



*New Earth Priestess*



***Module 20***

***With  
Kathy Forest***





# Module 20

## Animal Totem & Devic Connections Meditations





- Connect,
- Call in Sacred Space,
- Call on Priestess Oversoul,
- Open to Receive





YOUR CREATION  
VESSEL

OPEN TO  
RECEIVE

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HOW DID  
YOUR SACRED  
UNION  
CEREMONY  
GO?

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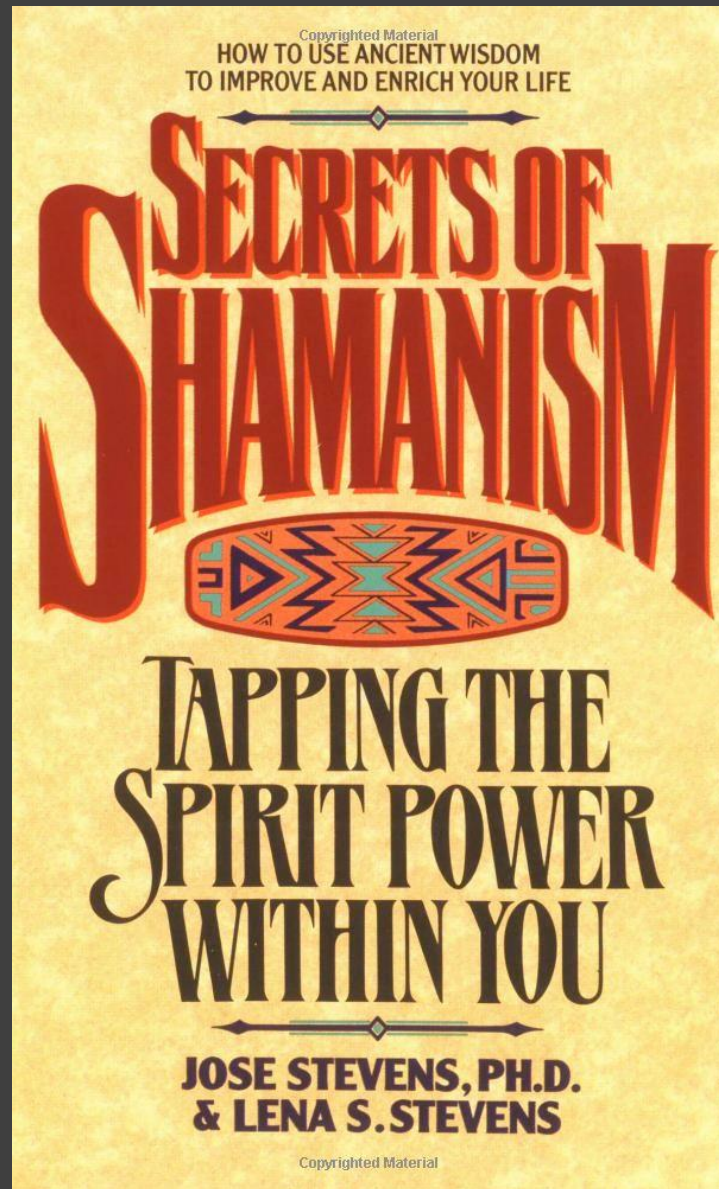


WORKING  
WITH ANIMAL  
TOTEMS AND  
THE DEVIC  
KINGDOM

GO DEEPER









- How Messages Work
- Ask for Help
- Watch & Listen



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HOW TO USE ANCIENT WISDOM  
TO IMPROVE AND ENRICH YOUR LIFE



# SECRETS OF SHAMANISM



## TAPPING THE SPIRIT POWER WITHIN YOU



JOSE STEVENS, PH.D.

The shaman's power is directly related to their totems or in other words, their animal allies. The greater the totems, the stronger their power animals, the more influential they are. To a shaman, a human being is not better or more aware than an animal. Even though humans largely depend on animals for their source of food, animals, like rocks, have powerful spirits, each with their own talents and are uniquely qualified to assist people in specific areas. The shaman's relationship with animals is a mutually beneficial one. The shaman offers the spirit animal respect and devotion while the animal offers guidance and assistance with a great many tasks beyond the shaman's personal abilities. One of the chief gifts that power animals offer is protection and guardianship to the shaman during arduous tasks. Animal allies may be used to help find lost objects, mediate problematic relationships and in general, assist in the achievement of a challenging goal. Now each power animal has a specialty. So the shaman may need to consult with several if a problem has a variety of aspects to it. The hawk is good at seeing things from afar while the fox is known for its intelligence and cunning

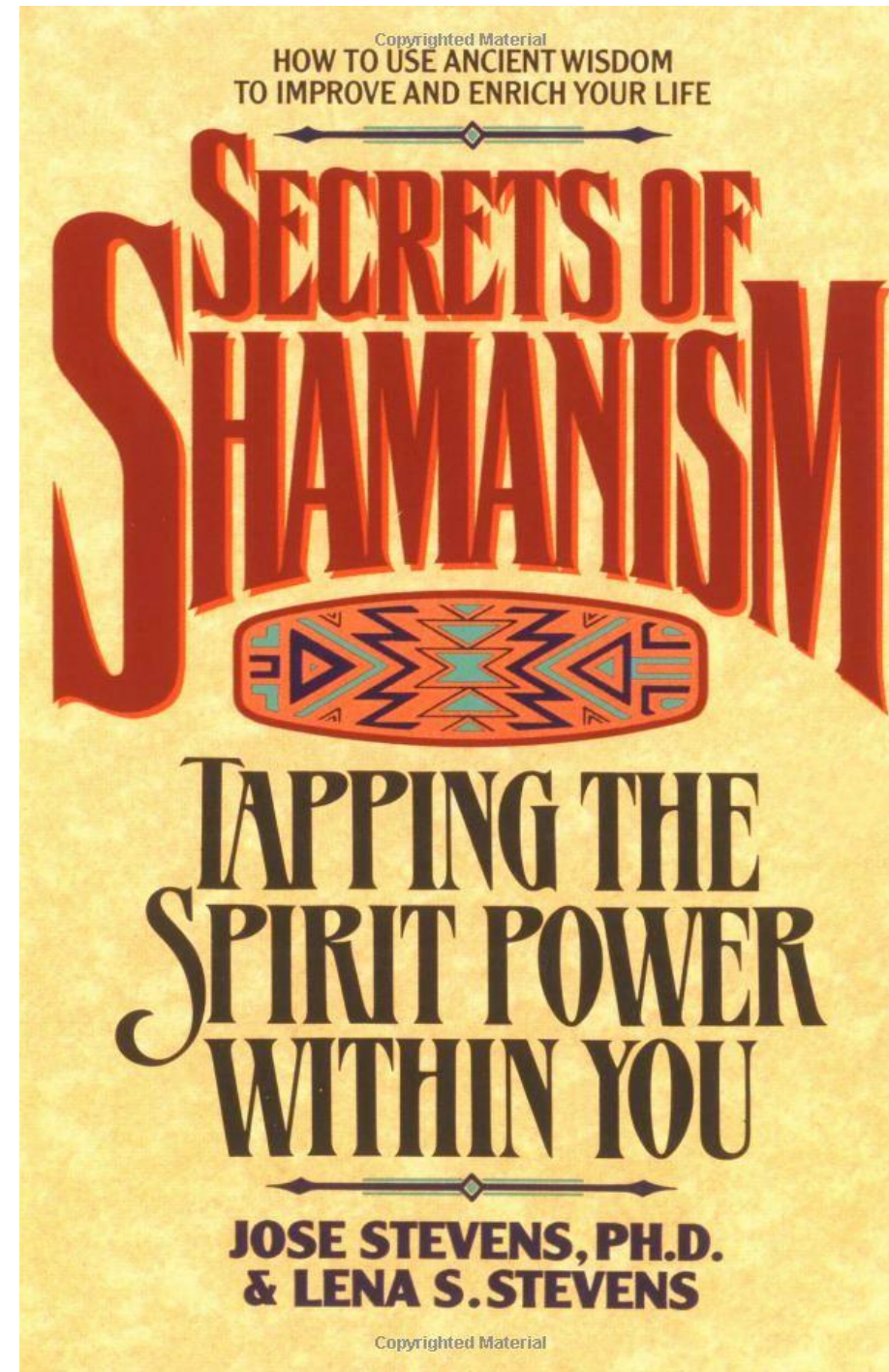


Generally speaking, power animals are wild animals, not domestic ones.

Shamans feel that domesticated animals have lost their power in large part. They serve people in more physical ways than spiritually.

For the shaman, physical animals are just the outward form of the great Spirit of that animal species. So, the animal totem or animal ally is THE BEAR not this bear or that bear. Even so, the outward form of the bear spirit may be revered and honored.

If you don't have a relationship with the power animal or have lost yours through neglect, the shaman would say you are very vulnerable and in a weak position. You have lost touch with your own animal nature.

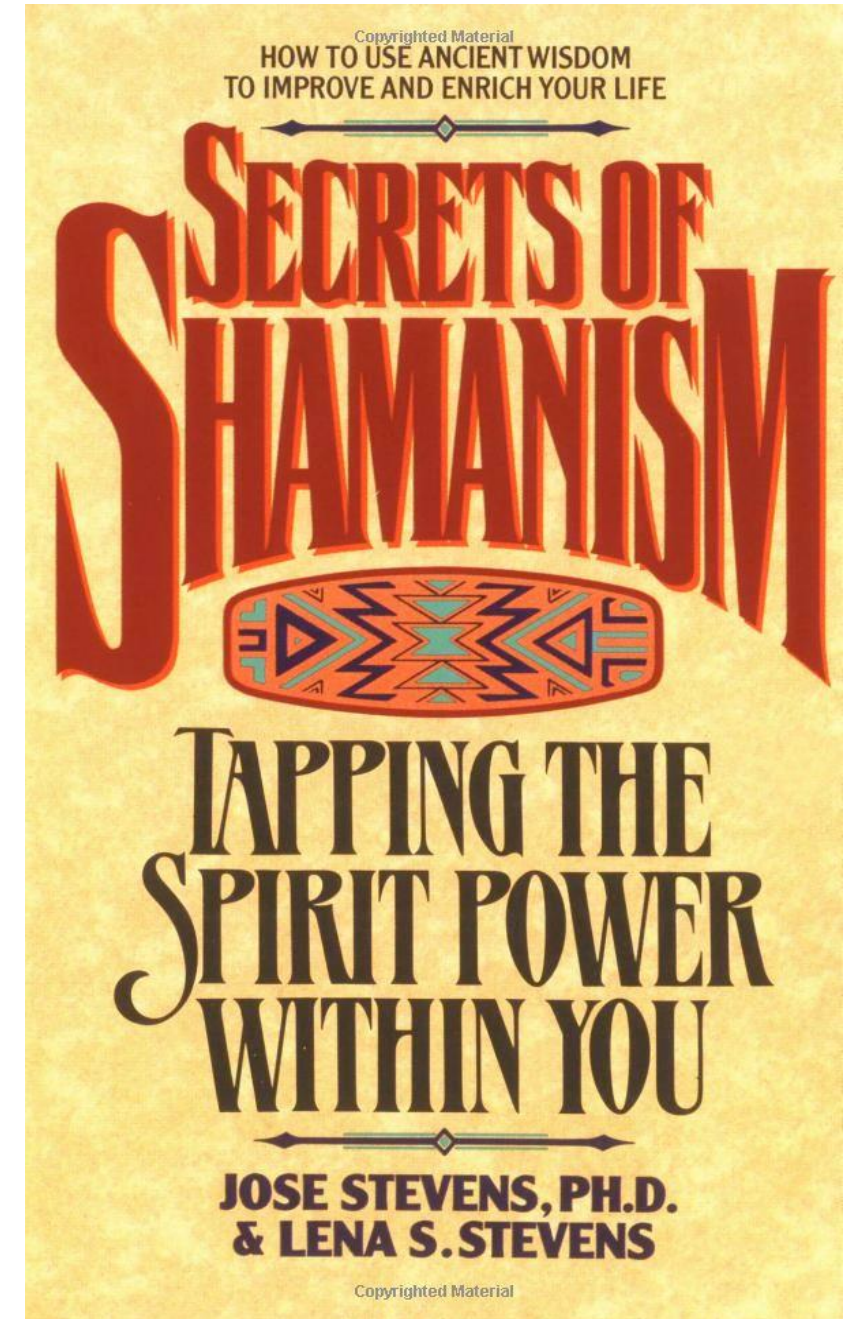




How do shamans find their power animals in order to gain mastery?

First of all they do not select an animal and then go about establishing a relationship with it. The contact is made in reverse. The spirit of the animal selects the shaman. Historically, if a shaman survived the attack of a wild animal, it was felt that that animal was actually the shaman's totem spirit, testing him or her for strength and endurance. The animal demanded a sacrifice through the wounding. The shaman proved his or her dedication and capacity to handle the power of the guardian animal

Not all power animals come to the shaman in this dramatic fashion. However, typically, shamans discover their power animals by allowing them to emerge through a spontaneous dance or by seeing the animal in a vision. Others show themselves in dreams







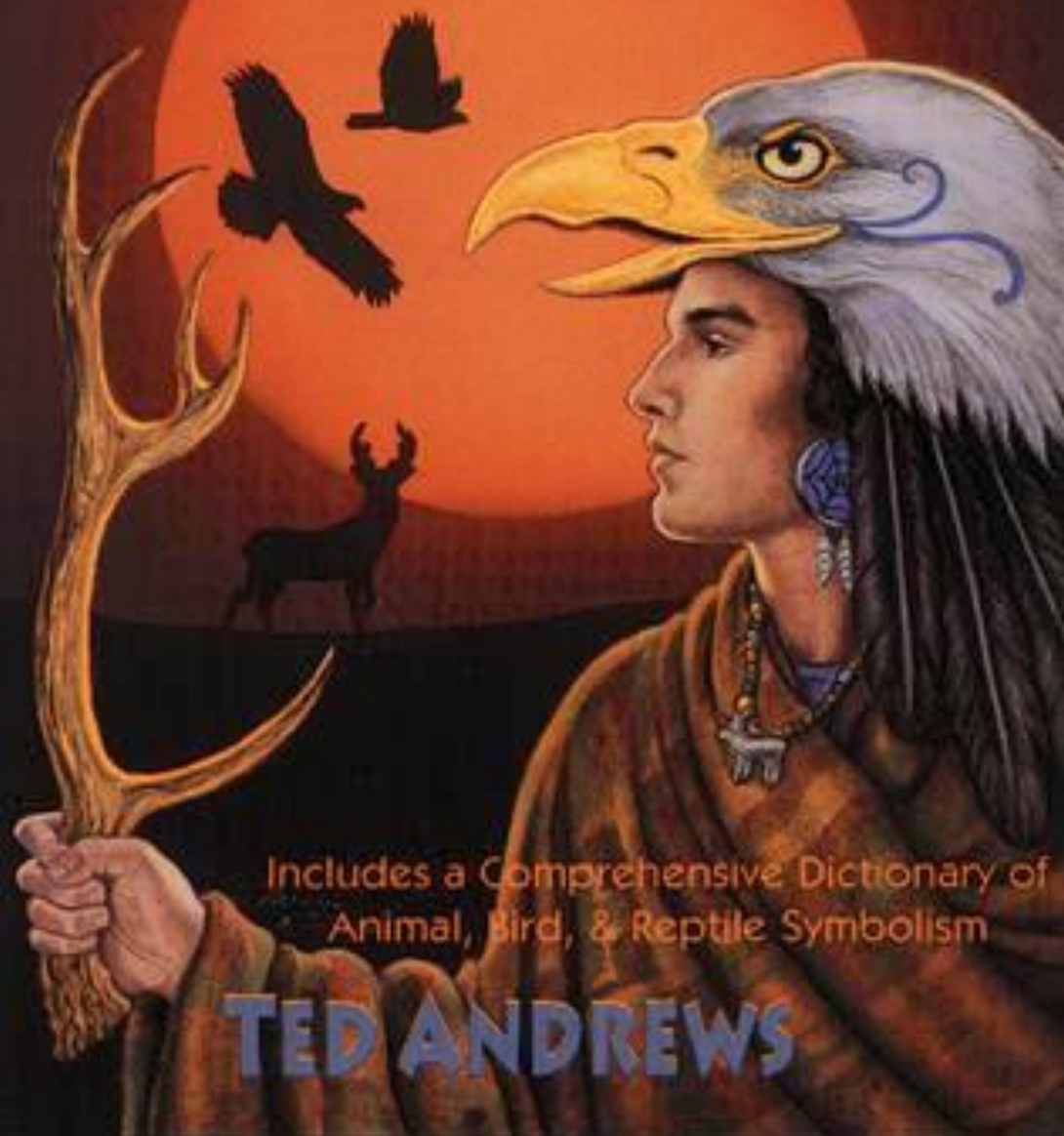
**When a Robin comes into your life, you can expect new growth to occur in a variety of areas of your life—not in just a single area.**

**Sing your own song forth if you wish for new growth.**



# ANIMAL-SPEAK

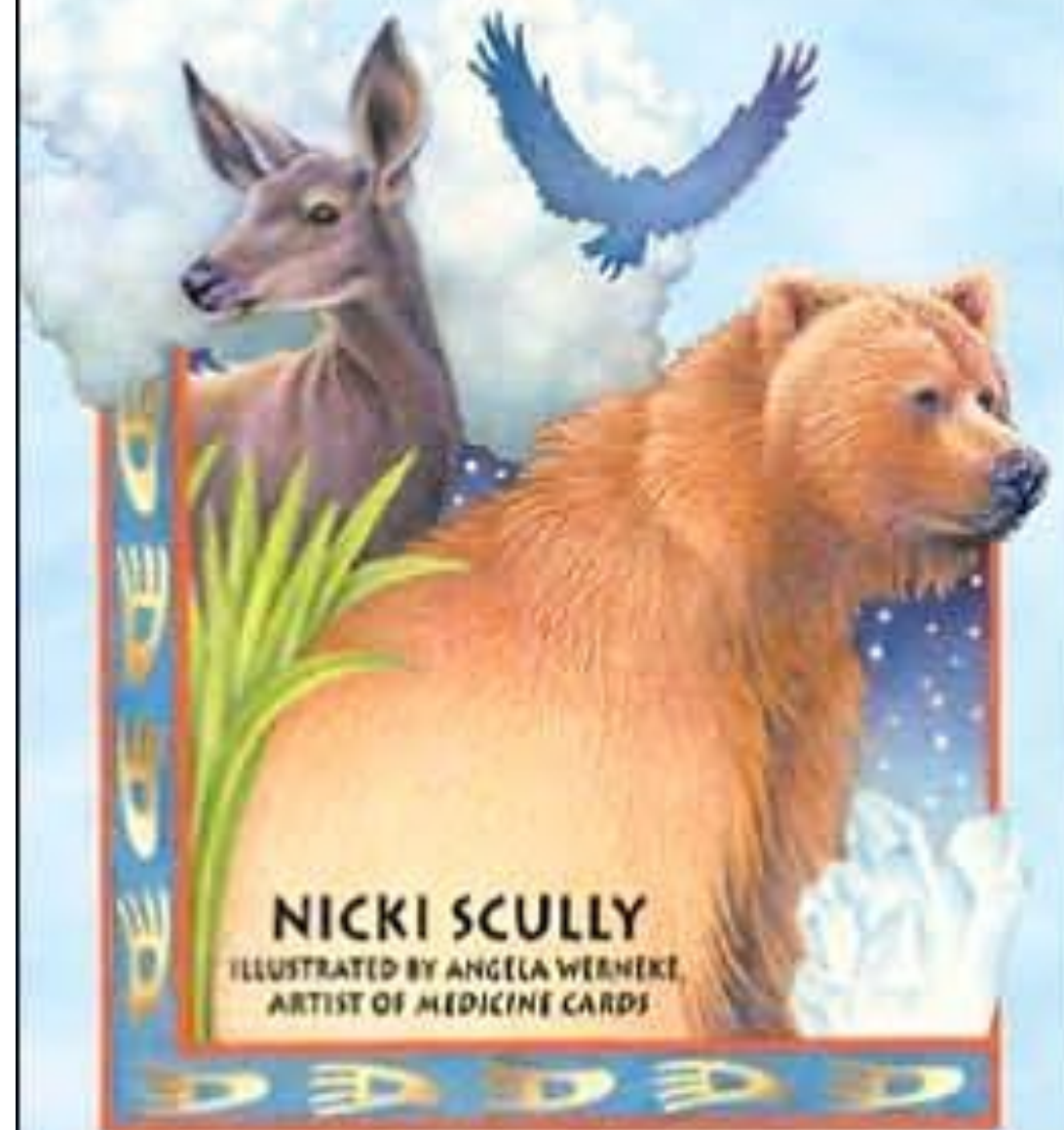
The Spiritual & Magical Powers  
of Creatures Great & Small



Includes a Comprehensive Dictionary of  
Animal, Bird, & Reptile Symbolism

**TED ANDREWS**

# POWER ANIMAL MEDITATIONS




**NICKI SCULLY**

ILLUSTRATED BY ANGELA WERNEKE,  
ARTIST OF MEDICINE CARDS

SHAMANIC JOURNEYS WITH YOUR SPIRIT ALLIES





Your Journey  
Today's  
Animal  
Totem

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# THE CRONE ORACLES

Initiate's Guide to the Ancient Mysteries



Victoria Ransom and Henrietta Bernstein

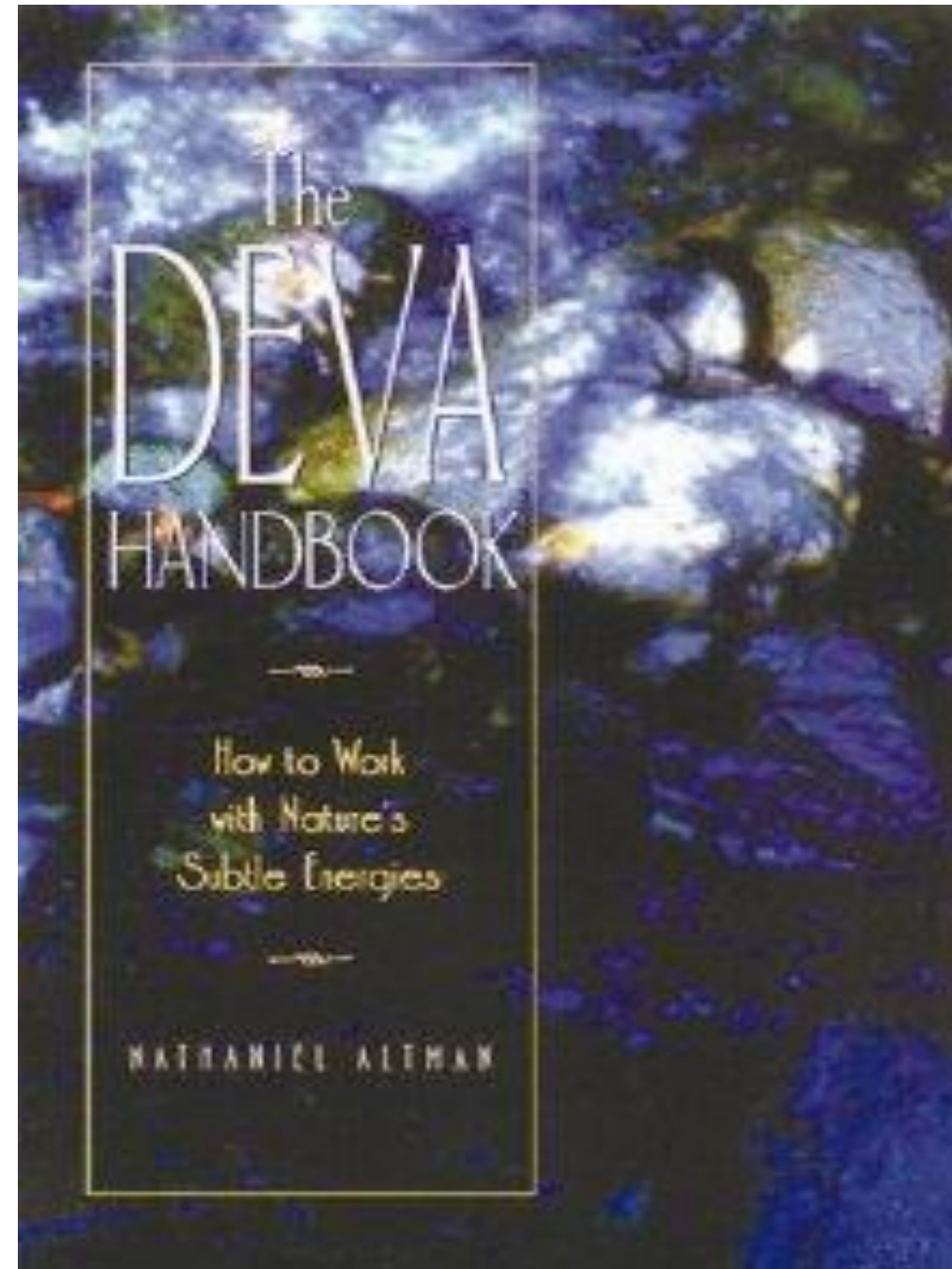
In the fifth initiation, we are opened to the ability to communicate to the deva world. The deva kingdom is comprised of the animating intelligence found in all levels of existence. They are the spirits of fire, water, earth, air, and higher consciousness.

Historically, elves, fairies, gnomes, sylphs, brownies, and all forms of “little people” are included in this kingdom. Kachinas (one of the deified ancestral spirits of the Hopi and other Pueblo Indians) and the spirits of the four directions, as well as the elementals found in nature.



Elementals  
&  
Devas from Each Element

Gnomes  
Fairies  
Water Nymphs  
Angels






# Findhorn.org

FINDHORN  
FOUNDATION




what we do workshops education support us online community contact

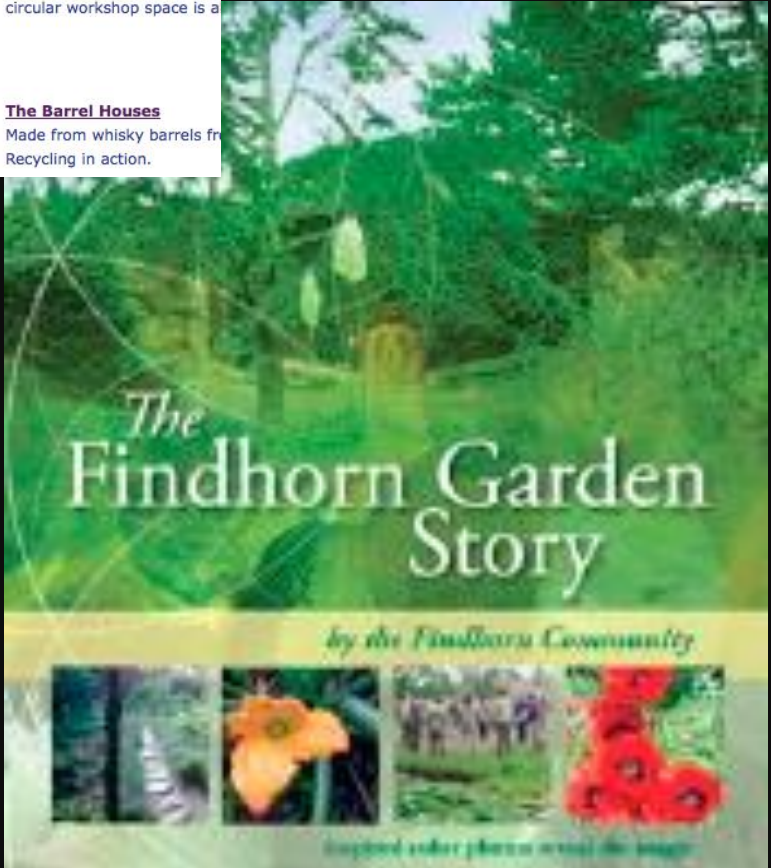


### Virtual Tour

QTVR files for your computer  
you will need Apple's QuickTime  
version 4 or higher (available for  
Windows or MacOS). [Download](#)


Please choose a location to begin your virtual tour:

- **The Universal Hall**  
Our performing arts centre and  
venue for our major events.
- **The Community Centre**  
Where organic, vegetarian meals  
are served to 250 guests and staff with  
a circular workshop space is a
- **The Barrel Houses**  
Made from whisky barrels from  
Scotland. Recycling in action.



*The*  
**Findhorn Garden  
Story**

*by the Findhorn Community*



*inspired by the plants around the house*



## *Co-creation with nature*

Eileen and Peter Caddy and Dorothy Maclean all followed a disciplined spiritual practice for many years before they came to live at Findhorn, and they continued their regular meditation times when they came to live at the caravan park.

In May, 1963 Dorothy Maclean received an insight from within as she meditated:

*. . . The forces of nature are something to be felt into, to be reached out to. One of the jobs for you as my free child is to sense the Nature forces such as the wind, to perceive its essence and purpose for me, and to be positive and harmonise with that essence.*

When Dorothy shared this insight with Peter, his idea was to apply to their fledgling garden what Dorothy learned from the forces of nature. Dorothy then received this insight:

*Yes, you can cooperate in the garden. Begin by thinking about the nature spirits, the higher overlighting nature spirits, and tune into them. That will be so unusual as to draw their interest here. They will be overjoyed to find some members of the human race eager for their help.*

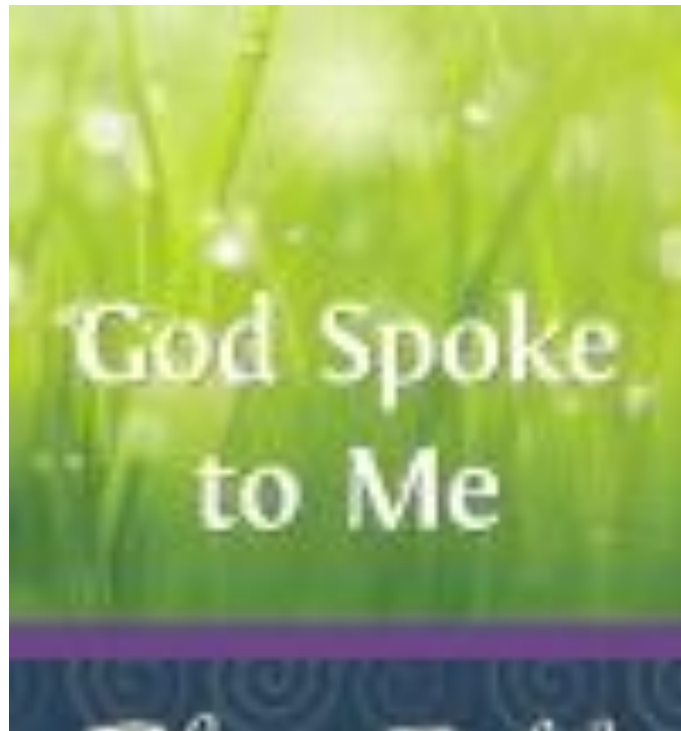


Dorothy Maclean



R Ogilvie Crombie






## Angels, devas and elemental beings

Dorothy first attuned to the garden pea. As her communication with the forces of nature developed, Dorothy realized that she was in contact not with the spirit of an individual plant, but with the 'overlighting' being of the species, which was the consciousness holding the archetypal design of the species and the blueprint for its highest potential. She was experiencing a formless energy field for which there is no word. The closest word to convey the joy and purity that these beings emanated was the inaccurate word 'angel' (which in the west is full of form), and her first thought was to call them that. However, the Sanskrit term 'deva', meaning 'shining one' seemed more accurate and freer of cultural associations. In practice, she uses both words, although neither word is adequate. Peter and Dorothy applied the insights of the meditations to their work in the garden, and through this the Findhorn garden flourished. These were the first steps in the Findhorn Community's co-creation with nature.









Your Journey  
Today's  
Devic  
Message

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Easy & Profound Elemental Guidance









Activate and  
Integrate

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Gratitude  
Closure  
Ground

