

*Welcome to the
Extraordinary
Soul
Mystery
School*



Module 20



Module 20

EAST– THE FIRE DOOR
Dancing the Light Arrows

Items needed for this module:

- 5 stones laid out in a wheel
- Your Shield
- Your Bundle
- Your Light Arrows



Lay out rocks
Connect, Call in Sacred Space



**Open to
Receive**



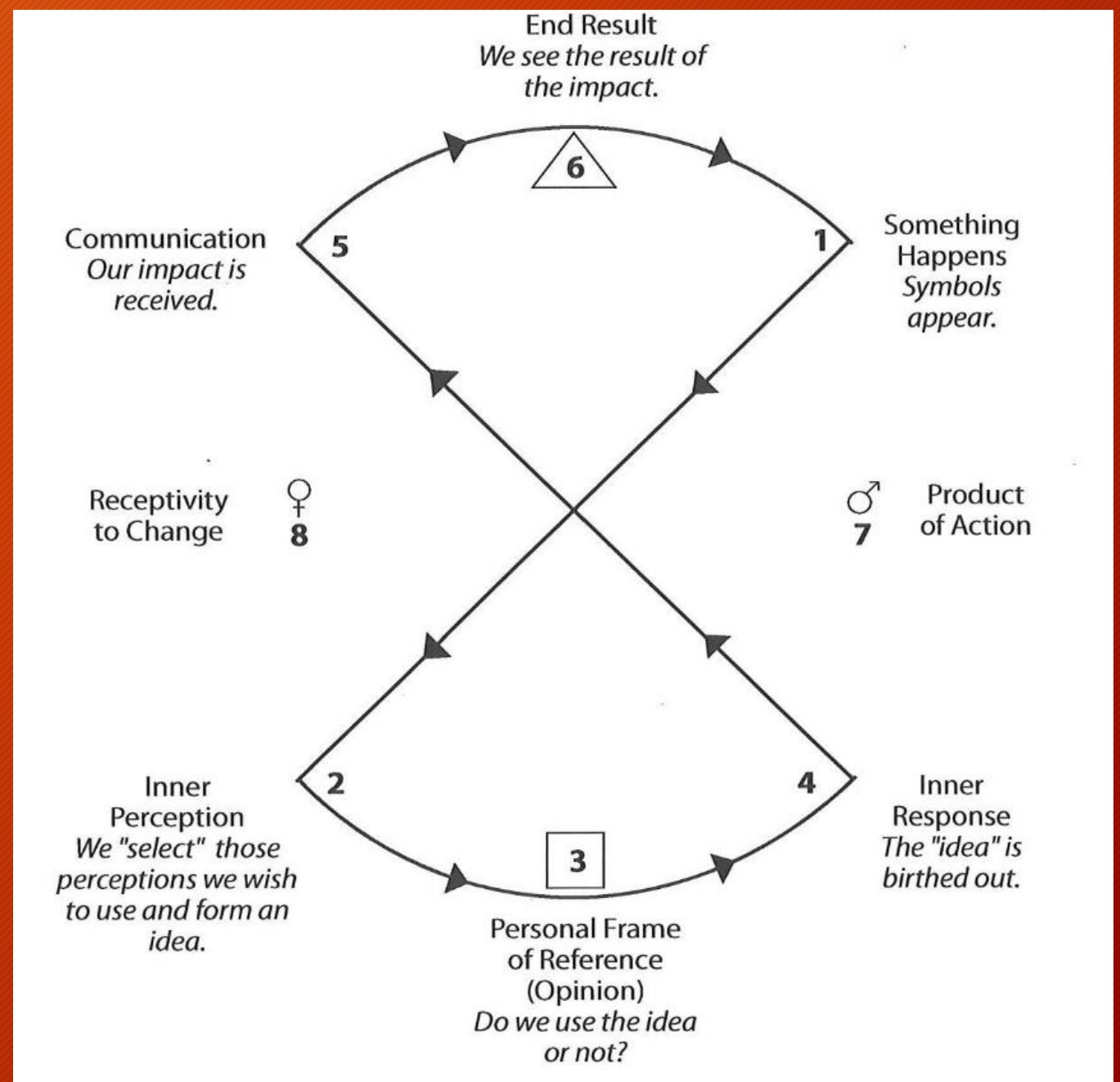
In our last class, we learned the about the Masculine and Feminine aspects of each step on the Infinity Symbol and how to “spin” your wheel to look at your Dance of the Wolf. We all sat together and placed our infinity symbol so that our “1” was on our birth position and learned the different steps we take every time we make a decision. These steps are the ones that will lead us to our path with Heart. We saw both the light and the dark aspects at each of those points from both the masculine and feminine position. From that information we formulated an intention for each of the steps create new intentions for our lives. These are our Light arrows and we will be dancing an intention dance with them today.



For those of you that are dancing today, you should have 7 Light arrows to dance with and then put on your altar, one for each intention. We will begin with arrow 1. You will want to stand in the direction of that arrow on your own birth wheel. (This is why you wrote the direction at the top of the intention card, so you would know where to stand.) From then you will progress, 2-7, one for each song. When you are finished dancing each dance, place your arrow just danced in the center of your wheel. Once we are complete, take the arrows out and burn them immediately. Do not wait!

The **TONAL SPIN** is used when you want to understand the subjective process of life. It best illuminates the internal patterns which you run whenever "something happens" and you process that happening.

This was the Infinity Movement that was taught first. The eight Steps were given theoretical and psychological definitions. Each will be explained and a simplified key phrase given.



Here we go...

Dance 1

1. *Objective Input Stimulus*

Attention

When something happens, it catches your attention and you focus on it. Knowledge beckons. This is the starting place of your perception. You are in the moment of perceiving what is happening.

SOMETHING HAPPENS.

FOCUS

Dance 2

2. *Subjective Perceptual Reaction*

Focus of Intent

A perceptual filtering process occurs internally. You go inside into introspection. You search for the substance of that which has caught your attention. Your inner perception is how you make sense of what happened. This is what will help you formulate your focus of intent.

INNER PERCEPTION SUBSTANCE

Dance 3

3. *How you feel about it* **Attraction**

PERSONAL FRAME OF REFERENCE **FORM**

Notice that three has a box around it. This step frames, defines or gives form to your perception. When applying the “spinner”, this 3 is always placed in the direction you want to understand. It is the SITTING PLACE. It is where you sit on the Wheel when you ask your questions so that you gain perspective of how you feel about it. The box around the 3 also refers to the boundary and limitation of the focus of your attention on the attraction. The movement from 2 to 3 reflects your inner dialogue that occurs when you are trying to make up your mind about what you will do.

Dance 4

4. *Internal Subjective Response* **Empowerment**

INNER RESPONSE **DETERMINATION**

The question now is "Whatcha gonna do?" You make up your mind, choosing either beauty or pain, balance or disharmony, knowledge or ignorance. You make a determination about how to respond. Do you co-empower or do you choose co-dependency?

Dance 5

5. *External Subjective Response* **Impact**

This step identifies the action you actually take and how that is perceived by others. How and what does your action communicate to others and what do they communicate back about your action?

This is also known as your DANCING PLACE, the place in your birth Sitting Place Infinity Movement where you most easily dance your power and beauty.

Understanding is achieved via clarification, validation and integration. Seeking verification, basing your decisions on what you already know to be familiar, will elude true understanding. For two people to establish and maintain an energetic connection, one must have understanding of how your communication impacts the other (and vice versa).

COMMUNICATION UNDERSTANDING

At the fifth step the energy leaves the circle of self and makes impact. Taking a look at the relationship between 5 and 3 will give you a reflection of how you communicate who you are in the world.

Dance 6

6. *The Effects of your Action*

Dominion

What happens as a result of your actions?

Pay attention to the reaction or feedback you receive from others.

END RESULT

IMAGINATION

The number 6 has a triangle around it. This designates the WORKING PLACE. This position, directly opposite the Sitting Place, identifies the area of solution. It holds the way out of the box around 3, for the triangle could also be seen as an arrow pointing the way out. This step shows the affect of your choices and action. Did you have what was necessary to be in dominion, or are you being dominated or dominating? To be in dominion is to be in charge, at cause, in the center of your own circle. You are neither at the effect of others (dominated) nor are you choosing to step into another's circle (dominating).

Notice that this step leads you right back to the starting place. Have you taken the focus to a higher level? Do your actions lead you to freedom?

Dance 7

7. **TONAL SPIN** **Male, active-conceptive energy**

PRODUCT OF ACTION

This refers to the focus behind the action, the product of your action.

Does your action produce something viable?

Does it help you to progress in your self-growth and development?

Dance 8

8. *TONAL SPIN* Female, receptive-creative energy RECEPTIVITY TO CHANGE

Receptivity to the necessary changes is essential to breaking pattern and embracing new ways.
This refers to the intent behind the behavior.

This dance is done circumambulating your wheel in a clockwise direction. Be sure to put your arrows on your altar once you are complete!

Gratitude & Closure Ground

