Welcome to the Extraordinary Soul Mystery School



Module 9b

Module 9

WEST - THE EARTH
DOOR
Welcoming Your
Animal Allies



Items needed for this module:

- 5 stones laid out in a wheel
- Module 9 Handout
- Paper plate or white paper with a big circle drawn on it.



Lay out rocks,
Connect,
Call in Sacred
Space



Open to Receive



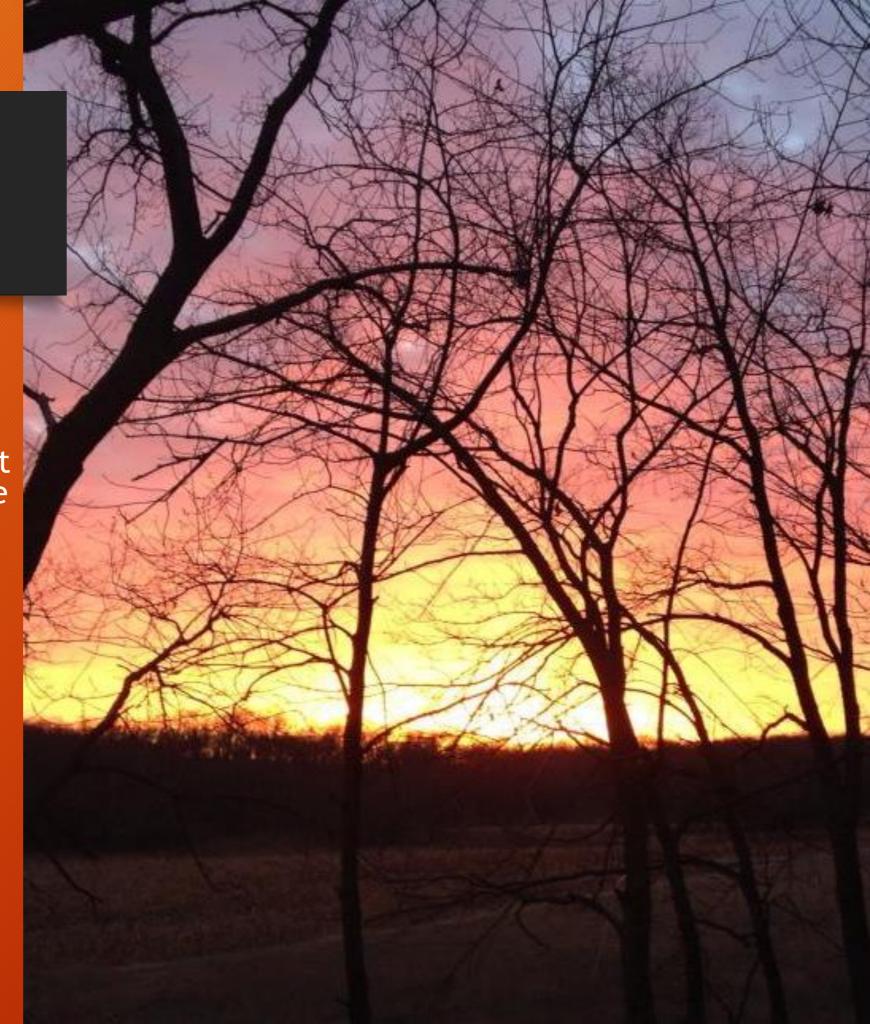
As we have said in every Module:

"The Medicine Wheel represents the circle of all life. When you sit in the wheel and evoke the sacred, all life comes to sit in council. The human, only one member of the web of life, can use the ceremony of the wheel to restore contact with all the relations of life. The animal relations, plant relations, stone people, spirit relations, all things come to sit in council. Our connections with the world are thus restored and the healing of the Earth begins anew. The wheel of life, the medicine wheel, is a map for everything in the universe, a blueprint of the web of life. As Black Elk said, this wheel exists in all things. Within each of us, too, the Medicine Wheel exists as our inner council." -Sacred Plant Medicine by Stephen Buhner

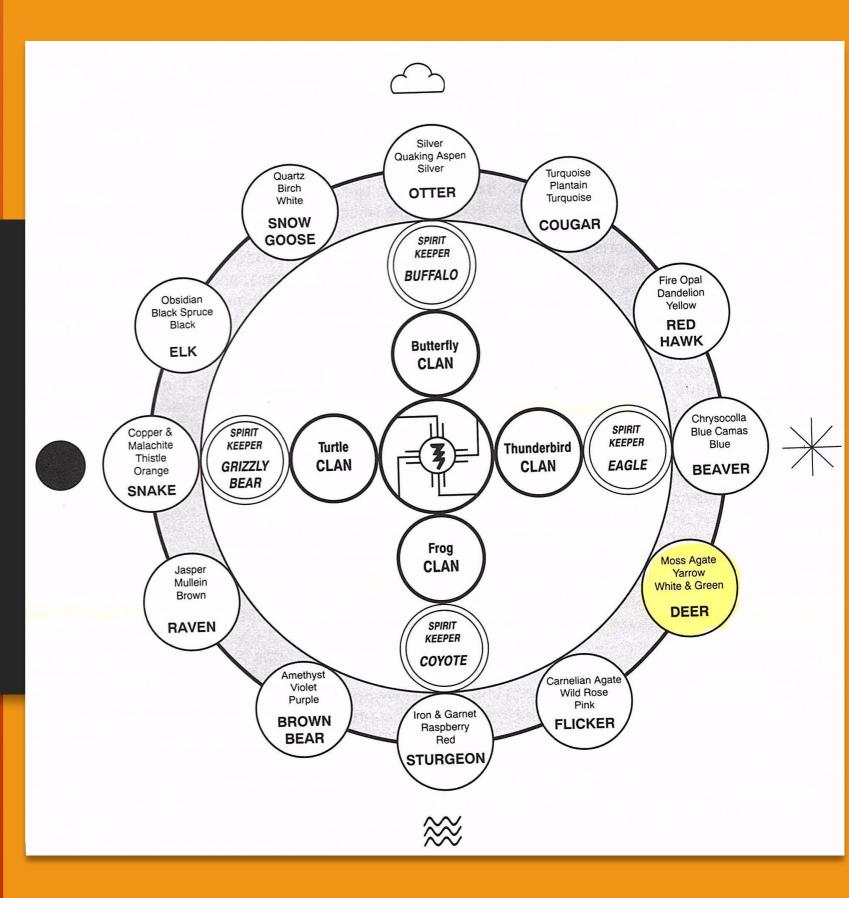


Earth Astrology

Next we come to another layer of information that is contained in the wheel. Your astrological information for this lifetime, along with animal helpers to assist you in each of the 8 directions are embedded within the wheel in a nice neat little package. These animal totems are specifically for you according to the time you were born. The first wheel, the Wheel of Allies, is the circle that contains all the Allies, Clan Leaders, and Spirit Keepers. It also contains the main birth totems along with a plant totem, a mineral totem, and a Spirit Color that correspond with your birth Totem.



The Wheel of Allies

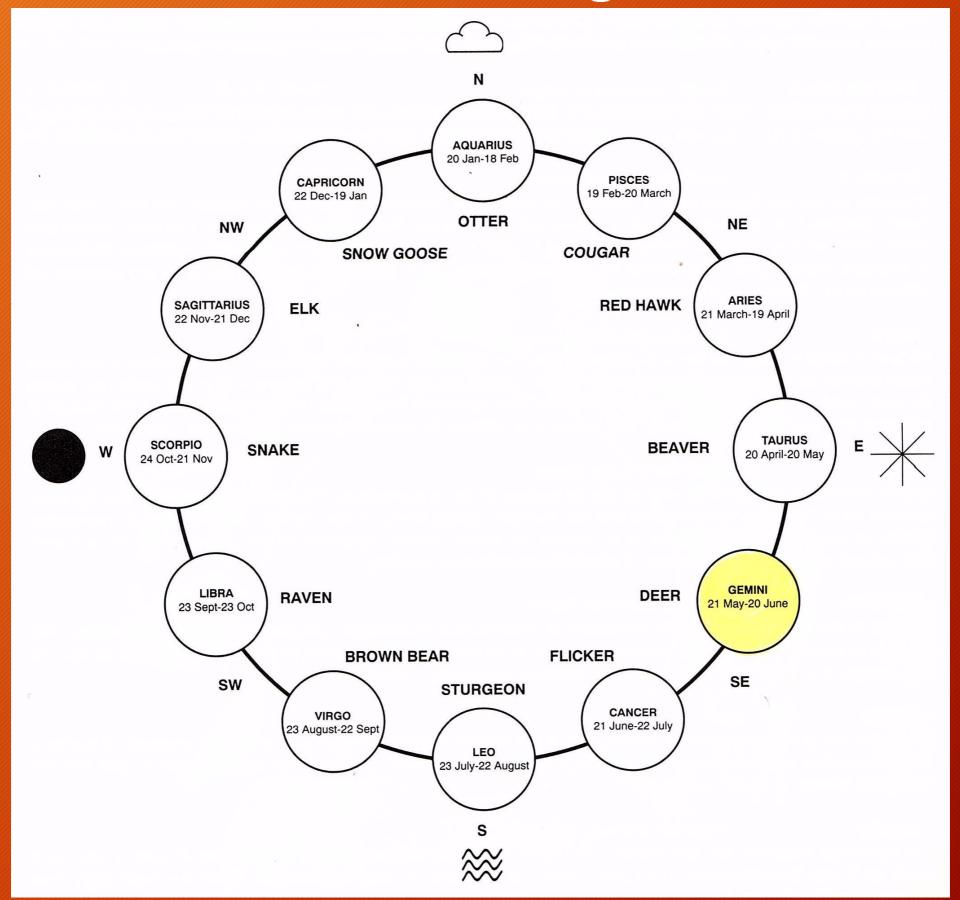


The next wheel will help you determine your sitting place and your birth totem. It is indicated by the month you were born. This is most readily indicated by your "Sun Sign" in western astrology. Notice that there are twelve Sitting Places, each identified by an animal totem. Each animal is a master of the power of that direction. The Spirit of the Animals is our communicator with our higher self. Getting to know and calling on your animal totem will help you reach for your potential and assist you in actualizing what you have come into this body to accomplish.

Please don't be confused by the placement of the Sun Signs. For those of you used to Western Astrology, you may notice that the signs appear to be "a month behind" of what you see on an Astrology Chart. This is because Western Astrology is based on how the planets relate to us with regard to their position to the Sun. In other words, they follow a Sun Calendar. The Earth's energy aligns more the Moon (or really, the Moon reflects her), so she would follow a Moon Calendar.



Find Your Sitting Place

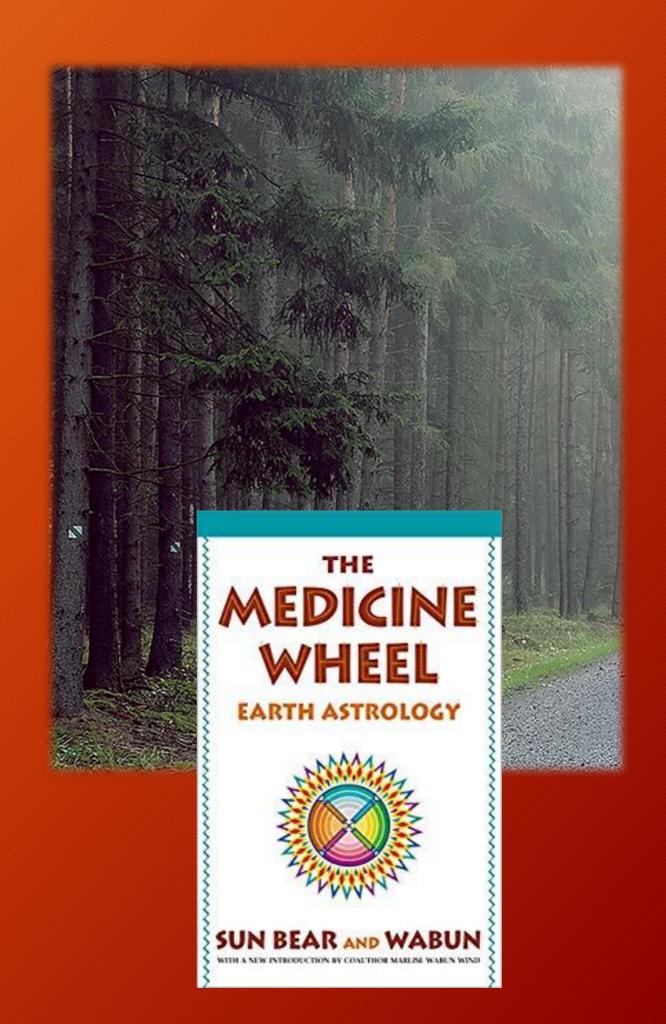


You can find the energies of your Animal Totems through the books provided: The Medicine Wheel: Earth Astrology by Sun Bear. You can also Google Animal Totems to find out more.

It will be very important for you to begin to build a relationship with your animal totem and begin to utilize their energy as you begin to use the teachings of the wheel.

The next wheel shows you your **Wheel of Allies (expanded**).

Each Sitting Place has a wheel of 8 animal allies. In each direction is seated a Sweet Medicine totem guide who is a master of that particular energy for you. This ally or spirit guide is "on call" for you, ready to assist you in gaining mastery and balance.



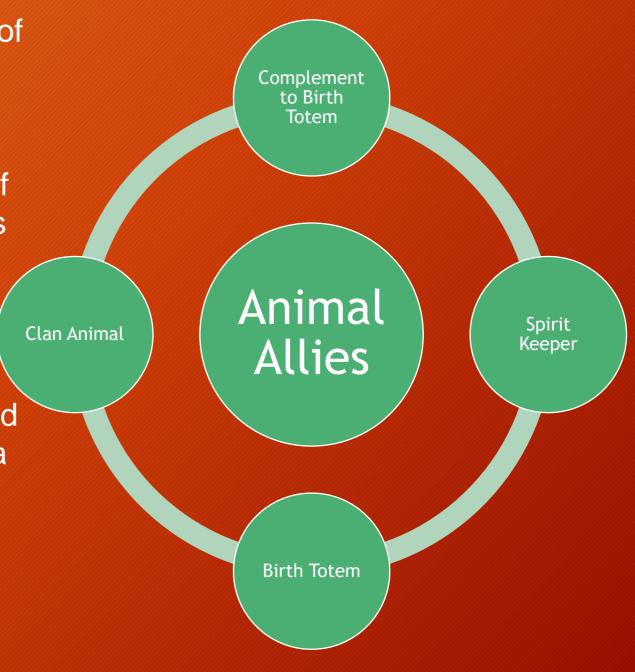
Your BIRTH TOTEM sits in the South of your Wheel of Allies.

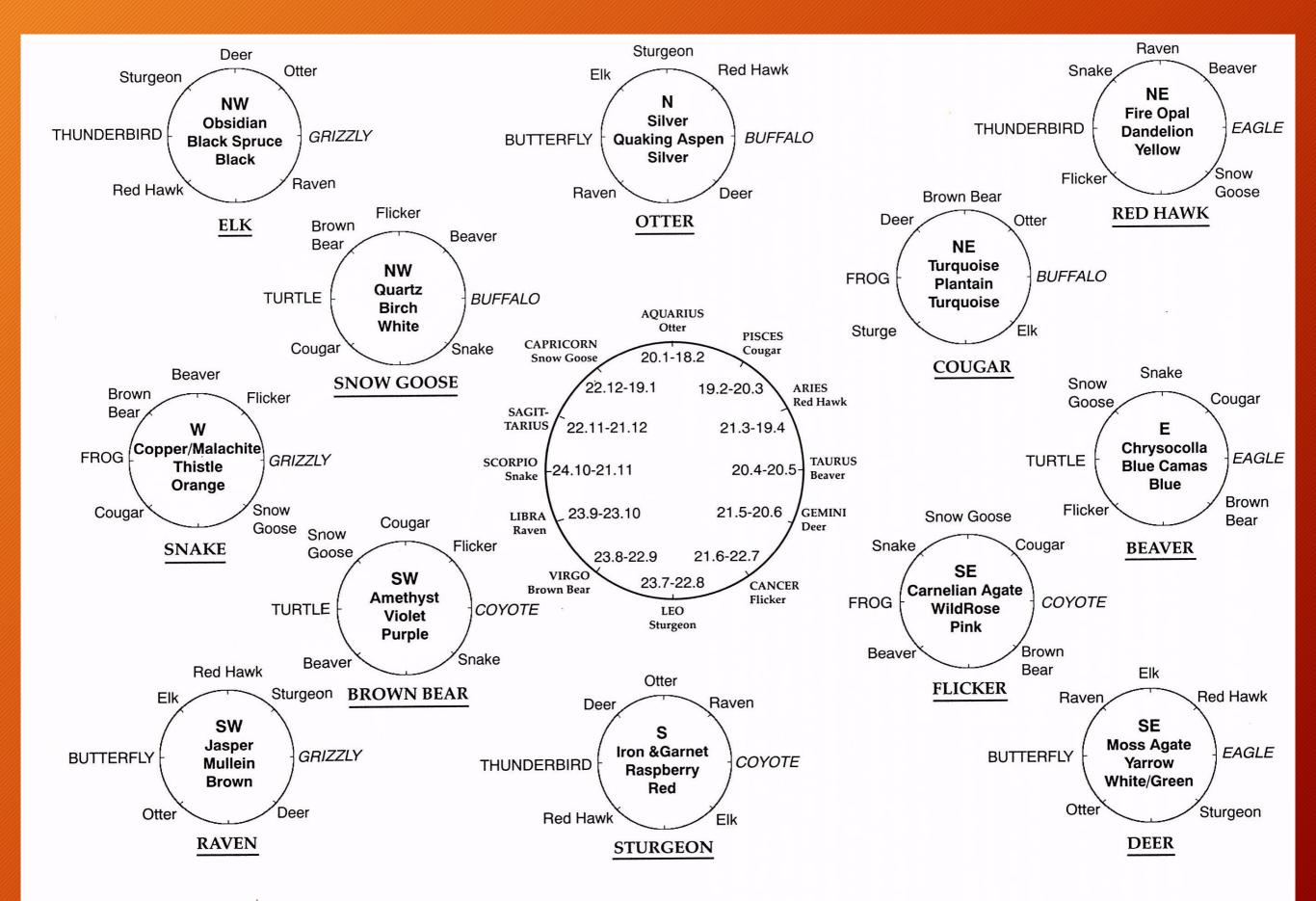
The North animal on your Sitting Place Wheel of allies is the COMPLEMENT TO YOUR BIRTH TOTEM. It lives in your WORKING PLACE.

The East animal on your Sitting Place Wheel of allies is called your SPIRIT KEEPER. It guides your spiritual self-growth and development.

The West animal on your Sitting Place Wheel of allies is called your CLAN ANIMAL. It identifies which animal clan you belong to and guides you to see your greatest weakness as a strength and your greatest strength as a weakness. Its focus is your physical mastery.

The allies seated in the noncardinal directions deal specifically with the way you run your patterns on the wheel of Life. Since the noncardinals of any wheel keep energy moving, these allies carry the medicine in those directions which will keep you out of pattern, out of the dark side favored by the "one who will not see."





EXERCISE

Use a paper plate, or a big circle drawn on a sheet of paper to map out your animal totems. This week gather some permanent markers or acrylic paint, and watch for your shields in the mail. You may want to practice drawing your animals.

Next week, we will be making a shield with all our animal totems. Please feel free to be as creative or simple as you like. Once our wheel is created, I will bless them with a sacred pipe ceremony.





Pipe Ceremony

Gratitude & Closure

Ground

