


*Welcome to the
Extraordinary
Soul
Mystery
School*



Module 17

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Module 17
NORTH – THE AIR DOOR
Spinning the StarMaiden Circle

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Items needed for this module:

- 5 stones laid out in a wheel
- Module 17 Handout
- Your Shield
- Your Bundle




3

Lay out rocks
Connect, Call in Sacred Space




4

Open to
Receive



5

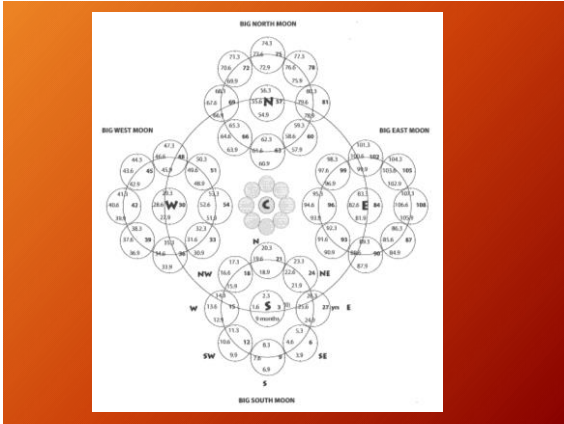
Once again we want to remind ourselves of where we are and what we are working with. First, we have The Big Moon Map is the overall map of our lives. Then we have all the versions of the StarMaiden Circle that are the directional foundation of all the circles within circles. As we drill down into each of these circles we will see that the overlays of the StarMaiden Map apply to every single circle. We use one of the arrows in our quiver, every single time we make a choice, from the earth shattering to the most mundane. We learned how we actually break down those choices into steps that happen every time we make any choice, and that those steps are contained in the Infinity Movement.



This week we will learn that each of those steps, there is both a Masculine and Feminine aspect to each step, as well as a light and a dark aspect of each of those.

We will also learn about the different "spins" of the StarMaiden Circle, and how to "spin" your wheel to redirect your steps.

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THE INFINITY MOVEMENT

Inside an envelope on the back cover you will find an Infinity Movement-Spinner Card. This Infinity Movement is the key which unlocks the knowledge held within any wheel. Two versions have been released and are presented here: the Tonal Spin and the Nagual Spin. Tonal refers to your everyday physical experience; Nagual refers to the spiritual or metaphysical realm.

THE TONAL SPIN is used when you want to understand the subject's process of life. It best illuminates the internal patterns which you run whenever "something happens" and you process that happening.

This was the Infinity Movement that was taught first. The eight Steps were given theoretical and psychological definitions. Each will be explained and a simplified key phrase given.

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USING THE INFINITY MOVEMENT AS A TOOL

The only way anyone really learns how to use a tool is in the application and practice of it. The following is a simple wheel of the STAR MAIDENS CIRCLE with key words to identify the Dark and Light Moons, the WARRIOR'S ATTRIBUTES and the MOVIE DRAMA WHEEL. Take a colored pen and draw the Infinity Movement that there is in your Birth Sitting Place (refer back to Chapter 3 page 43). Check your drawing against the paradigm wheel on page 58.

Use this Infinity Movement to discern the step-by-step process of how you naturally make sense out of the world. Know that Steps one through three happen in milliseconds within your brain. Step four is the key point where you determine the action. Step five is what you communicate to others and Step six is the end result. Reflect on how and where you dance with the balance of female and male energies all around the Wheel.

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For each one of these steps on the wheel, there is a masculine aspect and a feminine aspect, as well as a light and dark aspect of each step. These are outlined below.

The following is a description of both the dark and light moons of the female and male energies as they exist their influence at each point around the Star Maidens Circle. Remember that balance is achieved when we can hold both energies with equal intensity.

- SOUTH**
 - Dark Reflection of the Female Energy** The helpless Victim Syndrome; needing to be rescued; gain tears which place the female into the mythological roles of the damsel in distress. Without pain there is no gain. "I cannot be desirable as a woman unless I am needed to be rescued." "I am here for myself!"
 - Light Reflection of the Female Energy** Based on a woman's ability to give with tenderness, to have femininity and humility, willingness to be vulnerable. Choose discernment and knowledge instead of pain and ignorance. Sensitivity to align with Grandmother Earth, Mother Earth and a resonance with the Four Worlds. When we are grounded in this way it is hard to throw us out of our center for we are so connected to nature that we can always experience healing and rejuvenation from her.
- Dark Reflection of the Male Energy** The Macho-Male Syndrome. Based on the need to control, this energy is the height of self-importance. With this energy we must and can always "bring home the bacon" and "stay the diagonal," but we are an emotional vampire and use our emotions to battle for control.
- Light Reflection of the Male Energy** One who can reach out to others when asked, can touch soft life and others with beauty. Total compassion, an innate sense of justice and multiple viewing points of righteousness. It is not dictated by emotions, but resonates with them and follows whatever is the strongest energy that is present. Able to generate and is not a quitter.

- SOUTHWEST**
 - Dark Reflection of Female Energy** Four of any and all female energy results in closed symbols centered around womanhood. The basic core belief that it is not out here is that female = weak = lost, abandoned or attached. These are the rape victims, the female-beaten wives who completely give their power away and will not confront their dark moons on any level. Whenever this is so, total reality goes out of balance also.
 - Light Reflection of the Female Energy** This is the explorer and adventurer who loves to open closed symbols because it is exciting to do so. The capability to see the future and the past. This energy is the most powerful energy point. First, the ability to see everything as it is; second, the ability to see alternatives and the ways to go could be, and third, no expectations about how it must be. The quality of courage includes the ability to understand our own circle and the limitations and boundaries it creates as well as the knowledge and ability to add to our resource circle in such a way as to extend these limitations and boundaries. This allows us to know when to delegate authority and when to do the task ourselves.

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SOUTHWEST - cont.

- Dark Reflection of Male Energy** This is the classic emotional and physical manipulation. The core belief that it is operative here is: "The only way to succeed is to walk over people!" This virility is the opposite of compassion. This emphasis is held within and perpetuated by the rapist, wife-beater, successful executive, and the loud male role in every popular television show.
- Light Reflection of Male Energy** Taking full responsibility for our decisions and actions is a prerequisite for this reflection. Putting ourselves onto the Maiden Wheel (pg. 179) and the Five Perceptions of Reality Wheel (pg. 182), by picking up the Light Arrows (pg. 84-86) and pushing our arrows, we show ourselves into the center of our own circle. In this way, our life will become an ongoing Vision Quest. Life is a ceremony.

- WEST**
 - Dark Reflection of Female Energy** In this case we are in a condition near between female and male power in which there is no win-win solution possible. We are over-powered by the abilities of the male energy and give away our power to the male in order to survive. We blame male energy for everything that is wrong in order to avoid feeling guilty and ashamed for not honoring the feminine. In this context, a turnaround is necessary: women must become warriors and men must become nurturers.
 - Light Reflection of Female Energy** Taking control of one's needs and wants, manifesting the barren (our psychic gifts). Holding with integrity the consciousness of life and death, makes it possible for us to use our creativity, making that it is the dignity of life and death itself that must be defended.
- Dark Reflection of Male Energy** The strong need for material gain, possessions and success overrides intimacy and relationship. Rather than developing into a warrior who knows the balance of the female and male, we become a supreme manipulator and collector, insisting that to be the winner.
- Light Reflection of Male Energy** Here we use a sensitivity and respect of the highest order for life and others. This will prompt the following priorities first, getting into our level one, second, providing for our reality needs, third, building after ourselves. Another characteristic of this reflection is the ability to create a space of stability in an ever-changing and chaotic world.

For both female and male energies in the dark, this reflection consists of living in the past while being worried about the future and, then, being oblivious to the present. Caught in the dark, we blame life and others for our reality and are unwilling to see reality as it actually is, unwilling to take responsibility for ourselves.

When female and male energies are balanced, we gain the ability to gather together all our resources and walk our talk with integrity.

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- NORTHWEST**
 - Dark Reflection of Female Energy** By taking on the molding, sculpting and armoring of the imagmakers, the rules and laws are compounded and taken into physical form. The following rules and beliefs are formulated: "It is only through motherhood that my body is identified as female," "Giving birth is painful," "It is only through pain and suffering that I prove my worth as a human being," "I must trap, catch, maintain and hold onto that which I need." Unconsciously, this energy subjects the body to pain to prove its strength, to prove that it is stronger than that of a male body.
 - Light Reflection of Female Energy** Understanding and knowing body language, body image and body rhythms is a natural gift that comes when female energy aligns itself with the cycles of the moon and sacred fire.
- Dark Reflection of Male Energy** This is the rebel complex, fighting all rules and laws. This energy prompts death-producing scenarios to prove superiority over the female. Men go to war or engage in painful sports. This compounds our armoring and we are (or believe that we are) not capable of multiple orgasms. Our physical bodies are other "headful" up or atrophied, lacking any muscle control.
- Light Reflection of Male Energy** Effortlessness is the key here. This energy allows us to get our body to do what it knows how to do naturally. We are able to expand any limitation and boundary in direct proportion to how fast we can imagine doing so.

The balance of female and male energies in the Northwest gives us the ability to alter our physical being and move through all time, space, dimensional realities as well using breath. Both female and male light reflections can be gained through understanding that the body is an image of sacredness. The higher our overall energy, the more pleasure the body can experience. Techniques to work towards this are breath, imaging, muscle isolation and contraction, humor and the five breaths.

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- NORTH

Dark Reflection of Female Energy
 Without receptivity we become inflexible, opinionated and locked into a specific frame of reference. Creativity then becomes tunnel focused, one-directional, and anything outside of the one way is seen as wrong, bad and evil. Humanity or compassion is lacking, but definite moral and ethical judgments and prejudices abound.

Light Reflection of Female Energy
 In order to achieve this, the molded, sculpted and armored core beliefs must be eliminated from our frame of reference. Receptivity, creativity and forbearance are used to develop the highest potential of the mind and the most comprehensive points of view.

Dark Reflection of Male Energy
 This energy begins to determine with the mind (that is the brain) according to the molded, sculpted and armored core beliefs. This will manifest as dogmatism and a holding to inflexible traditions.

Light Reflection of Male Energy
 Active male energy in the light is able to apply intent, focus and a firm commitment to follow through. Conceptive male energy in the light utilizes the full resources of what has been planted without any waste.

For both the female and male energies in the dark there are two common, inappropriate choreography choices made: one is the mind is used as a determiner (which manifests as fanatical and/or sociopathic behavior); the other is the mind is used as a giver (which manifests as hyperactive or hypochondriac tendencies). In order to achieve a balance of the North female and male energies in the light, explore a minimum of nine viewing points on anything that requires a decision. Choose the one that will ensure the longest pleasure and the greatest learning. At that point you are able to stay in clear and pure mind. Understand the value of knowledge in all aspects of self-expression.

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- NORTHEAST

Dark Reflection of Female Energy
 An impetuous explosion of energies results in the inability to properly use our receptive and creative energies in any way that leads to resolution, choice or decision-making, let alone to solution. Although we are always dealing with change and movement, including the tenuous parent line of chaos, this dark female energy procrastinates, puts off making a decision and cannot make up its mind.

Light Reflection of Female Energy
 Proper exploration results in being receptive to seeing every issue that is possible to see and being creative to see the many possibilities and to move decisively within each issue that is presented.

Dark Reflection of Male Energy
 Impetuous explosion of energies results in reaction without a proper response or pure action. At the moment of choice we tempt the laws of chance, gamble, and thereby increase the chaos. Again our actions are emotional and diagnostic. Old patterns are re-enacted even though they may not be suitable to a new situation. Rash decision-making and/or impulsive, obsessive-compulsive behavior are common.

Light Reflection of Male Energy
 Proper exploration results in being open to the direction of movement that the Universe is taking and taking action to move with it. This is minimum effort with maximum efficiency. It is knowing when to act and when not to act or to lower the situation.

Impetuous balance of female and male energies, compounded by those in the dark, leads to the development of a fanatical personality, fanaticism and even to terrorism.

- EAST

Dark Reflection of Female Energy
 Although the female energy in this place should be determining with passion and hot, we see a complete denial of orgasm, self-pleasure and knowledge. When we are unable to understand the essential part that usually plays in the health of our body and in our general happiness, we shut down both our receptivity and creativity. Often we hold others responsible for our organizations.

Light Reflection of Female Energy
 In this case we have the ability to focus our organizations through our free will and, thus, be completely open and receptive to our full creativity.

Dark Reflection of Male Energy
 This is the inability to require our self without looking for approval and recognition for what we have done.

Light Reflection of Male Energy
 This is the ability to just into action the power of our organizations through our free will, and to give pleasure and knowledge to the world for the pure joy and beauty of doing the give away.

The dark reflection of both female and male energies occur whenever we live our life others. We have no wish, no critical, originality and creativity. This leads us to take a job or career because others want us to do it. Our self-worth and self-esteem are dependent on the recognition, acceptance, approval and support of others. We are not learning based on the reason rather than the reality of who we are and what we are doing. A complete balance of the female and male energies in the light leads us to individual freedom and autonomy.

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- SOUTHEAST

Dark Reflection of Female Energy
 This is the classic "poor me" syndrome. We choose the dark arrows to validate our existence because we are receptive only to our own circle of fear and thus create a life in fear. It seems, at this point, that we know ourselves only by the amount of fear we experience.

Light Reflection of Female Energy
 We use the quality of receptivity to pick up the arrow of self-awareness, and we use our creativity to pick up the arrow of self-appreciation and self-acceptance.

Dark Reflection of Male Energy
 In this case, the dark reflection comes out through a low concept of self and is expressed in revenge: "You better... or else!" "I'll hurt, so should you!" We actively look for ways to prove ourselves at the expense of others. The conceptive aspect leads us to enjoy the pain of others. It may even lead to sadomasochistic behavior which has an obsessive-compulsive flavor.

Light Reflection of Male Energy
 The active energies are now used to pick up the arrows of self-pleasure and self-love, and the conceptive energies are used to pick up self-actualization and impeccability.

If both the female and male energies are utilized in the dark, phobias are often the result. A perfect balance of the female and male energies in the light brings us to the Rainbow Arrows of illumination and enlightenment; introspection and intuition; trust, innocence and perfection; balanced alignment with wisdom; open heart to heart communication; impeccability as one's self-worth and the actualization of our Sacred Dream.

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As mentioned, the Star Maidens Circle is the key to our process of self-growth and development. It both highlights how we ran our patterns of pain and shows us how to break open those patterns by illuminating the way out of pain and into pleasure. It takes Nine Spins to accomplish this fully. This means a lifetime of commitment to break each and every pattern that keeps us from the Light. Focus on pleasure and self-knowledge. This is the Great Work.

- FIRST SPIN **The Circle of Foxes**
 The fox is the keeper, protector and provider of the family. Our initial Spin is based on what we learned from our family during our childhood. It is those patterns which keep intact the family ways, myths and patterns. It is the story of how we learned to adapt, fit in, belong and conform. In other words, this is how we survived within the status quo. These patterns form what is known as our "mask of self-pity" Our Shadow, "the one who cannot see." Choose the dark arrows, the dark mirrors and is at the effect of others' approval, recognition and acceptance for security and identity. We often do not even know we are doing this.

Place 3 of the Infinity Movement in your birth Sitting Place and read the story of your Circle of Foxes. Use only the dark mirrors of the Star Maidens Circle. This story will give you no access to the Warrior's Attributes.

- SECOND SPIN **The Dance of the Coyote**
 The coyote is the trickster, clown, knowledgeable fool, and is called the teacher and protector of the children. The coyote is extremely survival adaptive. This Spin does not ask us to change our patterns. It simply flips them over to reveal the light mirror. Doing this actually reveals our mask of self-pity for what it is. It can only make us laugh at how we got caught in biting our own tail. From this place we can begin to identify our pain tapes, and the laughter heals some of our pain. Then we will be able to see the potential of our birth Sitting Place.

- THIRD SPIN **The Walk of the Wolf**
 The wolf is the teacher of the Path with Heart; the teacher of beauty, leadership, wisdom and healing. The wolf never takes the wrong path. It has the discipline necessary to stay on a difficult path and the wisdom to know when to deviate from it. The Walk of the Wolf requires us to break the old pattern so that we can find our path, our way, our beauty.

Identify your Dancing Place (5 of the Sitting Place movement). Place 3 into that direction. Notice how that puts that 1 of the Infinity Movement into your birth Sitting Place. This Spin puts the light (1) into the dark (3). This is the first Spin where you can dance with the individuality, autonomy and freedom of your own free will choices.

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Homework:

- Lay your Infinity Tonal Spinner on your wheel with "3" in your birth position.
- Beginning with Step 1, look at each position, and consider what it says about the Dark Arrows of the Masculine and Feminine and how it relates to your "programming."
- You will also want to consider which step it relates to (See Module 16 handout.)
- Write a release intention on a 3-5" card. We will use these to make your dark arrows. Don't make the arrows yet. Just get your cards ready.

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Did you sit in the wheel in each of your quarter-cross positions? Did you notice how it changes your point of reference!

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**Integration
Dance**



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**Gratitude
&
Closure
Ground**



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