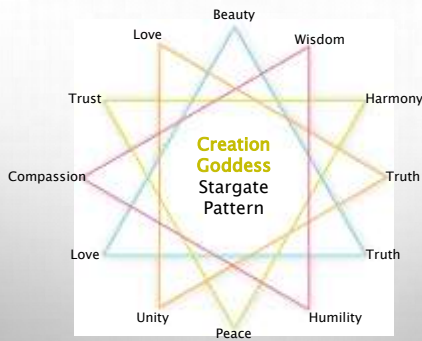


WELCOME TO  
THE  
STARMAIDEN  
CREATION  
GODDESS  
CIRCLE

MODULE 10  
THIRD STAGE OF ALCHEMY:  
SEPARATION



CALL IN SACRED SPACE



SPIRITUAL/CREATIVE/FINANCIAL FLOW



PERSONAL AND COLLECTIVE



Emerald Tablet by  
Hermes Trismegistus,  
Thoth



MARIA PROPHETISSA



Open to  
Receive

Ancient  
alchemical  
wisdom teachings.



THE SECOND STEP OF DISSOLUTION, WORKS ON THE HEART AND ID TO RELEASE BURIED EMOTIONS THAT CONCEAL OR DISTORT OUR TRUE NATURE.



THE THIRD STEP OF SEPARATION, THE ALCHEMIST CONFRONTS HER TRUE SELF AND REALIZES THAT SHE IS MADE UP OF TWO BASIC COMPONENTS: AN INDESTRUCTIBLE SOUL OR ESSENCE AND A HIGHER SPIRITUAL COMPONENT.

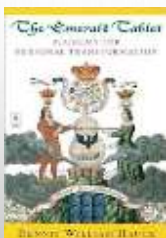


SEPARATION, WORKS WITH THE ELEMENT OF AIR, WHICH CAN BRING A PROFOUNDLY INVIGORATING "BREATH OF FRESH AIR" TO THE BATTERED PERSONALITY.

THE ELEMENT OF AIR IS HIGHER SPIRITUAL INSIGHT, AND, ACCORDING TO MOST COSMOGENIC MYTHS, CARRIES THE WORD OF GOD WHICH INITIATES THE PRIMORDIAL SEPARATION OF THE UNIVERSE INTO THE ABOVE AND THE BELOW.



PEOPLE WHO HAVE NOT YET BEGUN THE PROCESS OF SEPARATION ARE TIED TO THE EARTHLY PLANE. THEY CAN BE OVERLY ASSERTIVE AND CONTROLLING, REFUSING TO COMPROMISE IN EVEN THE MOST MUNDANE MATTERS. AT THEIR WORST, THEY ARE DRIVEN BY FRUSTRATION AND ANGER AND CAN BECOME CRUEL OR VIOLENT TO OTHERS. ON THE OTHER HAND, PEOPLE UNDERGOING SEPARATION TEND TO BE COURAGEOUS AND DARING, OFTEN INITIATING MAJOR CHANGES IN THE WORLD AND THE LIVES OF THE PEOPLE AROUND THEM.



DURING THIS BREAKING DOWN OF THE PERSONALITY INTO ITS BASIC COMPONENTS, THE ALCHEMIST BECOMES AWARE OF THE OPPOSITES WITHIN AND SEPARATES THEM FROM THEIR CONTAMINATION WITH EGO COMPLEXES AND UNWANTED UNCONSCIOUS ELEMENTS.



DISSECTING AND DISCARDING WHAT IS NO LONGER RELEVANT OR USEFUL IS THE IMPORTANT GOAL OF THE SEPARATION PROCESS. IT REQUIRES A SHARP AND DECISIVE WILL, SINCE MANY OF THE SUSPENDED ELEMENTS HAVE A STICKY RESIDUE OF EGO OR EMOTION ATTACHED TO THEM.

ON THE PERSONAL LEVEL, WE ALL KNOW HOW DIFFICULT IT CAN BE TO LET GO OF DESTRUCTIVE HABITS AND BEHAVIOR PATTERNS.

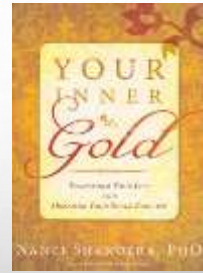
PHYSICAL, EMOTIONAL, MENTAL, ENERGETIC, AND SPIRITUAL HABITS.

## HAUCK SAYS OF HIMSELF...

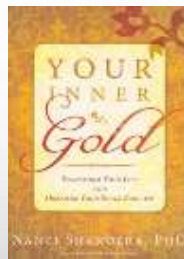


"I BEGAN LOOKING BACK OVER MY LIFE AND OWNING UP TO THE MISTAKES I HAD MADE, AND I SOON DISCOVERED THEY WERE ALL ERRORS OF JUDGEMENT. I HAD MADE ASSUMPTIONS ABOUT THE WORLD AND BASED MY GOALS ON THE VIEW POINTS OF MY OWN EGO AND THE SUPEREGO OF SOCIETY. I HAD SPENT MY TIME STRIVING AFTER PRESET GOALS INSTEAD OF REALLY EXAMINING THE PATHS TO TRUTH OPEN TO ME."

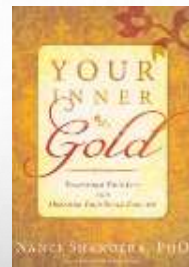
- OUR SOULS EXPRESS THROUGH OUR EMOTIONS, SO WHEN WE INTELLECTUALLY DISMISS OUR FEELING NATURE, WE SEVER ACCESS TO OUR SOUL. GREAT ARTISTS, WRITERS, MUSICIANS, AND OTHER HIGHLY EXPRESSIVE, SENSITIVE PEOPLE COULD NOT CREATE IF THEIR FEELING NATURES WERE NOT ACCESSIBLE. (CREATION GODDESSES ALSO)
- BY BEING AWARE OF OUR FEELINGS AND LEARNING TO MAKE DECISIONS THAT SUPPORT THEIR HEALTHY EXPRESSION, WE NO LONGER BLOCK THEM, AND IN SO DOING, OPEN ACCESS TO OUR SOUL.
- ARE THERE WAYS YOU NEED TO OPEN FURTHER TO YOUR SOUL AND FEELINGS?



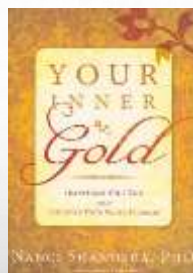
- ALCHEMICAL PRINCIPLES TEACH THAT THOUGHTS AND PERCEPTIONS CREATE WHAT WE EXPERIENCE.
- THE ALCHEMICAL MENTAL STAGE OF SEPARATION HELPS US FIND AND UNDERSTAND WHICH THOUGHTS, HABITS, BELIEFS, AND BEHAVIORS NEED TO BE FURTHER PROCESSED AFTER THE FIRST TWO STAGES.



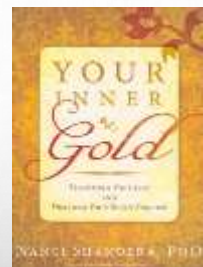
- PAINFUL EXPERIENCES ARE COMMON AND NECESSARY IF OUR RESISTANCE TO CHANGE IS DEEPLY ENTRENCHED. IT HURTS TO PULL OUT A DEEPLY IMPLANTED THORN, BUT ALLOWING IT TO REMAIN IS TO CREATE A FESTERING WOUND.
- SOME OF US CONCLUDE THAT IT'S BEST NEVER TO BECOME CONSCIOUS, FOR IT'S TOO DANGEROUS, TOO THREATENING, TOO RISKY.
- ARE THERE ANY PLACES WHERE YOU HAVE DEEPLY ENTRENCHED RESISTANCE TO CHANGE? OR FEEL A SITUATION IS TO DANGEROUS OR RISKY TO SHIFT?



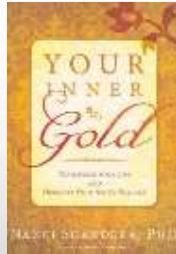
- BY ASKING HOW A SITUATION, CHALLENGE, OR EXPERIENCE SERVES US AND OUR PROCESS, WE GAIN KNOWLEDGE FROM A POSITIVE, LIFE-AFFIRMING STANDPOINT, RATHER THAN BEING HELD HOSTAGE BY A NEGATIVE BELIEF.
- HOW IS YOUR CURRENT SITUATION, CHALLENGE, OR EXPERIENCE SERVING YOUR PROCESS AND GROWTH?



- SOME OF THE WORK WE DO IN SEPARATION IS A DISMEMBERMENT OF ALL THAT WE PREVIOUSLY HELD TO BE TRUE. THIS SEPARATES US FROM OUR PAST AND HOW WE HABITUALLY REACTED TO IT.
- ARE THERE ANY PLACES YOU ARE STILL HABITUALLY REACTING TO THE PAST? OR THE PEOPLE AROUND YOU? YOURSELF?



- BY NOT VALUING OUR MULTIPLE INNER RESOURCES AND UNIQUENESS, AND BY BECOMING IMMERSSED IN THE BELIEF THAT A PROBLEM HAS ONLY ONE SOLUTION, WE LIMIT POSSIBILITIES.

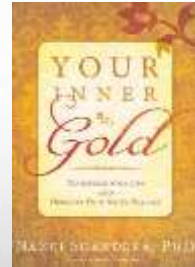


- WHEN WE RISE ABOVE THE PROBLEM AND EXPAND INTO MULTIPLE POSSIBILITIES, WE CAN SEE THE WHOLE PICTURE AND MAKE WISER DECISIONS BASED UPON DISCERNMENT RATHER THAN JUDGEMENT.

- SEPARATION TEACHES US TO DISCERN, RATHER THAN JUDGE, SITUATIONS, AND OURSELVES.

- ARE THERE ANY PLACES WHERE YOU ARE STILL JUDGING SITUATIONS, OTHERS, OR YOURSELF?

- HOW WE PERCEIVE A SITUATION DEFINES WHETHER WE SUFFER FROM IT OR USE IT TO HELP US GROW.

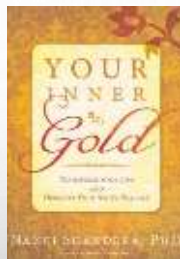


- AS WE SEPARATE OURSELVES FROM THE EGO'S NEGATIVE INFLUENCE, WE MAY SUFFER THE PAIN OF FRIENDS MOVING AWAY FROM US WHEN THEY SEE US CHANGING—THIS IS DUE TO THEIR FEAR OF HAVING TO MAKE CHANGES THEMSELVES.

- HAVE YOU EXPERIENCED ANY GROWTH BACKLASH FROM THOSE AROUND YOU?

- DO YOU NOTICE ANY FEAR IN THEM?

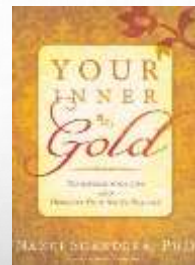
- WHEN WE FEAR THE CHANGES WE'RE GOING THROUGH, IT'S DIS-ILLUSION-MENT—OUR OLD BELIEFS ARE BEING PULLED APART AND BURNED OR DISSOLVED. AND THAT CAN BE FRIGHTENING BECAUSE WE DON'T KNOW YET WHERE WE'LL END UP.



- WHAT IS BEING PULLED APART IN YOUR LIFE, BUSINESS, OR WORLD AT THIS TIME?

- ARE YOU EXPERIENCING ANY FEAR AROUND THIS RELEASE OR WHERE YOU WILL END UP?

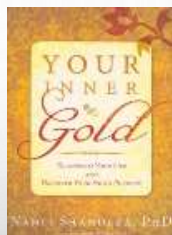
- TRYING TO FIND OUT WHAT'S WRONG WITH YOU WILL NEVER WORK—BUT YOU WILL SUCCEED IF YOUR INTENTION TO FIND OUT WHAT'S RIGHT WITH YOU.



- ARE THERE ANY PLACES WHERE YOU'VE BEEN ASKING THE QUESTION WHAT'S WRONG WITH ME?

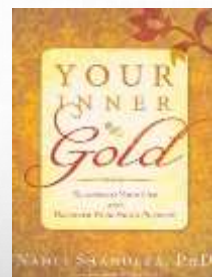
- TUNE INTO WHAT'S RIGHT WITH YOU AND MAKE A LIST OF WHAT YOU DISCOVER.

- LEARNING TO ACCEPT YOUR COMPLEXITIES IS ONE OF THE WAYS TO LOVING YOURSELF UNCONDITIONALLY.



- TUNE INTO YOUR COMPLEXITIES—ARE THERE ANYWAYS YOU NEED TO ACCEPT THEM FURTHER?

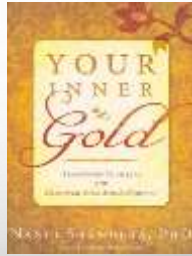
- CHANGING OUR MINDS ABOUT OURSELVES AND LIVING ON THE VANGUARD OF THIS NEW THINKING TAKES COURAGE, BECAUSE IT CHALLENGES CENTURIES OF FEAR AND NEGATIVE BELIEF.



- FOR AN INDIVIDUAL TO DISENGAGE FROM SOCIETY'S LIMITATIONS AND RULES OF CONDUCT TAKES CLARITY OF PURPOSE AND A WILLINGNESS TO RISK IT ALL BY DISCOVERING AND BEING A UNIQUE INDIVIDUAL, AUTHENTICALLY ONESELF.

- ARE THERE ANY OTHER WAYS YOU NEED OR WANT TO DISENGAGE FROM SOCIETY'S LIMITATIONS AND RULES OF CONDUCT?

- BY CHANGING YOUR PERCEPTIONS OF YOURSELF AND THE WORLD, YOU CONTRIBUTE TO CHANGING OTHERS IN POSITIVE WAYS.
- SEPARATION TEACHES US THAT WHAT WE'VE ALWAYS BELIEVED TO BE TRUE MAY NOT BE, AT LEAST NOT ANYMORE. IT GIVES US THE OPPORTUNITY TO CREATE NEW BELIEFS THAT "FIT" US BETTER.



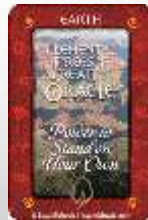
## MY RESPONSIBILITY

AS A CITIZEN, AS A WOMAN,  
AS A HUMANITARIAN  
WHERE WAS I LAZY  
WHERE WAS I  
EMOTIONALLY INDULGENT  
WHERE DO I NEED TO WAKE  
UP, STAND UP, & STEP UP



## SEPARATE WHAT I STAND FOR...

RIGHT OF ALL PEOPLE  
WOMEN'S ECONOMIC &  
POLITICAL EQUALITY  
CO-CREATING SUSTAINABLE  
LIVES IN HARMONY WITH  
NATURE  
SOLUTION ORIENTED HUMANE  
HUMANITY



## ABOUT A GLOBAL HUMANE HUMANITY

NOT ABOUT US VS THEM  
DEMOCRAT OR  
REPUBLICAN  
MEN VS WOMEN  
WHITE VS COLOR  
MONEY VS SPIRIT  
TECHNOLOGY VS NATURE



## ECONOMICALLY & POLITICALLY



TRUTH WHERE HAVE I HAD  
MY HEAD IN THE SAND?  
MUST BE ABLE TO SPEAK  
THE LANGUAGE FOR OUR  
COLLECTIVE SAFETY AND  
PROGRESS  
ROLL UP MY SLEEVES &  
LEARN THE SYSTEMS

eyes wide open

## Stay Awake

Face the **Truth** · Don't Freeze  
Align with Your **Truth**  
Stand & Speak Your **Truth**  
Try Not to Pour Gasoline on the Fire

**RIGHT RESPONSE**  
The Positive Behavior Solution

**De-escalate Anyone, Anywhere, Anytime:**  
Using the Power Struggle with Personality-Based De-escalation

Download the free, 20 page eBook today!

Self Care | Prevention | Postvention

Do escalation | Behavior Management | Physical Safety

What changes are you being called to make economically and politically?

### A List of Pro-Women, Pro-Immigrant, Pro-Earth, Anti-Bigotry Organizations That Need Your Support

James DeAngelis

<http://www.fox.com/a-list-of-pro-women-pro-immigrant-pro-earth-anti-bigotry-organizations>

The **American Civil Liberties Union** works to defend individual rights and liberties guaranteed by the Constitution. Donate [here](#).

The **Anti-Defamation League** was founded in 1913 to "stop the defamation of the Jewish people and to secure justice and fair treatment to all." Today, it fights against anti-semitism and bigotry as one of the largest civil rights organizations in the country. Find your local affiliate [here](#) and donate [here](#).

**Border Angels** is an all-volunteer non-profit that advocates for immigration reform and social justice focusing on the U.S.-Mexico border. It offers educational and awareness programs and organizes outreach programs to San Diego County's immigrant population. Donate [here](#).

The **Boys & Girls Clubs of America** offers enrichment programs and support for children when they're not in school. Donate and learn about ways to volunteer [here](#).

**Campaign Zero** advocates for policy solutions to end police violence in America. Fill out [this survey](#) to learn how to get involved.

The **Center for Reproductive Rights** is the world's foremost legal advocate for securing women's access to quality reproductive health care. Donate [here](#).

The **Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA)** is an advocacy and organizing group focusing on advancing human, civil, and labor rights for immigrants. Donate [here](#).

The **Council on American-Islamic Relations (CAIR)** is the country's largest Muslim civil liberties organization. Donate [here](#) or find your local chapter [here](#).

The **Disability Rights Education and Defense Fund (DREDF)** is a national civil rights law and policy center devoted to advocating the rights of people with disabilities through advocacy, training, education, and public policy. Donate [here](#).

**Earthjustice** is the largest nonprofit environmental law organization in the country, working to protect wildlife, for healthy communities, and for cleaner energy options. The organization sponsors its clean free of charge. Donate [here](#), and sign up for action alerts [here](#).

**EMILY's List** is a political action committee that works to elect pro-choice Democratic women candidates to public office. Donate [here](#), or find out how to how to run for office [here](#).

**Lesbian Legal** is a national legal organization dedicated to fighting for the civil rights of the LGBT population and people with HIV through litigation, education, and policy work. Donate [here](#).

The **Masque Center** offers healthcare services to LGBTQ population in Philadelphia, including trans clinical care services, walk-in HIV and STI testing, primary care, and addiction and recovery services. Donate [here](#) and find information about volunteer opportunities [here](#).

**NARAL Pro-Choice America** is a political advocacy group focused on fighting for women's reproductive rights and freedoms. Click [here](#) to donate and [here](#) to volunteer.

The **National Association for the Advancement of Colored People (NAACP)** works to promote the civil rights of people of color and to eliminate race-based discrimination. Donate [here](#), and find your local chapter for more ways to get involved [here](#).

The **NSACP Legal Defense Fund** fights for racial justice through litigation, advocacy and education. Donate and learn about ways to get involved [here](#).

The **National Coalition Against Domestic Violence (NCADV)** advocates for victims and attempts to change policy surrounding domestic violence. Click [here](#) to donate.

The **National Immigration Law Center** is dedicated to fighting for the rights of low-income immigrants through litigation, policy analysis and advocacy, and various other methods. Donate or learn how you can attend a local training [here](#).

The **National Immigration Forum** is another leading immigrant advocacy group that offers various programs to integrate immigrants into the workforce and obtain citizenship. Donate [here](#).

**National Organization for Women (NOW)** is an activist organization, foundation and PAC that advocates for equal rights for women. Donate [here](#), and look for volunteer programs, the clinic meeting, on your local chapter's page.

The **National Women's Law Center** has worked for over 40 years to enact policies and laws on behalf of women and families. Donate [here](#).

The **Native American Rights Fund** provides legal assistance to Native American tribes, organizations, and individuals nationwide who may otherwise go without adequate representation. Donate [here](#).

The **New York City Alliance Against Sexual Assault** lists a number of ongoing volunteer opportunities in childcare, community talking, rape crisis counseling, and legal advocacy [here](#).

**Northern Climate Action** works politically "to prevent climate disaster." Click [here](#) to donate and click [here](#) to volunteer.

**PER America** works to protect free and open expression in the United States and across the world through literature and writing. Donate [here](#).

**Planned Parenthood** is the country's leading sexual and reproductive healthcare provider. Click [here](#) for nationwide volunteer opportunities (including as a clinic escort) and click [here](#) to donate. Local chapters also list more extensive volunteer opportunities, so take a look at your specific chapter there's New York's page for more.

**Rape, Abuse & Incest National Network (RAINN)** is the country's largest anti-sexual violence organization, which operates the National Sexual Assault Hotline (800-656-4888), online chat, and video chat and programs to help victims of sexual violence. Click [here](#) for information about how to volunteer for the hotline or to your personality, and click [here](#) to donate.

The **Reproductive Coercion for Freedom of the Press** offers legal assistance, support and advocacy to reporters to protect the First Amendment and freedom of information rights. Donate [here](#).

The **Reproductive Health Access Project** is a non-profit that trains clinicians to make quality reproductive healthcare more accessible. Click [here](#) to donate.

**Running Start** is another organization focused on educating young women and girls about the importance of politics, through the Young Women's Political Leadership Program and various other fellowships and trainings. Donate [here](#).

The **Should Have** is a non-profit that aims to get more women into elected leadership roles. You can donate [here](#) or anonymously via [a secure job](#) [link](#) to help the effort.

The **Sierra Club** is the largest grassroots environmental organization in the country, and works to protect millions of acres of wilderness and pass legislation like the Clean Air Act and the Clean Water Act. Click [here](#) for the Clean Air Act and the Clean Water Act. Click [here](#) for more.

The **Sierra Club** is the largest grassroots environmental organization in the country, and works to protect millions of acres of wilderness and pass legislation like the Clean Air Act and the Clean Water Act. Click [here](#) for ways to give.

The **Southern Poverty Law Center** fights hate groups and bigotry using education, litigation, and advocacy. Donate [here](#).

The **Sylvia Rivera Law Project** provides legal services specifically to low-income people and people of color who are transgender, intersex, or gender non-conforming. Click [here](#) to donate, and click [here](#) for its resources.

The **Union of Concerned Scientists** works to create solutions to the planet's most pressing scientific problems through research, advocacy, and policy. Donate [here](#).

The **Young Center for Immigrant Children's Rights** works to protect the best interests of children who come to the U.S. on their own. Donate [here](#) or learn about how you can volunteer as a Child Advocate in Chicago, New York, Houston, and Washington, D.C. [here](#).



What beliefs, attitudes, or behaviors around your business need to be separated and released?

What beliefs, attitudes, or behaviors around your relationship to money need to be separated and released?



Do any beliefs, attitudes, or behaviors about your ability to create need to be separated and released?



What beliefs, attitudes,  
or behaviors around  
your personal leadership  
need to be separated  
and released?



AIR (THE WIND) FILLS THE WORLD BETWEEN HEAVEN AND EARTH AND INTERACTS WITH US AS A HEAVEN-SENT INFLUX OF ENERGY WITH ITS OWN UNFATHOMABLE AGENDA.

BECAUSE SEPARATION CONNECTS WITH THE ELEMENT OF AIR WORKING WITH BREATH IS A PHYSICAL WAY OF ENGAGING THE ENERGY.

IT IS IN THE PAUSE BETWEEN BREATHS THAT MANY PEOPLE EXPERIENCE SOMETHING MORE PROFOUND THAN JUST PHYSIOLOGICAL BREATHING.

"IN TRANSPORTING THE BREATH," SAYS A 2,500-YEAR-OLD INSCRIPTION FROM THE CHOU DYNASTY, "THE INHALATION MUST BE FULL AND THE BREATH SHOULD BE HELD AND GATHERED. IF IT IS GATHERED, IT THEN BECOMES MAGIC."



Conscious  
Separation  
Dance...



GRATITUDE  
GROUND  
& CLOSE

