

"Made for Miracles" Protocol for Card Deck

If you have happened across the "Made for Miracles" chances are, you are familiar with the whole body of work and the Protocol, but just in case you created your first Miracle by finding the deck, here is the shortened version so you know the value of what you hold in your hands.

Use of the Deck

Please feel free to use this deck as you would any other card deck. Any layout that you love will work with this deck. The deck holds the vibration of Miracles so really, simply holding it and using it, goes a long way to you getting the guidance you ask for. The 1-card a day, 3-card and up to 7 card layouts are outlined on the deck.

The Protocol

The deck is based on a Ten-step Protocol, that moves you through a process to release any false beliefs that are blocking you from manifesting desired outcomes in your physical world. Knowing the protocol will help you work more deeply with the deck and give you an added boost when it comes to creating Miracles in your life. Here is the abbreviated version. Please feel free to take the teachings further by reading the e-book or doing the short-course online. You can access both of these at www.celestialforestinstitute.com/made-for-miracles.

The "Made for Miracles" Protocol

Sometimes...You just have to get hungry.

Have you ever just wanted to say, "Enough, already! I am tired of the struggle. I am tired of this rat race. This is not supposed to be this hard! I am here to complete my sacred purpose! I've done all the classes! I know what it is! I am moving steadily toward those goals. So why is it that I never seem to have the resources to do the things I am here to do? Why has this been so difficult? Why does it continue to be so difficult? Will this ever end?"

When you get to this point, it is a Golden Moment...an extraordinary opportunity. This, my friend, is the point of surrender...the point where you are willing to do just about anything to end the struggle. This is where you can finally surrender to MONEY or LOVE or HEALTH or (whatever it is you are up against) as your teacher.

STEP 1: SURRENDER.

If you are truly ready to end the struggle, then it is time to commit to releasing MONEY as an adversary, and letting MONEY be your friend...your teacher. So do it, right now. Take a deep breath and let go. Let go of trying to figure it out. Let go of doing it all yourself. Let go of beating yourself up when you don't do it right, or don't have enough, when the books don't balance, or the paycheck is not big enough. Surrender and let MONEY or LOVE or WHATEVER YOU ARE UP AGAINST, be your friend and ally. Feel this viscerally in your body. Drop the struggle. Even if just for a moment.

Say out loud: *Ok, I surrender. What, "in God's name" have you been trying to teach me? I surrender. Show me. I am willing to see differently.* Then write down everything that comes in your journal.

STEP 2: GETTING CLEAR

Once you have figured out why the Universe is trying to get your attention, it's time to get really clear on what you want. What equals RICH to you? So this may not be a money issue for you at all. In fact, you can use this strategy for anything...any place where your life is jerking your chain. So it might not be a money crisis. It could be a time crunch, a relationship dilemma or heaven forbid, a health crisis...or a myriad of other things. Whatever it is, it has your attention and it is distracting you from what you came here to do. If that is the case, then it is time to do something about it.

IN LIFE, YOU GET WHAT YOU HAVE THE COURAGE TO ASK FOR!

In order to move forward, we have to understand this fundamental rule: WE WERE MADE FOR MIRACLES! We are here to perform them...EVERYDAY! Every dream and desire that you have was placed in your heart for a reason, and everything in heaven and earth wants to conspire to make it happen. If you desire it, you were meant to have it. A miracle is just a shift in perception. Once you change your mind, the physical form has to manifest. So the question in this step is:

In a perfect world, if you could have anything you wanted, the life of your dreams, your perfect end to whatever existential crisis you are experiencing right now, what would it be? Then write down everything that comes in your journal.

STEP 3: OBSERVATION

As I alluded to in the last step, once you get real with yourself, everything that you have ever thought about why you don't deserve to have what you want is going to reveal itself. If it doesn't happen during the above exercise, just wait for it. It will. You may find you need to carry a little notebook around with you so you can jot them down. You want to ferret out every last one. If you need a question to prompt you for this step it would be:

Why don't I believe I can have what I say I desire? Why don't I think I deserve it? What is the story I have been telling myself? Where does it come from?

Beware, most of these ideas may sound really valid to you. After all, you have been letting them keep you stuck up to now. So you may have them rooted really deeply. This is where you begin to look at where they came from. *What were the stories you grew up with?* Where did they come from? What events around money or love or health or whatever your difficulty is, are still emblazoned in your mind? What emotions come up around those stories? What did they cause you to believe about yourself? Which of these belief systems are still running and how do they cause you to behave? What do they trigger in you, and what actions do you respond with? Get all this down on paper. Write the story of your life with Money.....or Love.....or relationships......or health....or weight.......whatever miracle you want to work on!

STEP 4: FORGIVE OTHERS AND FORGIVE YOURSELF

"Miracles are everyone's right, but purification is necessary first." – A Course in Miracles

As you are going through the list of all the reasons why you should not have what you desire, you, no doubt have come across memories of events that have caused you to feel this way. Maybe you grew up poor. Or there was co-dependency or alcoholism, or abuse, or negativity, or food addictions, or....I could go on, but you get the idea. These stories usually involve other people. In order to get this mindset totally out of your system, the first step is to make peace with those who helped you embrace these faulty beliefs. Then you need to make peace with yourself, holding them so long and making yourself miserable in the process.

This step may not be as easy as it sounds. In fact, it might not even sound easy to you. But I have two invaluable tools that can help you do it and I advise you to use them both!

Ho'oponopono

"Miracles are natural signs of forgiveness. Through miracles you accept Divine forgiveness by extending it to others." -A Course in Miracles

Ho'oponopono is a Hawaiian practice of reconciliation and forgiveness. The Hawaiian word translates into English simply as *correction*, with the synonyms *manage* or *supervise*, and the antonym *careless*. This practice has its roots in the Huna tradition. It has been made popular among healing circles because of the powerful transformation it can create.

Here's the process:

Whenever a place for healing presents itself in your life, open to the place where the hurt resides within you. After identifying this place, with as much feeling as you can, say the below four statements:

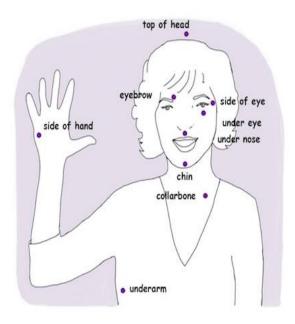
- I'm sorry
- Please forgive me.
- Thank you
- I Love you

This process is greatly enhanced when you write it down as if you are having a conversation with the other person. For instance:

"Mom, I am sorry that you had to grow up in poverty and had to experience so much fear from not having a mom all your life, Please forgive me for judging you and the way you raised me because you never had a healthy example of a parent. Thank you for all you gave me and how hard you worked to support me and give me life experience that has made me the person I am. I love you."

When you do this, its like emotional surgery. You can literally feel the shift inside of you. Things start to untangle. Things begin to move. Then the next step is to move the energy and retrain the negative thought patterns with **EFT: Emotional Freedom Technique**.

Emotional Freedom Technique (EFT) is a revolutionary treatment method that offers healing from physical and emotional pain and disease. Without the use of needles, this form of acupuncture uses the fingertips to stimulate energy points on the body.



EFT HOW-TO CHART

Focus on the distress you want to resolve. If you have several issues you want to work on, focus on the one that's most stressful right now.

Assign a Subjective Units of Distress (SUD) to the problem. On a scale of 1 (lowest) to 10 (highest), rate how intense the distress is.

Create a setup statement. "Even though I [state the problem]. I deeply love and completely accept myself." Repeat the statement aloud 3 times while tapping on the fleshy part of the outside of the hand with the four fingers of the other hand.

Tap around the points. Tap lightly about five to seven times on each point in the illustration, starting at the top of the head and ending at the underarm point.

While tapping on the points, say aloud to yourself a short reminder phrase to keep the focus on the issue you're tapping on.

Remeasure your SUD level. After you complete a round or two of tapping, re-visit your initial distress. What SUD number would you give it now? If you're not yet at 0, begin the process again. The goal is to get your SUD to 0.

STEP 5: RECOGNIZE AND REFRAME

"Miracles bear witness to the truth. They are convincing because they arise from conviction." -A Course in Miracles

Once you have done the above exercises, you will have removed much of the emotional baggage around these false beliefs. You will also have begun to let go of them and reprogram your mind to embrace your value and worth. This will make this next step much easier. Once again, you want to get that list of false beliefs and ask this question:

"Is it true? Is it really true that I don't deserve ...?

Obviously, the answer is going to be "no." But if it isn't true, "What is the truth?"

You want to begin to have a new outlook...to begin to see things differently. So as you are pondering these truths, a helpful prayer to pray is this:

"I humbly ask for a miracle. Please, help me to see things differently. I am willing to see differently." Once you have prayed that prayer, just begin writing. You will be amazed at what will flow out on the paper. This is your new mindset. Your new way of thinking and being. Write your new story of how your life will unfold. And if nothing comes, then move on to the next step. It will. For now, you have cleared a ton of room and it is time to put some more positive energy in its place.

STEP 6: THINK AND BELIEVE THE NEW THOUGHT

"Miracles restore the mind to its fullness. By atoning for lack, they establish perfect protection...Miracles are examples of right thinking, aligning your perceptions with truth as Divinely created."—A Course in Miracles

This is the real work. Once we have cleared the debris it is time to begin to reprogram that thought into our brain. I like to really go deep and program my subconscious for success. The golden rule about this is repetition. Obviously when you begin, you may experience resistance. But just commit, to reading the following every day for the next six weeks. In the morning when you do your work and in the evening before bed. See if you don't see some positive changes.

(Note: Substitute whatever word resonates for you with regard to Divine Source. It could be God's Wealth or Creator's Wealth or Universal Wealth or the Goddess's Wealth, Mother Earth's Wealth, Divine Source's Wealth or even LOVE. Just make sure it feels good and true for you.)

"I am now writing into my subconscious mind the idea of Love's Wealth."

"I know that God-Goddess is the Source of my supply. I know that God-Goddess is the Life Principle within me and I know that I am alive, and all my needs are met in every moment of time and in every point of space. God-Goddess's wealth flows freely, joyously and ceaselessly into my experience and I give thanks for God/Goddess's riches forever circulating in my experience. God-Goddess is my instant supply, meeting all of my needs right now."

"I am born to succeed. I am born to create miracles. The infinite wisdom within me cannot fail. Divine law and order govern my life. Divine peace fills my soul. Divine Love saturates my mind. Infinite intelligence guides me in all ways. Divine Creator's riches flow to me freely, joyously, endlessly, and ceaselessly. I am moving forward in all ways, spiritually, financially, physically, mentally and emotionally."

"I know these truths are sinking into my subconscious mind and I know and believe they will grow. Divine Source is my supply. I am infinitely guided in all ways. The Goddess always opens a new door." "A miracle is a correction introduced into false thinking...It acts as a catalyst, breaking up erroneous perception and reorganizing it properly." – A Course in Miracles

You can also support yourself with short simple affirmations that you can recite throughout the day whenever you think about it. What to supercharge your practice? Do these on a mala! Here are some examples:

I am worthy of receiving every desire in my heart.

I am here to do sacred work, and that work is always supported.

The Universe is conspiring to manifest my desires always.

I am ready for the next step.

I know that I am always supported.

I am worthy of my every desire.

I know I am being guided.

STEP 7: Believe and Vibrate with the New Thought

We have to KNOW that whatever our goal or intention is, whatever miracle we are working to create, IT IS DONE. IT IS HAPPENING!

This is the step where we through everything we have got at it. We meditate on it. We imagine ourselves as if what we desire has already happened. We think about it and feel it every day! This step will also begin to show you where your vibration needs to raise. You may begin to raise your vibration, and people or events may cross your path that are just the opposite of what you are holding. For instance, a random bill comes in the mail or a sudden accident happens that requires funds to fix. This is where we become hyper-vigilant at moving the energy quickly. Once we have cleared out as much as we have cleared, our ego will try to throw things at us to put us back to what we are used to. We need to get efficient of recognizing what is happening and getting ourselves back to our high vibe. (Check out the <u>Made for Miracles</u> book for more "how-to's" on this one!

STEP 8: Release

Let go and Let God. All that we have been doing up to this point has felt like work. If you feel in your body, you can feel that we have been building a lot of energy. This is the point where you simply release it to the will of Heaven. You truly begin to trust that the Universe has your back. You let your body, your heart, and your mind relax. You repeat to yourself, "This or something better," and you truly mean it. You allow yourself the luxury of being in a total state of trust.

STEP 9: Be led.

"Prayer is the medium of miracles. It is a means of communication...Through prayer love is received, and through miracles, love is expressed. The Divine will direct you very specifically. You will be told all you need to know." --A Course in Miracles

When you decide that you are in the business of making miracles, the whole Universe moves to meet you. You literally become the hands and feet of the Divine. The Divine working through you, needs you here on the planet. It needs you to perform tasks in the physical in order for physical outcomes, *miracles*, to happen.

When you get to this point, it's time to ask: What am I supposed to do? And then you wait, preferably with a pen and paper. Wait until you get an answer. If you don't hear one, keep moving forward and keep asking. Use a pendulum or muscle testing or the card deck. Stay open. Guidance can come in some of the most interesting ways. So heighten your awareness. Most importantly, be willing to be led. You may get guidance, and it may feel uncomfortable. It may mean you have to do something that is way out of your comfort zone. Be willing. Be open. Be hungry!

STEP 10: Open to Receive

"Each day should be devoted to miracles. This is how you use time constructively...Miracles arise from a miraculous state of mind, or a state of mind, or a state of miracle-readiness."-- Adapted from A Course in Miracles

If you have made it this far and have done all the steps, your miracle is on the way, if it hasn't already arrived. So watch for it. You will know it when it arrives. If this process works like it is supposed to, this step will send you right back to the top to complete the process again. In a perfect world, you will feel so excited and happy that it worked that you will want to go back and try it again. If you are anything like me, once you get to the end, you may find yourself relaxing a bit, slacking on your morning practices, not focusing on your next goal, skipping yoga, or whatever. To some degree, right at first, this is normal. Your psyche is trying to stabilize itself as it has just been through a dramatic change and all this receiving may feel a bit uncomfortable. If you are not careful, you can land yourself right back where you started. Either way, it still has the same effect. You undoubtedly will move yourself right back to the top to take yourself through the process again.

I promise you, if you keep doing this, if you diligently keep moving through the process, amazing things will begin to happen. Mostly because, **YOU WILL GET BETTER AT IT!** Right now it may feel long, cumbersome and arduous. The pile of false belief systems you have accumulated may be through the roof. But the more you do this, the faster it goes. You get skilled at getting yourself back into the vibe of your dreams. Pretty soon **THAT THING** that started your journey gets easy.

That is truly my prayer for all of you...that life gets easier, that you become a Miracle Master: That you master your physical experience and teach others to do so, as well.

Let's get busy!