

Sacred Rhythms Hign Your Body with the Rhythms of the Earth

Sacred Rhythms Schedule 2024

Because of the nature of our lives these days, sometimes some of you may be able to join us in person or live on our on-line classes. Any time you are not able to attend in person you can simply access the replay.

While you do not need to be on the live on-line classes, you do need to put a time in your calendar each week and set aside time to do the training. This is designed to be a mini monthly moon lodge circle. So you can join us in person or do the recording on the New Moon on your own. The more you are consistent with your training the easier it will be to stay current. If you get behind, just start in the month we are in and catch up the other classes later. Most On-line classes will be at 12:00 pm Central Time unless otherwise specified. *ALSO PLEASE NOTE THAT THESE ARE SUBJECT TO CHANGE. I'LL INFORM YOU ASAP.*

Sacred Rhythms Module 1 with Kathy Forest, January 12, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 2 with Kathy Forest, February 7, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 3 with Kathy Forest, March 8, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 4 with Kathy Forest, April 5, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 5 with Kathy Forest, May 3, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 6 with Kathy Forest, June 4, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 7 with Kathy Forest, July 2, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 8 with Kathy Forest, August 2, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 8 with Kathy Forest, August 30, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 10 with Kathy Forest, Oct. 1, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 11 with Kathy Forest, Oct. 30, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 12 with Kathy Forest, Nov. 29, 2024, 12:00 p.m. Central Time Sacred Rhythms Module 12 with Kathy Forest, Dec. 28, 2024, 12:00 p.m. Central Time