

# Module 1



# With Kathy Forest

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### Module One

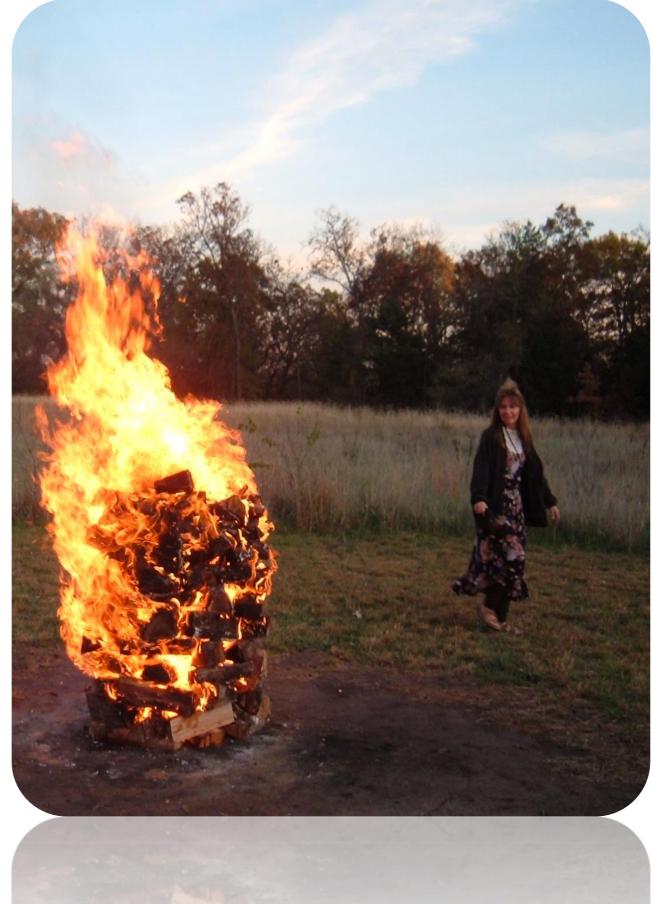
- Exploring the Priestess and Alchemical Creation Priestess archetype
- Priestess process lineage line
- New Earth Consciousness
- Priestess Partners
- Process Guidelines
- Crystalline Grid Activation



# Call in Sacred Space

# Your Creation Vessel

Connect to the Priestess Within and Allow her to Open to the Divine Feminine Essence Flowing through as you Move



# Why I teach this process:

**Viable Spiritual Technology** 

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- Provides deep healing to the female psyche
- **Attunement to Higher Wisdom**

The Priestess Process, is a living intelligence expressing an Enlivening initiatory process for women (and men in some Circles) open to an entirely new, direct spiritual experience...

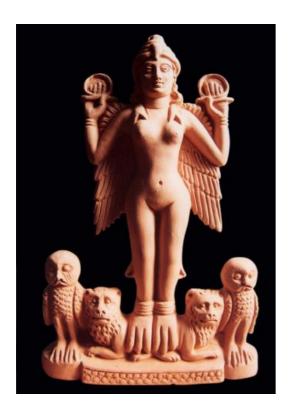
- Embrace their own Inner Authority and Co-Creative Divinity;
- Work with the Power of Sacred Intent;
- Co-Create Living Ceremony;
- Self-Proclaim as a Priestess upon fulfillment of their initiatory cycle.



The Priestess Process is a path of enlivenment and empowerment that facilitates the running of regenerative lifeforce energy;. Process activities are designed to get and keep participants' juices flowing in clear, life affirming ways and assist them in directly accessing their inner knowing.

Everything and everyone has a vibration. Accordingly, a priestess interfaces with life at the non-judgmental level of vibrations, frequencies, archetypal patterns, systems, and energy flows rather than at the judgmental/interpretive level of personalities and issues.















The process is just that – a process. Not to be confused with endless *processing* of personal stuff. It is a fluidly enlivening archetypal-level of honoring the sacred union of the divine feminine and divine masculine, nurturing spiritual awakening, personal discovery, alchemical creation, and soul expansion.

The process is a lunar Initiation (feminine) in which initiates surrender to the Goddess of Being-ness in contrast to the Solar Initiation (masculine) in which initiates perform for the

God of Doing-ness. In a solar approach, the initiate must perform or do acts of courage. In a lunar approach, the initiate must surrender to courage until she/he becomes, she/he is courage.





# **Priestess Living Matrix**



#### Each Priestess & Each Group Evolves & Impacts the Field

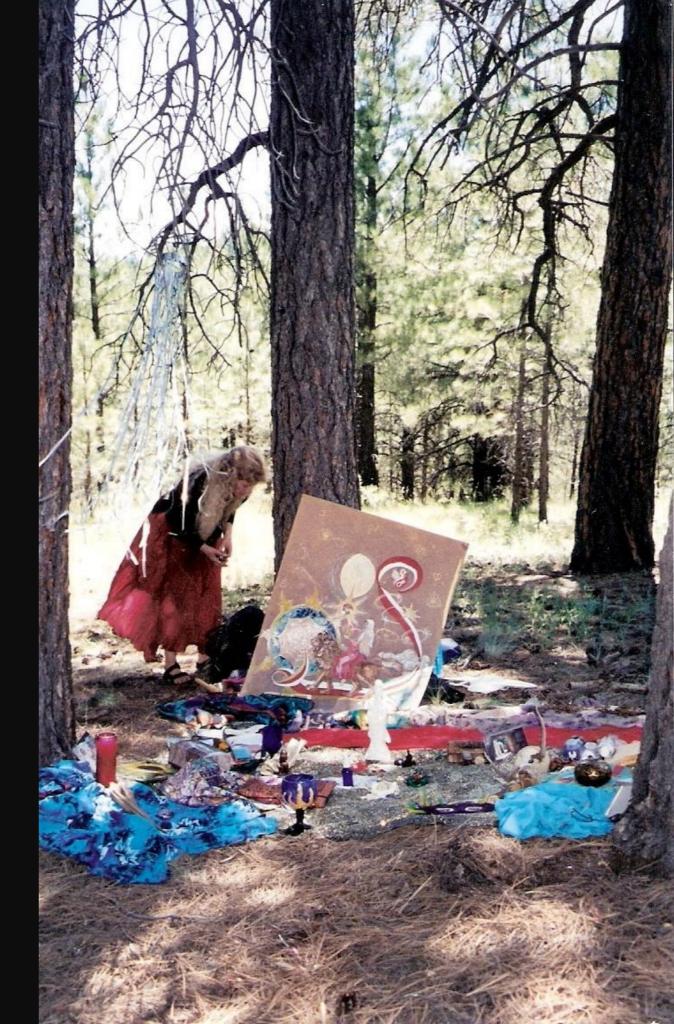


Priestess Expresses Uniquely through you.

## Each Priestess

• Vital Part of this Process

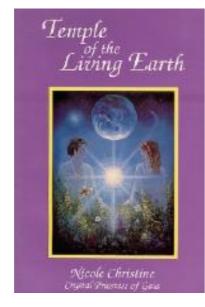
• Each Group Adds to the Oversoul

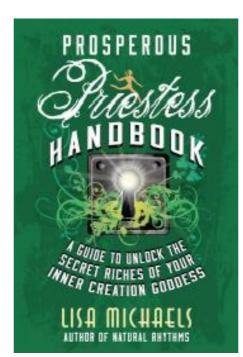


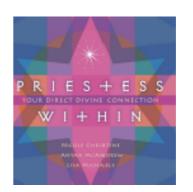
#### **Process Lineage...**

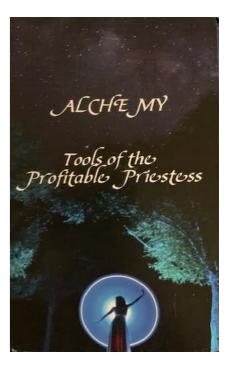












## PRIES+/ESS your inner guidance and Your Direct Divine Connection

The priest/ess archetype within helps you increases knowing. It opens the capacity for a direct connection to the divine.

Awakening this archetype internally allows you to release the need for an outer world intermediary to connect to spirit for you. Working with the priest/ess within, you learn to empty your body vessel of all that

is no longer needed so you can become the challis or the hollow bone for spirit to flow through. From this place of receptivity, you can receive the information and subtle vibrations of spirit and anchor them onto the earth plane.

Activating the priest/ess engages the inner psychic realm, which allows the soul to come into a deeper contact with the divine. It works through the unconscious and subconscious, where the rich well of wisdom lies. It guides you into a priceless understanding of your power to create your life in alignment with spirit and the elemental forces.

The elements of earth, water, air, and fire are primary archetypal patterns that are core to your ability to work in full alignment with spirit in any creation. Each element brings a different and very important component to the capacity to create. Earth represents the physical realm, mother earth, your body, and the physical matter of your life. Your inner priest/ess guides you as you learn to infuse spirit into matter.

Water represents the realm of emotion and the terrain of the subconscious, dreams, intuition, and life guidance that comes from your feelings. Water provides a mirror into which you as a priest/ess see how the outer world is reflecting your inner self.

Air represents the mental realm and the priestless capacity to focus and clarify intention aligning with subtle vibrational frequencies. It is through air that your inner

priest/ess learns to travel to the celestial realms to connect with the wisdom of the sun, moon, stars, and planets. By Lisa Michaels

> Fire represents the action realm and the energy of life force. Here the priest/ess learns to work with shamanic consciousness, altered states, and accessing information from many other dimensions. Through the element of fire, you discover

> > the ability to work with transformation, the literal changing of something from one form to another, whether in the outer or inner realms.

With Spirit, the priest/ess self learns to connect to your essence and bring it forth in the world. You learn to stand in the doorway of the visible and invisible worlds. The Priest/ess teaches you to honor the sacred feminine in right relationship to the sacred masculine, creating a unified presence of the divine within.

Through your training as practical priest/ess

you enhance your ability to honor the sacred in every thing you do by directly connecting to the Divine as you go about the practical matters of life. In every area, from home and family, to business and career, to community service and creative expression every simple act you do from creating a meal, changing diapers, planting vegetables, paying bills, and working, will become a bridge for uniting spirit and matter.

As you work with the elemental forces and the priest/ess within, these archetypes help you step into a deeper level of personal

power, increasing in your ability to create and to fully express your self in the world. These forces assist you in understanding your life path and awaken your capacity to access the divine directly and practically utilize your connection to create the sacred life of your dreams.

lisa-michaels.com

# New Earth Consciousness

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# Priestess Partner

Purpose... Get to know those in your priestess community better. **Develop relationships.** Feel supported. Learn to support without "fixing". **Discuss priestess concepts in** a safe container **Connect each week by** phone, skype, or email.





How to be together....

### Priestess Partners

- Process Premise is that everything you are and have experienced is part of your medicine.
- If talking call in sacred space together before you start.
- There is nothing broken and nothing to fix. Hold space for each other only. No fixing or feedback. Provide support not advice.



#### **Priestess Partners**

- You can trade partners every few months, stay with the one, or choose not to engage.
- You can also stay connected to your old partner and add new ones if you like.
- Questions to support the connection.

#### Partner Questions

- How is the priestess energy moving in you this week?
- What is releasing?
- What is being activated?
- Where do you need support? (Only for holding the energy for your partner)



### Ally In Your Life & Other Tips

- Module One Handout
- Resources and Tools
- The Priestess Within Handout
- Module One Checklist
- Schedule
- Notebook Cover
- Tracking Sheet



On a Word **Document So** You Can Type In As You Go Along and Email In for a Certificate of Completion

Place in the empty space for each week for yourself the date you listened to the program and one or two insights you received. The bonuses are not required. Use as much space as you need. Tracking is essential for you to receive a completion certificate.

#### Module 1

Exploring the Priestess and Alchemical Creation Priestess archetype, New Earth Consciousness, Priestess process lineage line

#### Module 2

Learn about living ceremony, Creating a clear intention for the process, Preparation for Initiation Ceremony, Activating your Divine Blueprint

#### Module 3

Understanding the alchemical transformational process. Learning to identify and clear pieces that arise during the process and clearing the Priestess Archetype Meditation.

Module 4 Libra New Moon Online Initiation Ceremony

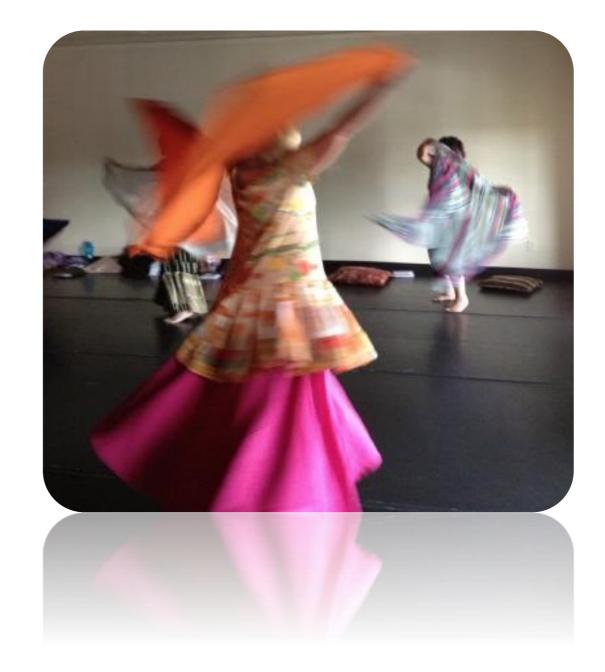
# Staying Current...

- Stay as close to where we are as possible
- Why currency matters
- What happens if you fall behind
- Notice patterns
- Notice where you stopped in the content



## Getting Re-focused

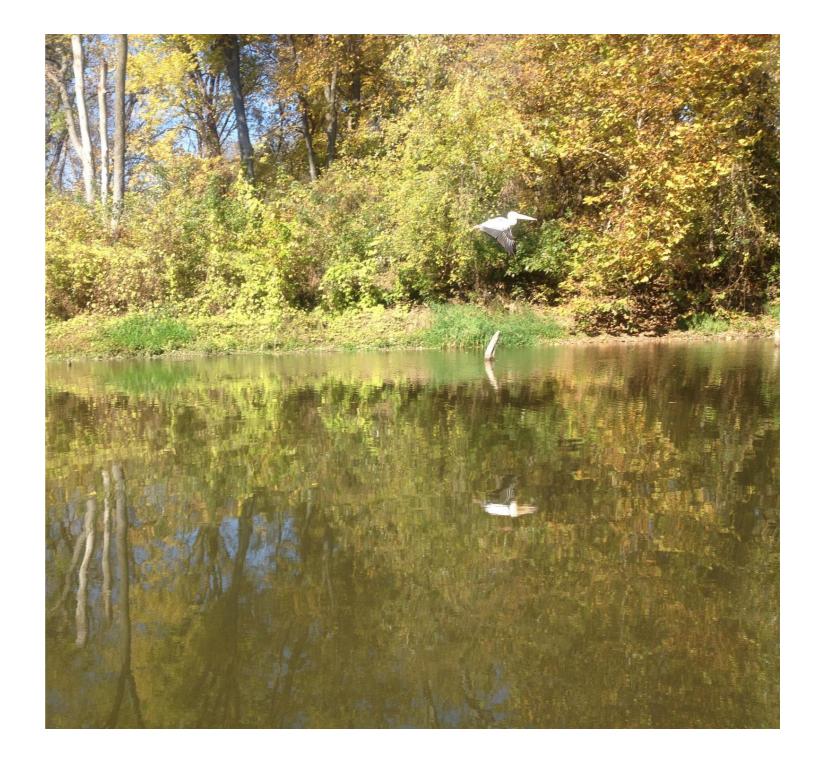
- Make a session with me asap or email.
- Connect with your sacred priestess partner.
- Release any guilt because it stops the energy.
- Reconnect with your priestess self and ask for guidance. Move your energy!



Important Priestess Creation Tools

> Walk in Nature

Divine Download

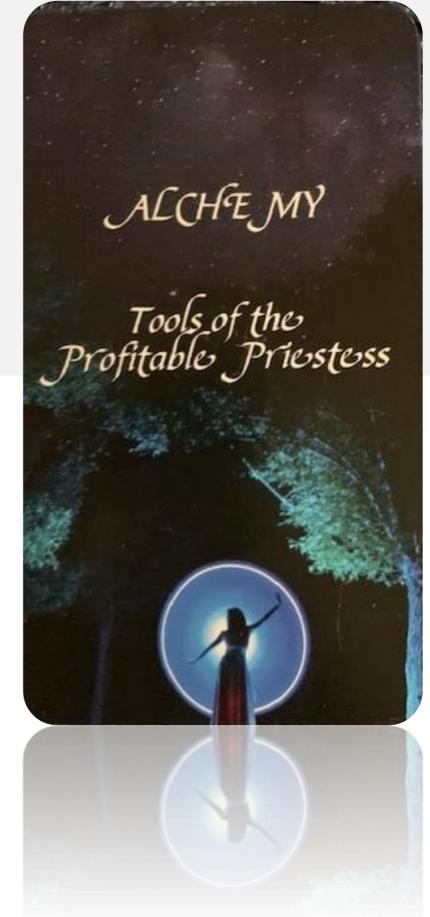


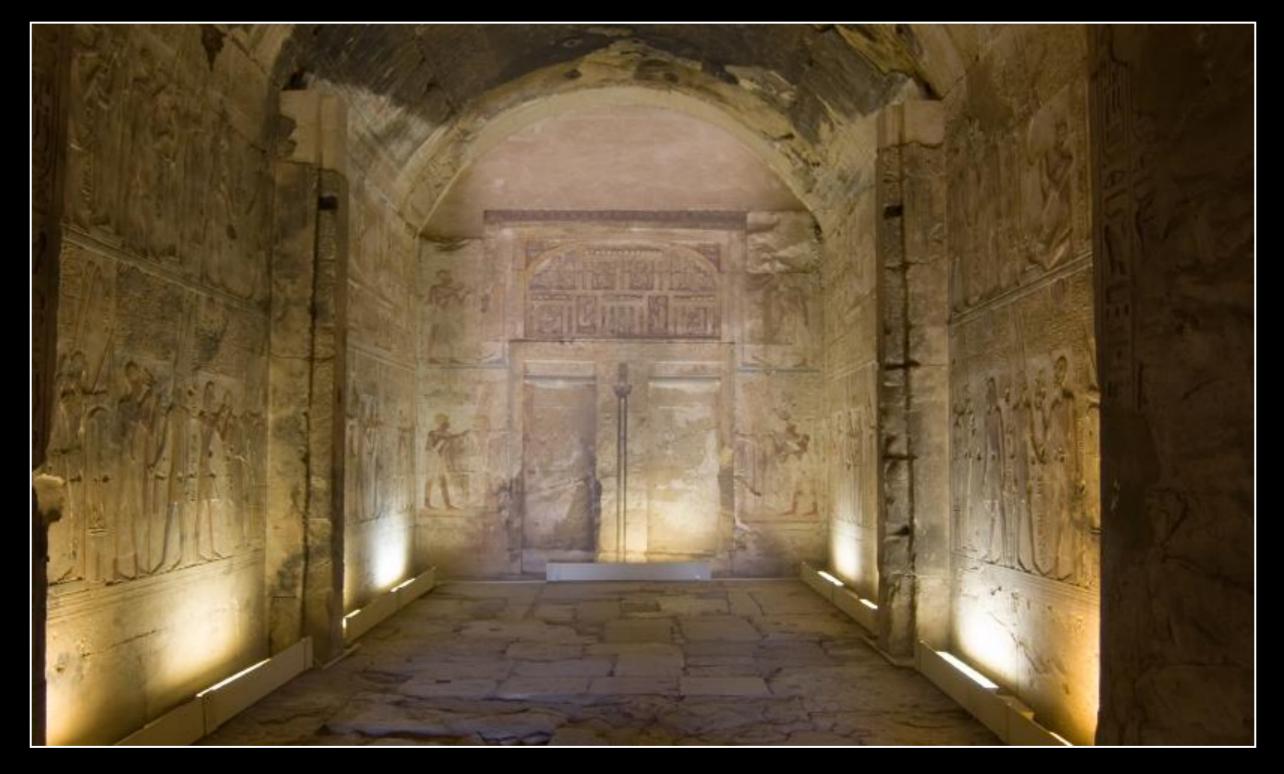
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#### Elemental Guidance

- Clearing with each element
- Pay attention to what arises even and especially your resistance
- Example Uncovered a family pattern recently with a priestess







Inner Temples Dream Realm

# Activation

## New Earth Consciousness

Strange and specific

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# Gratitude & Closure