



*Welcome to  
Womb Awakenings*

***Module 3***

***With  
Kathy Forest***



# Module 3

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WORKING WITH THE  
CRYSTALLINE WOMB

# Participating

- Allow the information and experiences to meet you where you are in your Divine Feminine journey.
- Give Yourself Time to Be with the Concepts Presented
- Dismiss Anything Not of Your Truth
- Stay Open



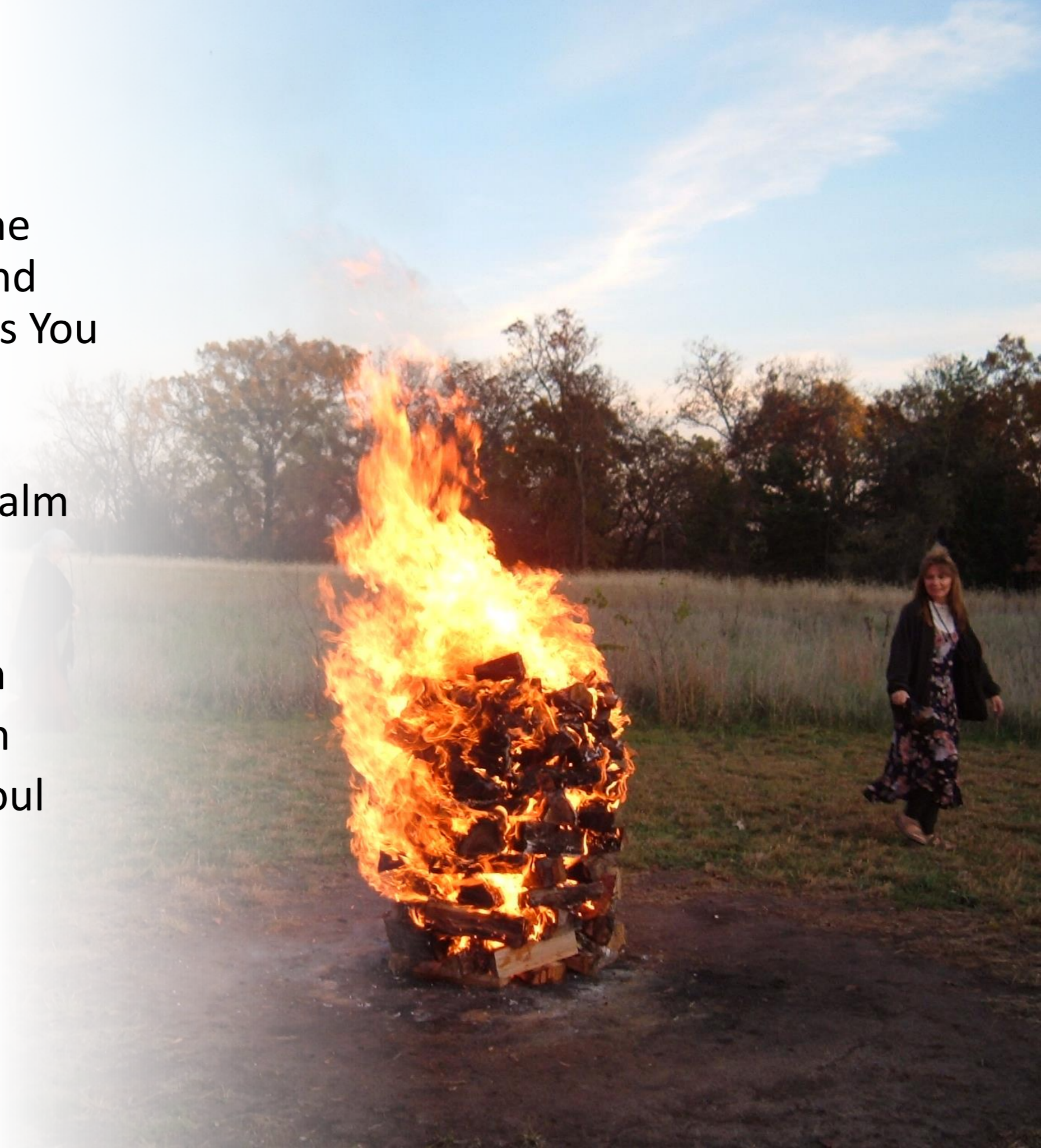
# Connect to... the Divine Feminine

Open to Receive



# Connect to the Divine Feminine Essence and Bring Her Through as You Move

- Earth - Physical Realm
- Water - Emotional Realm
- Air - Mental Realm
- Fire - Action Realm
- Spirit - Spiritual/Soul Realm



# Activation 1 Check-in



*Have you been talking to your womb?*

# What's next?

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A new crystalline womb deserves to be treated like you would have wanted her to be treated if you had had the choice when your body originally physically awakened.

Chances are, your memories of that period in your life may not have been what you would have chosen for yourself. And, there may be other womb memories that aren't very pleasant.

The good news is that these memories exist most prominently in the electromagnetic and physical fields, and the Crystalline Womb can bypass these. It doesn't mean that you don't need to clear them. But they won't bog down like they used to.



So take a moment to acknowledge all the momentous events that have happened to you and your womb up to now:

- What do you want to remember?
- What do you want to release?
- What wisdom did you gain from all of them?





# *Release Dance*

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Dance and release anything  
that no longer serves your  
highest outcomes!



# The Telling of a New Story...

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In earlier, gentler times, at a young girl's first bleeding, a special ceremony would be held in private...with only women.

These powerful women knew the power held in the purity of the first blood, and the importance of energetically connecting the young woman to her true Mother, the Earth, and her true helpers, the Elements.

So now, I would like to take you back, back to that sacred time, and I invite you to allow yourself to learn from your own ancestors, your own grandmothers, in a new way...



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# Grandmother Meditation



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# Crystalline Womb Activation



Journal any  
information you  
received.



# Highlights of the Grandmother Teachings:

Coming of Age is a mystical, magical time, when you learn how to link up your body to the Earth in a formal way.

The blood at that time is one of the most powerful potent elixirs on Earth...pure liquid gold, a magical gift from the Goddess.

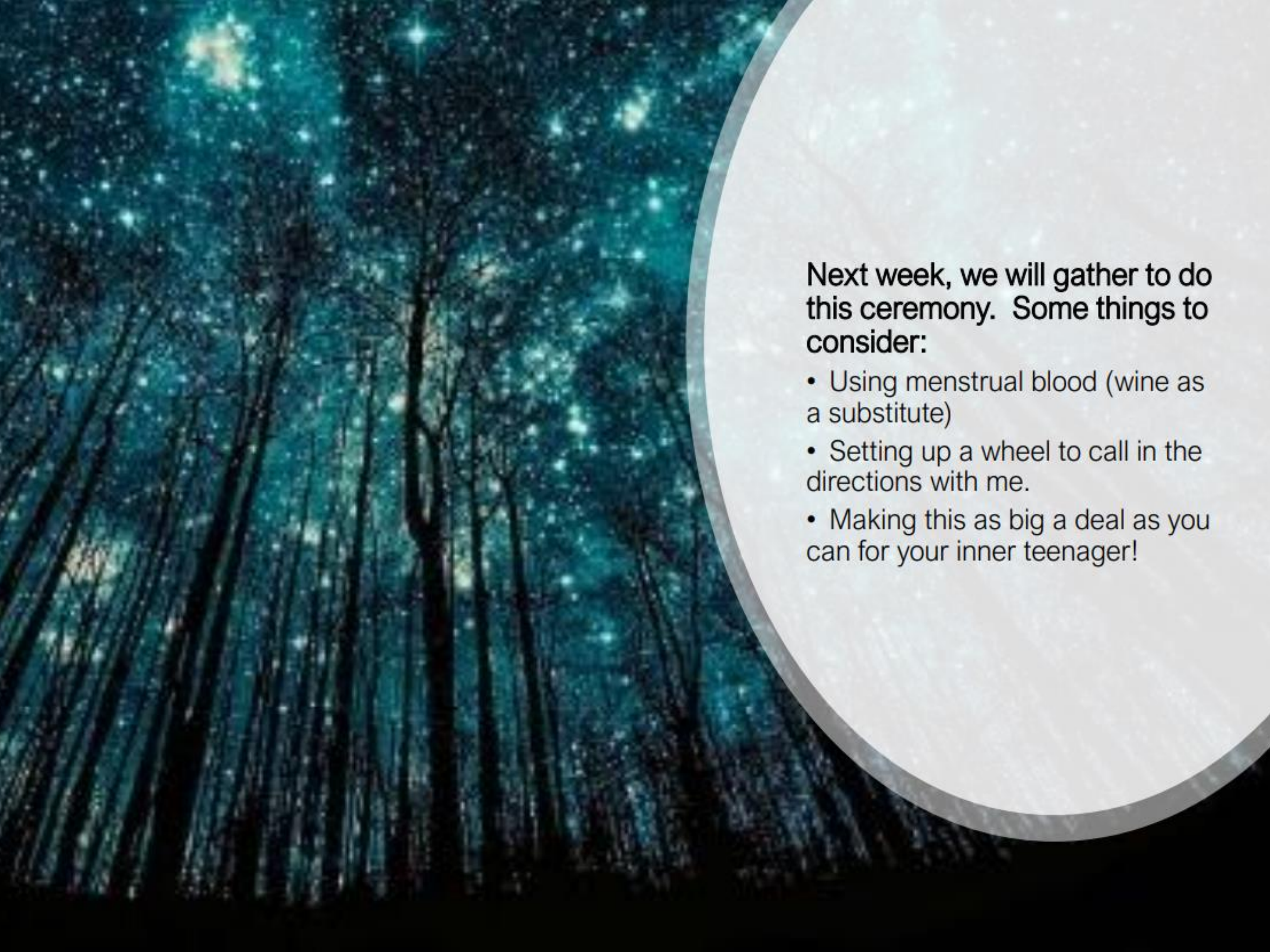
It holds the codes for all of your dreams, hopes, wishes, your life plan and potential, all the choices you could make, your creative and intuitive potential...and not only yours, but that of your ancestors and your offspring, and your future lives. It is a virtual cornucopia of information.

It is programmable and mutable. It can be reformed and reshaped. But most important, it is your LINK UP to the Earth Mother...your magic key to unlocking all of the potential that lives within you...turning it on...and at this point in your young life, it is PURE!



- As your body begins to awaken, it sends out a call—a beacon, if you will, to the Universe. All hear this call and certain planets, specifically Venus, and other influences found in your birth chart, align to send you a giant...HUGE...thrust of Creative Shakti Potential.
- This Ceremony ignites that potential and links it to the Earth, thus plugging the computer in and turning it on. It grounds your potential into the Earth and the Elemental Energies and activates them in your life. They will then begin to act on your behalf.
- Sadly, many have never had this experience, and thus their creative potential has not been fully awakened, and not fully grounded into the Earth. This grounding insures that the energies won't be misused or become dangerous to the holder.



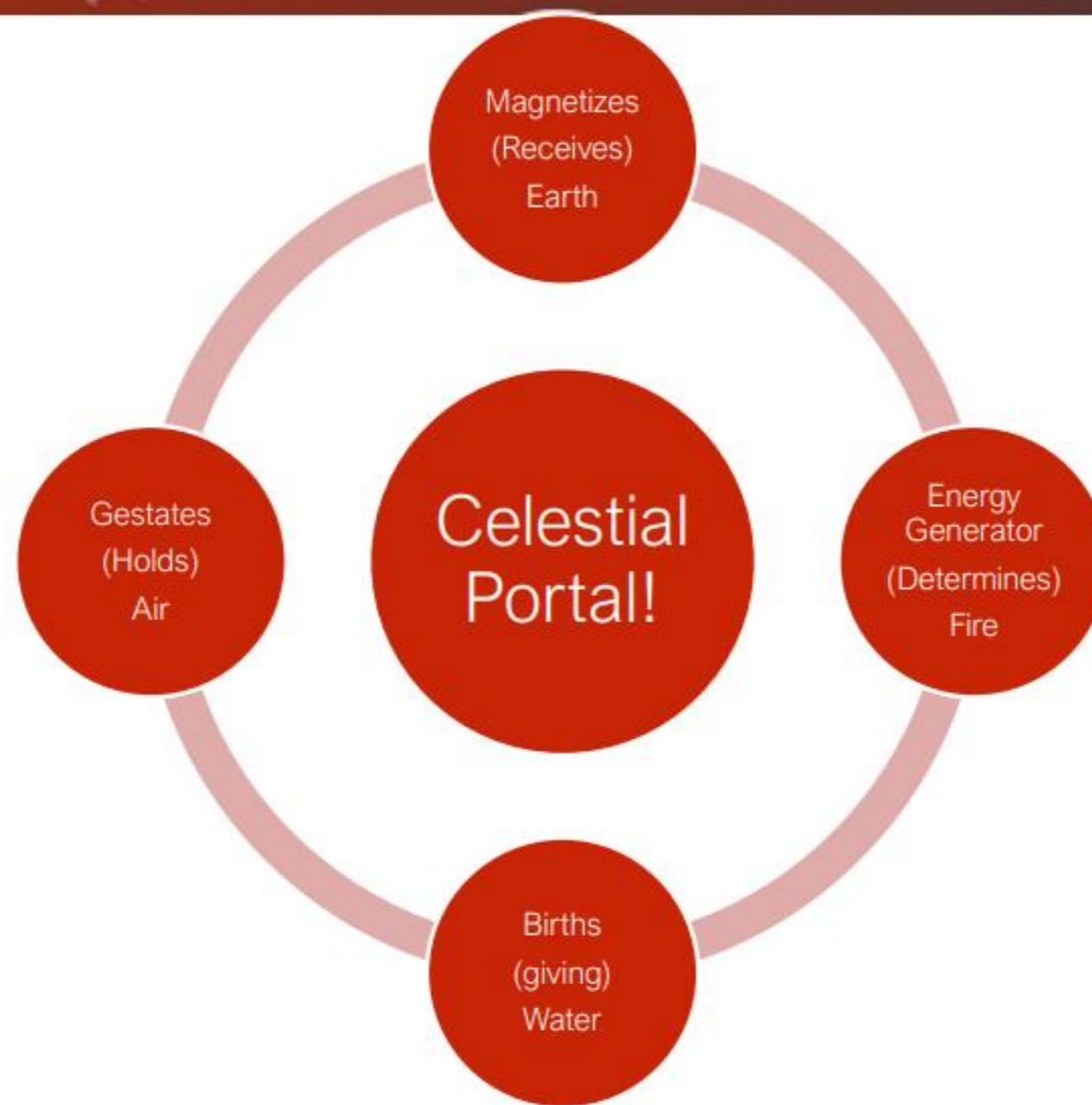


Next week, we will gather to do this ceremony. Some things to consider:

- Using menstrual blood (wine as a substitute)
- Setting up a wheel to call in the directions with me.
- Making this as big a deal as you can for your inner teenager!



# What the Womb Does



Gratitude  
&  
Closure

Ground

Next Class:  
April 18, 2023

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