

*Welcome to the
Extraordinary
Soul
Mystery
School*



Module 13



Module 13

NORTH – THE AIR DOOR

Diving deeper into the StarMaiden Circle

Items needed for this module:

- 5 stones laid out in a wheel
- Module 12 Handout
- Your Shield & Bundle



Lay out rocks
Connect, Call in Sacred Space



**Open to
Receive**





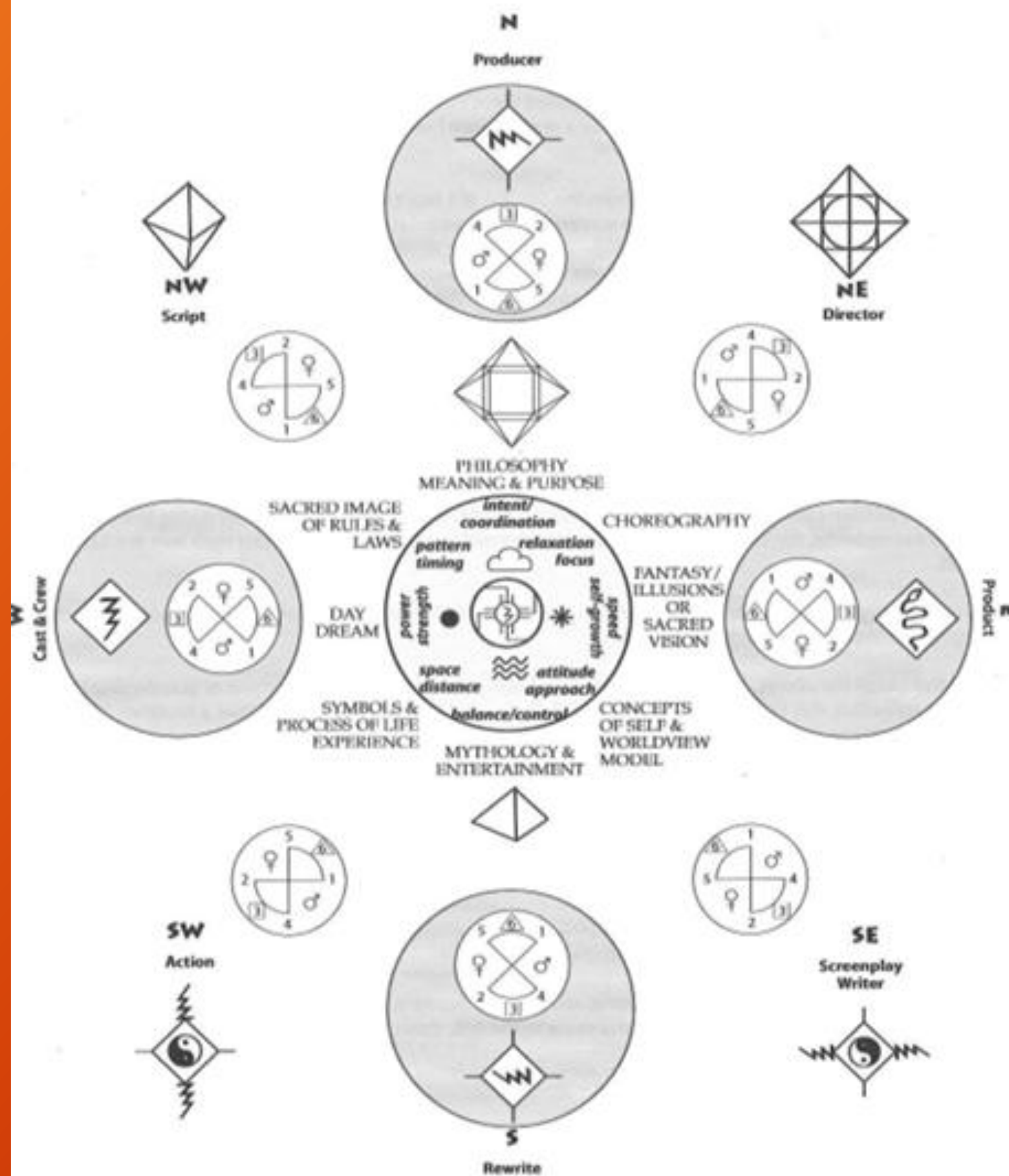
There is a possibility of this if anyone is interested in dancing in a live wheel in person. If we all stay on track, we would be ready May 8-10, or 15-17. I will only open this up to others if anyone in here is interested in doing it. So let me know quick.

Last week we were introduced and attuned to the StarMaiden Circle. This week we will be diving into the deeper teachings of each direction.





THE WHEEL OF LIFE



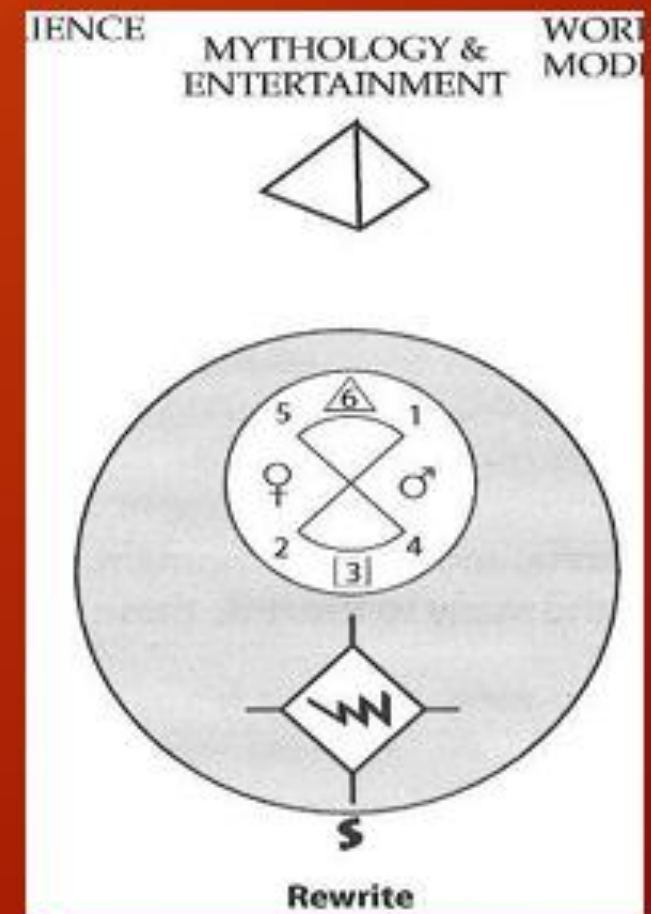
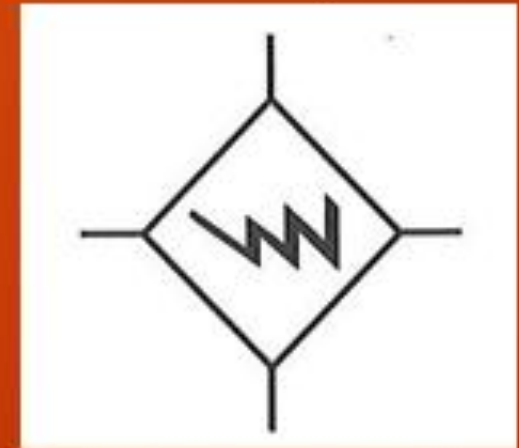
SOUTH

Up to this point we know that the South direction is the place of the Heart, Water, Plants, Trust and Innocence. It is also the ***Place of the Child***. It's the history of our childhood.

Mythology refers to the story of what has happened in our life according to our own perceptual viewing point. It is the story of how we survived, how we learned to fit in, belong and conform. It may be a story of pain or pleasure.

Entertainment is how we amuse ourselves or preoccupy ourselves with the patterns that developed out of these perceptions. Although often tainted with pain, these tapes are replayed because we fear that change will make them worse. The light side of entertainment is experienced through the stories we tell ourselves that motivate and inspire us to grow up and be happy. We each have a story. It might be interesting to think about the title of yours...

The South is also the place from which we can rewrite our life's script. When we choose to rewrite our myth as hero or heroine, when we are in alignment with the element of water, when we embody the power of the south, we achieve the attributes of emotional balance and control. That means an ease in breathing, vitality of health, pleasure in seeking knowledge and a celebration of our individuality. **Imbalance is the Dark Mirror of the South.**



SOUTHWEST

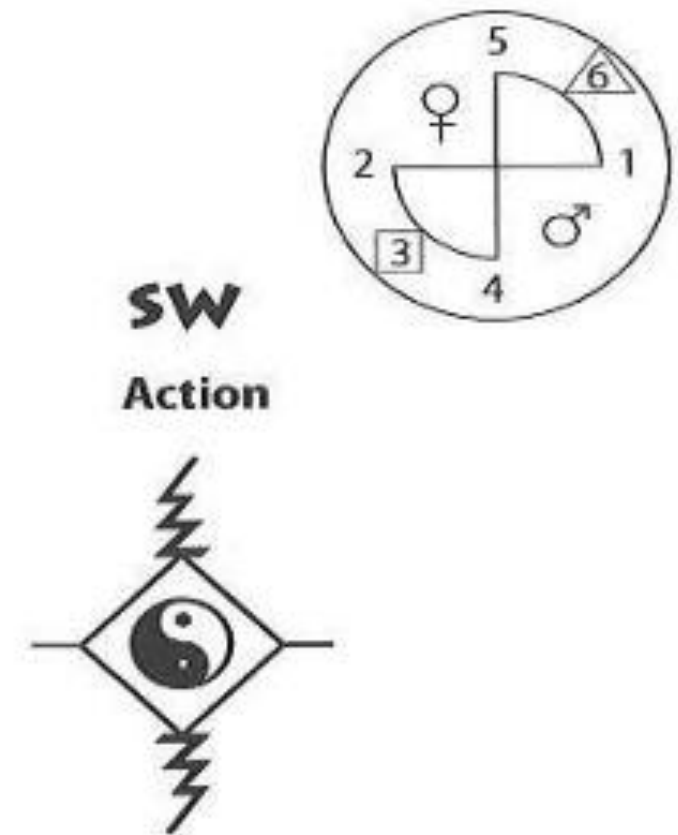
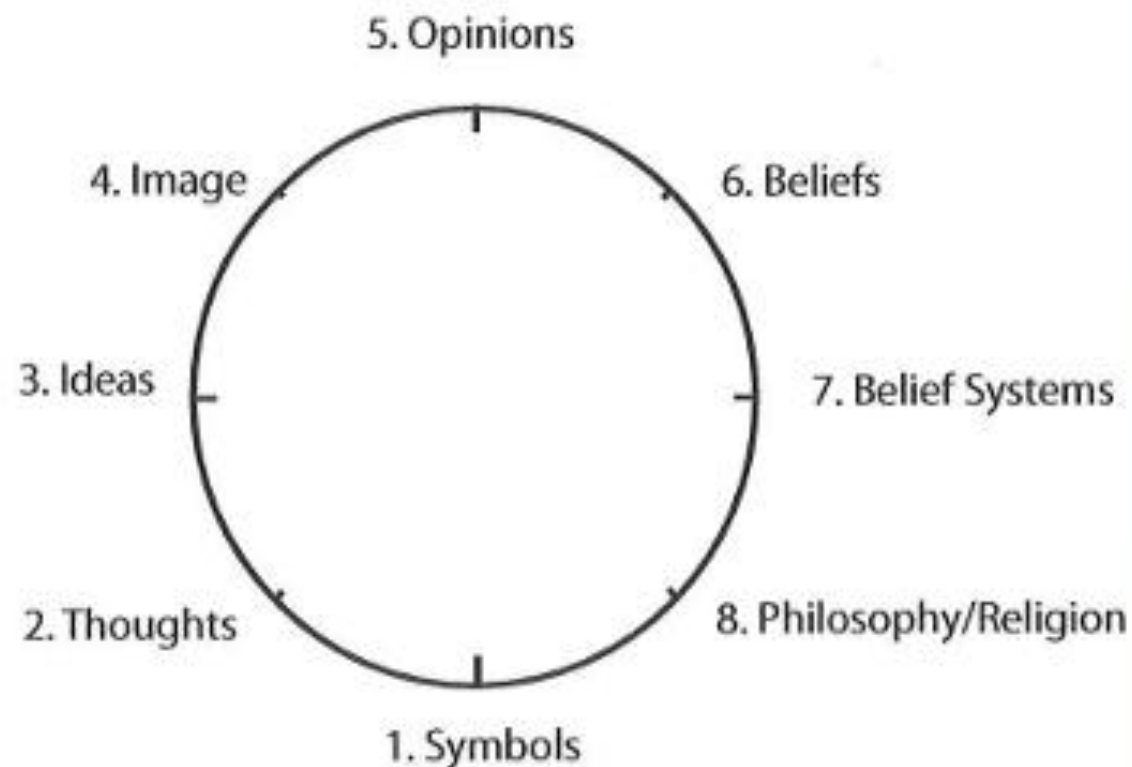
In order to understand what the ***Symbols and Process of Life Experience*** means, we need to know something about how the human mind functions. No matter what, our mind goes through the following first four steps.

1. Symbols gather together to create a thought.
2. Thoughts form into ideas.
3. Ideas merge into an image.
4. Once an image is formed, our perception is either confined and defined by it or we allow the image to expand our perception and increase our imagination.

SYMBOLS AND PROCESS OF LIFE EXPERIENCE

Space and Distance

Action



Depending on our level of development, the four steps that follow, can have greater or lesser flexibility and light.

5. Opinions (usually fragments of imagination).
(a need to feel like you know).
6. Beliefs
7. Belief systems (verification of belief in order to stop free thinking imagination).
8. Philosophy, meaning and purpose or religion (we feel trapped in our fate).

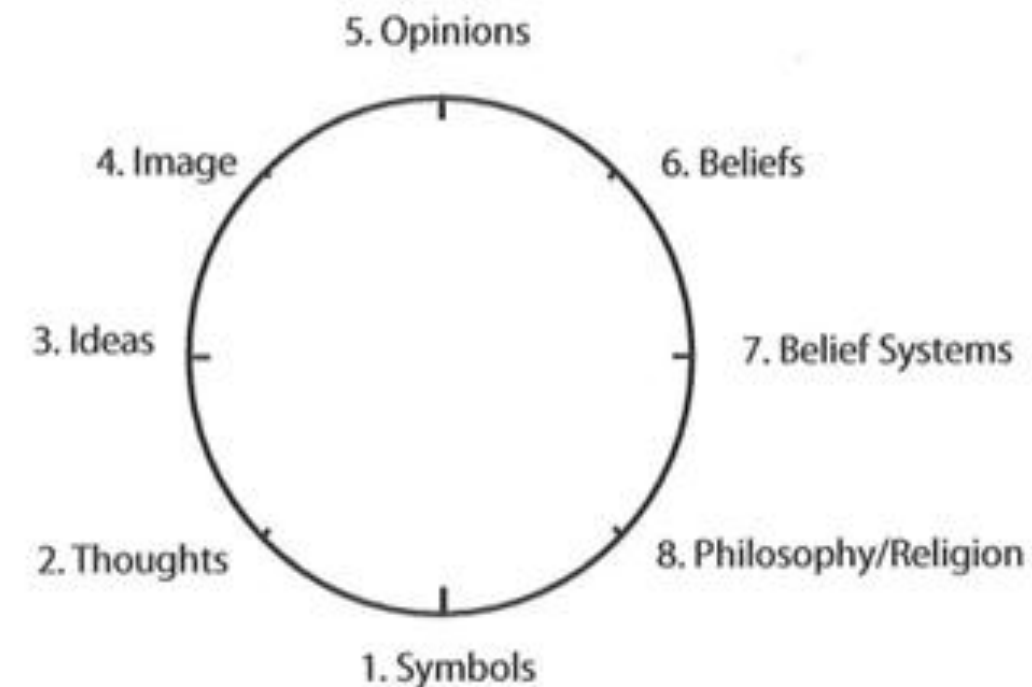
This is the process that the brain goes through whenever we see anything, whenever we make choices, whenever we do anything. In a split second we go through the first 3-4 steps. The rest follow accordingly.

So depending on our focus (how much we have done to adjust our belief systems), and the impact of any particular stimuli (how deeply it is ingrained) our perceptual process will open or close the symbols presented to us in our process of simply experiencing life. In other words, we will either feel like we have a lot of options open to us (open symbols) or we will feel like life is against us and for whatever reason (stories from childhood) we will feel like some options are closed to us (closed symbols). Our concepts of self, our world view model and our attachment to the familiar story predicate our symbolic interpretation of life. Closed symbols are those experiences which we avoid because they are unknown or threatening to us. We are afraid to enter into the experience. In fact, we are often convinced that there is a monster behind the closed symbol. Open symbols are those experiences that are a natural part of our **everyday action**. Here we know what to expect. When we open a closed symbol and move into that new, feared space, we gain energy, knowledge and find another teacher or teaching about the reality of living. We close the gap between ourselves and life experience.

SYMBOLS AND PROCESS OF LIFE EXPERIENCE

Space and Distance

Action



Complacency is the dark mirror of the southwest; a sense of fulfillment (treating each event as if it were the last thing you will ever do and therefore making it your very best) is the key to a successful light mirror.

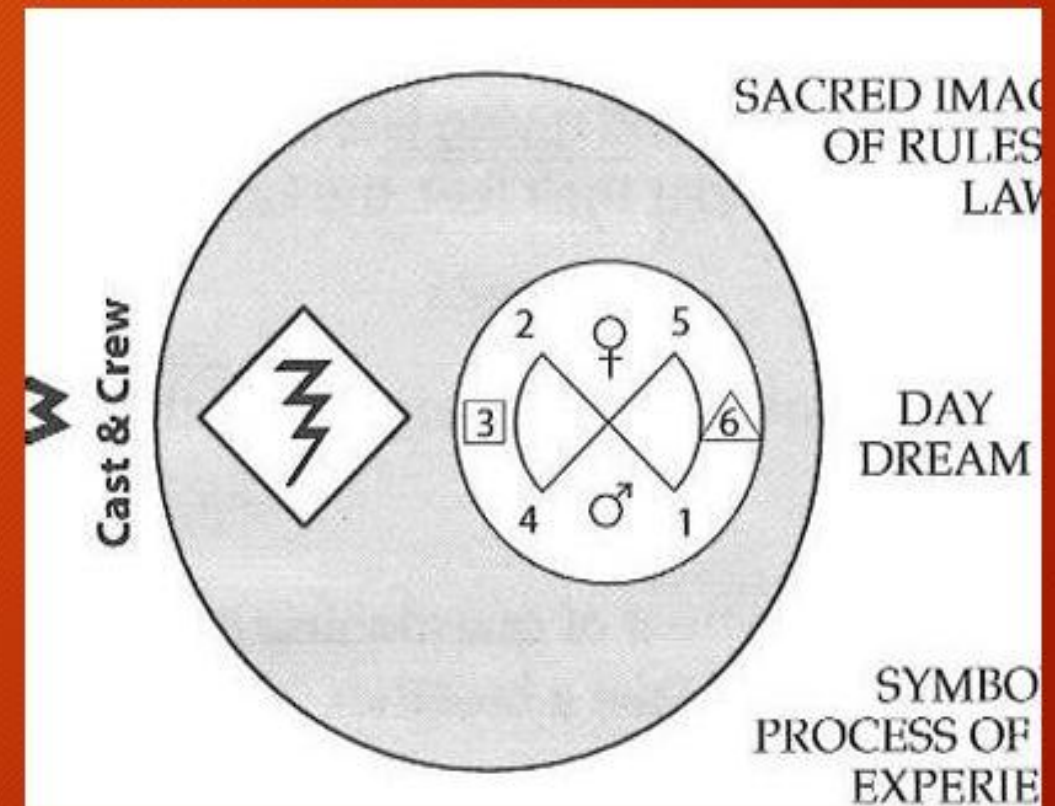
WEST

Remembering that this is the place of Earth, our physical body, introspection and intuition, as well as holding/transforming energies, this direction is named the **DAYDREAM**.

When we are caught at the effect of our past pain tapes and perceptions or caught in fretting about the future, we are not present now and awake, aware and alert to reality as it exists. This is the dark mirror. When we go inside with deep introspection and intuition, the light mirror, we are able to take responsibility for our own lives and know the changes we must make.

This is also the place of our health—our overall physical power and strength. Are we in the best possible state to hold and transform energy in our bodies?

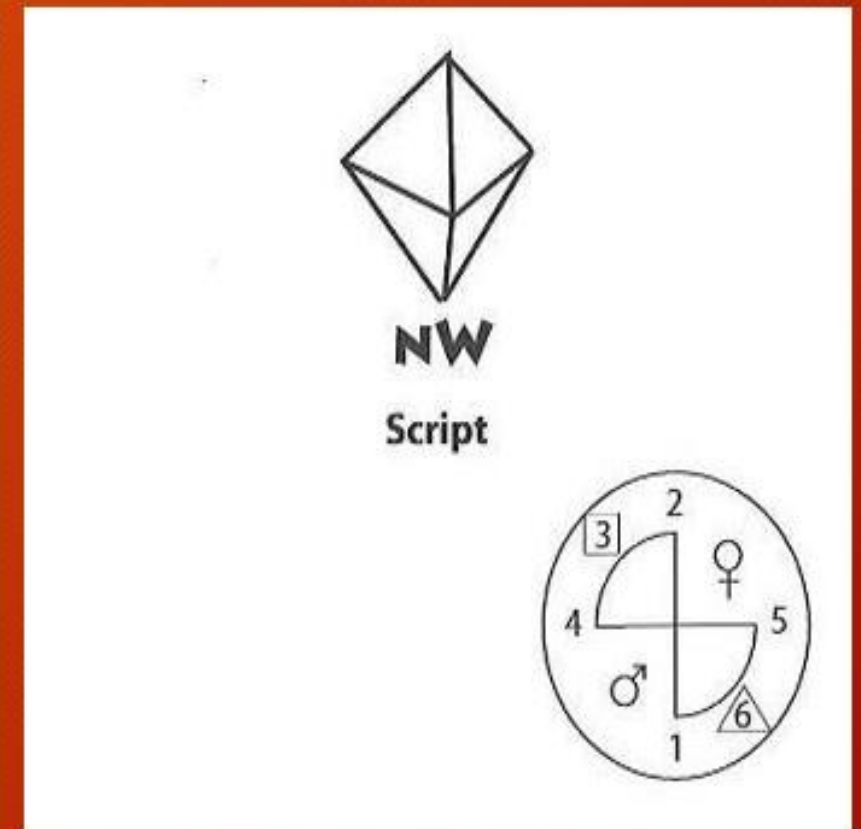
Our **Cast and Crew** refers to the inner parts of ourselves (our masks) as well as all the other people we have drawn to us to be in our life. We have dreamed these people, roles and masks into our life. We have an agreement with each one to participate in the development of who we are. Without them our life “movie” couldn’t happen.



NORTHWEST

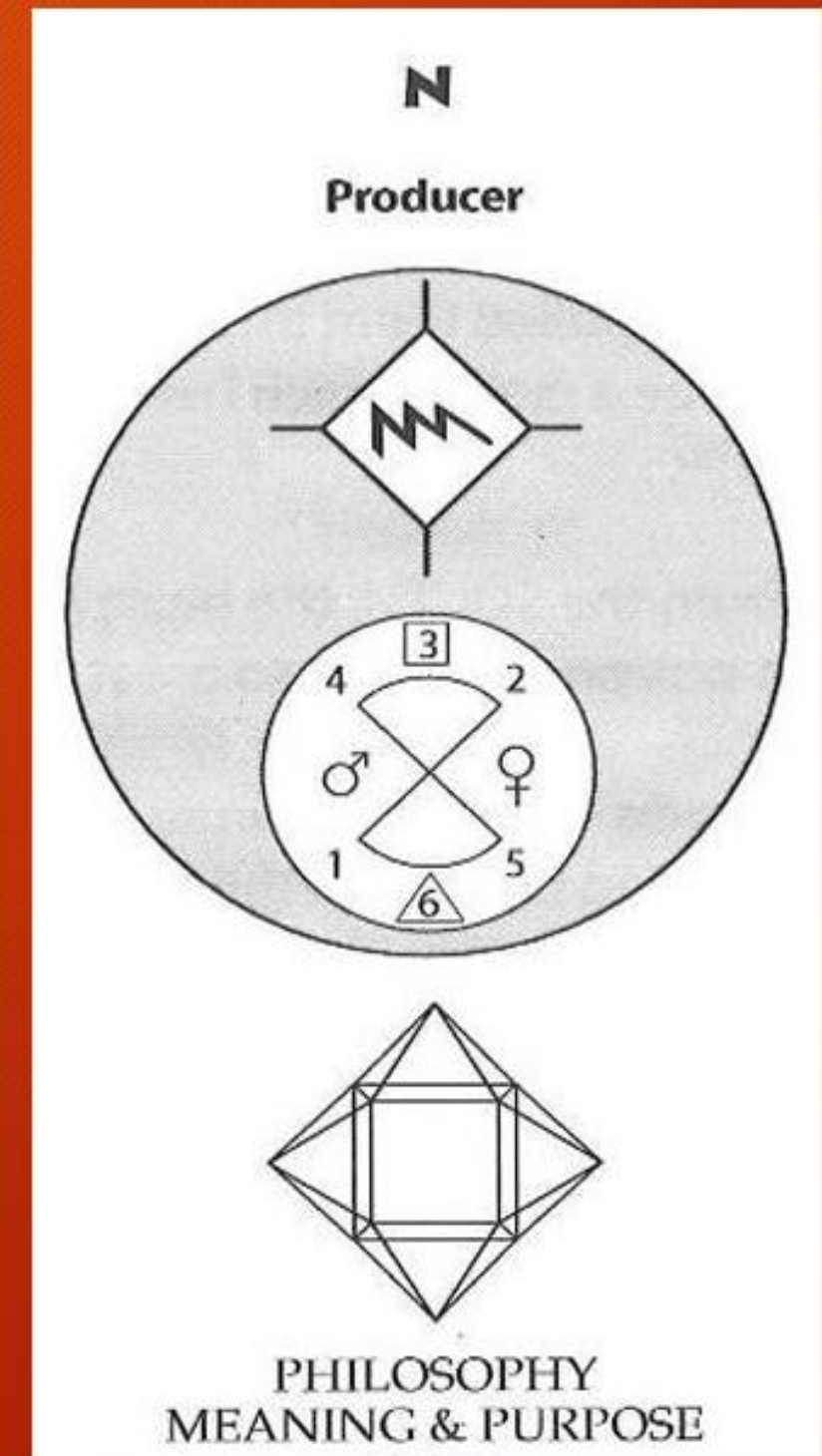
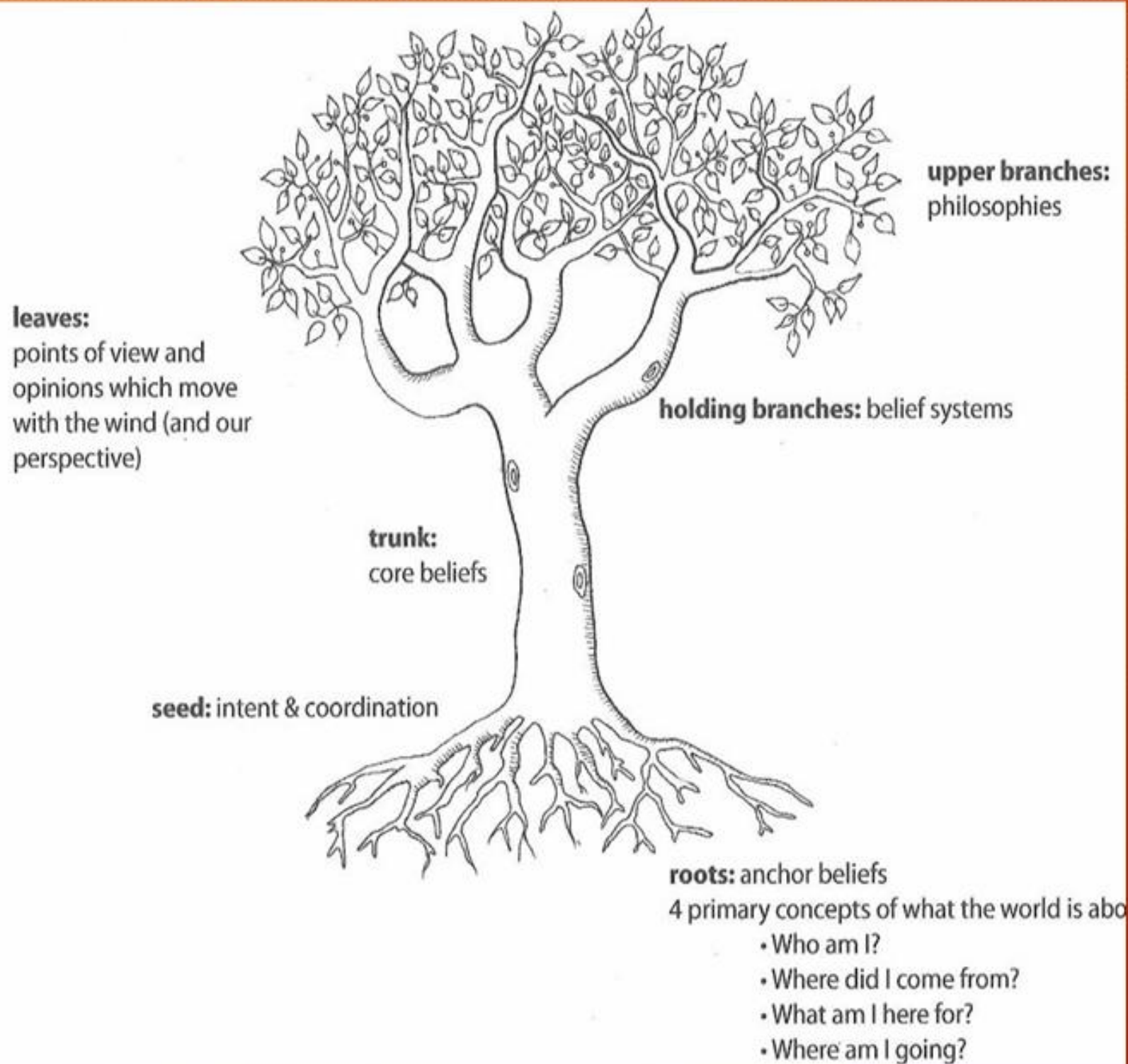
This is the place of the script we wrote prior to taking on physical form. It is based on a preview of what our soul needs for its next stage of development. We created the environmental context, chose the cast and crew and planned the action that would best enable this development. This script is based on 3 key **SACRED IMAGES** (the pure essence that we can hold for this lifetime): ***life itself, us ourselves, and us with life.*** Sacred Images formulate the **RULES** (what we can or cannot do) and **LAWS** (what will happen if we do or do not follow the rule). Within the dark mirror we forget that which is sacred, limit our images and so the rules become boundaries (a box around our freedom of expression) and the laws become limitations (restrictions within the box itself). So the question here becomes: What have we encoded in our physical body because our perception was limited by the stories we believe to be true? ***THIS IS OUR SCRIPT!*** We must assume authority for what happens and what has happened; take responsibility for the agreements we have with others and our life process; step into the power of each moment's opportunity. In so doing we will move into the light mirror. Then we can recognize, accept and/or change the pattern. Then we will have the wisdom to know the timing for change, evolution and movement to a higher level of our **SACRED IMAGES**.

The Northwest is where we experience karma and dharma. Agreements we made and continue to make with our self, life and others are known as our ***Children's Fire***. To break these agreements is to incur karma; to honor and renew them is to create dharma. Our script was written within a Circle of Law so that it would lead us to our true **SACRED IMAGE**, who we are in our true character.

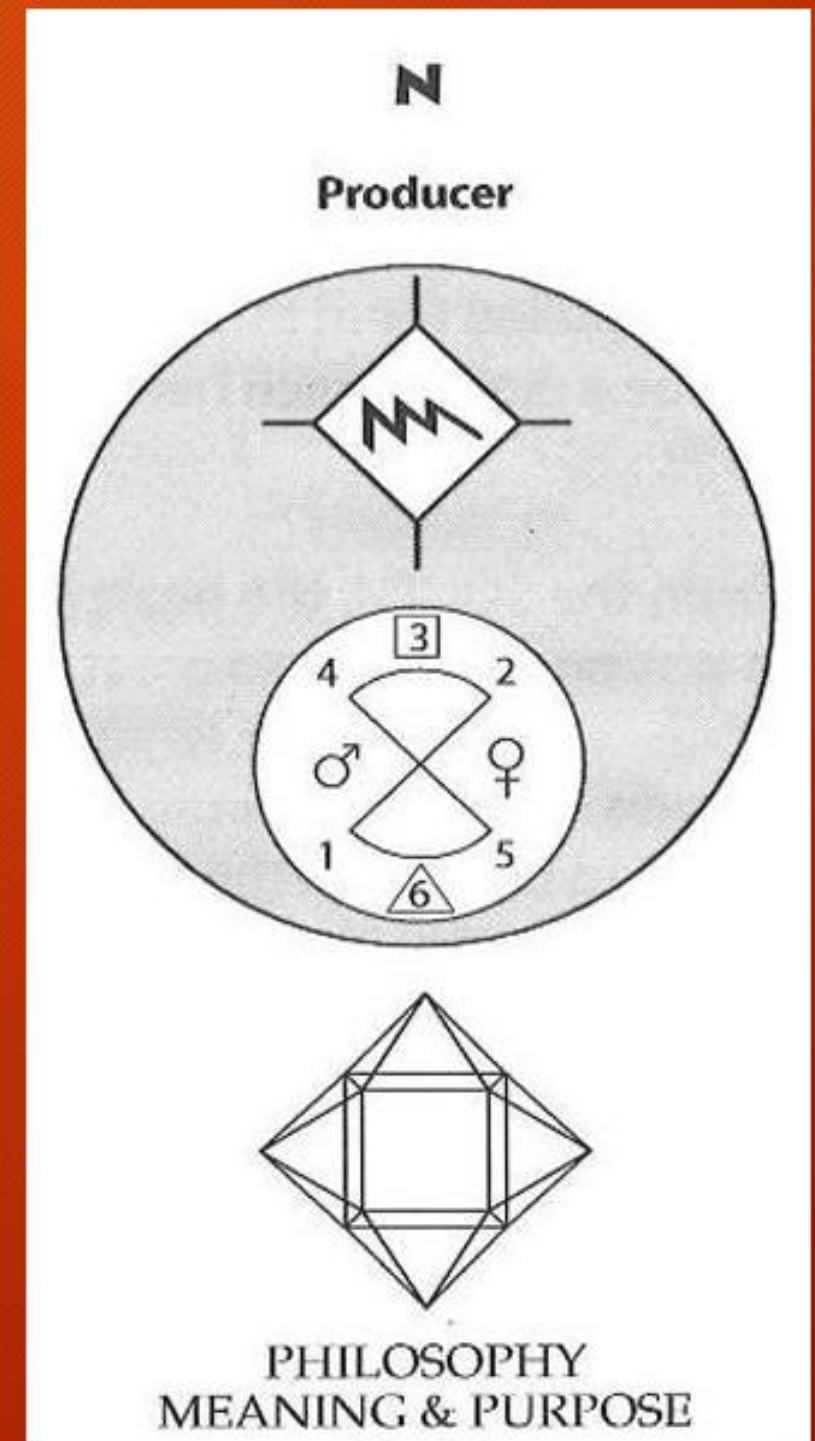


NORTH

The power of the **NORTH**, the place of the **MIND**, is **LOGIC, KNOWLEDGE and WISDOM**. The element is **Wind**. This is also the place of the **MEANING and PURPOSE** we give to life, our philosophies, belief systems, opinions, points of view (that is, how we make sense out of it all). A tree can sometimes be a good example of this:



On our movie drama wheel, this is the place of the **producer**, the one who makes the production possible. Thus our **Mind** makes this whole adventure possible. Awareness of the **MEANING and PURPOSE** of our current story is essential to the success of a producer's job. The key to the north is our **INTENT**. **Consciousness and flexibility** makes possible coordination of all the small details into a greater whole. As we all know, life constantly changes. **Fixed opinions, rigid belief systems and uncompromising philosophies** are the **DARK MIRRORS of the North**. A willingness to prune our tree allows us to adapt to the changing winds of our times. Flexibility allows us to move around the wheel of life and receive input from multiple points of view.

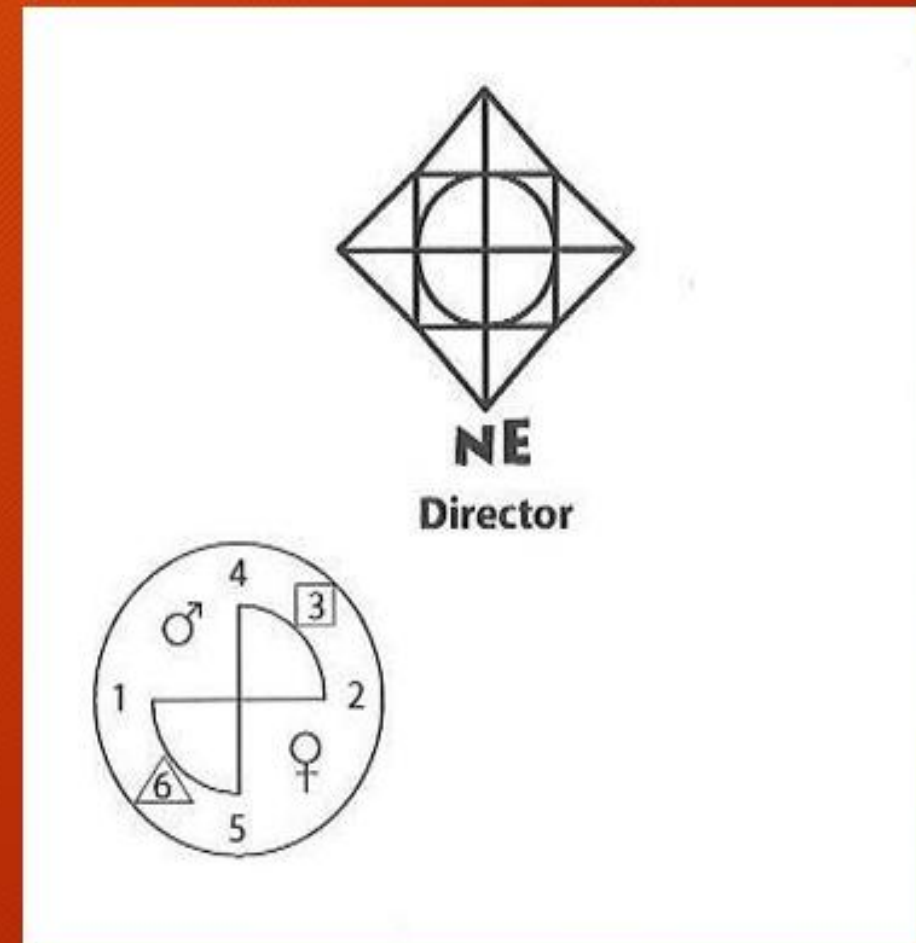


NORTHEAST

The **NORTHEAST** has a key and recurring question: “***Whatcha gonna do?***” It is the director of our movie that must answer that question at every choice point during each day. This is the spot of our **DESIGN AND CHOREOGRAPHY OF ENERGY MOVEMENT**. It is the director’s responsibility to hold the overall picture in the forefront of his/her mind and then choreograph the individual pieces so that this design is actualized.

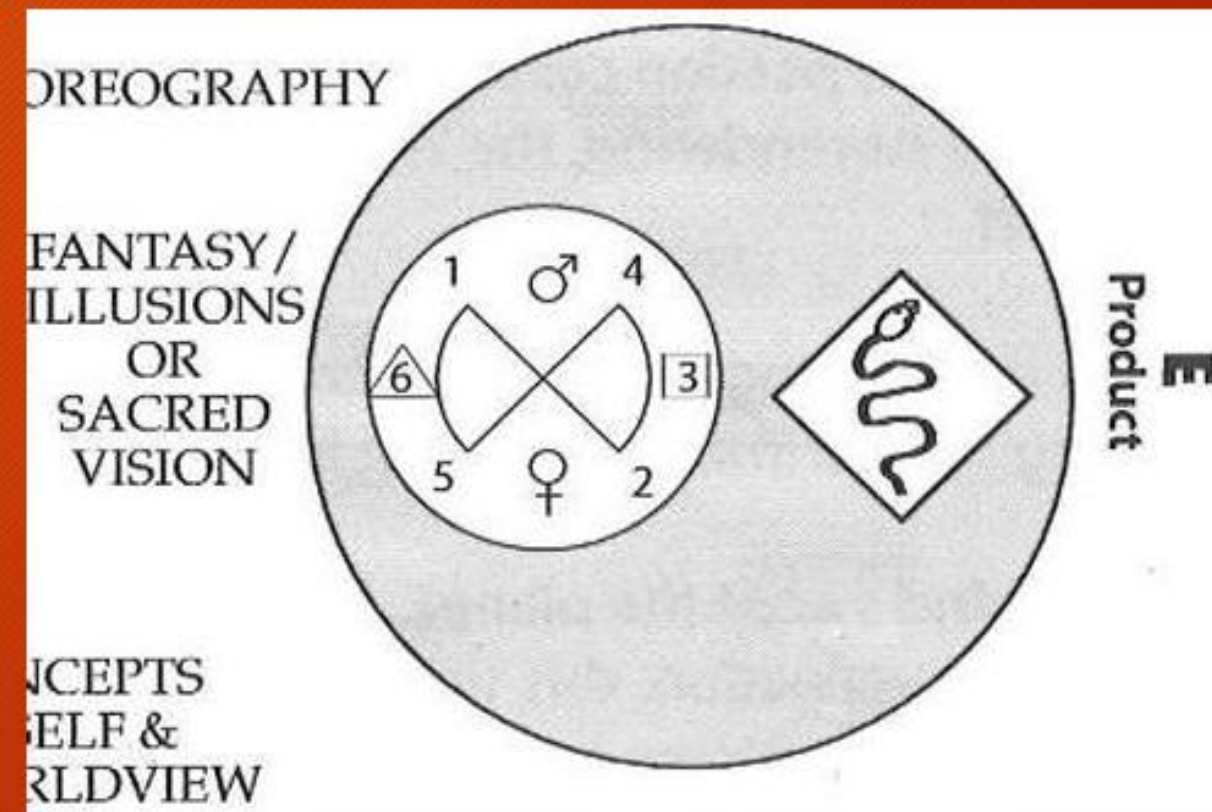


Our top priority is to develop ourselves as autonomous, free individuals. The major decisions we make must honor this priority. Every day we are confronted with minor choices. These must be in alignment with those prior decisions in order for us to actualize ourselves. “***Whatcha gonna do?***” **What will require the least amount of effort and give us the greatest result?** The keys to success here are ***relaxation and focus***. Relaxation allows us to access the beauty of our design. Focus in commitment, discipline and follow-through allows us to actualize the beauty of our design. Living this way will reduce our stress and maximize our successes.



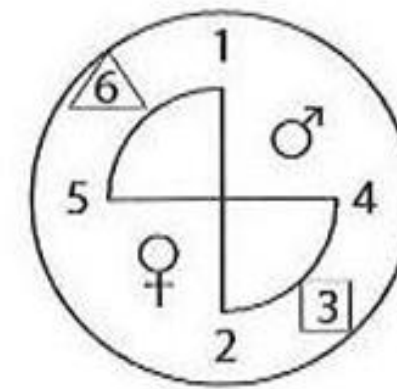
EAST

The **East** is the place of the ***FIRE ELEMENT, THE EXPANSION AND DETERMINATION OF SPIRIT.*** This is the actualization of our **SACRED OR SPIRITUAL VISION**, our spiritual path to enlightenment. It is the movie-drama ***product.*** The dark mirror occurs when we assume distorted pieces of vision to be the real thing. These are **FANTASY AND ILLUSIONS** in the dark, a life built on distorted reflections of self, life and others. However clear a glimpse of light may be, to assume that it is the fullness of Light, of Sacred vision, is to follow a path that does not lead to greater and greater illumination. The light mirror occurs when we allow each moment to become an opportunity to grow, to see more clearly, to actualize more of our potential. The determination of our spirit is self-growth and development, the evolution of our true nature spirituality. We will naturally grow at the speed that works for us as we move along our path.



SOUTHEAST

The **SOUTHEAST** forms the base of our entire walk around the Wheel of Life. This is the place of the **SELF**, the **screenplay writer** him/herself. Our attitude and approach to self, life, and others frames any and ALL **CONCEPTS OF SELF** and our **WORLD VIEW MODEL**. This is the place through which we enter a particular personality based on the chosen script of the northwest. How do we view self, life and others? Do we choose the light mirror dance or are we trapped in the web of darkness? At each point on the Wheel, it is our **attitude and approach** which determines our choice of action, response and evolution. It is our **attitude and approach** that determines whether the choice is made from the part of us which cannot/will not see (Sidheh) or the part of us who has learned or is learning to see (Hokkshideh).

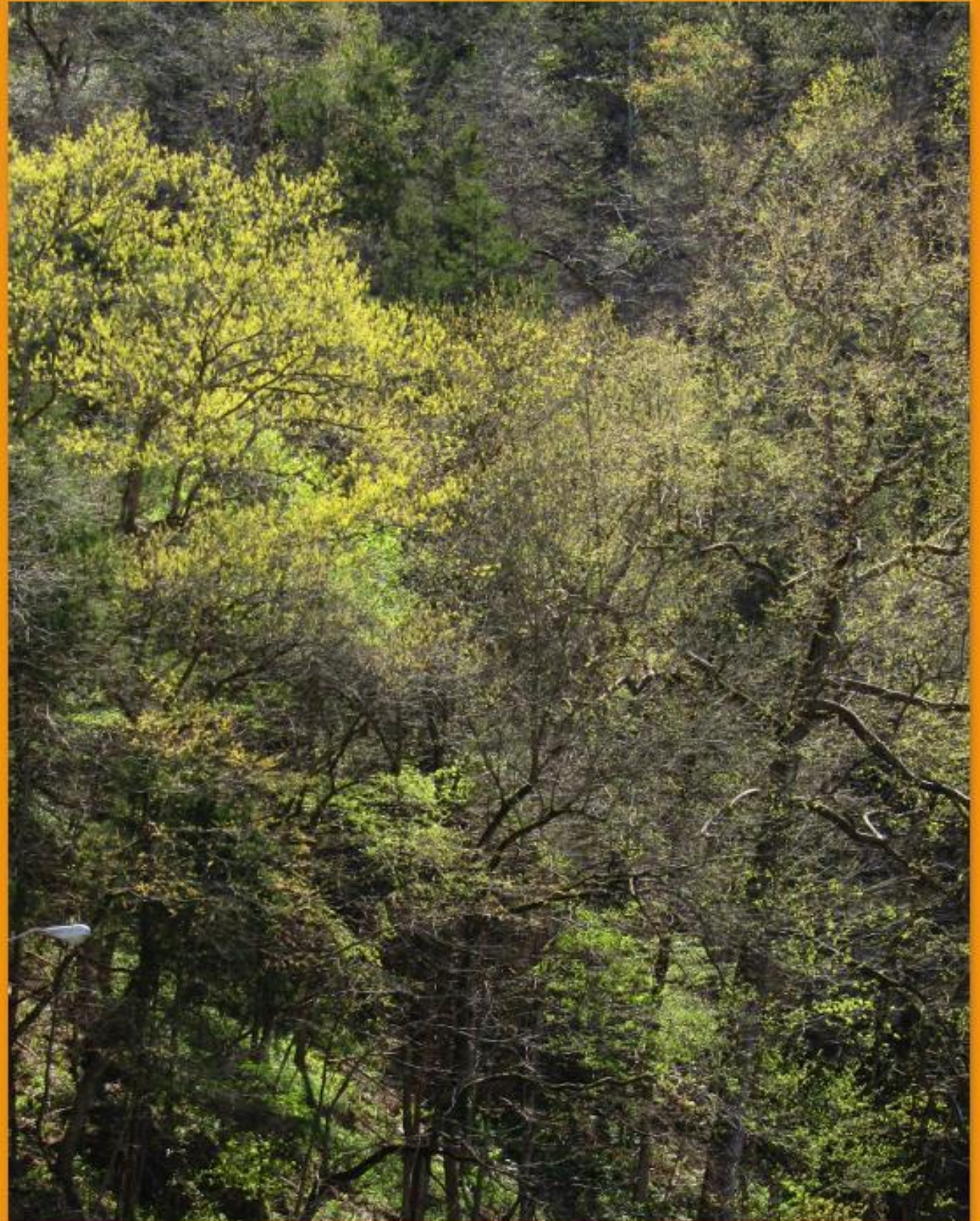


SE

**Screenplay
Writer**



Integration Dance



Gratitude & Closure Ground

