Welcome

to the



High Priestess







#### Module 3

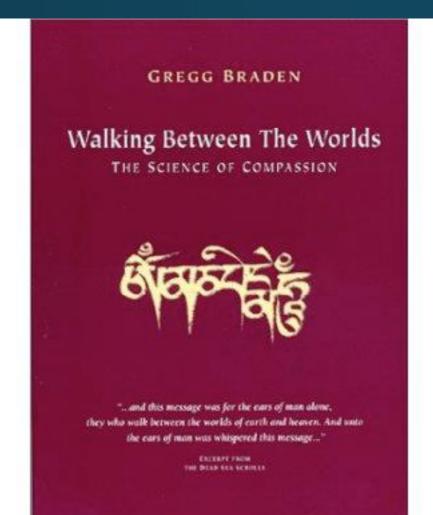
Helping yourself and others clear an archetypal piece that arises during the process.

Clearing the High Priestess Archetype Meditation.



#### **Call in Sacred Space**

#### Working With Finer Subtle Energy 7 Mirrors Insights?





#### **Ceremonial Preparation**



**Artistic Intention Statement** Gift for the Goddess Candle to light and lighter or match Prepare your space - turn off all distractions Prepare yourself with a ceremonial bath Dress as simply or elaborately as you like Join us LIVE if you want to share your intention with the group (otherwise you'll have a number to call to read it to me - so I can absorb the vibration)

As You Activate the Archetype of the High Priestess Pieces May Arise for You to Clear

Helps to have some tools...

and a sense of the Alchemical Transformation Process





Nature is an inexhaustible storehouse of riches. The supply will never run out. Original substance is alive with creative energy and is constantly producing more forms.

> The formless stuff is intelligent; it is material which thinks. It is alive and is always impelled toward more life.

The universe is a great living presence, always moving inherently toward more life and fuller functioning. ~Wallace Wattles

Stages of Alchemy



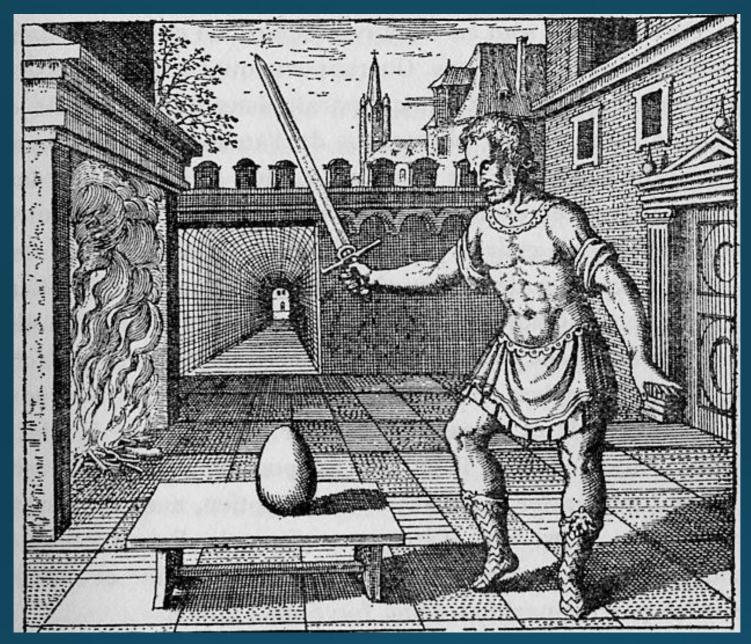
### Step 1: Calcination

A burning off of pretenses and unworkable belief systems that hinder our progress.



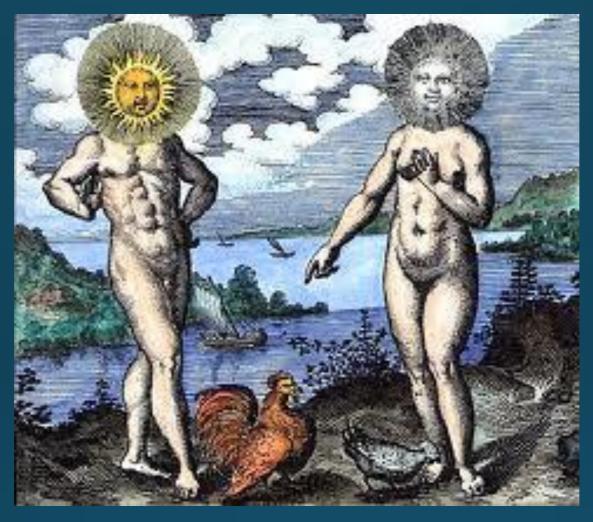
## **Step 2: Dissolution**

Works on the heart and ego to release buried emotions that conceal or distort our true nature.



### **Step 3: Separation**

During this breaking down of the personality into its basic components, the alchemist becomes aware of the opposites within and separates them from their contamination with ego complexes and unwanted unconscious elements.



# Step 4

# Soul + Spirit = Conjunction

Ego Can Stand Between The Union



## Step 5: Fermentation

Associated with the **Dark Night of the Soul** psychologically.

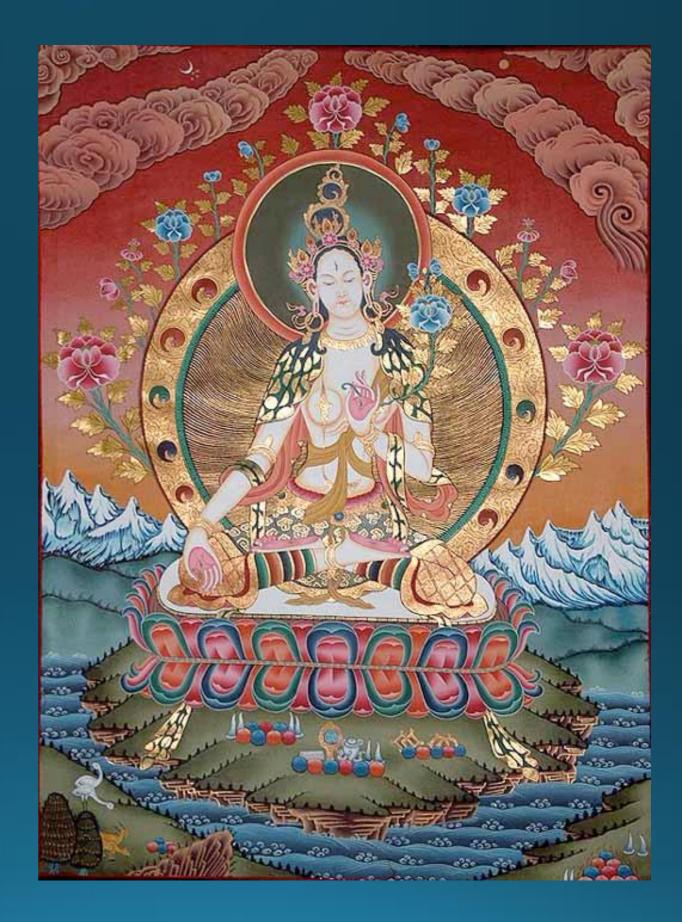
"Here, we undergo a type of rebirth, resulting from the deep willingness to let go of all elements of [ourselves] that no longer serve our spiritual evolution. This marks the true beginning of inner initiation, of entry into a 'higher' life in which our best destiny has a chance to unfold." <u>Mistlberger</u>



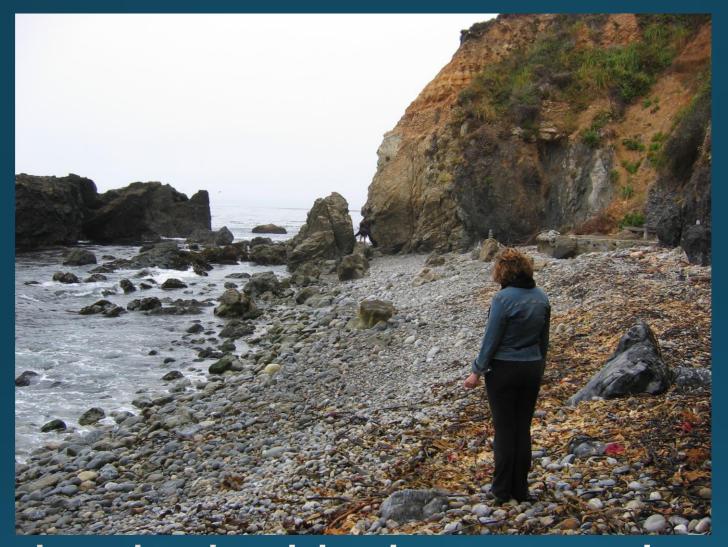
## Step 6: Distillation

When you become distilled, you are grounded in both the earthly and spiritual worlds simultaneously. You have matured, no longer expecting life to meet egoistic expectations, and have released belief in negative self-regard.

# Step 7 Coagulation Fully Claiming Your Divinity



## Clearing A Piece



Notice what is arising in your consciousness. Pay attention to your inner awareness. Look for the Archetypal Pattern

#### Correspondences

- As Above/So Below
- As Within/So Without
- As the Universe/So the Soul

#### **High Priestess Clearing**

- Personal Level
- Family Lineage
- Collective Level

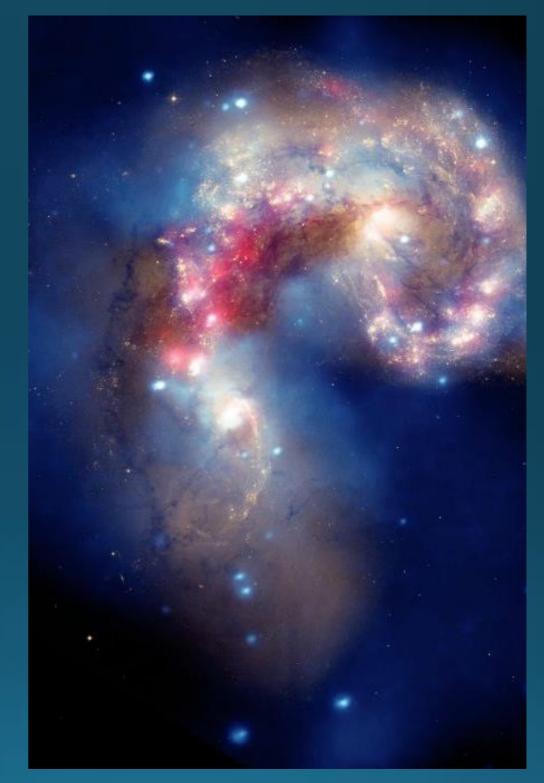


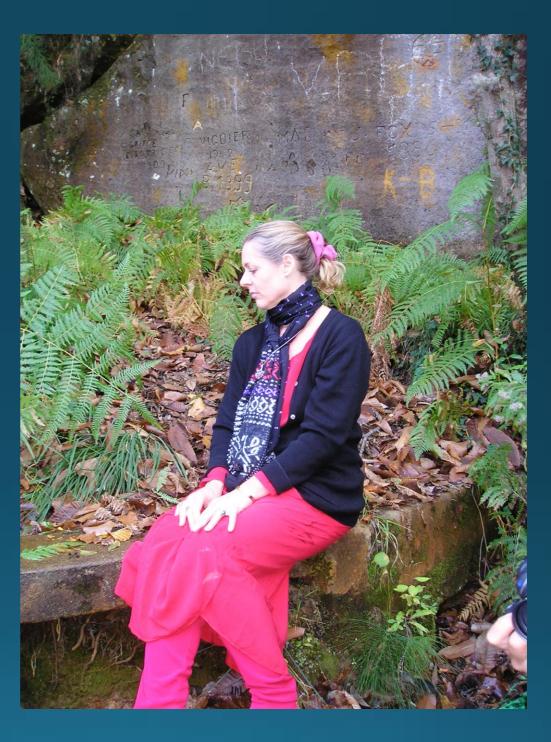
Image Courtesy of Nasa



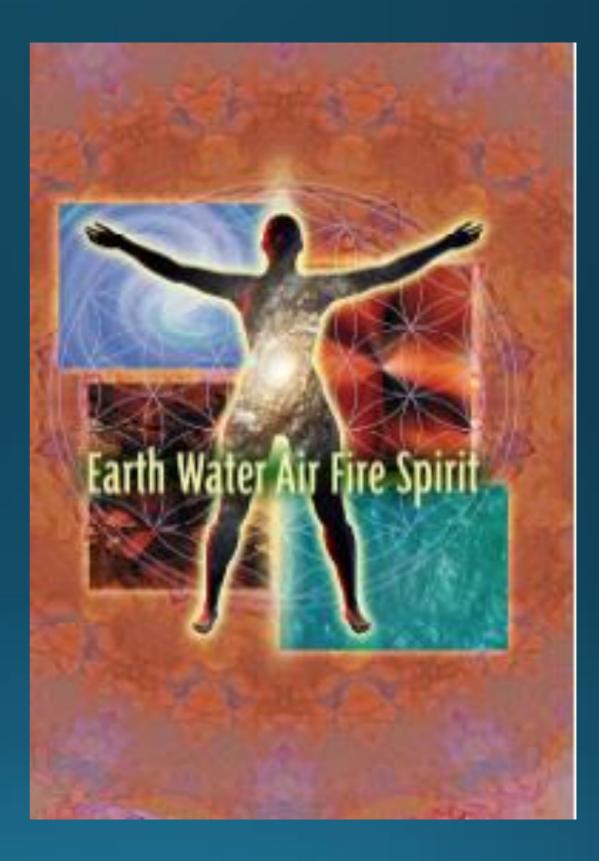
#### May be a old vow to the Goddess

Family Lineage Childhood Program Past/Simultaneous Soul Expressions Something in the collective field

Mass Consciousness Pattern



#### On Any Elemental Realm



#### **Earth Physical**

May need physical ceremony

You as a High Priestess Focalizing Ceremonies healing and otherwise

**Bury something** 

**Clearing physical space** 

Give away old objects with memories attached or clear well



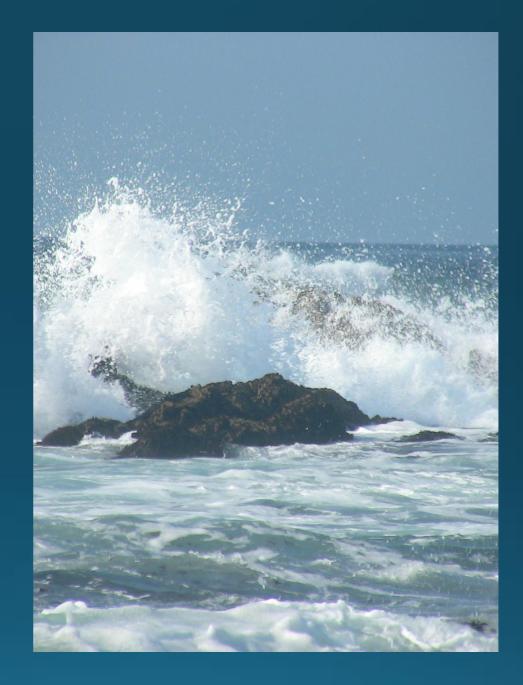
Water Emotional

Take a clearing bath, Epsom salts, sea salt, clay, essential oils

Feel your feelings, cry Dance with your feelings

No matter what you are feeling be mindful not to make it about others

You as a High Priestess holding sacred space for your feelings and others...increase your capacity to determine how your feelings guide you



#### Air Mental

Journal **Clear old beliefs Deep breathing** Dance to release old beliefs Mediate Call on the high priestess oversoul Call on unseen help...Goddess, Nicole, angels, guides, ancestors

You as a High Priestess actively calling on unseen support in each situation



**Fire Action** Dance, Dance, Dance, DANCE! Dance to release anger, fear, self-doubt, energetic blocks Safely burn paper or old items Light a contained candle You as a High Priestess helping yourself and others actively

MOVE energy



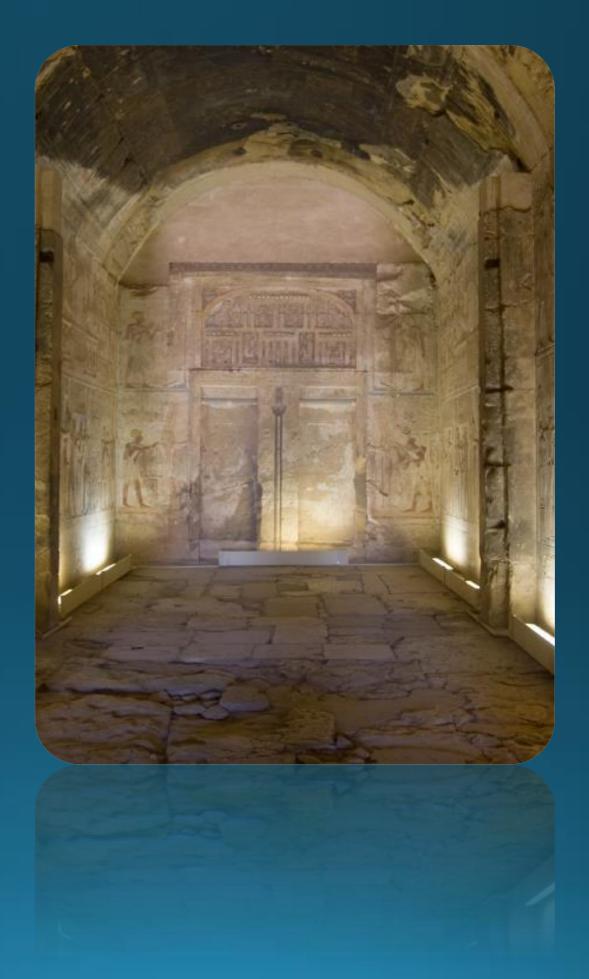
#### Spirit Realm

Old spiritual messages Notice, how is it influencing you?

> Clear Archetypal influences Goddess/God pieces Masculine/Feminine

Express your essence to clear Make art, dance, sing, drum, collage, call on the Divine

You as a High Priestess making a consistent direct connection to the Divine to assist yourself and hold space for others Clearing the High Priestess Archetype Meditation





## Journal Your Insights

## Contribute to Your Tracking Sheet Gratitude & Closure

