

New Earth Priestess Galactic Council Meditation – Script

Close your eyes. Take a few deep cleansing breaths. Relax your body. (elaborate here if you like.) In your mind's eye, go to your favorite place in Nature: a beach or meadow, or in the woods...your favorite spot. Get comfortable. Relax even more.

As you gaze out in front of you, you see a being of light heading toward you. You instinctively know it is your Higher Self. You rise to meet her as she comes into view. You embrace and feel the electric-like charge as your body is uplevated just a bit.

She takes you by the hand and says, "We are going to take a trip. We are going to THE STAR THAT YOU ARE...YOUR STAR. And the way we are going to get there is to bend our knees and jump. When we land we will be there. Ready? So on the count of 3, 1...2...3...bend your knees and jump..."

And now that we have landed, look around. Everything is light! All the buildings, the beings, pure light! This is your star!

You look off in the distance and see an archway that leads down a spiral staircase. Your Higher Self leads the way toward it. As you follow you realize that you have slipped into a beautiful gown. It fits you perfectly and feels glorious. You follow your Higher Self to the archway.

When you arrive, your Higher Self leads you down a spiral staircase lit with beautiful candles. When you arrive at the bottom of the stairs you are in a beautiful meeting room that looks like it is lit from within and has been decorated just for you! In the center of the room is a round key-hole table with chairs all around and a luxurious chair in the center. Your Higher Self gestures for you to sit down.

You sit. There is a door over to the right. A moment later, that door opens and a group of beings come in. They bow to you before they take their chairs around the outside of the table. This is your Galactic Council. They are your helpers as you prepare to embark upon your mission as a New Earth High Priestess. You can ask them anything. They are quite wise and know you implicitly. They are here to help. They can bestow gifts, wisdom, insight, and anything else you need as you begin this mission.

Ask them anything...take your time. (WAIT A GOOD AMOUNT OF TIME – 10 -15 MINUTES – so they can get the guidance they need.)

You are coming to the end of your session with your Galactic Council. Ask them any final questions. Receive any final gifts they want to give you.

THANK THEM FOR ALL THEY HAVE GIVEN YOU. RECEIVE THEIR GRATITUDE FOR WHAT YOU ARE GOING TO DO.

Watch as they all rise, bow to you, and file out of the room.

Knowing that you can come back here anytime, rise and follow your Higher Self back up the spiral staircase. Walk with your Higher Self and look around again at your Star. Take in the beauty.

Then, bend your knees and jump! Land back at your place in Nature....invite your Higher Self to shrink down and enter your heart. Then begin to get guidance from the elements.

Ask Earth if there is anything she needs to share with you about being a Priestess of the New Earth....(PAUSE)

Ask Water, is there anything you need to know about being a New Earth Priestess now...(PAUSE)

Ask Air, is there any information, guidance, or vibrational upgrades you need to be a Priestess of the New Earth...(PAUSE)

Ask Fire, what you need to know about being a New Earth Priestess...(PAUSE)

Ask Spirit, if there is anything else that is important information for a Priestess of the New Earth...(PAUSE)

Now, very slowly and carefully, allow yourself to gently begin to come back into the present...rise...
And lets to an elemental integration dance to integrate all the information you have received...