



**Module 8**



**With  
Kathy Forest**



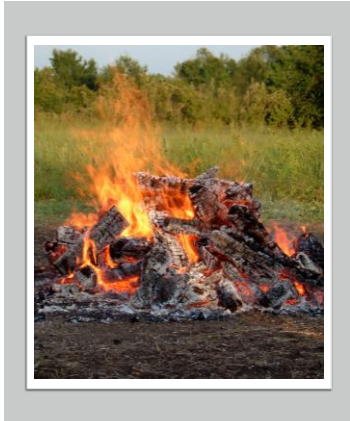
**Module 8**

Priestess Connection to the core of alchemy and creation the Elemental Forces.  
The priestess elemental power of Air.

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- Connect,
- Call in Sacred Space,
- Call on Priestess Oversoul,
- Open to Receive



**YOUR  
CREATION  
VESSEL**

**OPEN TO  
RECEIVE**

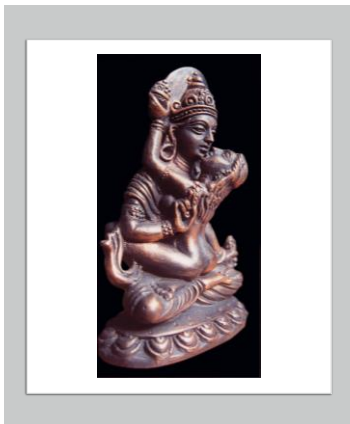


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**Alchemy Core**

- Air in Alchemy
- Directs the forces of Creation
- Power of Word, Thoughts, Beliefs
- Clarity of Truth
- Power of Intention and True Imagination



**PRIESTESS AIR  
SKILLS**

- As Above – So Below
- Archetypal Perspective
- Elemental Archetypes & Astrological Archetypes
- Vibrations and Patterns not Personalities



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**PRIESTESS AIR SKILLS**

- Calling on Guides and Unseen Help
- Receiving Guidance
- Deep Inner Listening
- How does your inner priestess suggest you utilize these skills at a new level?

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**SHIFTING A BELIEF SYSTEM**

- Acknowledge the old belief
- Ask how it has influenced your life
- Tune into your inner voices – Adult ego voice, inner child ego voice, adolescent ego voice, critical parent ego voice.
- Release the old belief
- In-put the new belief



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**CREATION CLARITY**

- Using the Mental realm effectively
- Decision making clarity
- Applies everywhere in life and business
- Clearer you are with creation the more effective you are



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**WHAT IS CLARITY?**

- Transparent, pure
- Serene, calm
- Easily seen, heard
- Free from confusion or ambiguity
- Easily understood
- Obvious unmistakable
- Free from guilt, encumbrance, impediment



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**HOW CLARITY IMPACTS YOUR LIFE...**

- Clear about what you want to create to effectively create
- Clear about no and yes
- Clear about what is true for you
- Clear about your inner guidance
- Clear about your next step
- Clear sometimes that you are in the unknown



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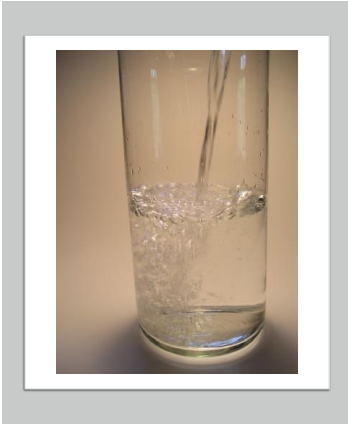
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**MUDDY WATER**

- What causes muddiness?
- What happens when you build on a muddy foundation?
- Impacts self-confidence and your momentum.
- How to know if you are muddy.

### HOW TO GET CLEAR

- Get in full alignment without fear.
- Air and water combination
- Release old messages and beliefs.
- Claim clarity.



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### CLARITY EXERCISE

- Where's the mud?
- Write muddy message.
- What is the truth?
- Write truth message and/or story.
- Release muddy water.



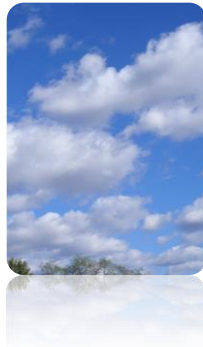
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"There is a thinking stuff from which all things are made, and which, in its original state, permeates, penetrates, and fills the interspaces of the universe.

A thought in this substance produces the thing that is imaged by the thought.

A person can form things in her\* thought, and by impressing her\* thought upon the formless substance, can cause the thing she\* thinks about to be created."

Wallace Wattles,  
The Science of Getting Rich



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"Thought is the impelling force which causes the creative power to act.

Thought is the only power which can produce tangible riches from the formless substance. The stuff from which all things are made is a substance which thinks. A thought of form in this substance produces the form.

Original substance moves according to its thoughts. Every form and process you see in nature is the visible expression of a thought in the original substance.

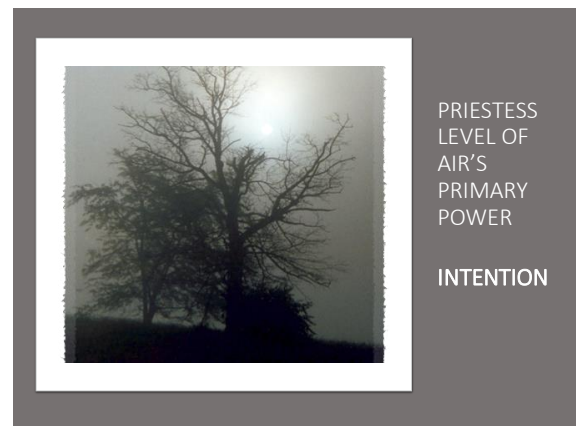
Wallace Wattles, The Science of Getting Rich



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Take a few deep breaths and open to have Air assist you in working effectively with its primary power at the priestess level.



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Intentions

- Clear
- Simply Stated
- Focused Solely on Desired Outcome



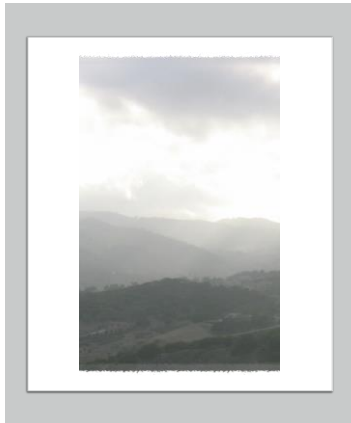
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Powerfully Holding Your Intention No Matter What Is Out-picturing

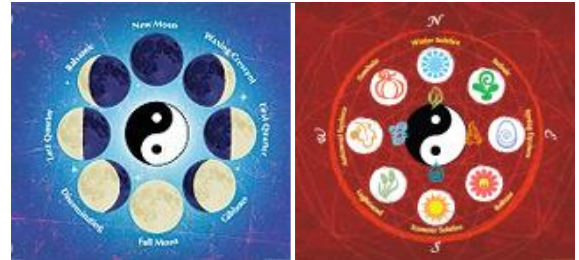
Stay Open to the Way Spirit Brings the Intention

It's not always the way you think it will...

Example



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Rhythmically Working with Intention as a Priestess

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Creation Journaling or Vision Boards



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Activate Air's Primary Power

Dance to activate Air's Primary Power of Intention as a Priestess.

Serious Power

Use Intention to Call on Unseen Guidance and Support

Connect to the Archetypal Perspective and Influence Vibration



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Activate  
and  
Integrate

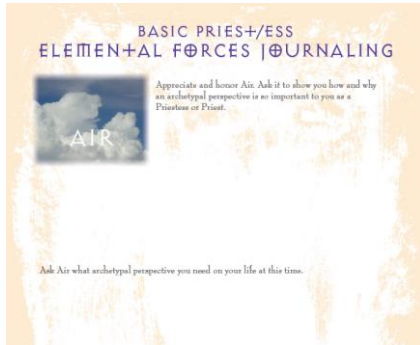


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Fresh Air  
Connection



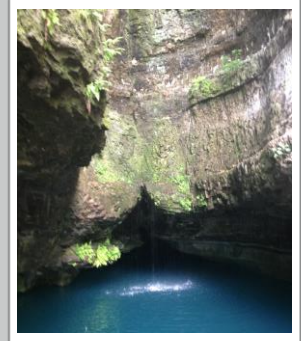
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Contribute to Your  
Tracking Sheet

Gratitude  
&  
Closure  
Ground



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