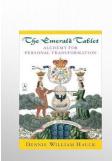




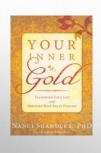


ANYTHING ABOUT DISTILLATION TO SHARE?



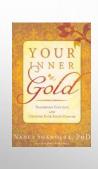
AT THE SEVENTH STEP OF COAGULATION, YOU ARE BORN INTO THE UNIVERSE AND HAVE ARRIVED AT A NEW PLATEAU, THE GREATER MYSTERIES OF THE ANCIENTS.

THIS TRUE ATONEMENT (ATONE-MENT) WITH THE MIND OF GOD/DESS, AND IT ALLOWS YOU TO ENTER THE "GRADUATE SCHOOL" OF SPIRITUAL INSTRUCTION.



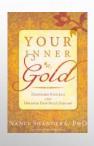
IN ALCHEMY, A COAGULATED PERSON IS A COMPLETE, WHOLE BEING WHOSE CONSCIOUSNESS ON ALL LEVELS, WHETHER PHYSICAL, MENTAL, OR EMOTIONAL IS SPIRITUALLY INTEGRATED.

THIS PERSON HAS DISCOVERED WHAT ALCHEMISTS CALL THE PHILOSOPHER'S STONE, THE QUINTESSENTIAL PROOF OF ALCHEMICAL ENLIGHTENMENT, BY HAVING TRAVELED THROUGH ALL THE STAGES, OVER AND OVER, UNTIL THE WHOLE BEING IS PERFECTED.



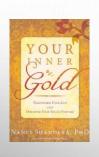
ONE WITH A PURIFIED, OR COAGULATED, CONSCIOUSNESS LIVES IN A REALITY WHERE REACTIVITY AND FEAR HAVE BEEN REPLACED BY A GENUINE, SOLID BELIEF IN UNITY WITH HIGHER CONSCIOUSNESS, THE DIVINE.

THE COAGULATED PERSON PERCEIVES LIFE VERY DIFFERENTLY THAN DO ORDINARY PEOPLE—HE OR SHE LIVES IN A REALITY WHERE REACTIVITY AND FEAR HAVE BEEN REPLACED BY UNIFIED CONSCIOUSNESS WITH THE DIVINE.



WE DON'T GAIN THE PHILOSOPHER'S STONE—HIGHER CONSCIOUSNESS—EASILY. WE HAVE TO FIGHT THROUGH AND EARN IT BY WORKING ALL THE PROCESSES OF TRANSFORMATION: CALCINATION: INCINERATING THE EGOS CONTROL; DISSOLUTION: REDEEMING EMOTION AND INTLUTION; SEPARATION: DISCOVERING DISCENMENT AND WISDOM; CONJUNCTION: OPENING THE HEART THROUGH BALANCING THE INNER MASCULINE AND FEMININE; FERMENTATION: INTEGRATING LOWER LEVELS OF CONSCIOUSNESS WITH THE HIGHER THROUGH FIRE AND FERMENT; DISTILLATION: DISTILLING ALL THE WORK ALREADY DONE AND DEVELOPED TO A PURE ESSENCE; AND CONGULATION: SURRENDERING INTO A NEW CONSCIOUSNESS OF WHOLENESS.

EVERY ONE OF THESE PROCESSES REQUIRES A SACRIFICE, GENERALLY CONSISTING OF OLD, OUTDATED, AND CHERISHED BELIEFS.

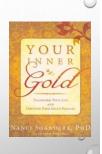


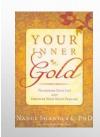
BY LEARNING TO EXCHANGE OLD, FEAR-BASED ATTITUDES AND PERCEPTIONS FOR NEW, LIFE-GIVING ONES, WE ENTER THE MYSTERY OF SACRIFICE.

THE ACTUAL DEFINITION OF THE WORD SACRIFICETS "TO MAKE SACRED." TRUE SACRIFICE TRANSMUTES LESS DEVELOPED LEVELS OF CONSCIOUSNESS INTO AN AWAKENED STATE. IN MOST CASES, SACRIFICE REQUIRES THAT THE EGO'S DESIRES, PROTECTIONS, AND CONTROLS ARE RELINQUISHED FOR THE GREATER GOOD.



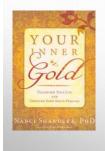
When an old house is being remodeled, ories and energies of times and people gone by are stirred up as the walls are ripped off and the foundation is repurposed. Without conscious awareness of how our traumas affect everything in profound, far-reaching ways, combined with the belief that we have been harmed by others and the refusal to sacrifice those beliefs, we are haunted by the effects of negativity that radiate through our lives. Elizabeth Gilbert, author of Eat, Proy. Love, writes: "... I can see exactly where my episodes of unhappiness have brought suffering or distress or (at the very least) inconvenience to those around me. The search for contentment is, therefore, not merely a self-preserving and self-benefitting act, but also a generous gift to the world. Clearing out all your misery gets you out of the way. You cease being an obstacle, not only to yourself but to anyone else. Only then are you free to serve and enjoy other people." "





EVERYTHING WE DO, SAY, THINK, OR FEEL HAS AN EFFECT ON OURSELVES AND OTHERS. WHEN SOMETHING IS TO BE RENEWED, REVISED, REMODELED, REBUILT, RECTIFIED, REPAIRED, RESTORED, OR REJUVENATED, IT REQUIRES SACRIFICE, WHETHER SIMPLE OR PROFOUNDLY DIFFICULT.

SPECIFICALLY, IT REQUIRES ENGAGEMENT WITH THE HEART, OR ELSE IT IS NOT AN AUTHENTIC AND COMPLETE SACRIFICE. TRUE SACRIFICE REQUIRES LOVE—OF SELF AND OTHERS.



SOME OF US ARE EMPATHIC, WHICH CAN BE DIFFICULT BECAUSE WE MAY FEEL OTHERS' PAIN TWICE AS GREATLY AS OUR OWN. THE KEY IS LEARNING THE DIFFERENCE BETWEEN OUR OWN FEELINGS AND REACTIONS AND THOSE OF OTHERS SO WE TRANSMUTE THEIR SUFFERING RATHER THAN TAKING IT ON AS OUR OWN

THIS HAS ALWAYS BEEN A CHALLENGE FOR HEALERS AND CAREGIVERS BECAUSE OF THEIR EMPATHIC NATURE BUT IT IS A HIGHER WORK WHEN WE CAN FOCUS ON THE OTHER'S HIGHEST TRUTH. THIS FREES THEM TO FACE THEIR OWN ISSUES WITHOUT HAVING BEEN RESCUED BY OUR TAKING ON THEIR PAIN.



Dematerialization and getting into heaven is not the final stage of alchemy. The eighth stage is a step off the ladder of transformation and a return to where we started. "Its inherent Strength is perfected," we are told, "if it is turned into Earth."

The successful Coagulation is only made real if it "descents again to Earth" and enters into the processes of projection and multiplication to perfect others.

It is the return of Buddha, Mohammad, Christ, (Tara, Quan Yin, Mary's) and all the saints. In this view, we are truly the Salt of the earth.



Symbols at this stage represent the joining of opposites on all levels necessary at this stage.

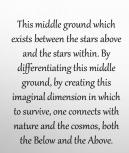
The alchemist deliberately slows down the pace of her life to allow feelings and intuition to surface. In this way, she stays connected to a newly discovered Presence within.

The transcendent body or the light body represents the union of the personal and transpersonal realms.

This Body of Light is the ultimate golden treasure.

The subtle body resides in an imaginal realm connected to the archetypal dimension in which the individual soul connects to the world soul or vertical axis of reality.









energy, and a free-flowing adaptability to new situations.

Coagulation Meditation

FULLY CLAIMING YOUR DIVINITY















