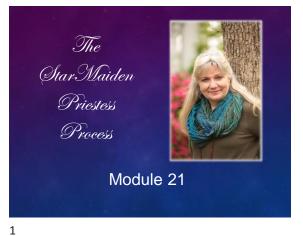
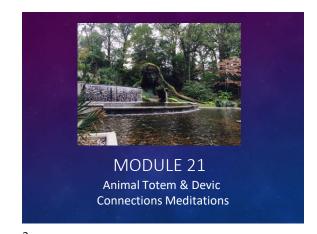
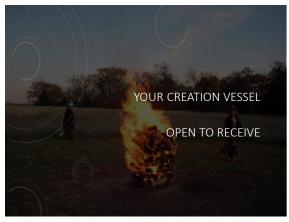
6/24/2020









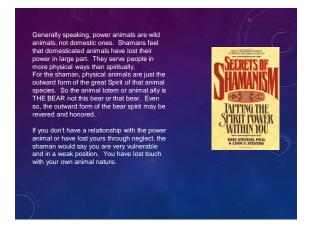






The shaman's power is directly related to their totems or in other words, their animal allies. The greater the totems, the stronger their power animals, the more influential they are. To a shaman, a human being is not better or more aware than an animal. Even though humans largely depend on animals for their source of food, animals, like rocks, have powerful spirits, each with their own talents and are uniquely qualified to assist people in specific areas. The shaman's relationship with animals is a mutually beneficial one. The shaman offers the spirit animal respect and devotion while the animal offers guidance and assistance with a great many tasks beyond the shaman's personal abilities. One of the chief gifts that power animals offer is protection and guardianship to the shaman during arduous tasks. Animal allies may be used to help find lost objects, mediate problematic relationships and in general, assist in the achievement of a challenging goal. Now each power animal has a specialty. So the shaman may need to consult with several if a problem has a variety of aspects to it. The hawk is good at seeing things from afar while the fox is known for its intelligence and cunning

7 8



How do shamans find their power animals in order to gain mastery?

First of all they do not select an animal and then go about establishing a relationship with it. The contact is made in reverse. The spirit of the animal selects the shaman. Historically, if a shaman survived the attack of a wild animal, it was felt that that animal was actually the shaman's totem spirit, testing him or her for strength and endurance. The animal demanded a sacrifice through the wounding. The shaman proved his or her dedication and capacity to handle the power of the guardian animal

Not all power animals come to the shaman in this dramatic fashion. However, typically, shamans discover their power animals by allowing them to emerge through a spontaneous dance or by seeing the animal in a vision. Others show themselves in dreams

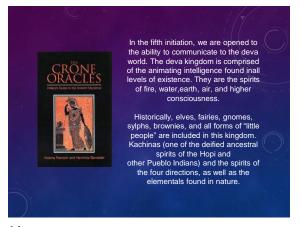
9 10





11 12





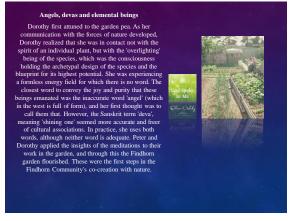
13 14





15 16





17 18

6/24/2020



