

*Welcome
to the
New Earth
High Priestess
Process*



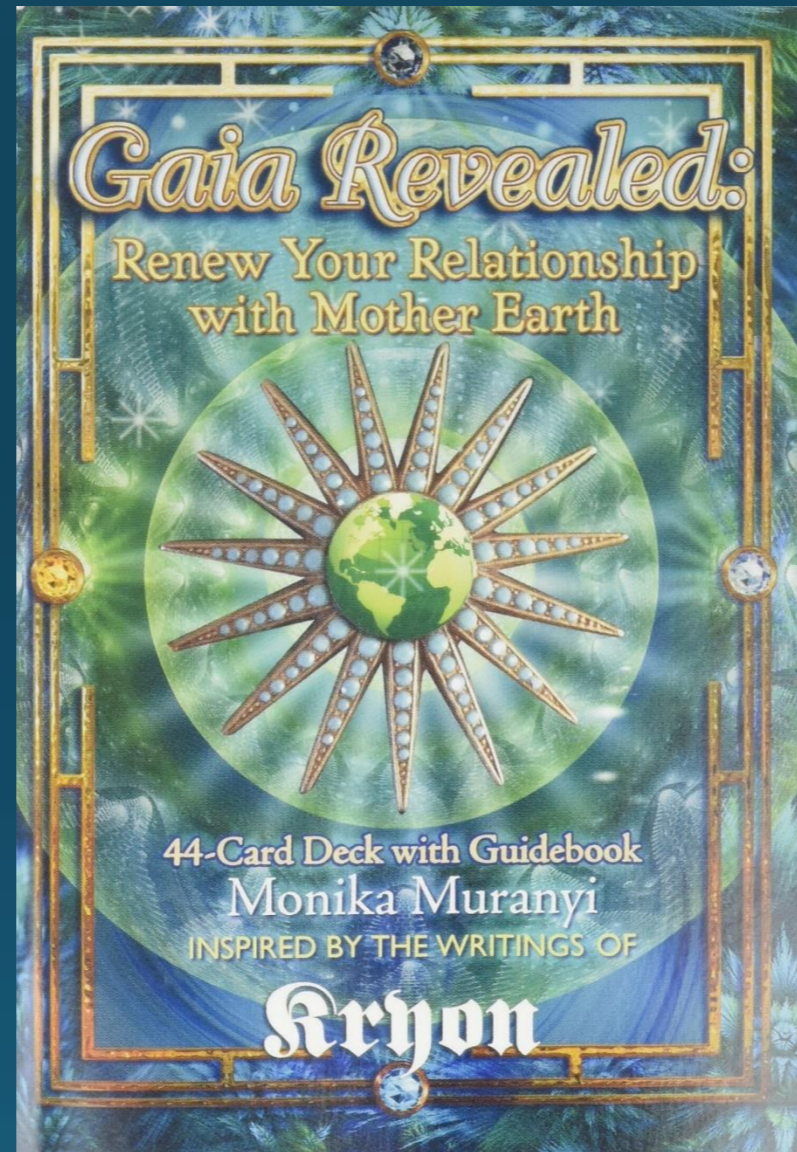


Module 21
High-Priestess role in ceremony small group

**Connect,
Call in Sacred Space,
Call on Oversoul,
Open to Receive**



Spiritual/Creative/Financial Flow



High Priestess Role in Ceremony

Focalize the Energy



Holding the Energy

- What's coming in
- What's leaving
- Each Individual
- The Group



Living Ceremony

The Potency (immediate and long term, personal and universal) of any ritual or ceremony is proportional to the participants' sustained, focused consciousness and intent preceding, during, and after the activity.



Ceremonial Components

- Energetic attunement to place, purpose, and participants seen and unseen.
- Personal relevance. Alive for participants...Living Ceremony.
- Co-creative synergy.
- Focused celebratory attention.



Meal Metaphor

- Beautiful Table - Altar
- Appetizers –
Centering
- Main Course –
Activation of Intent
- Dessert - Seal
Ceremonial Energies



Ceremonies can be simple or complex.
Created for one person, a small group,
or a large crowd.

Ceremonies bridge the conscious and
subconscious mind in a very powerful
way.



Honor

- **Milestones:** Initiation or other completions (graduations), marriage, birth.
- **Transitions:** Loss of a job, divorce, change of life, death.
- **Deep Inner Healing.**
- **Boost success with creation focus.**
- **Honoring rhythms of Wheel of the Year and/or a moon phase.**



Suggested For Experience

- 1 personal ceremony
- 2 small group ceremonies
- 1 large (over 10)
- You create the ceremony.
- The Small Group co-creates.
- Large group either way.



Ancient Money Abundance
Goddesses...Lakshmi,
Fortuna, Abundantia, Moneta,
Isis, Venus, and Gaia



Money Ceremony



**Group co-created
ceremony
How to handle.**



Ceremonial Structure

- Setting Intention
- Helping You Discover it's Growth Principles
- Apply Toward Your Life & Start Helping Others in Theirs
- Center & Open to Receive - Sacred Space



Working with Intention

- What you do want to energize in your ceremony?
- Ceremony intent becomes the focus.



Basic Ceremonial Outline

Order and components are flexible.

Ceremony Creation

1. Determine the Intention for the ceremony.
2. Determine participants.
3. Determine location.
4. Create Structure of the ceremony. Include participants, place, intention, and each elemental realm.

Day and Time of the Ceremony

1. Prepare space. Create focal point and any other necessary components. Leave ceremonial space in better condition than you found it.
2. Prepare yourself. Prepare participants if needed.

Ceremony Itself

1. Enter ceremonial space.
2. Call in sacred space.
3. Initial Connection and Intention.
4. Body of Ceremony including each elemental realm.
 - Earth
 - Water
 - Air
 - Fire
 - Spirit
5. Raise Energy.
6. Distribute energy appropriately.
7. Ground energy.

Raising the Energy of Celebration

- Uplifts each person and community
- Imprints in cells
- Energetic Sustainability



Sacred Space

- Just as you create a sacred place or physical space for an event or ceremony you also create a sacred mental/emotional/energetic/spiritual internal space.
- Importance in your own work and holding space for others.
- You may or may not be doing ceremony with others.



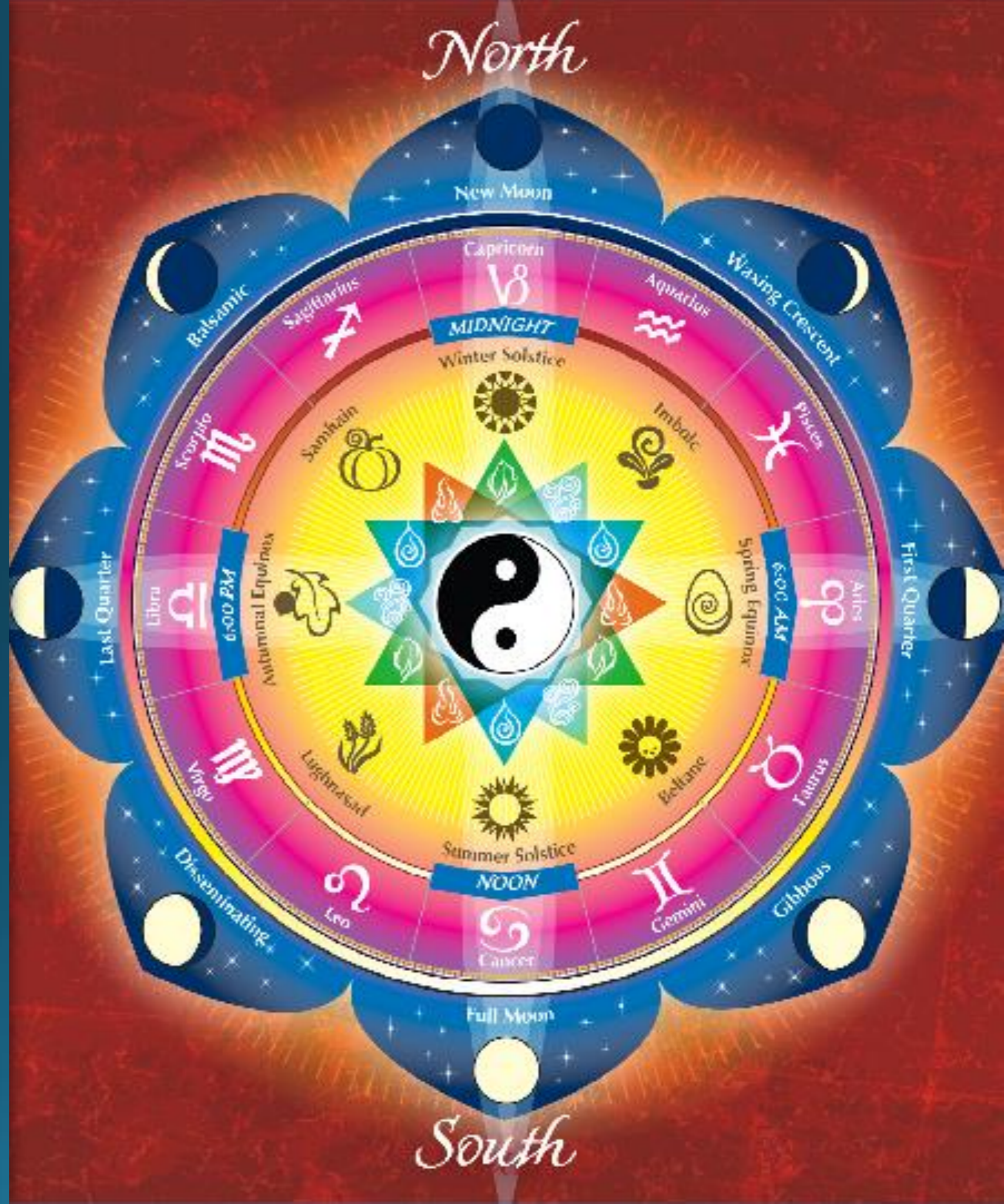
Earth in sacred space

- Creating & calling in sacred space means you are consciously inviting Divine Spirit into whatever it is you may be doing -- from ceremony to bill paying.
- Connecting to and working with your clients and on/in your business.



Directions

- Many different systems
- Use them in Astrological terms
- Masculine & Feminine Axis



Invoking Earth

Physical/material realm
Calling into sacred space
Creating an altar
Prayer or blessing

Earth

The Power of Earth
The Physical Realm
Your Body
Groundedness
Good Health
A Happy Home
Fertility in all or certain aspects of our lives
Strength
Gratitude
Abundance
Rhythms of Life
Honor the sacredness of our beloved Earth and our precious bodies
Knowledge from Nature
Animals that walk on four legs
Gnomes
Astrological Archetypes of Taurus, Virgo and Capricorn

Calling in Sacred Space

Direction: North

We invite the direction of the North and the element of Earth - the physical realm - to our circle. With Earth we activate our ability to gain inner knowledge from our connection to nature. We ask to embody wholeness with Spirit fully connected to our bodies, and for constant awareness of the sacredness of all life. We ask to hear the deep wisdom of our body as it assists us in maintaining good health. We learn to structure sustainable foundations and earth-centered systems. We call on bear, cats, dogs, horses, and all four-legged creatures that walk the earth in harmony with her rhythm. As we develop the soul quality of gratitude, may Earth share with us her guidance on fertility and abundance so we may become grounded in all endeavors. As we activate the power to stand on our own, may we be aligned with the highest good for all.



Earth altar item Examples

- Basic - rock
- Animal - Bear, lion, buffalo, those that walk close to the earth
- Mystical - Gnomes
- Everyday - salt, grain, bread, or a plant



Invoking Water

- Emotional/feeling Realm
- Calling into sacred space
- Creating an altar
- Prayer or blessing

Water

The Power of Water
The Feeling and Emotional Realm
Emotional Support
Intuition
Clear Emotions
Friendship
Understanding
Good Relationships
Being Bathed in Love
Allowing Life to Flow
Sustainability
Birthing Waters
Ebb and Flow
Giving and Receiving
Feeling Guidance
Fluidity
Rejuvenation and Regeneration
Water Sprites
Dolphins, Whales, Fish, and Water creatures
Astrological Archetypes of Cancer, Scorpio, and Pisces

Calling in Sacred Space
Direction: South

We invite the direction of the South and the element of Water - the emotional realm - to our circle. With Water we activate our emotional maturity and ask to have the wisdom to respond, instead of to react, to life. We ask that our emotional realm be clear, clean, and current. We invite the spirit of the lakes, rivers, streams, oceans, and rain to join us. We invite the dolphins, whales, fish, mermaids, and water sprites to our circle. We honor our inner child, the deep teachings of the mirror of relationships, and the potency of regeneration. We activate and align the Water power of love with the highest good for all.

Natural Rhythms™ Calling In Sacred Space - Water © Lisa Metchette 2008

Water altar item Examples

- Basic - shell
- Creature - Fish, Dolphin, or Whale
- Mystical - Water Sprites or Mermaids
- Everyday - a beautiful vessel containing Water



Invoking Air

- Mental/vibrational Realm
- Calling into sacred space
- Creating an altar
- Prayer or blessing

Air

The Power of Air
The Mental Realm
Vibrational Attunement
Wisdom
Good Communication
Clean Air
The Ability to Listen
Breath of Life
Intellectual Growth
Knowledge
Intention
Clear Thinking
Clarity
Perspective
Knowing
Power of Prayer
Meditation
Fairies
Angels
Winged Ones

Calling in Sacred Space

Direction: West

We invite the direction of the West and the element of Air - the mental realm - to our circle. With Air we activate the precious gift that the breath of life gives us. We ask to hear our inner voice of wisdom. We activate our ability to consciously set the vibrational tone of our lives. We ask to see the cosmic and archetypal perspective of our personal and mass consciousness belief systems. We open to deep listening to one another. As we call on the birds and the winged ones, we ask for the courage to be the visionaries for our time. We call on the angelic realm and all those who assist us on the inner realm to guide our path. We claim the Air power of intention and align our intentions with the highest good of all.



Astrological Archetypes of Gemini, Libra, and Aquarius

Air altar item Examples

- Basic - feather
- Creature - any type of bird, bats, butterflies, or anything that flies
- Mystical - Fairies
- Everyday - sage or incense



Invoking Fire

- Action/energy Realm
- Calling into sacred space
- Creating an altar
- Prayer or blessing

Fire

The Power of Fire
The Action Realm
Passion
Transformation
Sexuality
Illumination
Ambition
Ecstasy
Right Use of Power
Joy
Living Fully
Life-Force
Warmth
Energy
Will
Movement
Dragons
Snakes
Phoenix
Astrological Archetypes of Aries, Leo, and Sagittarius

Calling in Sacred Space
Direction: East

We invite the direction of the East and the element of Fire - the action realm - to our circle. With Fire we activate new beginnings, our passion, sexuality, vitality, and growth. We honor the power of transformation and purification. We call on the Fire realm beings: dragons, snakes, and the phoenix. We invoke the power of the sun, light, life-force energy, and our Radiant Selves. We connect with our ambition, ecstasy, warmth, and joy. We ask to grow in wisdom as we shine the light of awareness on our inner world. We claim the power of our actions and align them with the highest good for all.

Natural Rhythms™ Calling in Sacred Space - Fire © Lisa Michaels 2008

Fire Altar Examples

- Basic - candle
- Creature - snakes, lizards, & salamanders
- Mystical - Dragon
- Everyday - Chili Peppers



Invoking Spirit

- Spirit/Soul Realm
- Calling into sacred space
- Creating an altar
- Prayer or blessing

Spirit

The Power of Spirit
God and Goddess
Divine Masculine
Divine Feminine
Essence Expression
Personal Responsibility
Grace and Trust
Desire
Sacred Union
Life Purpose
Upliftment
Unified Field
Creativity
Compassion
Balance
Spiritual Growth
Guides and Teachers
Yin and Yang
Receptive and Active Energies
Personal Divinity and Humanity
Sun and Moon

Calling in Sacred Space
Direction: Center

We invite the direction of Center and Spirit to our circle. We honor both the Divine Feminine and Divine Masculine. We activate the As Above/So Below Mysteries and the As Within/So Without Mysteries. We call on the deep wisdom of the yin and yang, receptive and active forces. We ask to align the forces within toward inner balance, allowing the wisdom and rhythm of the sun and moon to guide our own lives. We call on all those connected to sacred union: Goddess and God, Magdalene and Christ, Gaia and Green Man, Isis and Osirus, Shakti and Shiva. We call forth our own inner essence and ask that our expression in the world be toward the highest good of all. May we use our power of choice wisely, and may we have compassion for all life. May we grow in our ability to activate a unified field of awareness, bringing forth our Spirit filled desires with grace and ease.

Natural Rhythms™ Calling In Sacred Space - Spirit © Lisa Michaels 2008

Invoking Spirit

- Honoring Feminine & Masculine Expression
- Deep Inner Healing Religion - Soul Expression
- Union for Creation



Spirit Altar Item Examples

- Basic - photo of yourself
- Anything you create
- Flowers
- Pictures and Statues of Divine Beings
- Anything sacred to you



Earth Physical Realm

- Physical Space
- Physical Safety
- Physical Connection
- Physical Ceremonies such as burial.



Water Emotional Realm

- Emotional Connection
- Emotional Safety
- Harmonic cord in feeling realm
- Water in Ceremony such as using holy water or baptism.



Air Mental Realm

- Ceremonial Intent
- Keeping the Focus
- Calling on the Unseen
- Mental Safety
- Air in Ceremony
- Utilizing the power of word.



Fire Action Realm

- **Keeping Ceremony Energized**
- **Utilizing the energy of the Ceremony**
- **Utilizing Activation**
- **Fire in Ceremony burning objects, candle-light, sacred fire, trance or altered states.**



Spirit Spiritual Realm

- Connection to the Divine
- Spiritual Resonance
- Bridging inner and outer world
- Healing old religious wounding
- Calling forth your essence self





Elemental Guidance

Sacred Timing



Integration & Raising the Energy Celebrate Ceremony





Gratitude, Ground & Close