



# BODY WISDOM ENERGY HEALING MODULE 7- PART 5

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## Module 7 Part 4

- State of Grace: The Black Velvet Void
- Infusing the Core Essence

When individuals come for healing, they tend to have a sense that there is something wrong with them—that they are “broken” in some way and need fixing. They may be very concerned with symptoms that they are experiencing. This is not the truth of the individual but a distortion in their belief system. And, deep within the individual, within their “core essence” (soul seat), they are aware of this. As a healer, it will be very helpful if you can shift their conscious belief system from the “dysfunctional” point of view to a more functional one. The following is a model called the seven steps of healing. If you can begin to shift the belief system of the client to follow this model, it will rapidly change their life, and as a consequence, assist in the removal of symptoms.



## Seven Steps of Healing

1. You are already whole
2. You are unaware of your wholeness because of your belief system distortions.
3. There is in you already the knowledge to remove the distortions and live in awareness of your wholeness.
4. Align with your divine intention to experience your wholeness on a moment-to-moment basis and live it.
5. You don't have to change anything to be whole.
6. When you live in awareness of this, it will change the way you experience your life.
7. It's more fun to be in awareness of your wholeness than to be in ignorance of it.



Healing is not about curing symptoms, but usually clients do not know this, and even if you tell them, they do not usually care. But if you can lift their awareness to deepen their connection with the Truth, they will spontaneously allow their symptoms to leave. This is also a good technique for folks who are chronically depressed or just seem to have an “Eyore” outlook.

One way to assist them in this process, is to take them into the Black Velvet Void, the State of Absolute Grace in a chelation. While there, you will infuse their core essence into their physical and energetic bodies. The Black Velvet void is a place that teeming with unborn souls. You, as a healer will go there and take them with you. In this place you will feel tiny and huge, all at the same time. You will get to experience your client’s ancient soul. In this space you will find a deep appreciation for all that is. Throughout this healing, you will hold an intention for them to “know their own wholeness in every moment.”



It will be helpful to have discussions with the client about belief systems and how they experience themselves. Remind them of places where they are already whole and how much they already have accomplished. Assist them in realizing that they would not want to be anyone else. Help them understand that, once they know their wholeness, their lives will change. This is a high-level healing. You will want to make sure the client is ready for this step. It will challenge all the false belief systems they hold about themselves. You will be using two affirmations during this healing. The first one you will hold in your “knowing” while you do the healing. It will look something like: \_\_\_\_\_”(client) is aware of his/her wholeness in every moment.” You may even be prompted to repeat it to them at some point during the healing. For instance: “\_\_\_\_\_, you are aware of your wholeness at all times, in every moment.”

The second one you will use while you are infusing the core essence. It will be: “If it is in \_\_\_\_\_’s best interest, we set the intention to hold her/his core essence vibration in their body and energy field and to hold the awareness of it in their consciousness.”

It will be good to go over both of these with the client prior to the treatment.



## Step One

Enfolding – You will hold all seven levels and “enfold” them into your heart chakra, starting at the base and going up. This will take you into the Black Velvet Void.

## Step Two

Chelation/healing – while holding the Black Velvet Void, do a chelation, or healing, removing clouds and mucus. As you do this, get to a place of total reverence for the “old soul” within the individual. During this portion, hold the “knowing” of this individual’s wholeness.



## Step Three

### Infusing the Core Essence

Connect with your own Hara Line by placing your hands over your tantien and high heart.

Place your right hand on their tantien and your left hand on their soul seat (just above fourth chakra). Sink in deep and connect with their Hara Line. Then, set the following intention: “If it is in \_\_\_\_\_’s best interest, we set the intention to hold his/her core essence vibration in their body and energy field and to hold the awareness of it in their consciousness.”

Connect with their Core essence. Well it up through both hands until your vibration adjusts to that of the client. Expand it in a balloon out and over their entire body. You may want to “paint” the entire field, making sure it penetrates all levels. You may have to step back as you do this.

Close with a 7<sup>th</sup> level golden egg grid from the side. This will replace the usually 6<sup>th</sup> level closing.



# *Questions*

