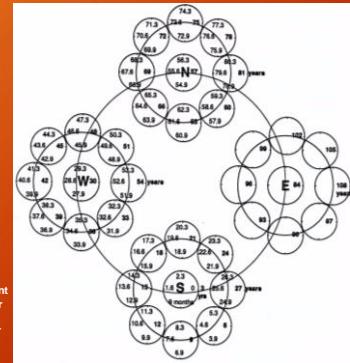




The Moon Cycles is a very beautiful system that precisely describes the cycles of the cosmic influences that impinge upon your life, from birth onward. By having conscious awareness of which aspect is present at a given time, we can utilize the energies of this aspect to gain deeper insights about ourselves and further our growth. Not only that, seeing our lives in this way helps us understand the cyclical nature of life on this planet, and how to use that to our advantage. When we realize that our whole life is choreographed, we can begin to plan our dance steps with grace and elegance.

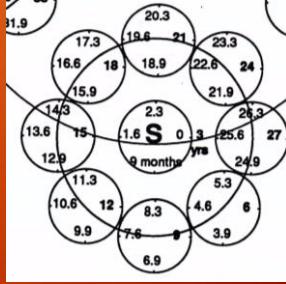
Wheel Mechanics:

- Every three years we complete one walk around the wheel called a Circle of Life Experience.
- Each Circle of Life Experience is entered through the south and 3 years later exited through the East.
- As we leave each Circle we experience 9 months of what is called a "Little Chaotic Journey." During this time we, get to review that period of growth and look forward to what we are moving toward next.
- When we move from one Big Moon to the next we experience a "Great Chaotic Journey."
- Both of these journeys are important because they hold opportunities for great change. We may see ourselves creating situations in our lives designed to confront, test or push us back to our true path.



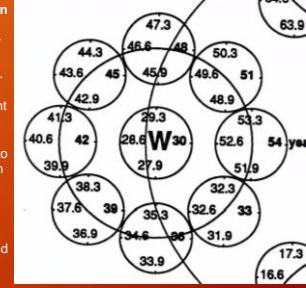
The Big South Moon – Child Moon

- The first 27 years are spent developing your story. During this time we sculpt our personality and choose our ways to entertain ourselves and others.
- This Moon teaches about learning Trust...trusting of and for ourselves, others and life itself. If we are in alignment and we develop this trust we move into the state of beauty called innocence.
- Any place we choose not to trust, we may avoid life and our lessons, we can become stuck in myths and illusion. These can show up as anger, blame and judgment.
- If we do not move through these, we will find ourselves working to learn the same lessons at the same place on the next wheel. In other words, we are given continual opportunities to learn to trust life.



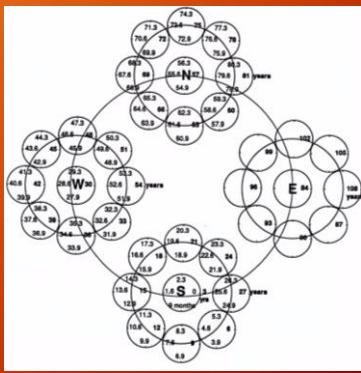
The Big West Moon – Adolescent Moon

- The next 27 years is the time for either actualizing our dream or relinquishing our power to the preferences of others.
- It teaches us of the constant movement within life.
- If we are in alignment we can choose to develop our power of true introspection and learn to apply our intuition as we move through our life's journey.
- Otherwise, we may never meet and know that true power that may be found within. We may blame others for our lack of success. We stay at the effect of ourselves, life and others becoming trapped in our non-actualized Daydream pain and blame game.

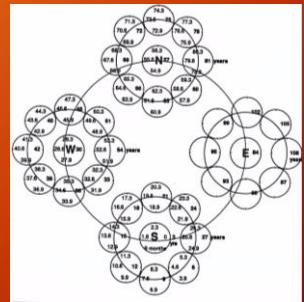


How to use this information

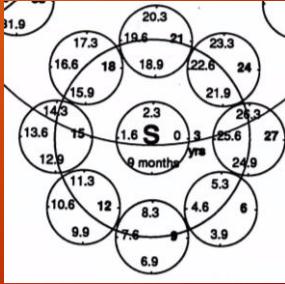
1. Notice what place you are dancing now.
2. Notice what position it corresponds to with regard to the elements. What elemental forces are influencing you the most right now?
3. If you are on the West wheel or above, notice what place it corresponds to on the other wheels. Ask yourself, what was I working through, what big events were happening for me at that time on the other wheels? How does it correspond to right now? What lessons am I still working on?
4. Where am I standing in blame, instead of trust? Where am I being rigid? Where am I not moving forward?

**Big Moon Map Beginning Exercise**

1. Locate your current age on the map. Remember the first number is the year, the number after the dot is the number of months not a percentage.
2. Look at where it is located on the energetic element document. Be sure to look at both the Wheel placement (Most you will be in the West), and the smaller wheel placement. Can you see any issues that might be presenting themselves right now? 3. Take some time to journal with them or at least jot them down.
3. Now look at that same position in the South Wheel. What age were you then? What issues were you dealing with? Do you think you resolved them or do you still find remnants of them hanging around in your current life right now? Journal or at least jot them down.
4. Set intentions to move through these issues in our dance.

**An Assignment to Prepare for Future Classes:**

- Get a spiral notebook just for this assignment.
- Beginning in the Center of the South wheel, see if you can remember any significant events that happened to you on or around those ages or anywhere in between.
- Record them in your notebook in order, including your age, and an approximate date if you can remember. Remember the ages in the middle circle are 9 months, 1 year and 6 months, 2 years and 3 months, and 3 years (each 9 months apart). Also note if it was a positive experience or a negative one. You might want to denote this with a different color ink.
- Then move to the southeast circle and begin at 3.9 and continue around that wheel.
- Proceed until you finish the South Wheel and then go to the West Wheel.
- Be sure to begin a new section for the West Wheel.
- We will be using this information for future projects so you want to get started now!

**Continue to Activate and Integrate**

**Gratitude
&
Closure

Ground**

