

*Welcome to the
Extraordinary
Soul
Mystery
School*



Module 17



Module 17

NORTH – THE AIR DOOR
Spinning the StarMaiden Circle

Items needed for this module:

- 5 stones laid out in a wheel
- Module 17 Handout
- Your Shield
- Your Bundle



Lay out rocks
Connect, Call in Sacred Space



**Open to
Receive**

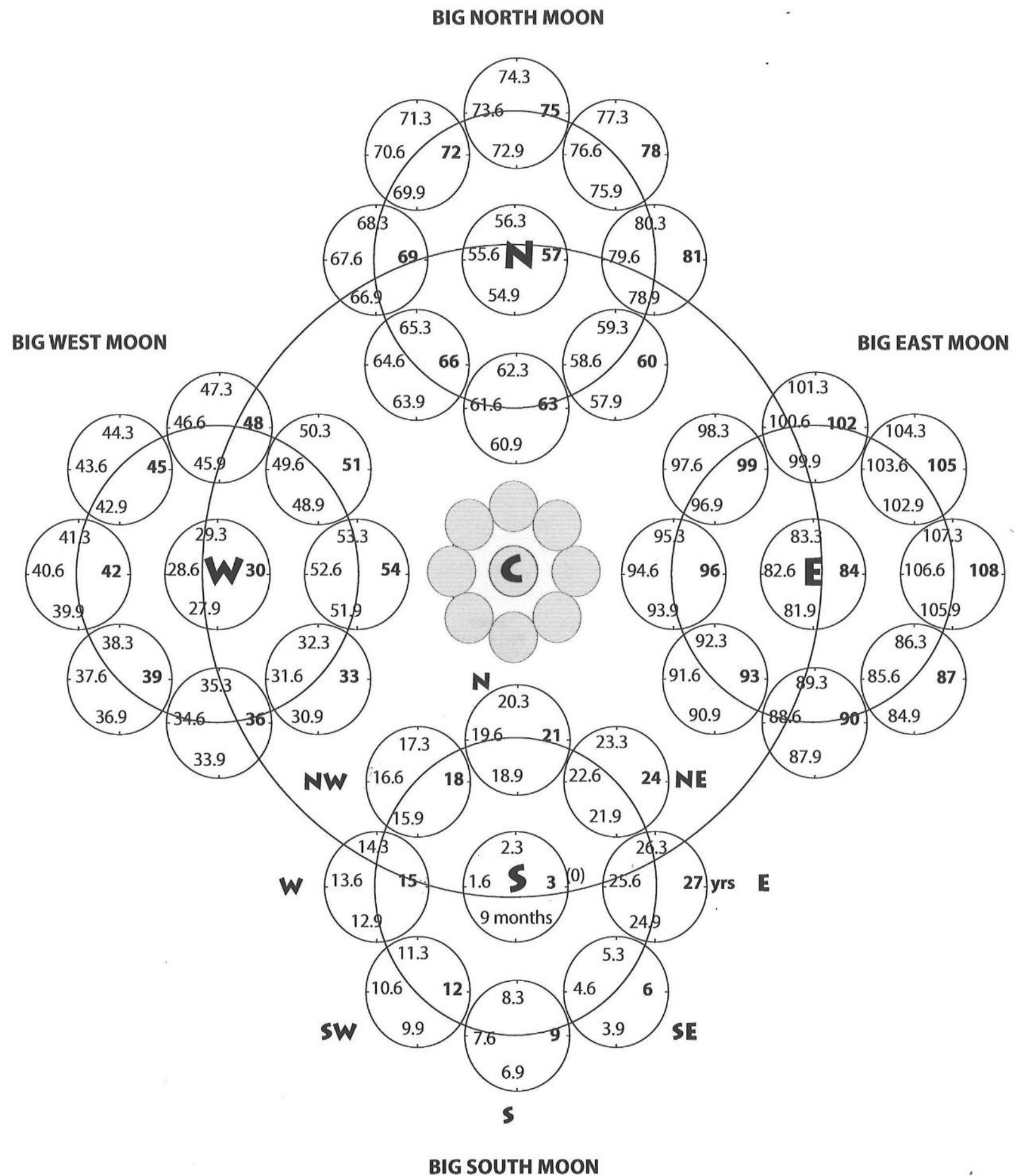


Once again we want to remind ourselves of where we are and what we are working with. First, we have The Big Moon Map is the overall map of our lives. Then we have all the versions of the StarMaiden Circle that are the directional foundation of all the circles within circles. As we drill down into each of these circles we will see that the overlays of the StarMaiden Map apply to every single circle. We use one of the arrows in our quiver, every single time we make a choice, from the earth shattering to the most mundane. We learned how we actually break down those choices into steps that happen every time we make any choice, and that those steps are contained in the Infinity Movement.



This week we will learn that each of those steps, there is both a Masculine and Feminine aspect to each step, as well as a light and a dark aspect of each of those.

We will also learn about the different “spins” of the StarMaiden Circle, and how to “spin” your wheel to redirect your steps.



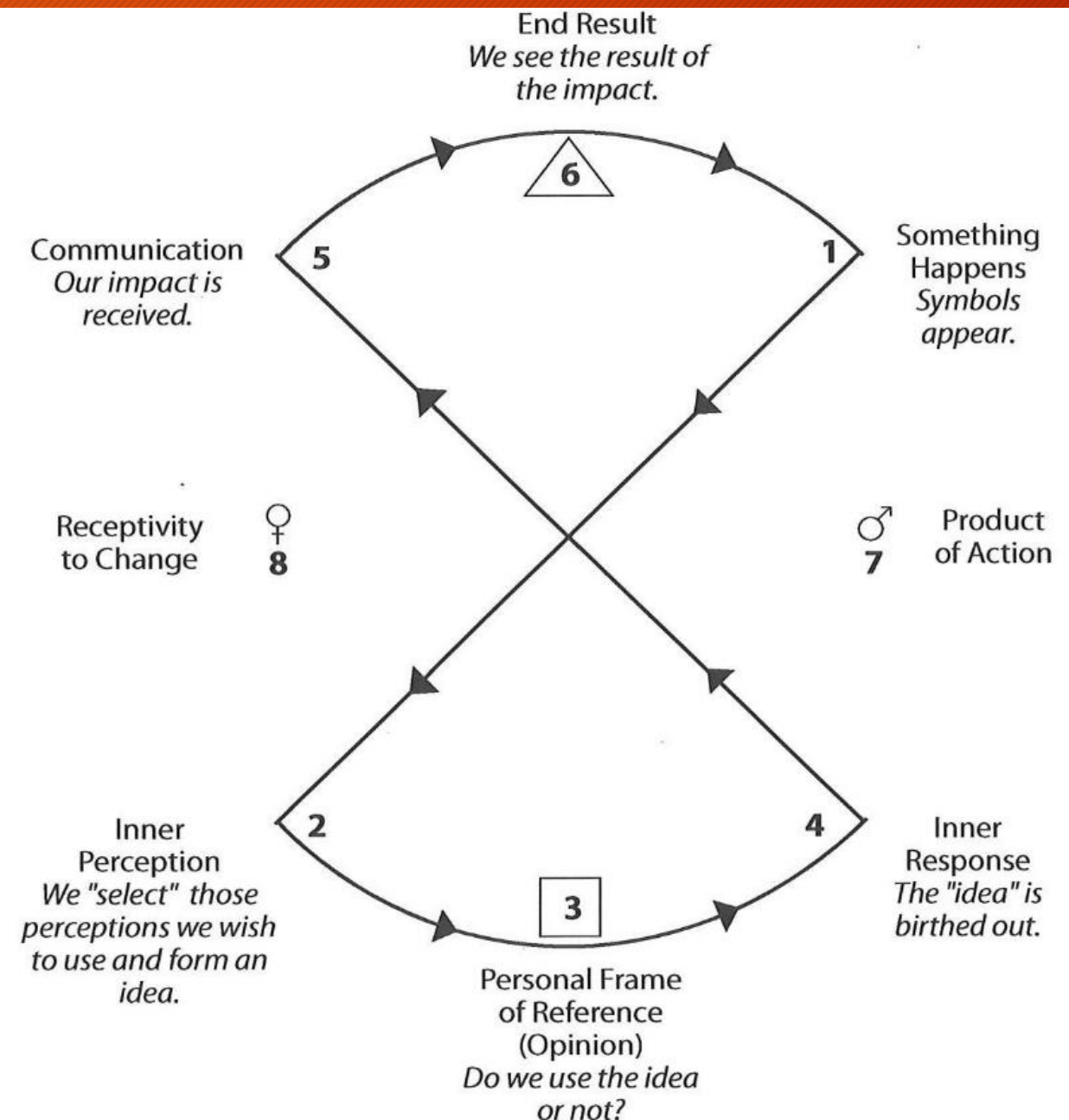


THE INFINITY MOVEMENT

Inside an envelope on the back cover you will find an Infinity Movement-Spinner Card. This Infinity Movement is the key which unlocks the knowledge held within any wheel. Two versions have been released and are presented here: the Tonal Spin and the Nagual Spin. Tonal refers to your everyday physical experience; Nagual refers to the spiritual or metaphysical realm.

The **TONAL SPIN** is used when you want to understand the subjective process of life. It best illuminates the internal patterns which you run whenever "something happens" and you process that happening.

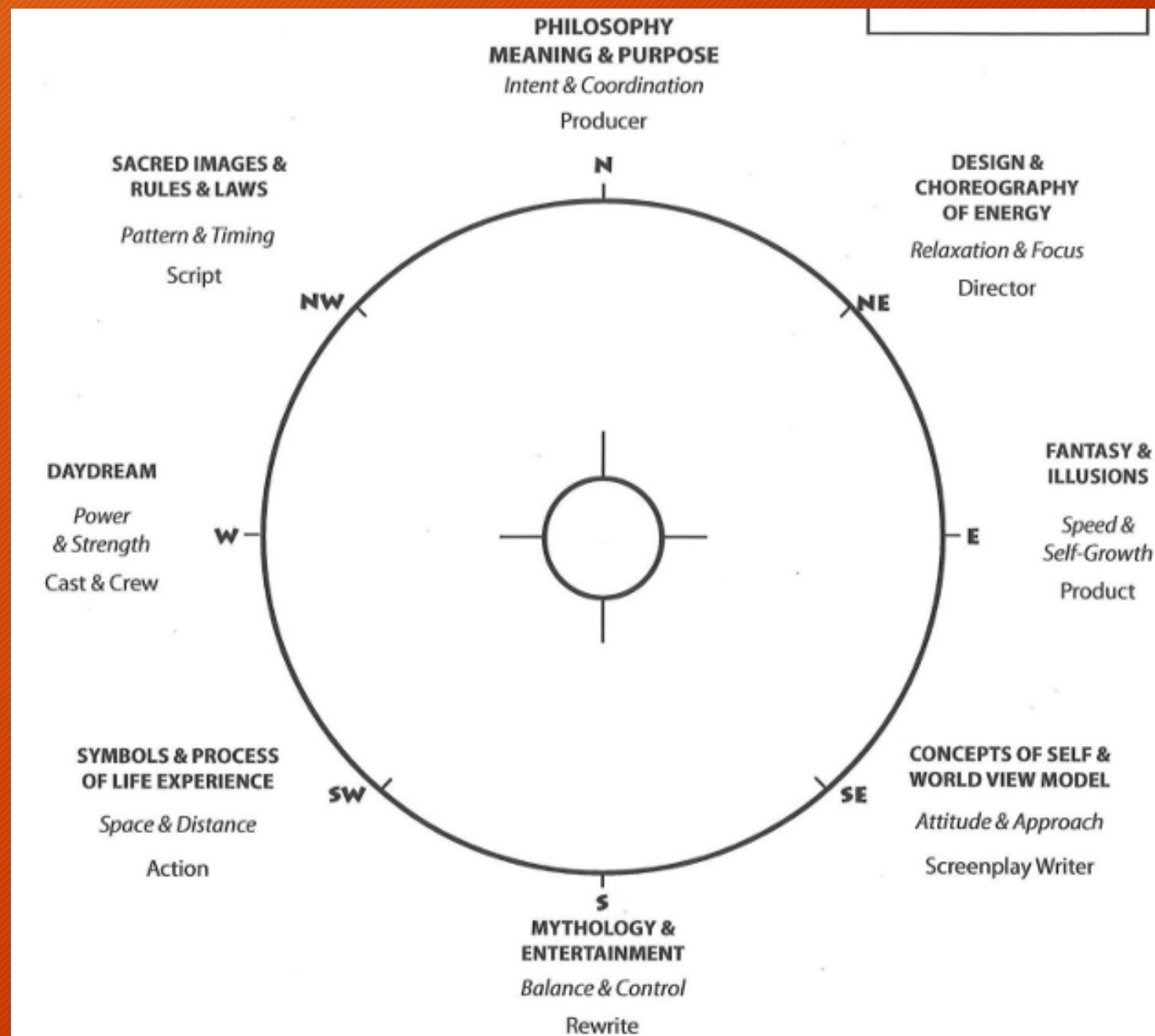
This was the Infinity Movement that was taught first. The eight Steps were given theoretical and psychological definitions. Each will be explained and a simplified key phrase given.



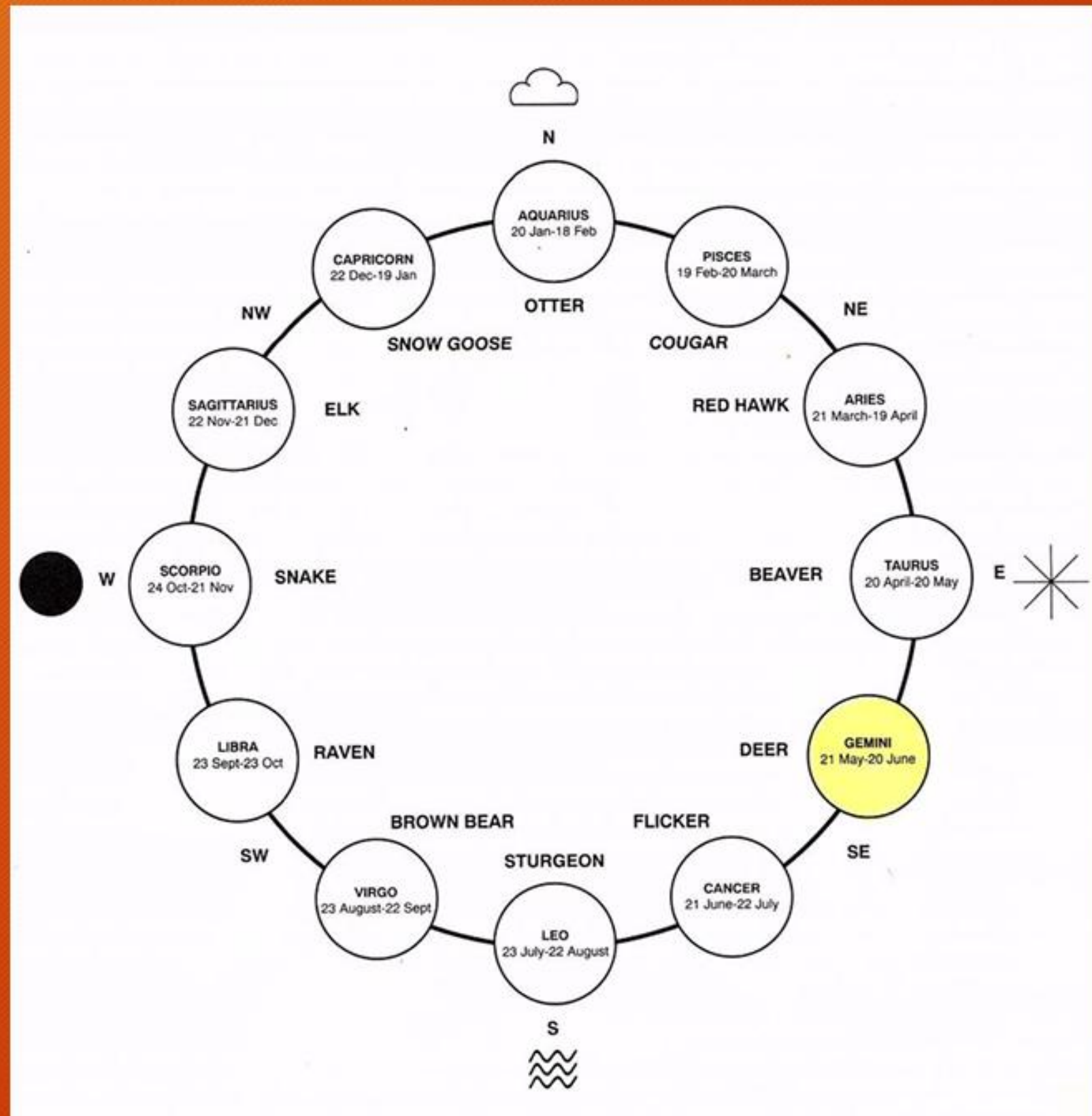
USING THE INFINITY MOVEMENT AS A TOOL

The only way anyone really learns how to use a tool is in the application and practice of it. The following is a simple wheel of the **STAR MAIDENS CIRCLE** with key words to identify the Dark and Light Mirrors, the **WARRIOR'S ATTRIBUTES** and the **MOVIE DRAMA WHEEL**. Take a colored pen and draw the Infinity Movement so that three is in your Birth Sitting Place (refer back to Chapter 3 page 43). Check your drawing against the paradigm wheel on page 58.

Use this Infinity Movement to discern the step-by-step process of how you naturally make sense out of the world. Know that Steps one through three happen in milliseconds within your brain. Step four is the key point where you determine the action. Step five is what you communicate to others and Step six is the end result. Reflect on how and where you dance with the balance of female and male energies all around the Wheel.



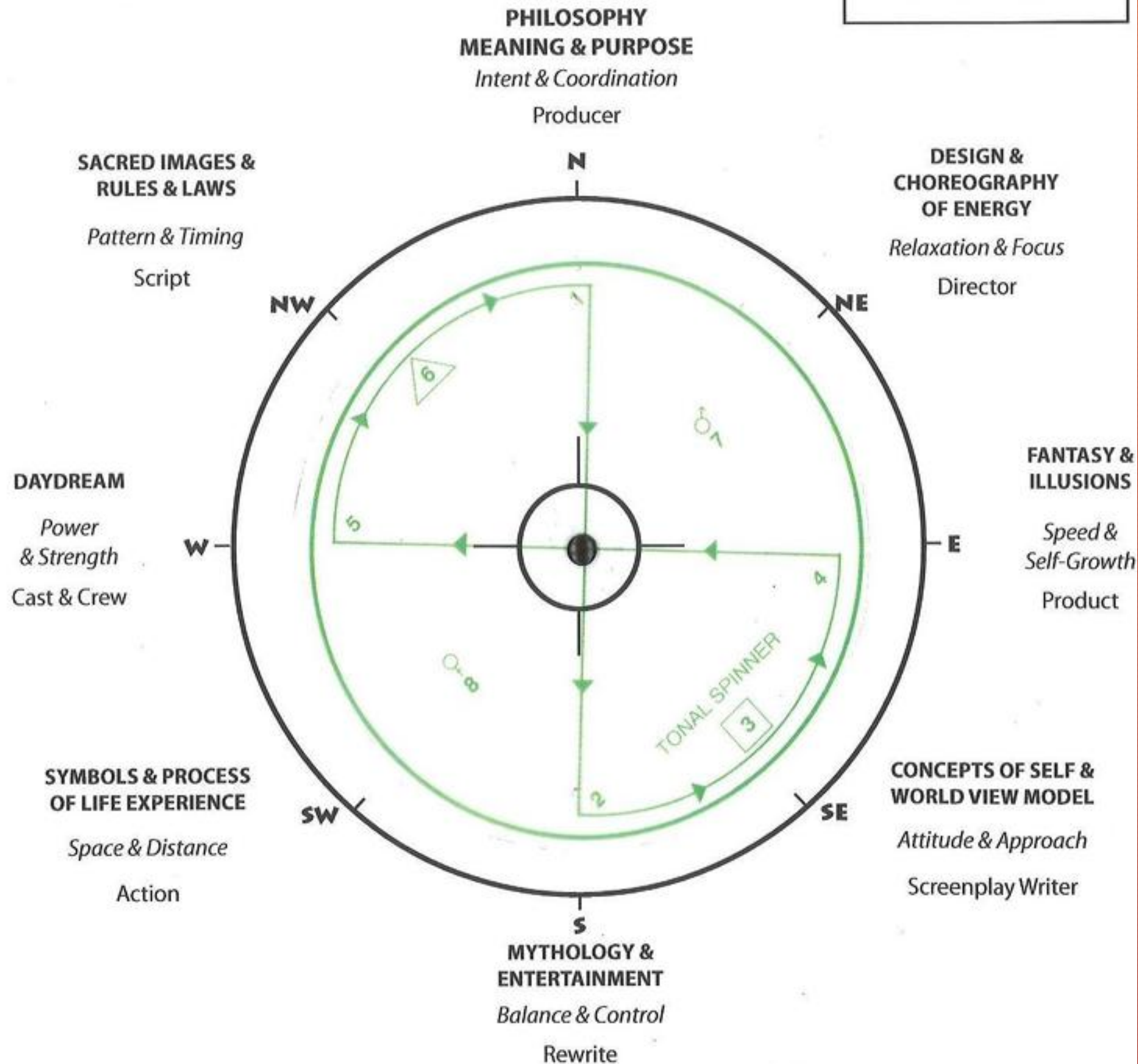
Look at this wheel and determine where your birthplace (sitting place) is.



KEY TO WHEEL

STAR MAIDENS CIRCLE

Warrior's Attributes
Movie Drama Wheel



As mentioned, the Star Maidens Circle is the key to our process of self-growth and development. It both highlights how we run our patterns of pain and shows us how to break open those patterns by illuminating the way out of pain and into pleasure. It takes Nine Spins to accomplish this fully. That means a lifetime of commitment to break each and every pattern that keeps us from the Light. Focus on pleasure and self-knowledge. This is the Great Work.

• FIRST SPIN



The Circle of Foxes

The fox is the keeper, protector and provider of the family. Our initial Spin is based on what we learned from our family during our childhood. It is those patterns which keep intact the family ways, myths and patterns. It is the story of how we learned to adapt, fit in, belong and conform. In other words, this is how we survived within the status quo. These patterns form what is known as our "mask of self-pity". Our Shideh, "the one who cannot see", chooses the dark arrows, the dark mirrors and is at the effect of others' approval, recognition and acceptance for security and identity. We often do not even know we are doing this.

Place 3 of the Infinity Movement in your birth Sitting Place and read the story of your Circle of Foxes. Use only the dark mirrors of the Star Maidens Circle. This story will give you no access to the Warrior's Attributes.

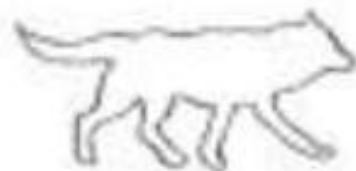
• SECOND SPIN



The Dance of the Coyote

The coyote is the trickster, clown, knowledgeable fool, and is called the teacher and protector of the children. The coyote is extremely survival adaptive. This Spin does not ask us to change our patterns. It simply flips them over to reveal the light mirror. Doing this actually reveals our mask of self-pity for what it is. It can only make us laugh at how we got caught in biting our own tail. From this place we can begin to identify our pain tapes, and the laughter heals some of our pain. Then we will be able to see the potential of our birth's Sitting Place.

• THIRD SPIN



The Walk of the Wolf

The wolf is the teacher of the Path with Heart; the teacher of beauty, leadership, wisdom and healing. The wolf never takes the wrong path. It has the discipline necessary to stay on a difficult path and the wisdom to know when to deviate from it. The Walk of the Wolf requires us to break the old pattern so that we can find our path, our way, our beauty.

Identify your Dancing Place (5 of the Sitting Place movement). Place 3 into that direction. Notice how that puts the 1 of the Infinity Movement into your birth Sitting Place. This Spin puts the light (1) into the dark (3). This is the first Spin where you can dance with the individuality, autonomy and freedom of your own free will choices.

The following is a description of both the dark and light mirrors of the female and male energies as they exert their influence at each point around the Star Maidens Circle. Remember that balance is achieved when we can hold both energies with equal intensity.

• SOUTH



Dark Reflection of the Female Energy

The Helpless Victim Syndrome; needing to be rescued; pain tapes which place the female into the mythological roles of the damsel in distress. Without pain there is no gain. "I cannot be desirable as a woman unless I am needing to be rescued." "I am lost by myself."

Light Reflection of the Female Energy

Based on a woman's ability to give with tenderness, to have humbleness and humility, willingness to be vulnerable. Choose pleasure and knowledge instead of pain and ignorance. Sensitivity to align with Grandmother Earth, Mother Earth and a resonance with the Four Worlds. When we are grounded in this way it is hard to throw us out of our center, for we are so connected to Nature that we can always experience healing and rejuvenation from Her.



Dark Reflection of the Male Energy

The Macho-Male Syndrome. Based on the need to control, this energy is the height of self-importance. With this energy we must and can always "bring home the bacon" and "slay the dragon", but we are an emotional vampire and use our emotions to battle for control.

Light Reflection of the Male Energy

One who can reach out to others when asked, can touch self, life and others with beauty. Total compassion, an innate sense of justice and multiple viewing points of righteousness. It is not dictated by emotions, but resonates with them and follows whatever is the strongest energy that is present. Able to persevere and is not a quitter.

• SOUTHWEST



Dark Reflection of Female Energy

Fear of any and all female energy results in closed symbols centered around womanhood. The basic core belief that is acted out here is that female = weak = lost, abandoned or attacked. These are the rape victims, the brow-beaten wives who completely give their power away and will not confront their dark mirrors on any level. Whenever this is so, tonal reality goes out of balance also.

Light Reflection of the Female Energy

This is the explorer and adventurer who loves to open closed symbols because it is exciting to do so. The quality of receptivity contains no value judgments. It has multiple viewing points: first, the ability to see everything as it is; second, the ability to see alternatives and the ways it could be; and third, no expectations about how it must be. The quality of creativity includes the ability to understand our own resource circle and the limitations and boundaries it creates as well as the knowledge and ability to add to our resource circle in such a way as to extend those limitations and boundaries. This allows us to know when to delegate authority and when to do the task ourselves.



Dark Reflection of Male Energy

This is the classic emotional and physical manipulator. The core belief that is operative here is: "The only way to succeed is to walk over people". This vindictiveness is the opposite of compassion. This mythology is held within and perpetuated by the rapist, wife-beater, successful executive, and the lead male role in many popular television shows.

Light Reflection of Male Energy

Taking full responsibility for our decisions and actions is a prerequisite for this reflection. Putting ourselves onto the Mistakes Wheel (pg.179) and the Five Perceptions of Reality Wheel (pg. 182), by picking up the Light Arrows (pg. 64-66) and actualizing our dream, we throw ourselves into the center of our own circle. In this way, our life will become an ongoing Vision Quest. Life is a ceremony.

• WEST



Dark Reflection of Female Energy

In this case we are in a continuous war between female and male power in which there is no win-win solution possible. We are over-powered by the abilities of the male energy and give away our power to the male in order to survive. We blame male energy for everything that is wrong in order to avoid feeling guilty and ashamed for not honoring the feminine. In this context, a turnaround is necessary: women must become warriors and men must become nurturers.

Light Reflection of Female Energy

Taking control of one's needs and wants, manifesting the larien (our psychic gifts). Holding with intimacy the preciousness of life and death, makes it possible for us to use our creativity, realizing that it is the dignity of life and death itself that must be defended.



Dark Reflection of Male Energy

The driving need for material gain, possessions and success overrides intimacy and relationship. Rather than developing into a warrior who knows the balance of the female and male, we become a supreme manipulator and collector, mistaking that to be the warrior.

Light Reflection of Male Energy

Here we see a sensitivity and respect of the highest order for life and others. This will prompt the following priorities: first, protecting our loved ones; second, providing for our reality needs; third, looking after ourselves. Another characteristic of this reflection is the ability to create a space of stability in an ever-changing and chaotic situation.

For both female and male energies in the dark, this reflection consists of living in the past while being worried about the future and, thus, being oblivious to the present. Caught in the dark, we blame life and others for our reality and are unwilling to see reality as it actually is, unwilling to take responsibility for ourselves.

When female and male energies are balanced, we gain the ability to gather together all our resources and walk our talk with impeccability.

• NORTHWEST

♀ **Dark Reflection of Female Energy**

By taking on the molding, sculpting and armoring of the imagemakers, the rules and laws are compounded and taken into physical birth. The following rules and beliefs are formulated: "It is only through motherhood that my body is identified as female." "Giving birth is painful." "It is only through pain and suffering that I prove my worth as a human being." "I must trap, catch, maintain and hold onto that which I need." Unconsciously, this energy subjects the body to pain to prove its strength, to prove that it is stronger than that of a male body.

Light Reflection of Female Energy

Understanding and knowing body language, body image and body rhythms is a natural gift that comes when female energy aligns itself with the cycles of the moon and sacred law.

♂ **Dark Reflection of Male Energy**

This is the rebel complex, fighting all rules and laws. This energy prompts death-producing scenarios to prove superiority over the female. Men go to war or engage in painful sports. This compounds our armoring and we are (or believe that we are) not capable of multiple orgasms. Our physical bodies are either "beefed" up or atrophied, lacking any muscle control.

Light Reflection of Male Energy

Effortlessness is the key here. This energy allows us to get our body to do what it knows how to do naturally. We are able to expand any limitation and boundary in direct proportion to how fast we can imagine doing so.

The balance of female and male energies in the Northwest gives us the ability to alter our physical being and move through all time, space, dimensional realities at will using breath. Both female and male light reflections can be gained through understanding that the body is an image of sacred mind. The higher our overall energy, the more pleasure the body can experience. Techniques to work towards this are breath, imaging, muscle isolation and contraction, humor and the fire breath.

• NORTH

♀ **Dark Reflection of Female Energy**

Without receptivity we become inflexible, opinionated and locked into a specific frame of reference. Creativity then becomes tunnel focused, one-directional, and anything outside of the one way is seen as wrong, bad and evil. Humanity or compassion is lacking, but definite moral and ethical judgments and prejudices abound.

Light Reflection of Female Energy

In order to achieve this, the molded, sculpted and armored core beliefs must be eliminated from our frame of reference. Receptivity, creativity and forbearance are used to develop the highest potential of the mind and the most comprehensive points of view.

♂ **Dark Reflection of Male Energy**

This energy begins to determine with the mind (that is the brain) according to the molded, sculpted and armored core beliefs. This will manifest as dogmatism and a holding to inflexible tradition.

Light Reflection of Male Energy

Active male energy in the light is able to apply intent, focus and a firm commitment to follow through. Conceptive male energy in the light utilizes the full resources of what has been planted without any waste.

For both the female and male energies in the dark there are two common, inappropriate choreography choices made: one is the mind is used as a determiner (which manifests as fanatical and/or sociopathic behavior); the other is the mind is used as a giver (which manifests as hyperactive or hypochondrial tendencies). In order to achieve a balance of the North female and male energies in the light, explore a minimum of nine viewing points on anything that requires a decision. Choose the one that will ensure the longest pleasure and the greatest learning. At that point you are able to stay in clear and pure mind. Understand the value of knowledge in all aspects of self-expression.

• NORTHEAST

♀ **Dark Reflection of Female Energy**

An improper implosion of energies results in the inability to properly use our receptive and creative energies in any way that leads to resolution, choice or decision-making, let alone to solution. Although we are always dealing with change and movement, including the twenty percent law of chaos, this dark female energy procrastinates, puts off making a decision and cannot make up its mind.

Light Reflection of Female Energy

Proper implosion results in being receptive to seeing every issue that is possible to see and being creative to see the many possibilities and to move decisively within each issue that is presented.

♂ **Dark Reflection of Male Energy**

Improper explosion of energies results in reaction without a proper response or pure action. At the moment of choice we tempt the laws of chance, gamble, and thereby increase the chaos. Again our actions are irrational and dogmatic. Old patterns are re-enacted even though they may not be suitable to a new situation. Rash decision-making and/or impulsive, obsessive-compulsive behavior are common.

Light Reflection of Male Energy

Proper explosion of energies results in being open to the direction of movement that the Universe is taking and taking action to move with it. This is minimum effort with maximum efficiency. It is knowing when to act and when not to act or to leave the situation.

Improper balance of female and male energies, compounded by those in the dark, lead to the development of a fanatical personality, fanaticism and even to terrorism.

• EAST

♀ **Dark Reflection of Female Energy**

Although the female energy in this place should be determining with passion and lust, we see a complete denial of orgasm, self-pleasure and knowledge. When we are unable to understand the essential part that sexuality plays in the health of our body and in our general happiness, we shut down both our receptivity and creativity. Often we hold others responsible for our orgasticness.

Light Reflection of Female Energy

In this case we have the ability to focus our orgasticness through our free will and, thus, be completely open and receptive to our full creativity.

♂ **Dark Reflection of Male Energy**

This is the inability to express our self without looking for approval and recognition for what we have done.

Light Reflection of Male Energy

This is the ability to put into action the power of our orgasticness through our free will, and to give pleasure and knowledge to the world for the pure joy and beauty of doing the give-away.

The dark reflection of both female and male energies occurs whenever we live our life for others. We have no vision, no artistic originality and creativity. This leads us to take a job or career because others want us to do it. Our self-worth and self-esteem are dependent on the recognition, acceptance, approval and support of others. We act out a fantasy, based on the illusion (rather than the reality) of who we are and what we are doing. A complete balance of the female and male energies in the light leads us to individual freedom and autonomy.

• SOUTHEAST

♀ **Dark Reflection of Female Energy**

⊕ This is the classic “poor me” syndrome. We choose the dark arrows to validate our existence because we are receptive only to our own circle of fear and thus create a life in fear. It seems, at this point, that we know ourselves only by the amount of fear we experience.

Light Reflection of Female Energy

We use the quality of receptivity to pick up the arrow of self-awareness, and we use our creativity to pick up the arrow of self-appreciation and self-acceptance.

♂ **Dark Reflection of Male Energy**

In this case, the dark reflection comes out through a low concept of self and is expressed in revenge: “You better... or else!” “If I hurt, so should you!” We actively look for ways to prove ourselves at the expense of others. The conceptive aspect leads us to enjoy the pain of others. It may even lead to sadomasochistic behavior which has an obsessive-compulsive flavor.

Light Reflection of Male Energy

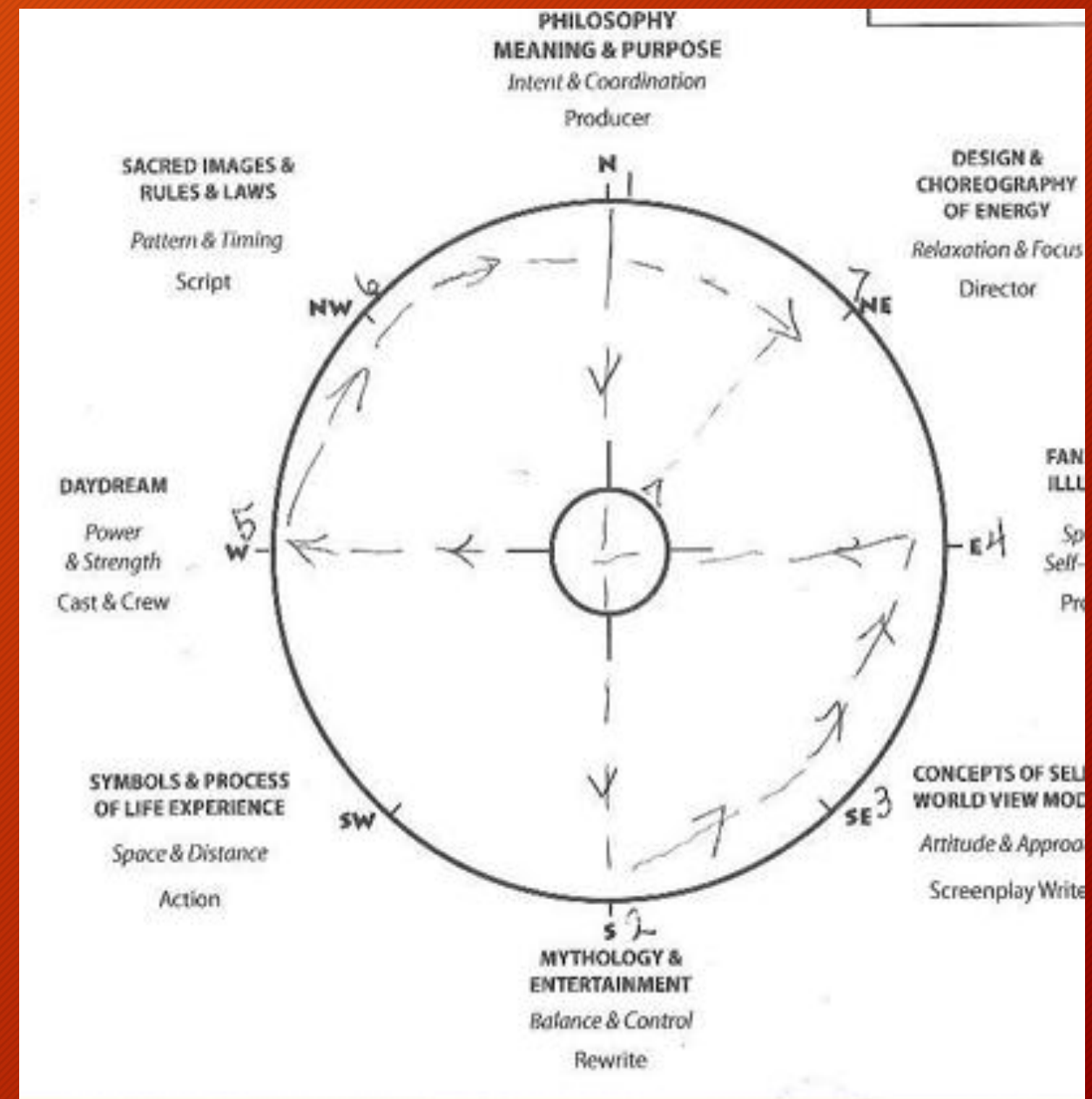
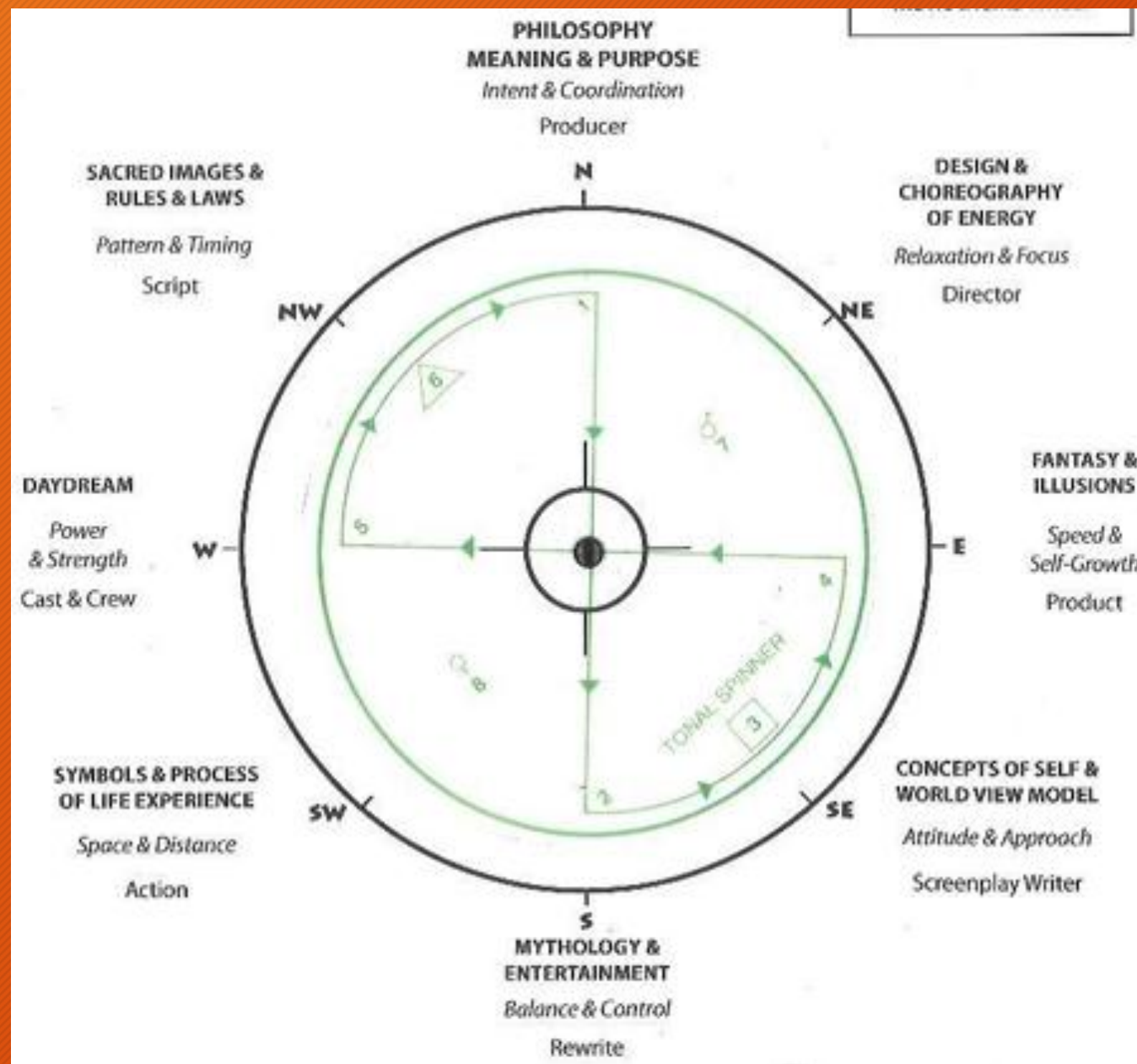
The active energies are now used to pick up the arrows of self-pleasure and self-love, and the conceptive energies are used to pick up self-actualization and impeccability.

If both the female and male energies are utilized in the dark, phobias are often the result. A perfect balance of the female and male energies in the light brings to us the Rainbow Arrows of illumination and enlightenment; introspection and intuition; trust, innocence and perfection; balanced alignment with wisdom; open heart to heart communication; impeccability as one’s self-worth and the actualization of our Sacred Dream.

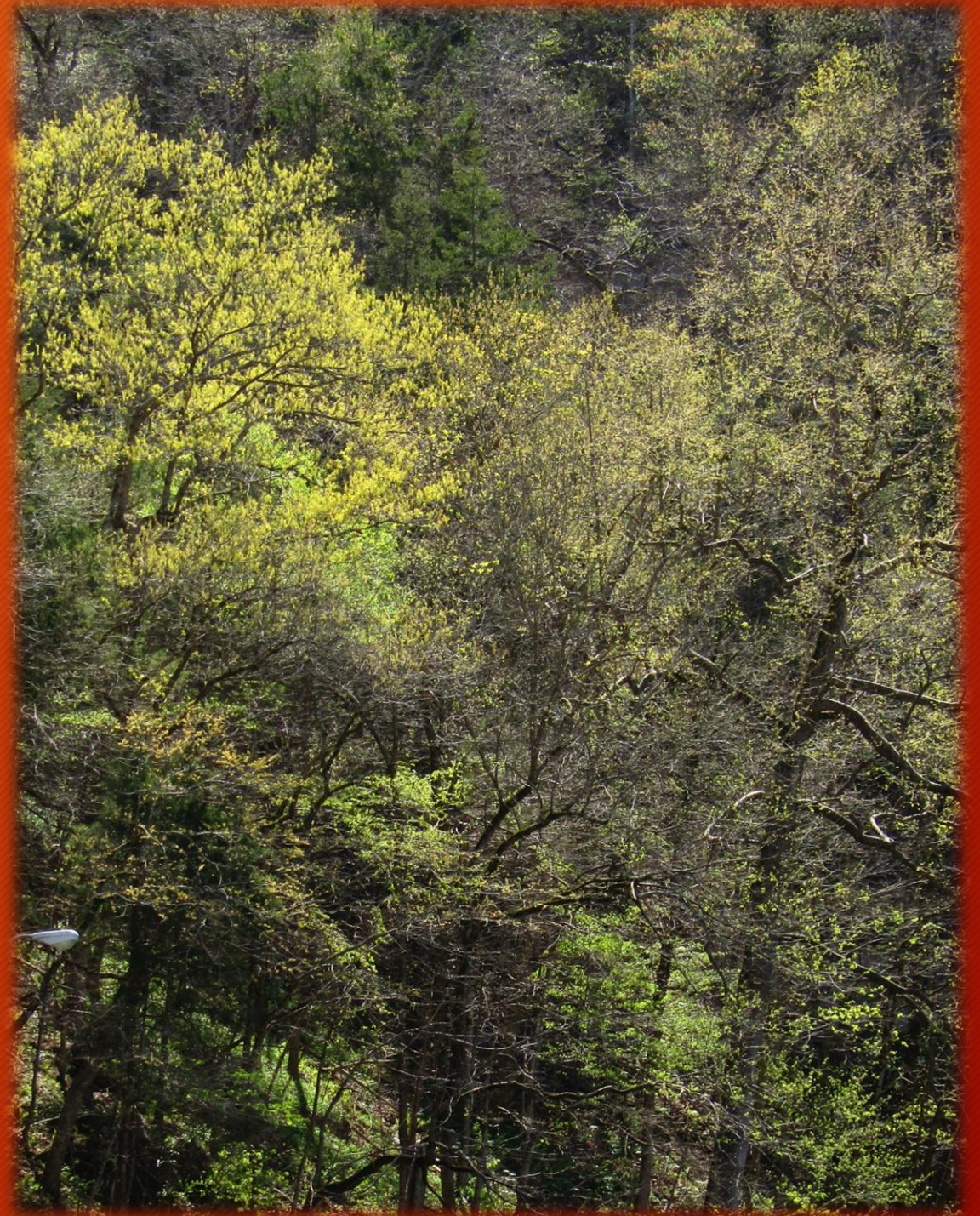
Once we know the different aspects, we can begin to look at how we were programmed to dance the dances we danced, and how we can re-program ourselves to learn from our past and dance our dances consciously. Our programming is contained in our dance of the Fox. It holds our dark arrows. We will reprogram ourselves with our dance of the Wolf. These (along with the dance of the Coyote, which we ponder but don’t actively dance) will be the only two that we use in this program. I have included the other dances here, so you can see the vastness of these teachings. If we learn how to dance the Walk of the Wolf with grace, our Earth-walk will become a joy.

Homework:

- Lay your Infinity Tonal Spinner on your wheel with “3” in your birth position.
- Beginning with Step 1, look at each position, and consider what it says about the Dark Arrows of the Masculine and Feminine and how it relates to your “programming.”
- You will also want to consider which direction it relates to. (Look this up in Module 16.)
- Write a release intention on a 3-5” card. We will use these to make your dark arrows. Don’t make the arrows yet. Just get your cards ready.



Integration Dance



Gratitude & Closure Ground

