING YOUR WEALTH

Do you truly value wealth and wealth consciousness? Is wealth one of your priorities? We get what we value in life and your values are in the things you are being and doing. Contemplate on your true values. How high is wealth in your list? How high up can you get wealth on your values list?

MY TOP 10 VALUE

1. _____	2 _____
3 _____	4 _____
5 _____	6 _____
7 _____	8 _____
9 _____	10 _____

Start increasing the value of wealth in your life by writing down a list of all the things that wealth can bring you. You can visualize and really feel into the things that more wealth would bring to you.

What can having more wealth add into my life?

THRESHOLDS

Have you noticed any thresholds on your wealth journey? Are there things or people in your life you value above your wealth, that you use as excuses for not doing the work? Start asking questions to discover if there are any shadows underneath your procrastination. Work with your shadows and make a choice to act in a congruent way regardless of your thresholds.

Why have I not done the work?

Have I used those excuses before?

What else is more important and are they exclusive of each other?

What would it mean, if I didn't make this person or thing more important than wealth?

What am I afraid would happen, if I didn't make this person or thing more valuable than my wealth?

What am I afraid, if I would make wealth more important?

What am I afraid, that might happen if I commit to my goals and do the work?

What will I make that mean about me?

What am I afraid, if I no longer feel overwhelm, scared etc?

What am I afraid, that I'll have to do then?

Regardless of what we think, believe, or feel, if we just take positive productive actions in the direction of our dreams, we can begin to activate the energy, inspiration, and transformation that we've been waiting for.

SELF WORTH vs. NET WORTH

You don't need to feel worthy to start practicing asking for what you need and want. Are there some places where you are waiting to feel good enough, strong enough, talented enough, before you are ready to pursue the thing you truly want? We train others to treat us the way we treat ourselves. Contemplate on how you treat yourself, your money and successes. Do you celebrate and recognize your own worth and value?

Ask yourself how are you treating yourself?

What would it look like, if I treated myself better?

How do I treat my successes? In what ways could I start celebrating my successes more?

How am I treating my wealth? What ways could I begin respecting and appreciating my wealth more?

ASKING FOR MORE

Others are the channels of our good. Whatever comes to you is coming through others. You are the real source of your wealth. It is your consciousness of wealth emerging through the channels of the world. Everything reflects back your consciousness.

Whatever money you give for others is their consciousness of supply that is coming through you. You are a beholder of infinite consciousness. We are participants in the one consciousness. It is all about getting back to the innocent state of asking and receiving, where your asking becomes an act of believing. Our desires are signals of what we already have within us. Where can you start asking more?

Where do you feel the impulse for asking for more?

Where are you feeling the desire to ask for more?

SHADOW PROCESS

Pick a shadow that you have discovered, and take it through the following questions:
Where did you come from? What was the moment I created you, or rejected you?

How did you serve me and how have you been my ally and blessing all along?

What is your lesson and gift for me now?

What do you need from me to take a healthy and constructive place in my life?

What will it look like when you are fully integrated in my life?

What guidance do you want to give me?

What do I need to embrace or let go of?

What actions am I called to take?

What would it specifically look like?