

*Welcome to the
Extraordinary
Soul
Mystery
School*



Module 13



Module 13

NORTH – THE AIR DOOR
Introduction to the StarMaiden Circle

Items needed for this module:

- 5 stones laid out in a wheel
- Module 13 Handout
- Your Shield
- Your Medicine Bag



Lay out rocks
Connect
Call in Sacred
Space

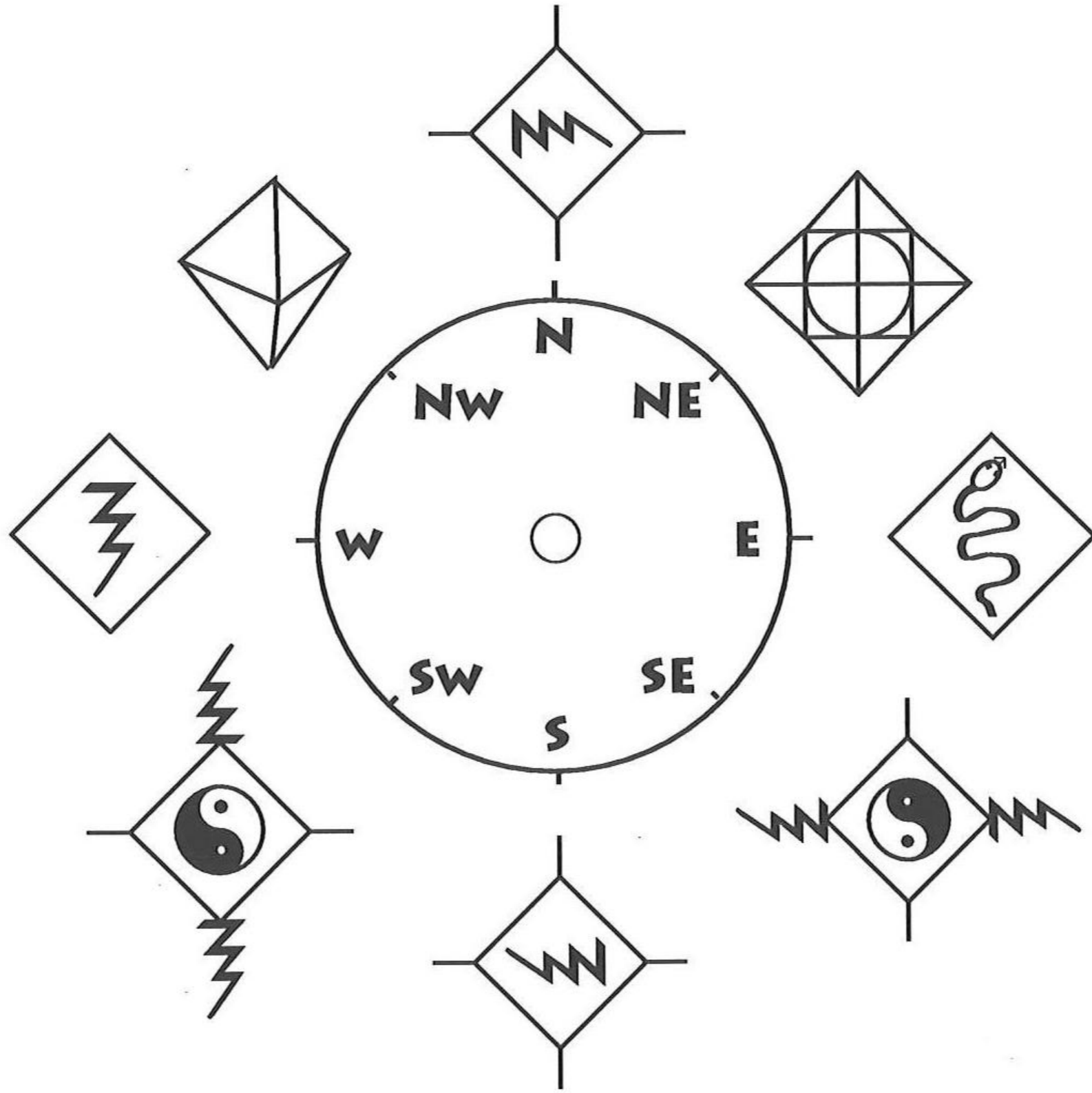


Open to Receive



The StarMaiden Circle is the “philosopher’s Stone” or the Key Driver Wheel of all the Sweet Medicine SunDance teachings. It describes the qualities and powers of the 8 directions and, just as with the Four Directions Wheel, the characteristics of each position are carried over to all the other teaching wheels. As such it is a code wheel - a key that unlocks doors into knowledge and opens gateways into understanding our experience of everyday life.

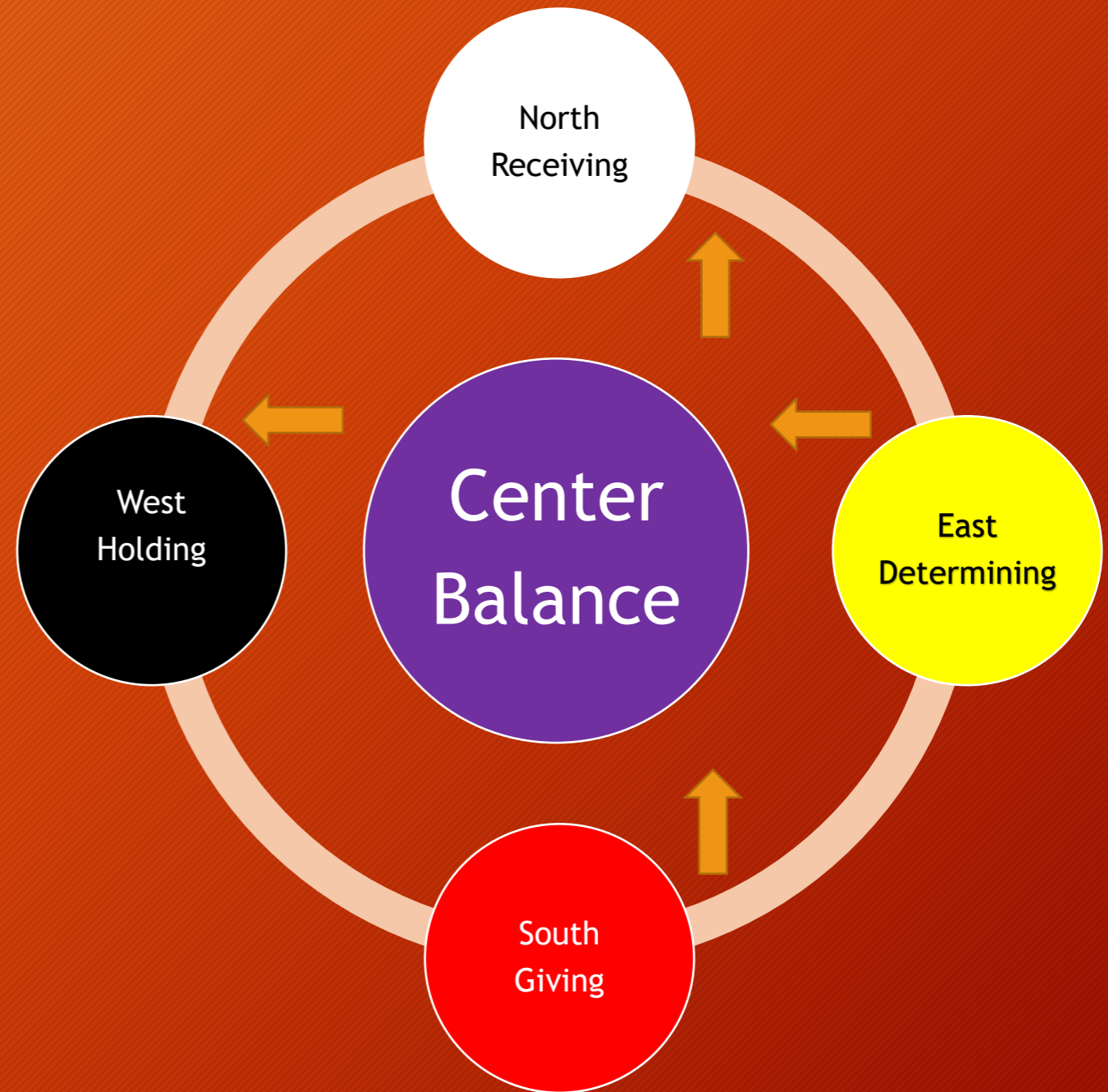




The StarMaiden Circle is a very powerful tool for gaining insight into our psyche – our actions, reactions, desires, beliefs, goals. Each position on the circle has both a DARK MIRROR and a LIGHT MIRROR. For instance in the SOUTH – the place of mythology and entertainment –in other words, the foundational stories that we grew up with – our default for how we entertain ourselves: The dark mirror is how we entertain ourselves with the stories that keep us closed down, in pain and at the effect of circumstances rather than free and in power. The light mirror, on the other hand, is mythologies which inspire us to move through life in balance and control. Once understood, we can master our choreography. Through mastery we gain the Warrior's Attributes that allow us to control the Dream (of our life). **THIS IS THE GREAT WORK!**

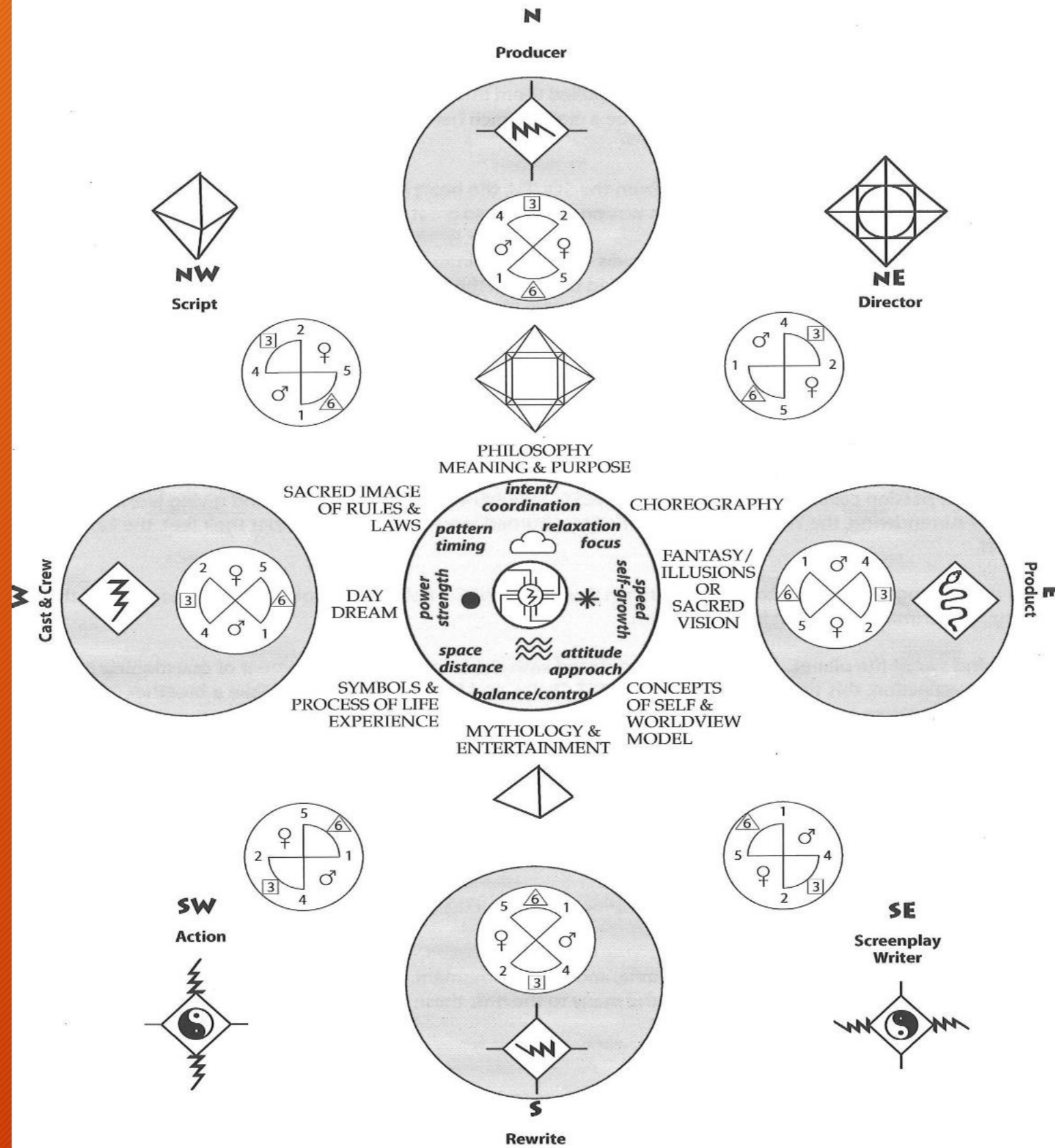


As we heal and balance the dark mirrors by shifting all of our mythologies, symbols, daydreams, rules and laws, philosophies, designs of energy, fantasies and concepts of self into the light mirror, we move from being at the effect and stuck in the Shideh (lower self) to coming into the full power of our Hokkshideh (higher self). “Shideh” literally translated, means he or she who cannot see. “Hokkshideh” means she or he who is learning or has learned to see. Thus, in many ways, ***THE STARMAIDEN CIRCLE IS A BRIDGE TO THE HIGHER SELF.***





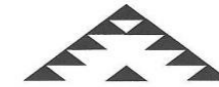
THE WHEEL OF LIFE





The StarMaiden Circle Guided Meditation

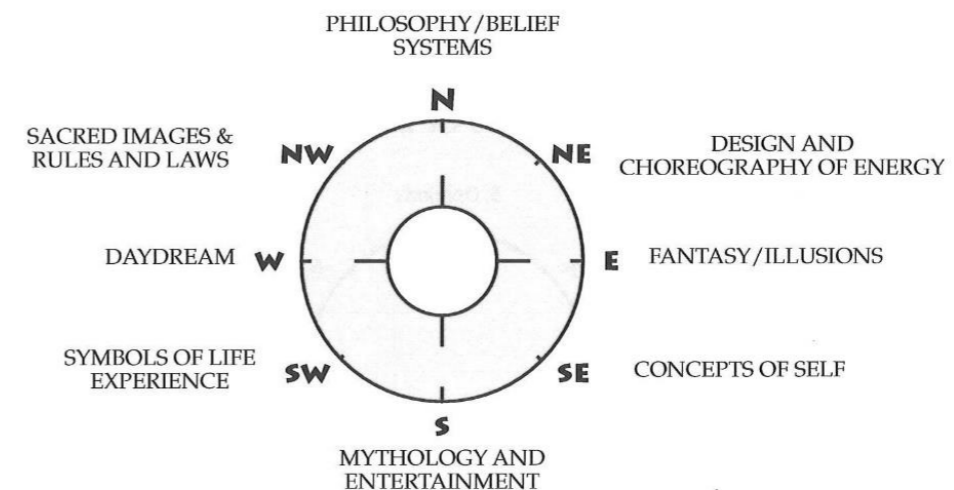




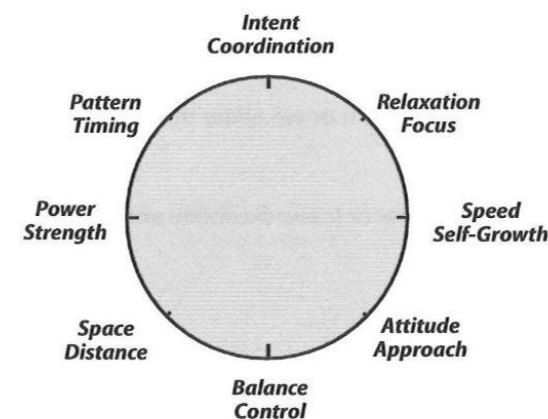
THE STORY OF THE EIGHT DIRECTIONS

There are many ways to read the Star Maidens Circle (SMC). We will begin with a rather straightforward description that identifies each of the eight directions on the SMC. Then we will describe how it can be used as a tool for studying any body of knowledge and how to use it as a weapon in your personal self-growth and development. For each description below you will find the following: **THE NAME OF THAT PLACE ON THE SMC; the Warrior's Attribute; the aspect of SwiftDeer's Movie Drama Wheel.** Together they give you the basics for each of the directions.

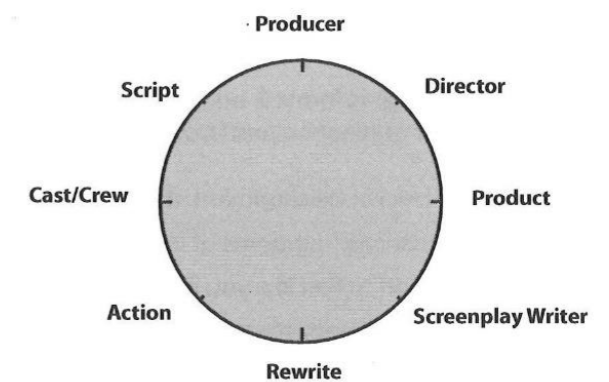
STAR MAIDENS CIRCLE



WARRIOR'S ATTRIBUTES

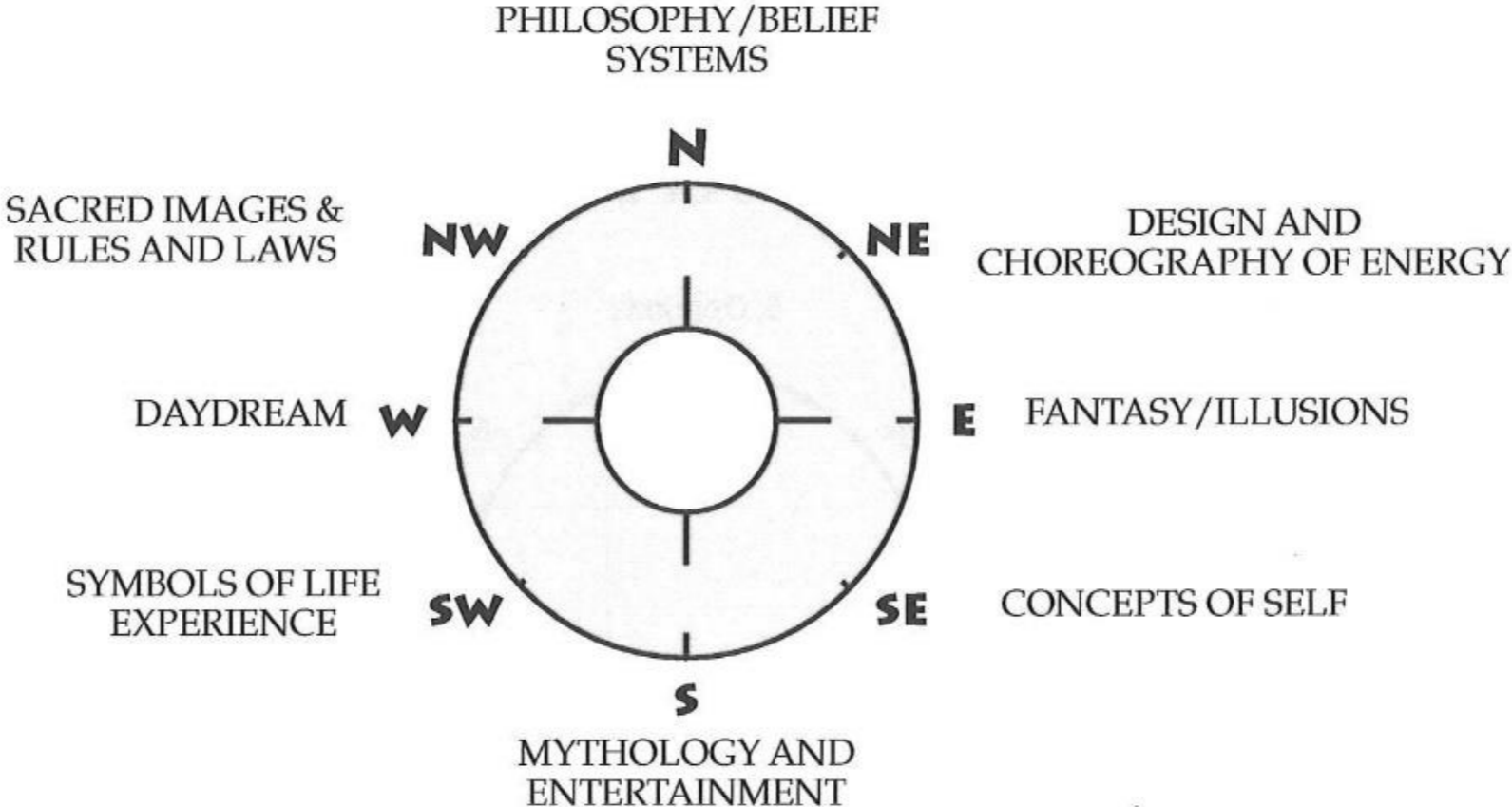


MOVIE DRAMA WHEEL

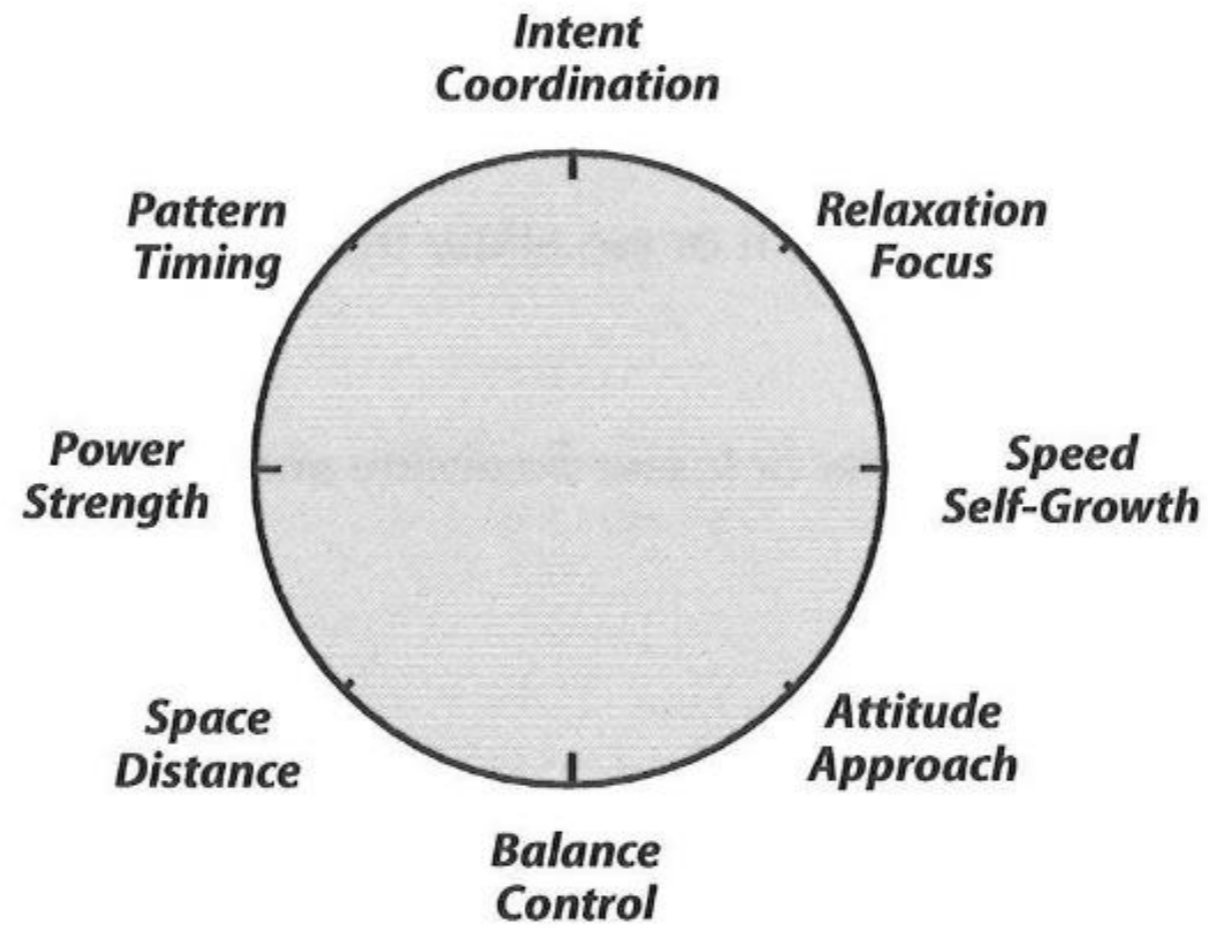


There are many different ways to read the StarMaiden Circle. At this point we want to let ourselves be informed by the vibration rather than confuse our minds. I will go over each one.

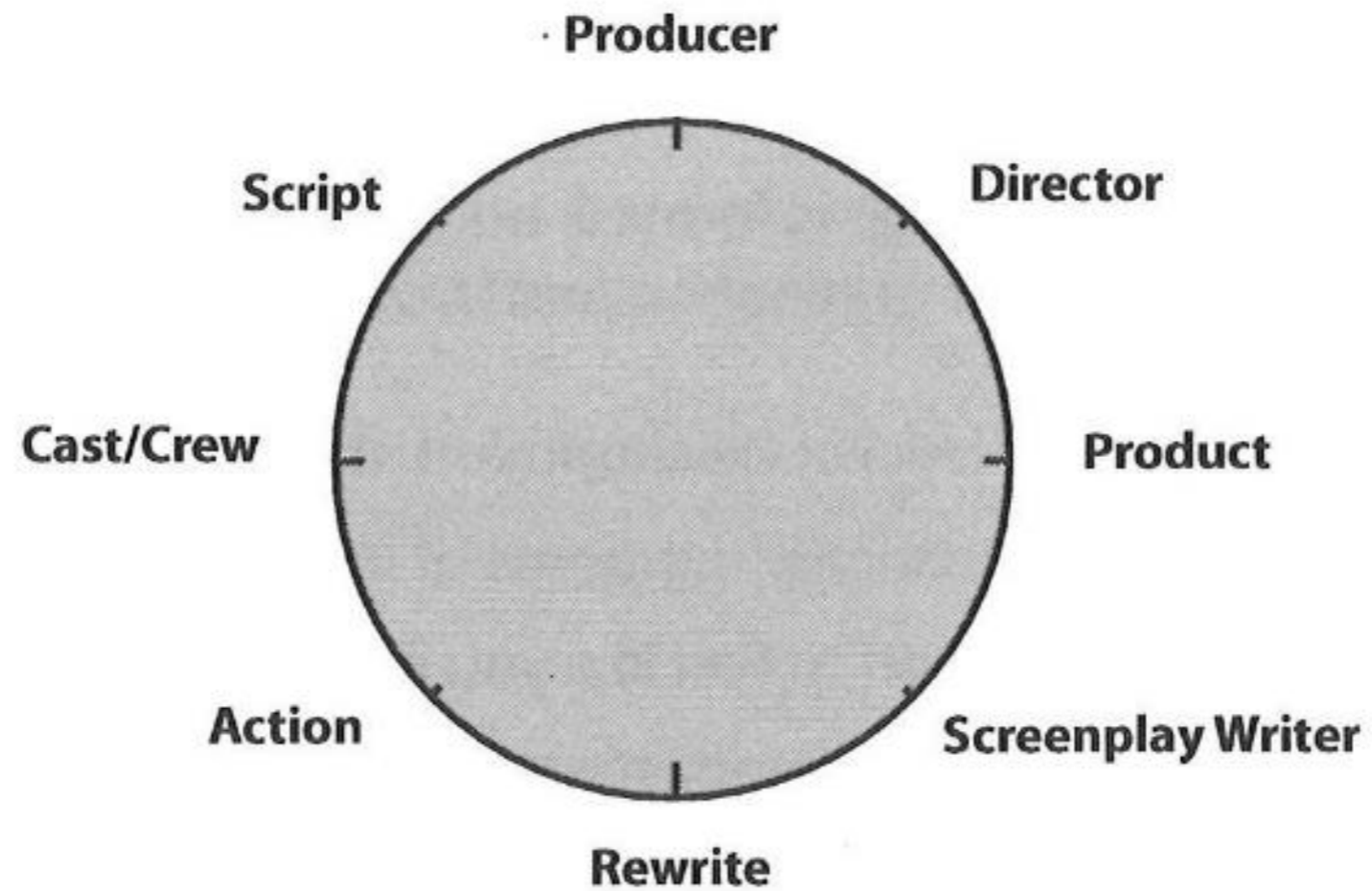
STAR MAIDENS CIRCLE



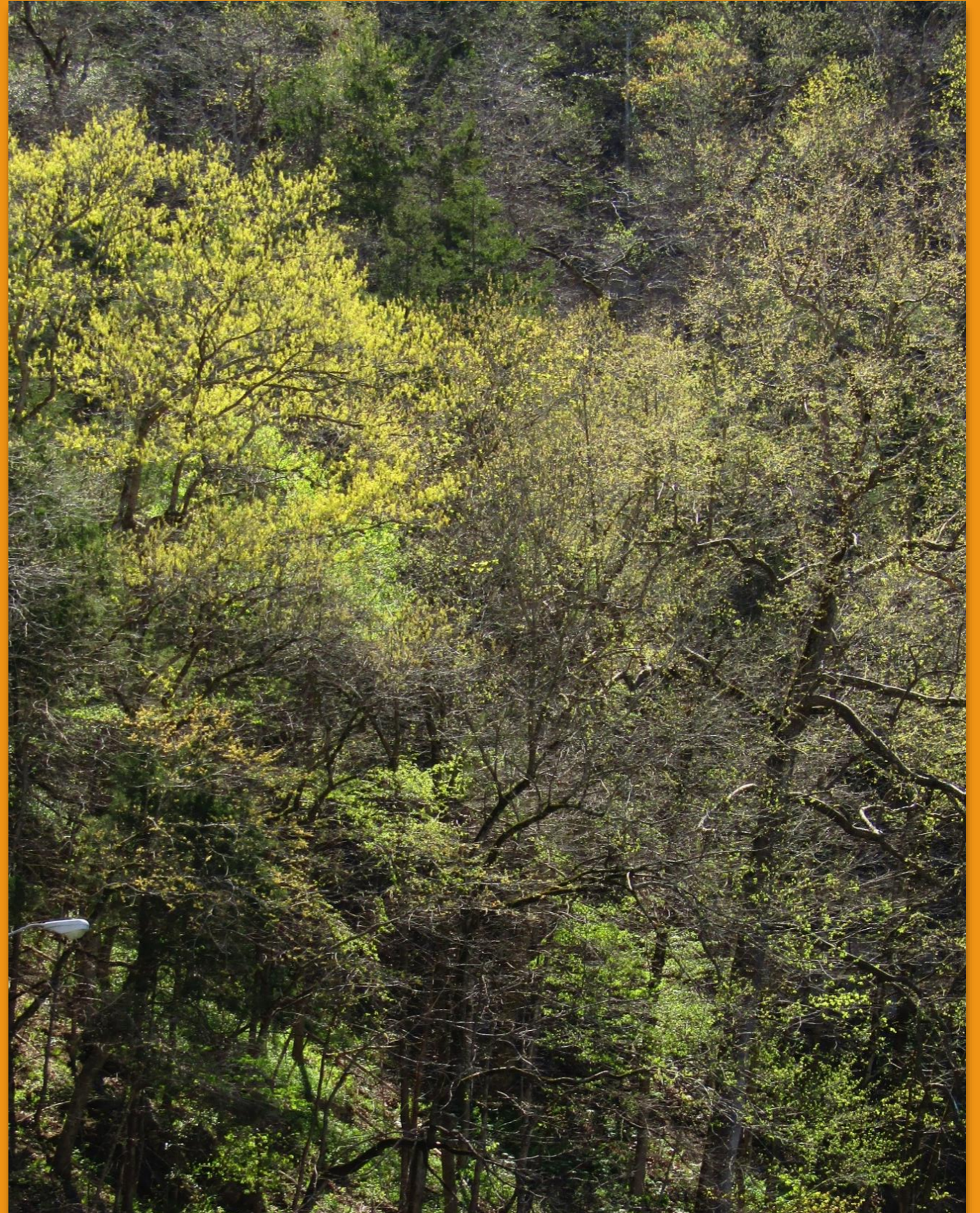
WARRIOR'S ATTRIBUTES



MOVIE DRAMA WHEEL



Integration Dance



Gratitude
&
Closure
Ground

