

# The Sacred Money Mysteries

Remembering the teachings of the Goddess...





#### Sacred Money Mysteries

~ Remembering the Teachings of the Goddess

- Meditation and Review How Are You Doing?
- Abundant Life
- You are the Source
- Values Conflicts
- Gratitude



## Calling in Sacred Space





### Dance to Activate and Open Your Body Vessel



### "I have come that you may have life...

### "...and have it more ABUNDANTLY!"

This truth is constantly reflected back to us when we look out to our world, to nature, to the Universe. We live in an abundant world...an abundant universe. New is constantly being created.

With that in mind...lets set our intent for this final module. Breathe. Remember why you are doing this class, and your connectedness with Source. Re-connect with your vision that is driving and inspiring you, seeing yourself in the completed state, sharing, shining, circulating, celebrating, creating...see how you hold yourself and what you are having, being, doing...how does that feel? Breathe and expand it...Radiate it...Saturate those you love and the planet...and now feel it come back as you place your hand on your heart...completing the cycle. Then feel the gratitude that it is already done.



#### Remembering

There is only One Power, One Presence, One Inexhaustible Source expressing everywhere Present at all times, and that all the good that has ever appeared in anyone is present and available to everyone just waiting to be welcomed, waiting to be expressed in this holy instant. This is being activated in this vibration right now, right where I AM, right where all who are listening to this frequency are...this substance and love is being activated right now, igniting the mystic chord of divinity...dissolving the lower frequencies of worry, doubt, fear and lack and the old stories of "I can't, I'm not able, it's too soon, it's too late...I'm not enough this or that." Those stories have not power over us in this holy instant – they are null and void and we are waking up to the true story which is the Light of the World lives in me, I am an individualized expression of all the power and the love. and the wisdom and the genius of the Goddess and of Divine Good. I am that. I can. I will. I am able. I am powerful and abundant beyond measure and I am claiming it now and taking my stand in it. And I give thanks, let it be, and so it is.





### How's it going?

- Are you practicing the 7 gifts? Have you set up one or more of them to set up your 21 day fast?
- Have you done the money worksheets?
- Have you been connecting with your Archetypes?
- Have you listed 25 ways to manifest more?
- Do you have a plan or a goal?
- Are you practicing the daily lift and have you developed a plan?
- Do you have some of your plan on your calendar?

Have you had a breakthrough?

Have you hit a threshold? Have you felt like this just isn't working? Or you just can't do it?

Have you used your coaching calls and your healing?

Have you found any shadows?

Have you had a miracle, but then felt like things might have gone backwards?



### Did You Track Your Money!

<del> </del>	Money Breakthrough Tracking Sheet  Month:		
1st	<u> </u>	17th	S
2nd	\$	18th	S
3rd	S	19th	S
4th	S	20th	S
5th	S	21st	S
6th	s	22nd	s
7th	S	23rd	S
8th	s	24th	s
9th	S	25th	S
10th	\$	26th	S
11th	S	27th	S
12th	S	28th	S
13th	\$	29th	s
14th	s	30th	S
15th	\$	31st	s
16th	s	Total:	s
		_	



## Pay attention to what is coming up...

- Notice if you haven't been able to complete the assignment.
- Notice all the ways you have found to not do the work: I got sick, my children got sick, my mom needed me, my boss gave me a new assignment...
- This is not a cause for judgement, it is an opportunity for growth. As long as you don't have awareness, you are re-acting, not acting consciously.
- When we see the pattern, we can begin to understand and help ourselves begin to do what we really and truly want to do. If you find a pattern, it is not the truth about you! It's just a pattern. It's a coping mechanism your ego is using to try to keep you the same. So keep asking the question, "What am I afraid will happen if I really do\_\_\_\_\_\_.
- The more awareness you bring to something, the more that, that which isn't true about it begins to dissolve, and that which is true about it begins to emerge.



#### Are you seeing shadows or values conflicts?

- If you have been saying "I can't," change "can't" to "won't" and ask "Why won't I do this work?"
- What am I afraid will happen if I really show up and go for it, if I really follow through and complete it?
- We want to remain aware. Awareness lets us see what is really running us. Only with expanded awareness to we begin to have real choice and freedom.
- Without expanded awareness, we are just a ball of reactions, lost in an identity with a story and the real us isn't there.
- With expanded awareness we see what is running us and that awareness alone begins to help us break down the patterns that have kept us stuck and we reclaim dominion over our attention.





## Wealth Myth: Money, Wealth & Success are not Spiritual...

- This is a story that is causing many 'heart-centered' individuals to not play their part...to play small...to think they need to choose between success and their passion...to believe that it is wrong to be successful, or for them, it's just not meant to be.
- The truth is that much of the valuable advances in society are contributed and/or made possible by wealthy individuals. Consider Oprah, Bill Gates, Steve Jobs, to name a few.
- We truly need spiritually-minded people to be very successful and to have they power they need to effect the changes that need to happen on this planet right now. It is our job to flip this to the
- TRUTH PRINCIPAL: Wealth is Love expressed! It is the way Love expresses and fulfills itself in form. The true nature of Wealth is Abundant Life Abundant Living.



## It's not the LOVE OF MONEY that is the root of all evil, but...

- THE ATTACHMENT TO THE SYMBOLS OF MONEY AND WEALTH, that is the root of all evil.
- When we become attached to the symbol, we materialize Wealth

   we make it all about STUFF. We forget that this is really about
   a love affair with Source. When we cut off our connection to
   Source, everything in our world diminishes, including our
   wealth.
- This goes back to judging by appearances and seeing our whole world through the eyes of materialism and lack...*materializing* wealth.
- When we believe dollar bills, stocks and bonds, houses and cars, are our SOURCE, we covet, we steal, we do all kinds of crazy things to get the symbols of wealth.



#### Because Wealth is Consciousness, it is abundant!

- But when we know that Wealth is Spiritual, Wealth is the Energy of Love, and it is infinite and inexhaustible and we can generate it through the seven gifts and circulation, and there will always be more and more fruit as a result of that activity, then we are no longer coveting and attached to the symbols of wealth.
- We know that if we give others some of our symbols of wealth, we don't have less wealth; and if others give us symbols of wealth, they don't have less wealth, but because of the LAW OF CIRUCUILATION, there is always more the more we circulate the more we have!!
- And if we have lots and lots of symbols of wealth, that doesn't take away wealth from anyone else. Thus, we can multiply and multiply and multiply it without end. Because Wealth is Spiritual, Wealth is Love, Wealth is Infinite Source Expressing.
- The problems happen when we get stuck on the stuff!



#### Money, itself, is never the problem.

- Money, itself, never causes problems. It's just a symbol. It's the consciousness behind it that is the problem.
- Money is just a magnifier. It magnifies. It just shows you what is really in your consciousness. Money only reveals conditions that are already active in your consciousness.
- If there is great love and great generosity in your consciousness, money will magnify it. Likewise, if there are hidden pockets of fear and lack, and a sense of separation, money will magnify that, as well.
- So we want to be free to love wealth and wealth creation to be able to love the invisible process and the invisible substance – truly, truly, in many spiritual traditions, *THAT INVISIBLE SUBSTANCE IS THE GODDESS...IT IS THE DIVINE FEMININE – SHE IS THAT LIVING STUFF FROM WHICH ALL THINGS COME!*
- Thus, when we begin to love this substance, we can begin to feel the energy of every exchange and transaction of this Divine Substance as an energy of love and divine creation divine inspiration. It adds and multiplies the blessings never taking anything away from us or the others we exchange with.





## Magnifying and Multiplying is the consciousness that Money loves...

- Remember Money wants to be with people that love it and respect it. And when you come to think of it as the symbol of sacred and divine Feminine substance, SHE wants to be with people that love Her and respect HER.
- But if you think that money is scary, unspiritual, bad, corrupt, the root of all evil, then think about what energy you are directing toward what once was given to us as a symbol of the love of the Goddess. Would you direct that kind of energy toward this kind, loving, generous being?
- So your relationship with wealth and success needs to be one of affinity, love, respect, and gratitude. Just like you would want to have for anyone that you would want to hang out with you. You want to treat it well.





## Why do we think we should not be paid well for doing some of the most important work on the planet?

As a society, we are ok paying millions to athletes, and actors and celebrities. But we don't pay our teachers and our healers and coaches. And some of us go so far as to think that these services should be free or a very low fee.

So you need to begin to notice where you have bought in to that baggage. You need to begin to realize that you would never expect a doctor, or a lawyer, or an accountant to work for free. But we have in the past expected spiritual people to work for free. We often feel conflicted charging for spiritual or healing work.

The truth is that Life, God/Goddess, Spirit (showing up as) YOU are a SOURCE of Infinite Abundance that will appear as money, things, qualities, opportunities. There is no lack or limitation or withholding anywhere in the Universe.

REALIZING AN MATERIALIZING THIS WEALTH IS NOT ONLY YOUR BIRTHRIGHT, IT IS WHAT THE WHOLE UNIVERSE IS CONSPIRING TO DO THROUGH YOU! IT TRULY IS YOUR DIVINE PURPOSE!!!





## The whole Universe wants to express all of itself through and as you...



#### That's a lot of abundance!

"I have come that you may have life and have it more abundantly."

**NOT JUST GET BY!!** When you look at nature, is it just getting by? Is nature embarrassed, or guilty, or ashamed to be so rich and abundant?

Do the flowers blush at how beautiful they are, or do they put all their beauty and everything they are on display without hesitation, saying, "Look at me! Look how gorgeous life is as me! Look at how amazingly beautiful I am!"

Same as the stars in the heaven! Are they dimming their light because they don't want to offend the other stars?

Nature is ridiculously lavish! There are not "just a few" of anything!

### You are the way the Universe is putting itself on display!

So you are that abundant too! You were meant to be!

Through you the whole Universe is saying: "LOOK AT ME!! LOOK AT HOW LAVISH, AND ABUNDANT, AND GORGEOUS AND BEAUTIFUL AND POWERFUL I AM!"

This is not from a place of ego, but like a child who has no ego yet, who has no sense of separation or shame, but just shines its radiance for the whole world to see.

This is your natural state of abundance. In this state, it just flows through you, and all of your needs are met abundantly. And this is not just spiritual wealth but wealth in form. If it were true that wealth was only to be invisible, then nature would reflect that.

But that could not be further from the truth.









- We are meant to feel and reveal the infinite invisible wealth and to make manifest the glory of the Goddess, to make manifest the infinite good of the Universe, to make manifest the full breadth and depth of the treasure within us and all around us... the TRUTH of this Universe!
- This is what we are here for!!!
- We need to make a commitment to BUST THE MYTH of the false sense of pseudo lack and limitation-this false spirituality...this false belief that we must live small in order to be good people. But rather begin to allow yourself to accept and embrace lavish opulence according to your unique pattern harmonious with life, that nurtures and supports, that expands and enriches everyone and everything connected to you. Just like the lavish opulence of nature never takes from anyone but rather gives and provides for everyone.



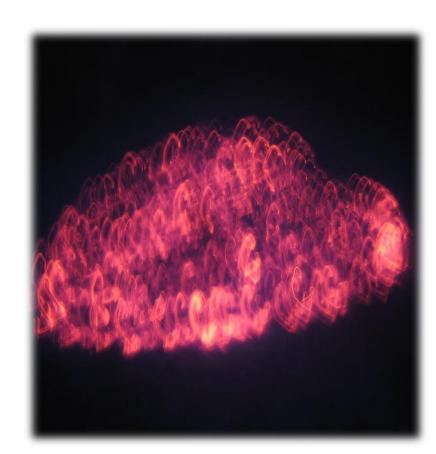
#### Your life is to be a bounty of good to all that touch you.

This is the new contract we have with Life. We are now committed to putting the lavish abundant gorgeousness of life and the infinite on display in every area of our living:

Lavish love, lavish joy, lavish play, lavish wealth, lavish dollars, lavish generosity, lavish healing, lavish gratitude...so that people will look at our lives with the same awe and wonder that they have when they look at the Grand Canyon or Niagara Falls or the heavens above, or the ocean.

YOU ARE ONE OF THE GREATEST WONDERS OF THE WORLD!

THIS IS HOW YOU NEED TO BEGIN TO THINK OF YOURSELF.



#### What gets in the way?

#### **VALUES CONFLICTS:**

You value two things equally, and somewhere you have had an experience that makes you believe you have to choose between them. It didn't make the value go away, you just believe you have to choose. So, you may have heard: "You will never make a living doing that. You need to have something real to fall back on," when referring to your creativity or healing work, or craft. So even though you love what you do, you may have come to associate it with pain or hardship, especially if you still have this false belief that "you will never make any money doing it." So you value your creativity but you also value success. And you come to believe that you can't have both, that you must choose to have one or the other. So we need to begin to weave them back together so that they work together as a team and generate more energy together.





#### An Exercise...

We are going to do some sentence completion to get at your values conflicts. Write the following and answer several times. Don't think, just write...

- 1. Money is...
- 2. Wealth is...
- 3. Success is...
- 4. Wealthy people are...
- 5. Successful people are...
- 6. Rich people are...
- 7. Really rich people are...

Now breathe..

- 1. If I have a lot of money...
- 2. The reason I don't have a lot of money is...
- 3. The problem with having a lot of money is
- 4. The problem with being rich is...
- 5. If I become really wealthy, I won't be able to...

- 6. If I become really wealthy, I'm afraid I will loose...
- 7. If I become really wealthy, others will...
- 8. If I become really wealthy, I'm afraid I will have to sacrifice...
- 9. If I make a lot of money, I'm afraid that...
- 10. If I charge a lot of money...
- 11. If I charge a lot of money, people will think...
- 12. If I charge a lot of money, people will...
- 13. My mom said or thought money was/is...
- 14. My dad said or thought money was/is...
- 15. Growing up, I learned that money...

Now write out all the things you have learned about money and success – just empty out the data-base.

#### What are the recurring themes?

Look over your list...

- What are the recurring themes, qualities and conflicts?
- Are there places where safety and security are at risk? Or your privacy is at stake?
- Notice where you say things like, "If I had a lot of money, I'm afraid I would loose or have to sacrifice...Whatever follows is a values conflict.
- So it could be time, health, family, privacy, space...so you value time, health, and family, but you also value wealth and success. So in your mind there is a conflict.
- So usually the time, space and safety win, and success and wealth loose. Or you may be struggling to get those things and for money. Or you may get some money, but you are always afraid you are going to loose it because it represents the loss of those things. Or it could be back and forth through self-sabotage.





#### Also look for shadows...

So wherever there were things like...

- People will think this about me...or
- My parents said people with money were greedy, etc.
- So wherever there is a judgment or a label, those are shadows.
- So do the Shadow process for these.





#### In your Values Conflicts, you chose sides...

So you value Wealth and Success, but you also value these other things. Somewhere in your life you were given the message that if you chose one of them, you could not have the other...so you chose sides.

When you did this, its not that Wealth and Success went anywhere, they just went underground. So you began to build a life where you wouldn't loose the thing you thought you needed most. But the conflict began because this value of success and wealth never went away, it just went underground.

So identify one to play with. Just write out:

A value vs. Another value. Put that aside and we will play with it in a moment. But before we do that, we need to add another piece.





#### Values Hierarchy...

- List 10 things you value most... love, spirituality, service, health, learning, work, paying your bills on time, or punctuality, family, etc.
- Then put them in order of the most valued first.
- Don't put them in the order that you want them to be, but how you feel like they really are..i.e., if you had to make a choice, what would you choose first, second, etc.
- If you are honest, this will reflect your life to some extent. If it
  doesn't, then you are probably putting it in the order you want it to
  be. So if health is at the top but you never exercise, then pause...
- If wealth is at the top, but you hate to balance your checkbook and you have not money, pause...
- So look at your life and see the actual results. Where do you spend the most time and attention and make that number one. So dig in, and see what is the most important to you. You may think you value money, but you don't have much, look at what you are doing instead. That is your real value.



#### Remember...no judgement, just notice...

- If you spend a lot of time hanging out with friends, then you value friendship. If you don't, then even if you say you do, you don't. You may want to, but for whatever reason, you are doing something else.
- You may spend a lot of time one the internet or watching TV, so you may value leisure or unwind time.
- None of these are better than the other. They are just values. So you need to play with this until you think you have the most accurate representation of your life not what you want it to be, but what it truly is.
- Now look at your values conflicts and see if you see any connection.
   Notice that things like love and money may be far apart on your list and you may have a conflict between love and money, or people liking you and money.



## Maybe wealth and success aren't even on the scale. So let's put them there!

- Now, look at your list and put them the way you want them to be. Put them in the order that feels the most congruent with the life you are creating. Remember Wealth and Success may not be high on the list and that is ok. Just be honest with yourself.
- Look at your top 3 and begin to come up with ways that wealth and success can enhance them or make them better...how it would lead to more of the top three.
- Then create an affirmation that connects the two, like:
- The more money I have, the more time I have to spend with my children;
- The more success I experience, the more time I have to exercise; etc.
- The more I honor my creativity, the more inspired I become to create more wealth;
- The more I generate more wealth and success, the deeper my connection to Spirit and my loved ones.



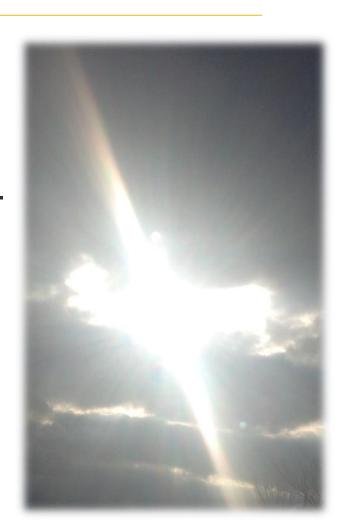
#### Play until you feel the jolt!

The more wealth and money I have, the more freedom I have to do and create what I want. And the more freedom I have to create, the more wealth and money I create. Make them mutually supportive of each other.

Make sure you don't have negative values...not broke, not alone, not fat. Use the word that means the same thing. If you don't it creates the yo-yo effect.

You will know when you have it right because it will feel really, really good. You will really viscerally feel the connection.

Play with the world of values and get some that really charge you up! Then practice it. Put it where you can see it. Write it or read it everyday. Then repeat this exercise again in a day or two and see how it has evolved.





## An attitude of gratitude...what you appreciate, appreciates...

All the wealth and power of the Universe has been given to you. It is within you. It is your oneness with Source. Nothing more can be added, you already have it all... So if you are waiting for something to be grateful for, you are already out of alignment with reality.

Use gratitude to start giving thanks as if you have already been given it all...because you have.

Gratitude becomes a primary condition. As you live more in the state of gratitude, you become more in alignment with your abundant being. Because you have already been given more than you could ever ask for, hope for, want for or need, infinitely more than you can ever imagine.

So now is the time to be grateful. To take a stand for it and live in it and from it.

I am grateful. I am gratitude. When you do this, the Universe will keep giving you more reasons to be grateful and from that congruent state, you become a powerful channel for all the infinite good within you and it begins to flow out.

And it includes everything – even those things that don't look so good right now. The whole Universe is conspiring for your good!

### Where are you cursing the sand in your life?

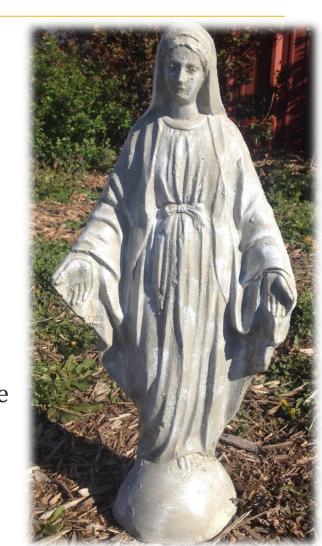
Every pearl is created by a grain of sand. So just take a breath an notice, where are you cursing the sand in your life?

Where do you feel stuck or stagnant? Where do you feel that you really want change and how can you be the change through being grateful?

Now think of a time you felt grateful. Breathe it and grow it. Then radiate it to the space where you are feeling stuck. Allow this alchemical process to begin to shift the outcome.

Then imagine this current situation and see it working out exactly the way you want it. Then multiply it times 10. Feel it, breathe and expand it, radiate it.

Then feel the gratitude. Now how do you feel?





#### Home Play

- Print part six of your workbook and handouts, and do the exercises.
- Finish homework assignments
- Continue to journal with your Sacred Money Archetypes Daily & your Money Tracking Sheet
- Make an appointment to get a reading or a healing if you haven't done so
- Start or continue your giving rather than getting practice, and share your experiences on the Face Book Page.
- Review your intention for this program and see what has moved or changed. See if you need to revise it.
- Use the rest of December to complete this homework, and watch your email for an opportunity to continue this work at a deeper level in January!



Gratitude & Closure Ground

