



*The Pillars  
of the  
Feminine  
Mysteries*

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*Stalking the Goddess in the 21<sup>st</sup> Century...*

Module 5: *ALCHEMY ~ Priestess-ing the Planet*



# Welcoming The Sacred

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## ***Sacred Rhythms ~ Online***

Thursday, May 21, 2020 at 12:00 pm

## ***Sacred Rhythms ~ In-Person***

Saturday, May 23, 2020 at 4:00 pm

A scenic view of a pond in autumn. The water is calm, reflecting the surrounding trees and sky. The trees have vibrant autumn foliage in shades of yellow, orange, and green. A white bird is captured in flight over the pond. The scene is framed by decorative curved lines in the top-left and bottom-right corners.

*Check-in*

You have heard me say over and over again,

“The female body is the most powerful shamanic tool on the planet.”

That sounds really cool, but what does it mean?

In order for you to understand how that works and why it is true, it is important to have a sense of the Alchemical Transformation Process...

Understanding this gives “bleeding on the ground” a whole new meaning!



**Alchemy is the process of transformation.**

**In order for it to take place, you need 3 things:**

- **Something to transform,**
- **A catalyst to make that happen, and**
- **A container for it to happen in**

**Two really good examples of it are the making of a cup of tea and the metamorphosis process of the butterfly...**





**So when it comes to the female body,  
Your body, itself is the container!  
And within your body, the womb, itself is a container.**

**In fact, it is an Alchemical machine.  
And as it holds whatever you introduce into it, it morphs  
into a blend of whatever you are holding, and creates  
over and over again, constantly.**

**When you know this, you can work with it intentionally  
to create your world, your body, your life, how ever you  
want it to be...**

**Let's look at the steps of Alchemy so you can begin to  
identify how that happens...**

Nature is an inexhaustible storehouse of riches. The supply will never run out.  
Original substance is alive with creative energy and is constantly producing  
more forms.

The formless stuff is intelligent; it is material which thinks.  
It is alive and is always impelled toward more life.

The universe is a great living presence, always moving inherently  
toward more life and fuller functioning. --Wallace Wattles

Stages of Alchemy





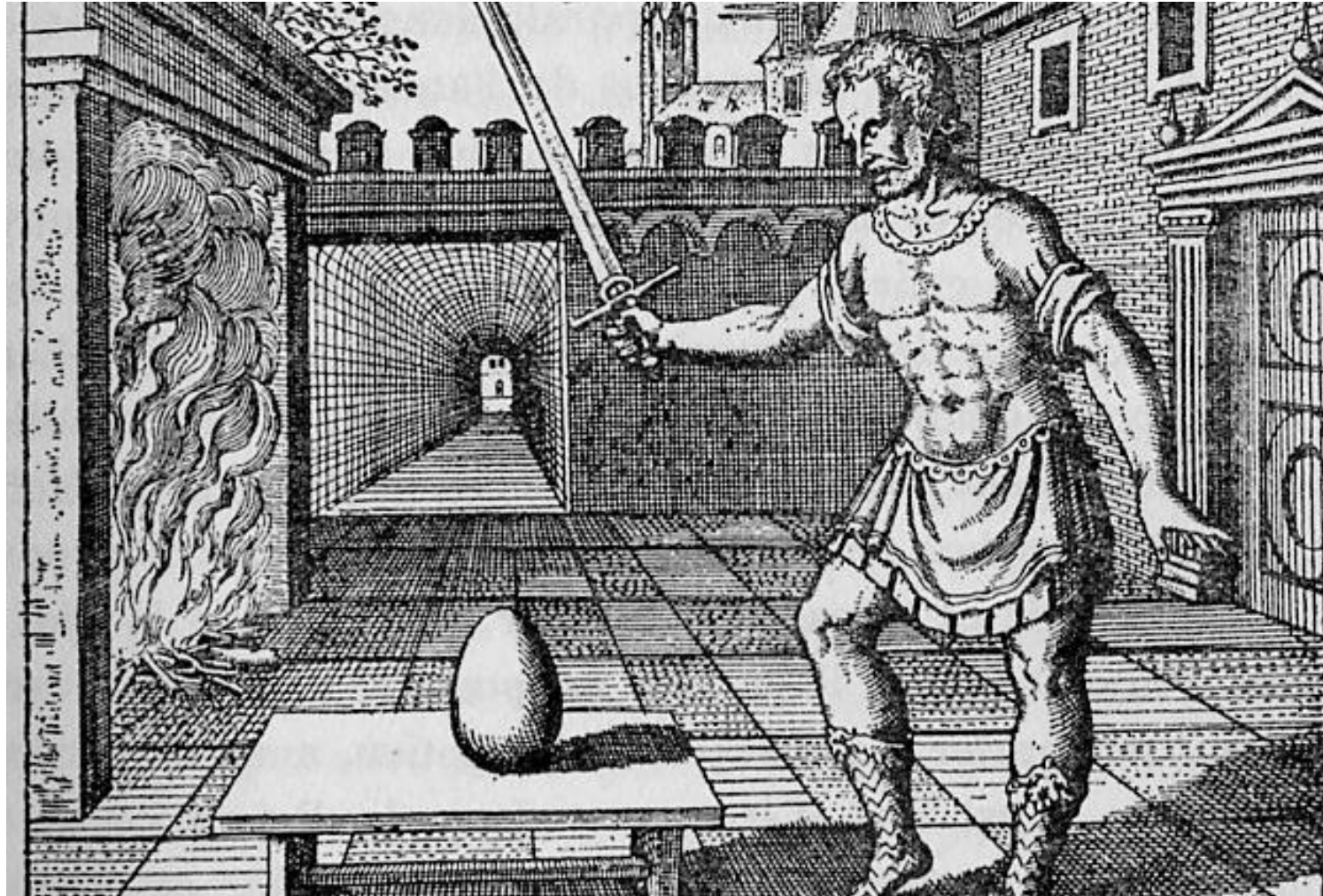
## Step 1: Calcination

A burning off  
of pretenses  
and  
unworkable  
belief systems  
that hinder  
our progress.



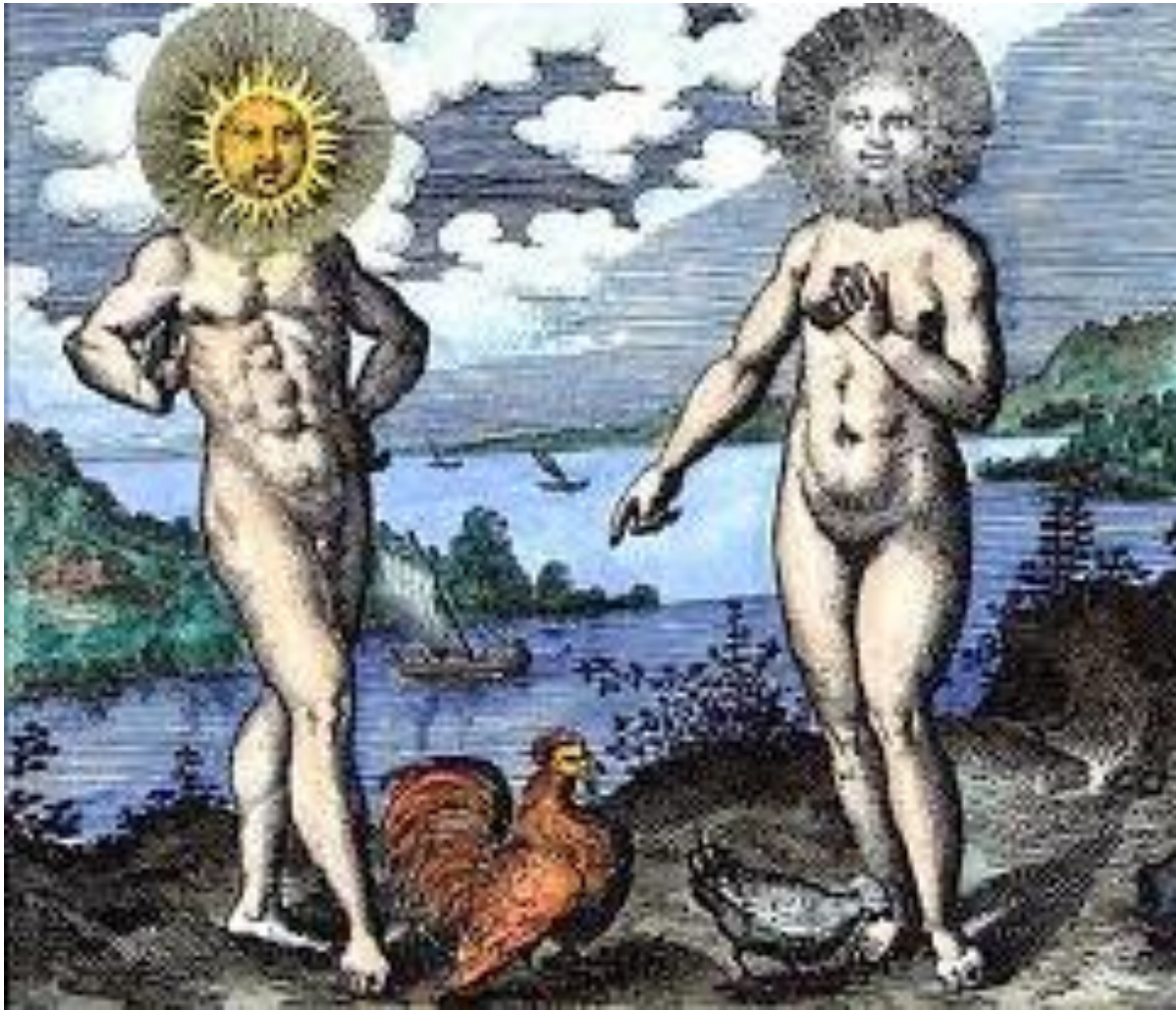
## Step 2: Dissolution

Works on the heart and ego to release buried emotions that conceal or distort our true nature.



### Step 3: Separation

During this breaking down of the personality into its basic components, the alchemist becomes aware of the opposites within and separates them from their contamination with ego complexes and unwanted unconscious elements.



Step 4  
Soul + Spirit =  
Conjunction

Ego Can Stand  
Between The  
Union



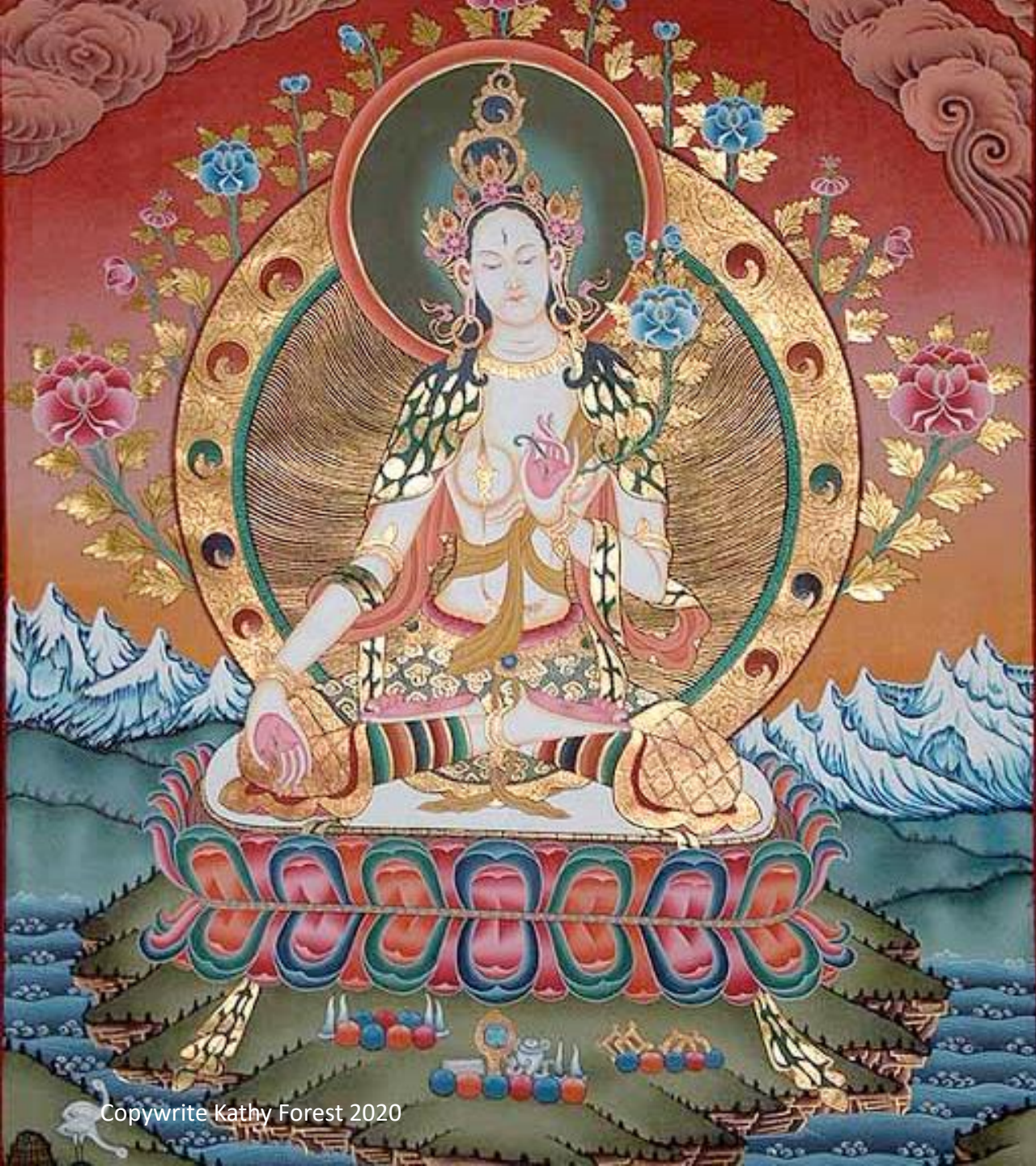
Step 5: Fermentation  
Associated with the Dark  
Night of the Soul  
psychologically.

“Here, we undergo a type of rebirth, resulting from the deep willingness to let go of all elements of [ourselves] that no longer serve our spiritual evolution. This marks the true beginning of inner initiation, of entry into a ‘higher’ life in which our destiny has a chance to unfold.” Mistlberger

# Step 6: Distillation

When you become distilled, you are grounded in both the earthly and spiritual worlds simultaneously. You have matured, no longer expecting life to meet egoistic expectations, and have released belief in negative self-regard.





# Step 7 Coagulation

Fully Claiming  
Your Divinity



**Alchemy is how transformation happens on a physical planet.**

**The female body not only performs the alchemical process but has a literal alchemical container housed within it.**

**Now that we know how to work with our body, WE CAN CONSCIOUSLY CHOOSE what we are going to use it to create, what energy we are going to allow into it, and how we are going to blend those energies. We can literally intend what our bodies will form.**

**Our bodies are designed to do this!**



**A Priestess is someone who has chosen to use her body to be a conduit to bring more spiritual essence, more Light, more Goddess energy to the planet THROUGH HER BODY!**

**By clearing our body temple, and raising our vibration, we can literally raise the vibration of the planet (that is also an alchemical container).**

**The teachings you are receiving are preparations to do just that! They are the beginning teachings of the Ancient Alchemical Mystery Schools.**

**This understanding will help us next week when we dive into the deeper blood mysteries!**





## Homework:

- Continue Tracking your menstrual cycle.
- Begin planning now for time off at your bleeding time or the next New Moon, whichever you are using. You will need to really plan to make it happen.
- Look at what you are consuming. Begin to adjust where you need to.
- Try out a cleansing tool or two.
- Do your womb assessment.



Questions

A silhouette of a person dancing on a beach at sunset. The person is in a dynamic pose, with arms extended and legs slightly apart. The background is a vibrant sunset sky with a gradient from orange to pink, and the ocean is visible in the foreground.

***So I ask you...***

- What if you had known?
- What if you had been practicing all your life?
- What if there were others like you who did?
- What would our world be like?

***INTEGRATION DANCE***

For our  
daughters...





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Gratitude  
&  
Closure

Ground

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