



**Clearing meditation. You are one beautiful orb and your partner or friend is the other. You both move through your chakras individually with then intention to clear any and all energetic debris and discord first from your system then from your communication system. Envisioning each chakra that is your communication point between you.**

Ex. First I set my intention to cleanse clear and balance my first chakra. May it be spinning open and clockwise and deep red. Clearing all energetic blockages and debris.

I now focus on the same chakra point that is our communication point. My intention here is to clear any and all energetic blockages and debris and discord that I am responsible for, that is keeping us from our divine highest and purest communication with one another. When both parties do this there is a great opening. If you are having trouble with clearing envision a beautiful violet light filling the space around you and between you.

Then move similarly through each chakra with the corresponding colors.

\*I like to imagine that I am one circle and that David, my partner is the other. Sometimes I will start with envisioning the violet flame surrounding this image of us doing a sort of pre-clearing. I always ask his permission and the permission of anyone else I would do this with beforehand so as not to interfere with their divine will. In this way if he is unable to be present for the mediation, I can clear some blockages between us. It is important to not be over specific as spirit always has a divine plan. You are not clearing an issue per-say just getting the channels of energetic communication to be more open and fluid between you.