

*Welcome to the
Extraordinary*

*Soul
Mystery
School*



Module 8

Module 8

History and How
We Study
Wheels



Items needed
for this module:

5 stones laid
out in a wheel



Lay out rocks
Connect, Call in Sacred Space



Open to Receive

**What's moving?
Check-in
Sit-Spot?**

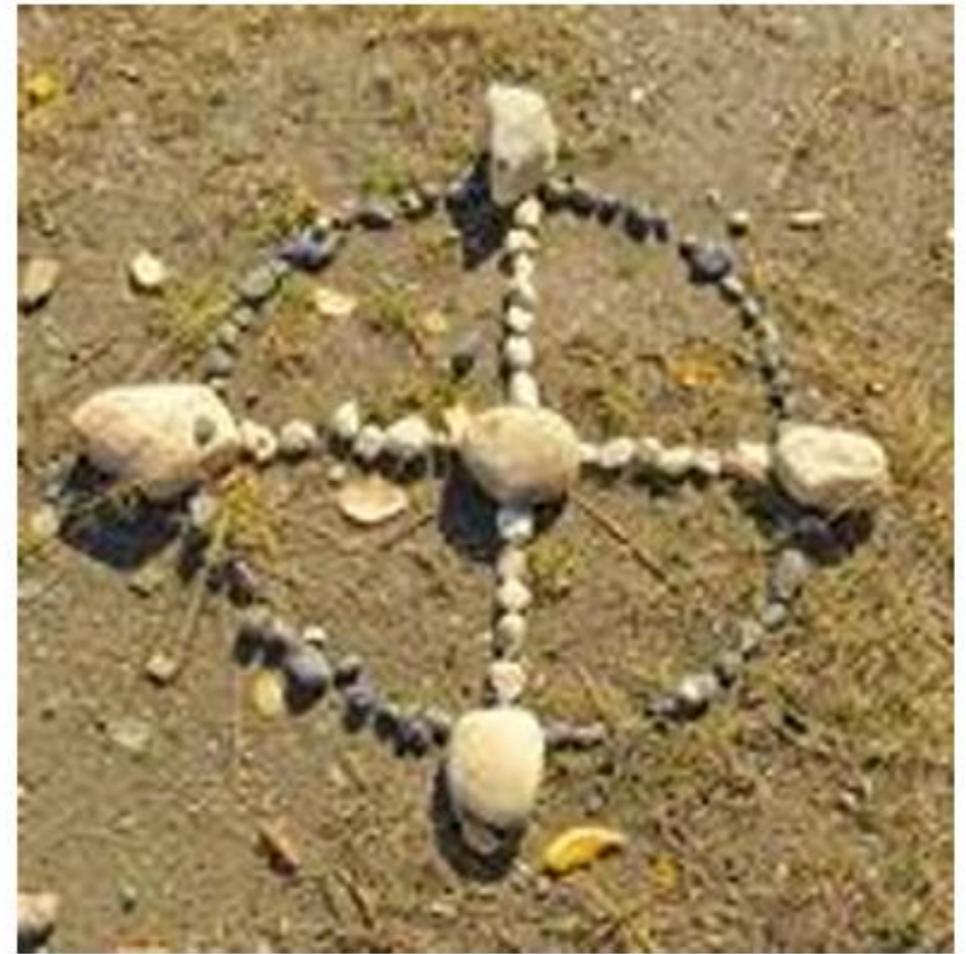


If you leave here, with nothing else today, I want you to know that Gaia is your Mother and she loves you. She has a personality, a “face,” and a Spirit that is guided by a Heart filled with more love than you can imagine. She has provided us with everything we need to live, grow, learn and become on this planet and be fully Higher Self/Spirit directed or self-directed as we choose. As we are coming to know, the Medicine Wheel is where all this information is housed.



As we have said in every Module:

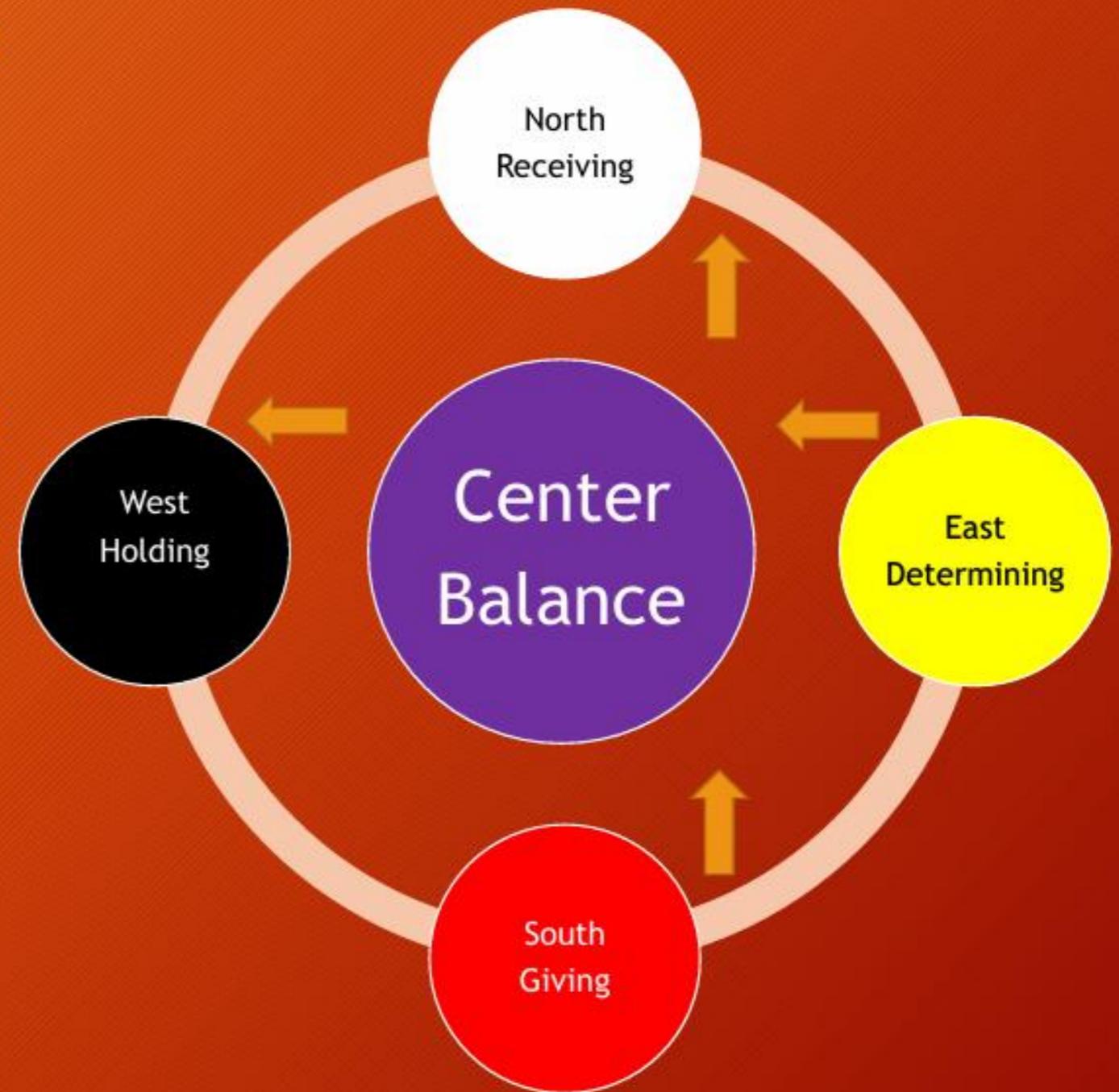
“The Medicine Wheel represents the circle of all life. When you sit in the wheel and evoke the sacred, all life comes to sit in council. The human, only one member of the web of life, can use the ceremony of the wheel to restore contact with all the relations of life. The animal relations, plant relations, stone people, spirit relations, all things come to sit in council. Our connections with the world are thus restored and the healing of the Earth begins anew. The wheel of life, the medicine wheel, is a map for everything in the universe, a blueprint of the web of life. As Black Elk said, this wheel exists in all things. Within each of us, too, the Medicine Wheel exists as our inner council.” - *Sacred Plant Medicine* by Stephen Buhner



Earth Spirituality

As I have shared, it is helpful to have a cosmology that allows these teachings into your world so they make sense. I like to think that all of us looked down at this planet and saw she needed our help. We knew we had something to offer and chose to come and offer our gifts. The teachings in this body of work, serve as an Earth Survival and Resource Guide...you know the one you have been looking for all your life...the instruction manual for how to live your life and how best to offer your gifts to a world of humanity that at times appears totally unconscious.

As it turns out, the cosmology and the history of these teachings is very similar. I offer it here: (Attachments: **Introduction 8 Great Powers, 12 Magical Worlds,**)





INTRODUCTION

The teachings within this Course of Study are part of the Sweet Medicine SunDance Way as presented by the Deer Tribe Metis Medicine Society. Within our structure is a ring of power known as the 18th Feathered Winged Serpent Wheel, whose function is to carry these teachings and make them available to the public. We also have a family known as the Deer Tribe. The knowledge presented here is a chosen set of sacred wheel teachings to bring about and promote personal self-growth and development.

This spiritual path called the Sweet Medicine SunDance Path is a 15 Gateway Path which guides a person to shed all barriers and reservations and dive into the potential of power that is their inner warrior's goal and quest. The word "metis" means of mixed blood. It is the recognition that all colors and all ways are honored.

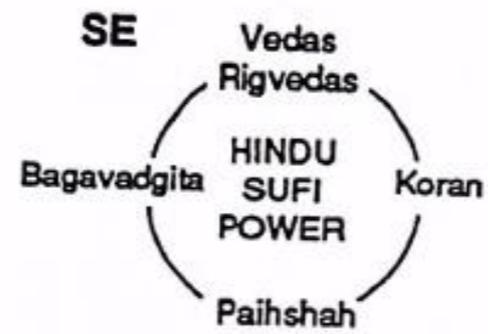
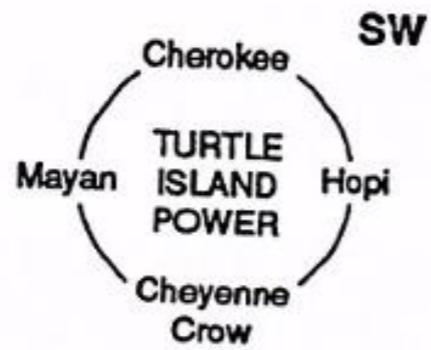
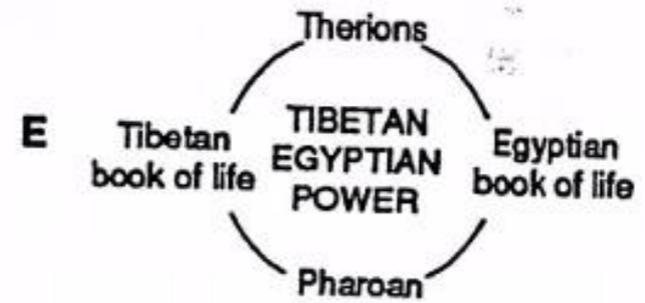
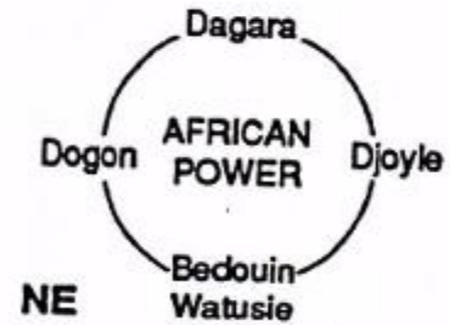
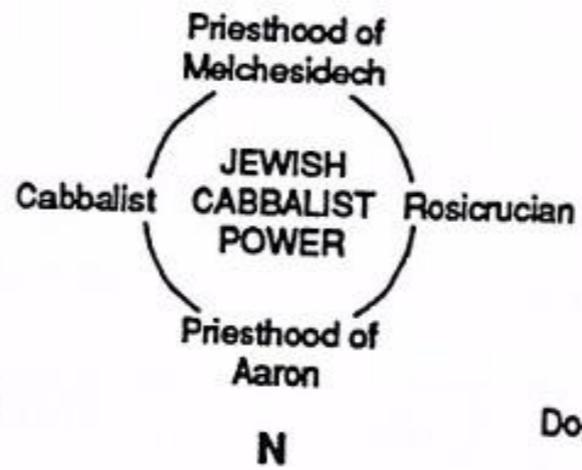
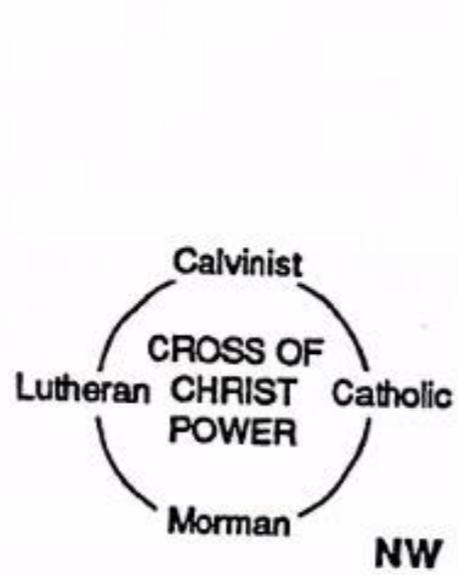


Therefore these teachings incorporate vast amounts of knowledge found in the inter-tribal Native American traditions, as well as from the Eight Great Powers. (See figure 1). It comes from a "body" of sacred knowledge taught and preserved by traditional Native American Elders called "Twisted Hairs". These Twisted Hairs were all "Warriors" and came from many different tribes from all of North, South and Central America, including Canada, called Turtle Island. Australia and New Zealand are included here as the Elders say these two land masses were once part of Turtle Island. A Twisted Hair warrior was usually an elder and respected medicine man/woman, Shaman, Sorcerer, Magician or Wizard and was a member of his/her particular tribe's "secret" Medicine Society or Magickal Lodge. Therefore, they were considered to be a man/woman of power and knowledge. What distinguished a Twisted Hair from a traditional medicine person was his/her ability and desire to seek knowledge from all sources. These men/women were not content to accept blindly the limitations and boundaries of their tribal, traditional teachings and chose instead to travel and seek knowledge from every direction of the Wheel of Life in order to find their center and come into perfect alignment with the Great Spirit.



It is our hope that the material contained in this Course of Study will allow you to make the decision to become a warrior, to flow with the affects of Nature, and learn how to never “be at the effect” of any one, any thing, any where at any time in any way. We trust you will use this material to take your power and become and remain the cause of your own circle of Life.

A skeptic might question in this way. “What makes this legend of the Twisted Hairs, this council of highly developed Elders somewhere that we can’t see or talk to, any different from a traditional religious notion that somewhere there is a Supreme Being, who, if we just believe in it, will give us a better life?” This Path and the Twisted Hairs state clearly: Don’t believe in anything written in these modules or taught to you. To believe is to say “I don’t know so I can only believe it.” To believe in anything is to stay within the realm of doubt. This makes you a fool. Use these Wheels and Keys; try to prove them wrong. If they work for you and grow corn; great. If not, place them on a shelf for further examination at a later date. Do what you will, but don’t believe them! Awanestika!





HOW WE STUDY WHEELS

Let's now look at how we will study the basic teaching wheels. In the Native American world, wheels or circles have been used since the ancient times as tools for teaching the ways of the universe. Nothing is seen as linear for the idea of a linear existence is considered to be an illusion. There is no "beginning" or "end". There is simply a change of reference points. Birth into physical existence is not the beginning of life (for spirit is eternally alive), but it is a different perception point through which spirit experiences its aliveness. It is simply movement in the wheel of life. SwiftDeer tells the story that when a "white man" wanted to say someone was crazy they would take their index finger up by their ear and rotate vertical circles by their ear. This indicated someone who thought in circles or wheels had gone loco, went in circles, or was crazy. When the "red man" wanted to say someone was crazy they would take their index finger and draw a straight line across their eyes. Thus indicating that a person who thought in a straight linear fashion was crazy.

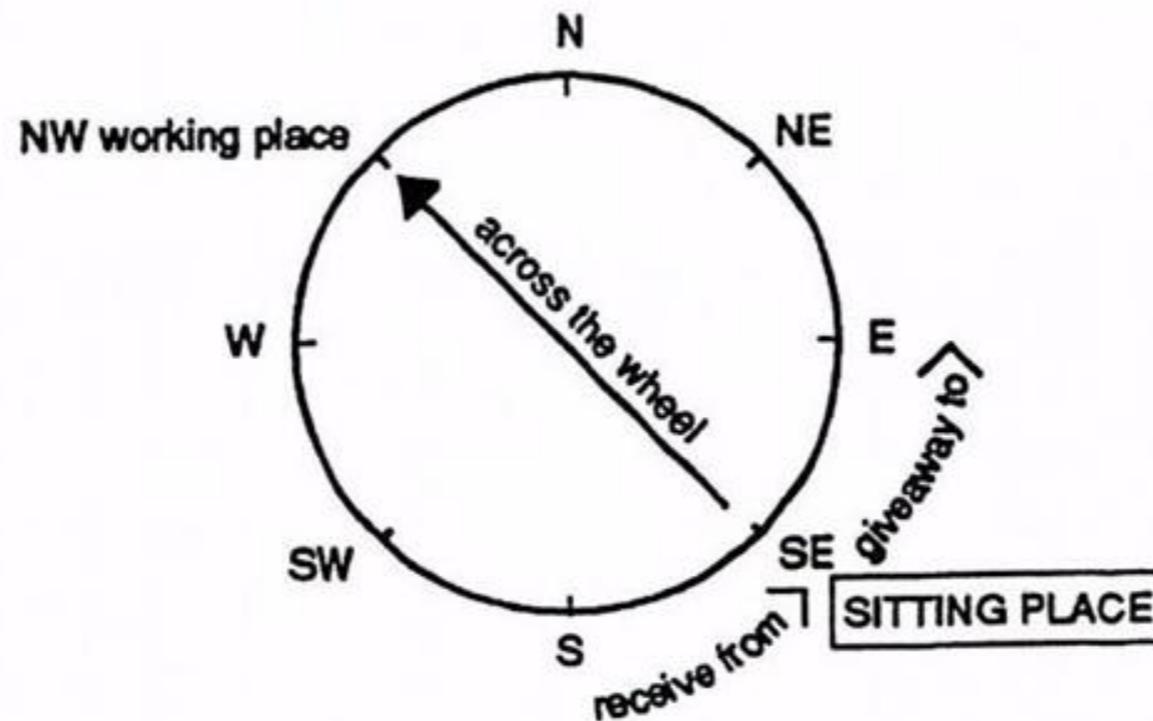


Learning of the universe through wheels offers a way to perceive how one form of life is completely interconnected with all other life: flowing, changing and reaching out to touch all forms of all things with beauty. All the wheels of the Sweet Medicine SunDance Path spin and interconnect with one another in this way. Each position on the wheel corresponds to one of the four cardinal directions: South, North, West, East - or one of the four non-cardinal directions: Southeast, Southwest, Northwest and Northeast. Furthermore, there are specific qualities and characteristics that exist for each direction. Thus, no matter which wheel is being used, the subject matter is placed in a particular direction because it contains the corresponding properties. For example, on some wheels in the West, you have the earth element. West is also the physical body, strength, power and stability. One can quickly see that these energies all work with and carry within themselves similar properties. And so the wheel goes. Even properties that have seemingly nothing to do with each other, when overlaid, allow you to make amazing connections into deeper understanding. Those of us who were taught to think in linear terms will find studying wheels a particular challenge! However, it is also fun.

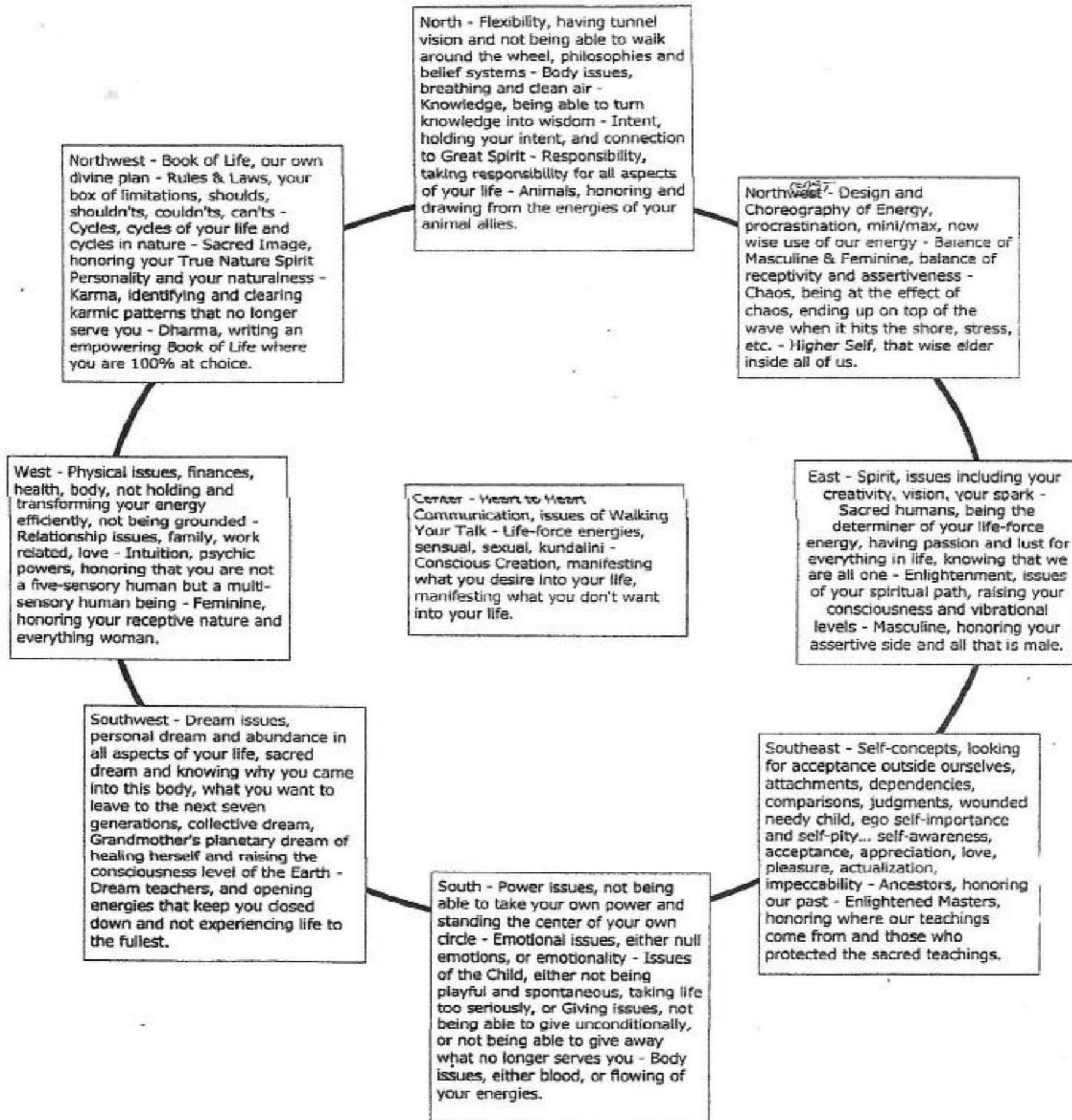
On any medicine wheel, the cardinal directions will hold the energy of a circle and the non cardinals will move energy in and out of the circle.

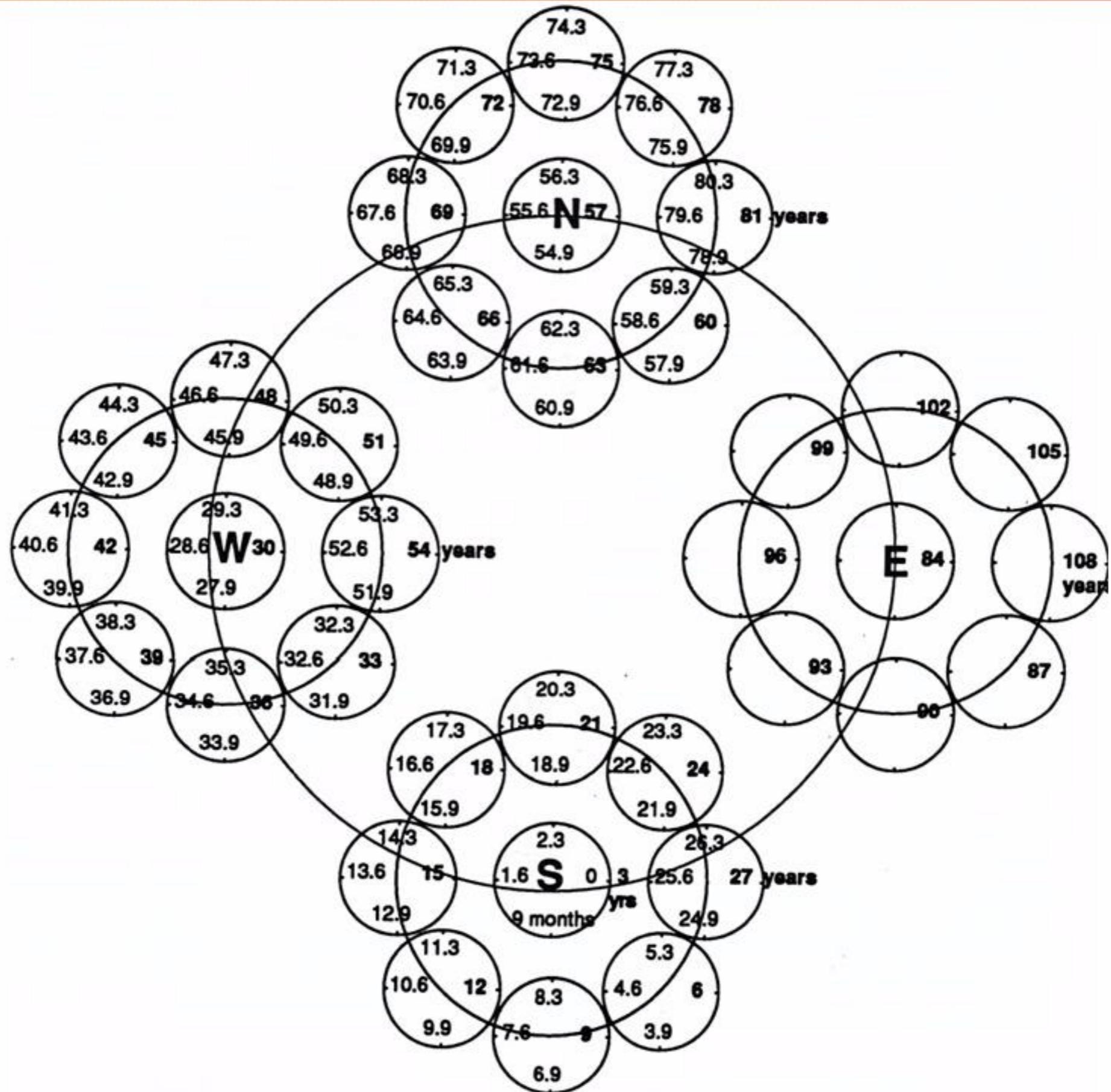
When you are studying a particular aspect of a wheel or trying to gain understanding of something, you first determine where it is located on the wheel. That direction is called its "sitting place". Directly across from it is the "working place". This means you are gaining an opposite perspective of what you are studying, - you "work" with the information.

Figure 2:



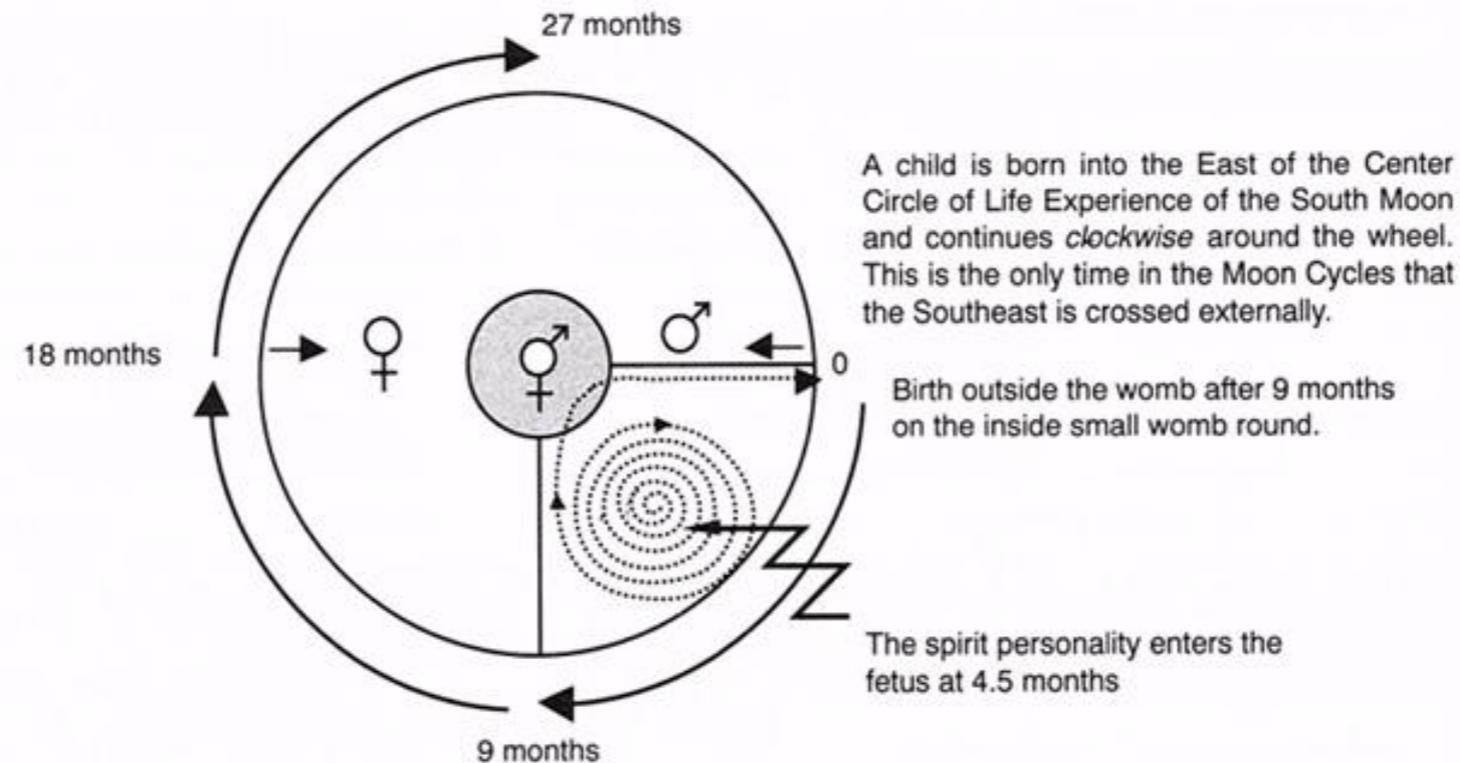
Energies of the Directions





Each Circle of Life Experience is entered through the South and (three years later) exited through the East. The Southeast (place of our true nature spirituality) is by-passed. As mentioned on page 63, the Southeast is our internal and subjective experience (our attitude and approach) that we carry with us all around the Circle.

The only exception is our very first Circle.



We are born out of the East and travel clockwise around the first Circle of Life Experience. From then on, our travels around the Circles create a spiral of evolution. As we leave one Circle (East) and prior to entering the next Circle (in the South), we experience nine months of what is called a "Chaotic Journey". During this time we, as screenplay writers, are reviewing our script. What is it that we have come here to do?

Every CHAOTIC JOURNEY is the internal journey past the Southeast during which time we are working directly with the Northwest. The first twenty-eight days after the birthday that indicates an end to one three-year Circle of Life Experience is a "coasting time", a time to enjoy that Circle we have just completed. One might say that we spend that first month in the East integrating the validations and illuminations we have received. Then we launch into eight months of travelling time from the East to the South of the next Circle of Life Experience. These eight months provide a prime time to discern our patterns and to design the strategies necessary to embark into the next Circle. This is a time to reconnect our focus of intent with that of the Great Intent.

When we enter the next Circle, we are ready to travel around the wheel to once again rewrite the action. Our cast and crew may change and we have repeating opportunities to choose between Life-Light or Death-Dark as we process life's experience. Each Circle of Life Experience is colored by the nature of its direction on the Star Maidens Circle and indicates the learning experiences which will present themselves most naturally at that time.

Continue to
Activate
and
Integrate



Gratitude
&
Closure
Ground

