New Earth Priestess

Module 10

With
Kathy Forest

Module 10

New Earth Priestess clearing and elemental power activation with Spirit.

Connect,
Call in Sacred Space,
Call on Priestess Oversoul,
Open to Receive

YOUR CREATION VESSEL

OPEN TO RECEIVE

Alchemy Core

- **Spirit in Alchemy**
- **Union of Soul & Spirit**
- **Union of Masculine & Feminine**
- **Oneness and Individuality**
- **Creation**
- **Power of Choice**

What stands in the way of the union…

- Soul and Spirit
- You and the Divine
- Masculine and Feminine

Ego States

Child Ego State

If our child consciousness or ego state is reacting, for example, we may demand that our needs get met right now by those around us. We may feel small and weak or guilty. We may be unwilling to take responsibility for the situation in which we find ourselves and become withdrawn, detached, distant, or overly insistent about our needs.

Adolescent Ego State

If the part of us that contains our adolescent energy reacts, we may sound sarcastic and feel rebellious. From this level of consciousness, we frequently act in ways that do not support our larger life vision. We may refuse to be told what to do. Sometimes we may clearly say we won't fulfill a request, or we may just passively avoid doing it. We may be unwilling to express how we truly feel about a situation and think others have control over our life.

Critical Parent Ego State

We sometimes approach life from our inner parent. This part of us can sound as though we know what is best for others, more than they know for themselves. From this ego place, we can be inflexible, hypercritical, disapproving, righteous, and judgmental with ourselves and with others. When functioning from our inner parent we also can try to defend, shield, and rescue those around us, thus becoming the overly responsible hero parent.

Adult Ego State

From our adult state, we are able to consider our options and respond effectively to a situation. We are connected to our own sources of wisdom -- our feelings, inner guidance, and intuition. We are able to take healthy responsibility, rather than too much or too little. Instead of acting out of unconscious emotional states from the past, we make choices about situations from the present moment.

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Ego Voices

Not doing it right

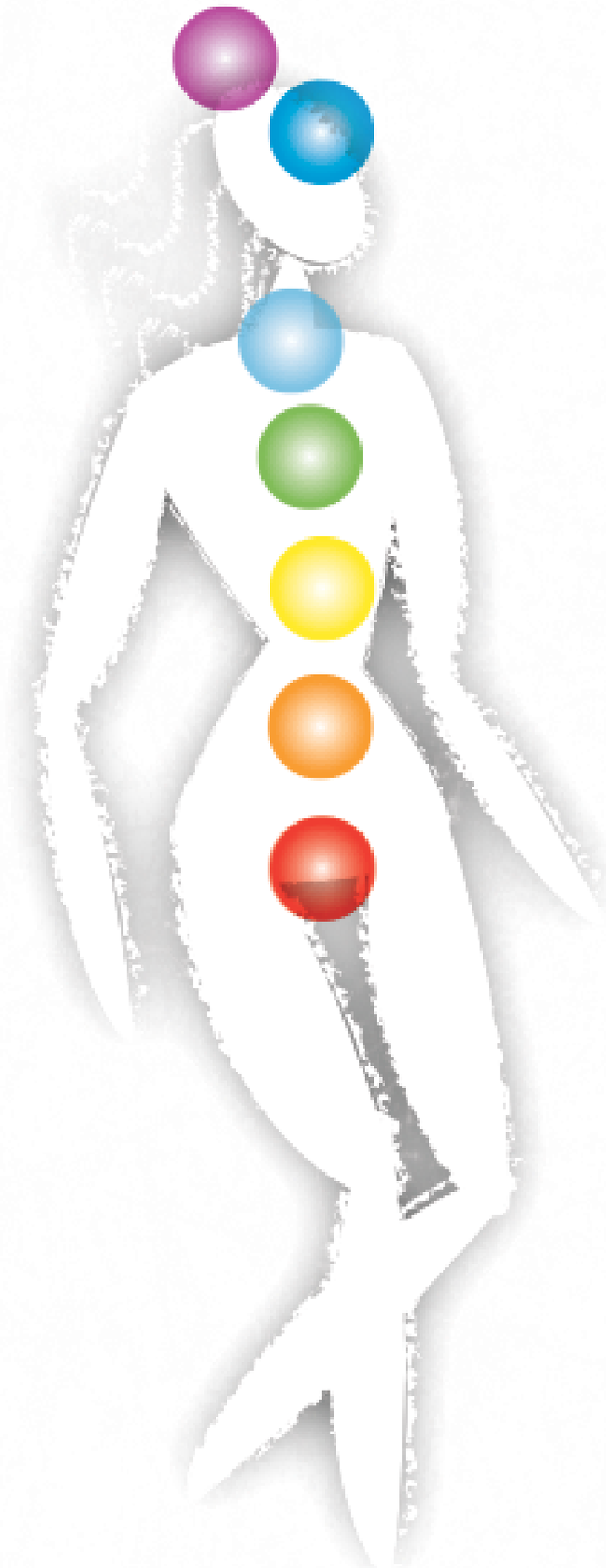
Not perfect

I'm not getting anything.

Why is theirs better?

I can't do this.

What does it mean to be the Hollow Bone?



Core Chakra Guide

- *The crown chakra, or seventh energy center,* is located at the top of the head. Here our relationship to Spirit connects us with the spiritual realm.

- *The sixth energy center, or brow chakra,* is located in the forehead. Here we think, evaluate, and learn from our experiences in concrete, abstract, and intuitive ways.

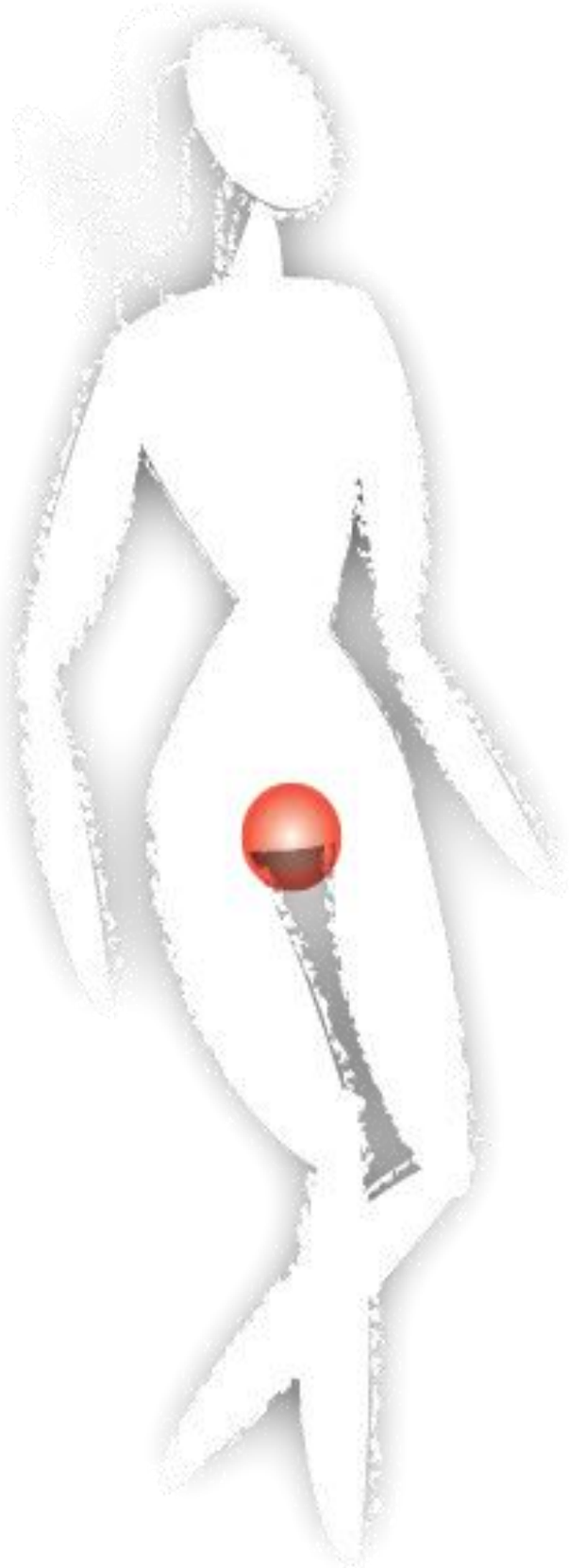
- *The fifth body center, or throat chakra,* is located in the throat area. Here we work with our personal will and the expression of truth.

- *The fourth chakra, the heart center,* is located in the center of the chest and here we experience love, grief, compassion, and kindness.

- *The third chakra, or solar plexus,* is located in the upper abdomen, in the stomach area. The solar plexus serves as the seat of our personal power and of issues of self-esteem, responsibility, and self-respect.

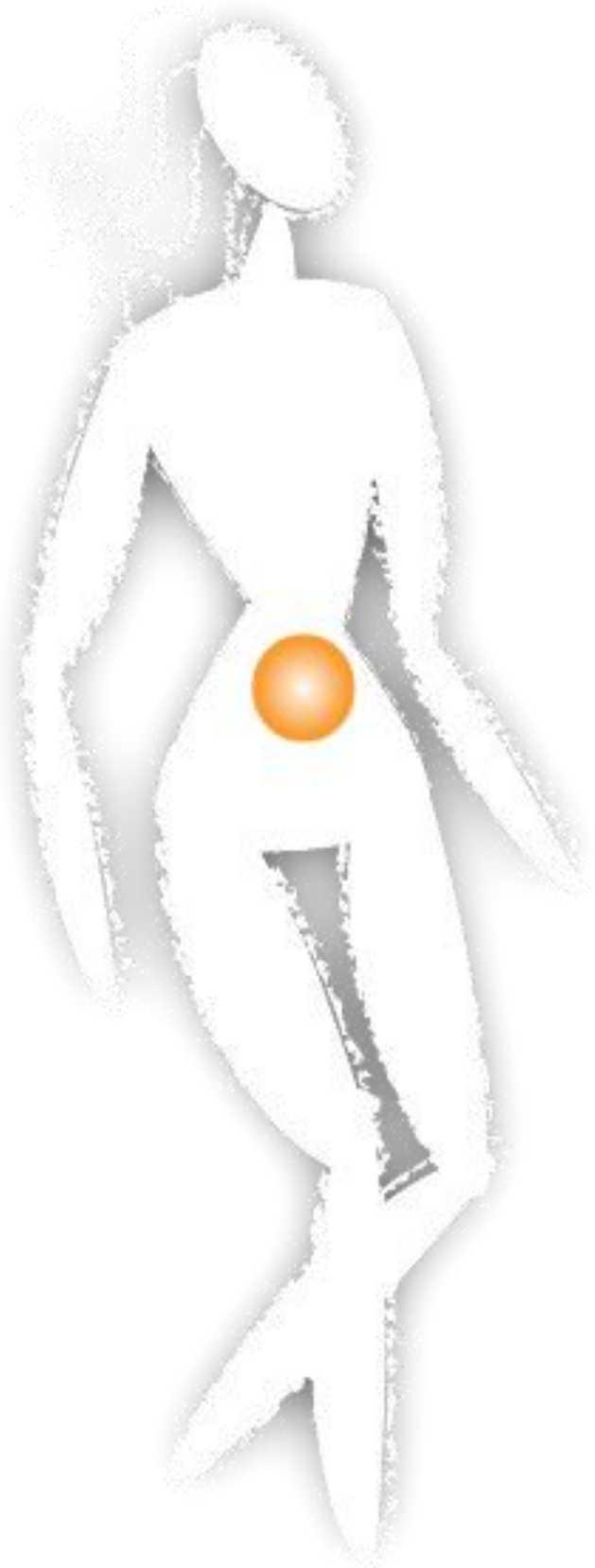
- *The second body center, the sacral chakra,* is located in the lower abdomen just below the navel. This energy center provides the center for our sexuality, creativity, and abundance.

- *The root chakra* is located at the base of the spine, and corresponds to the legs, feet, and tailbone. Issues such as our survival, sense of security, and connection to our tribe live in this center. This chakra is positioned closest to the earth and is significant in our relationship to her. If we feel disconnected from the element of Earth or insecure in someway, pulling energy up from the earth can help to ground, anchor, and connect us to Earth's stable energy.



First Chakra:

Root



Second Chakra:

Sacral

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Third Chakra:

Solar Plexus

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Fourth Chakra:

Heart

Fifth Chakra:

Throat

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Sixth Chakra:

Brow

or Third Eye

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Seventh Chakra:

Crown

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Accessing the Source of the Sacred

SPIRIT PRIMARY POWER CHOICE

CHOICE

- Each time you choose something -- what you eat, wear, think, do, not do, express, feel, create, or where you will live, work, and play, you design and define yourself and your life.
- In situations where it feels you have no choice...you can choose your viewpoint and how you are going to respond.

FREE WILL

- Co-creator in training
- Learning from Spirit & the elements how to apply their energies in the conscious creation of your life.
- To fully explore your skills you are given free will -- the power to choose.

POWER OF CHOICE

- This sounds like such a simple power –one frequently under valued, yet is profound.

- This power of choice gives you the ability to create every area of your life and then change any aspect when it is appropriate.

ADDING SPIRIT POWER

- Earth Power to Stand on Your Own
- Water Power of Love
- Air Power of Intention
- Fire Power of Action
- Spirit Power of Choice
- Serious Powers - Stay Conscious

Activate Spirit's Primary Power

- Activate Spirit's
- Primary Power of Choice.
- Activate Unified Field

Appreciate and honor Spirit. Ask Spirit to show you how and why becoming a living bridge between Spirit and Matter is important to you as a Priestess or Priest.

Ask Spirit what you need as a Priestess or Priest to increase your capacity to bring Spirit into form.

Continue to Activate and Integrate

Living Bridge as Priestess

Gratitude & Closure

Ground

Contribute to Your Tracking Sheet