

*Welcome  
to the  
New Earth  
High Priestess  
Process*







## Module 22

# High-Priestess role in ceremony small group

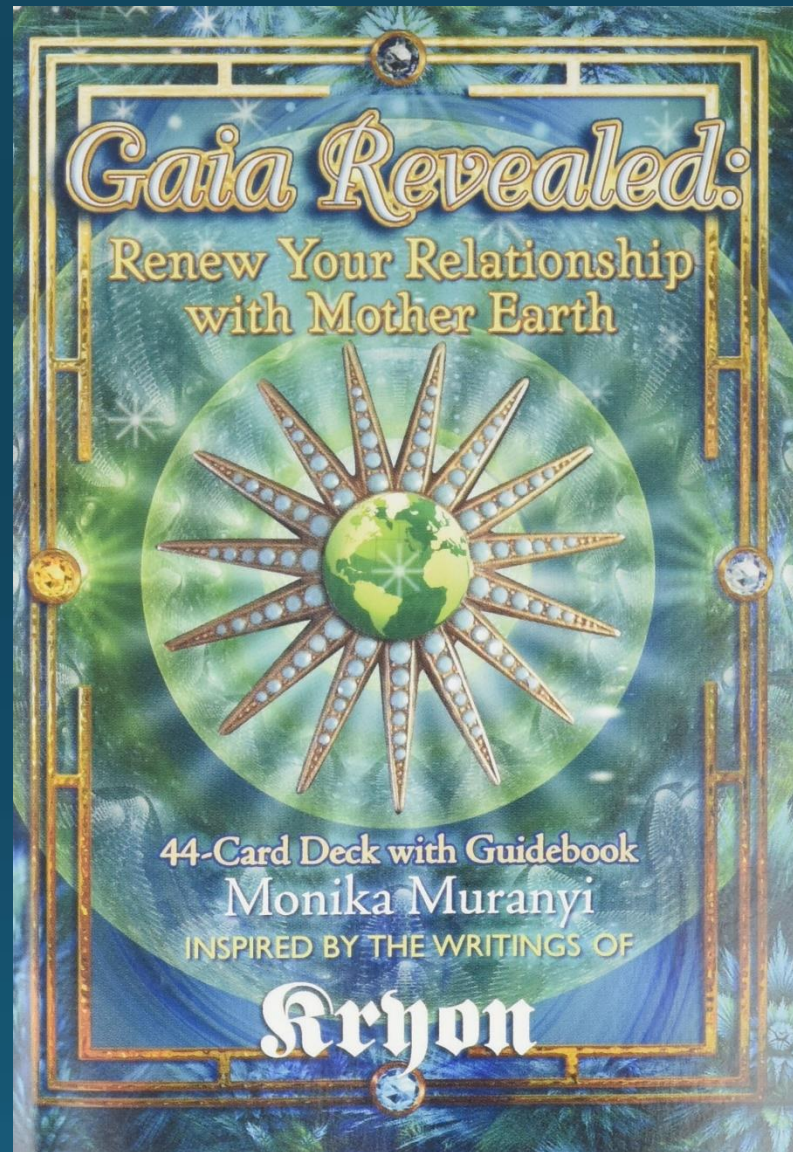


Connect,  
Call in Sacred Space,  
Call on Oversoul,  
Open to Receive





# Spiritual/Creative/Financial Flow





# High Priestess Role in Ceremony

Focalize the Energy





# Holding the Energy

- What's coming in
- What's leaving
- Each Individual
- The Group





# Living Ceremony

The Potency (immediate and long term, personal and universal) of any ritual or ceremony is proportional to the participants' sustained, focused consciousness and intent preceding, during, and after the activity.





# Ceremonial Components

- Energetic attunement to place, purpose, and participants seen and unseen.
- Personal relevance. Alive for participants...Living Ceremony.
- Co-creative synergy.
- Focused celebratory attention.





# Meal Metaphor

- Beautiful Table - Altar
- Appetizers –  
Centering
- Main Course –  
Activation of Intent
- Dessert - Seal  
Ceremonial Energies





Ceremonies can be simple or complex.  
Created for one person, a small group,  
or a large crowd.

Ceremonies bridge the conscious and  
subconscious mind in a very powerful  
way.





# Honor

- **Milestones:** Initiation or other completions (graduations), marriage, birth.
- **Transitions:** Loss of a job, divorce, change of life, death.
- **Deep Inner Healing.**
- **Boost success with creation focus.**
- **Honoring rhythms of Wheel of the Year and/or a moon phase.**





## Suggested For Experience

- 1 personal ceremony
- 2 small group ceremonies
- 1 large (over 10)
- You create the ceremony.
- The Small Group co-creates.
- Large group either way.





Ancient Money Abundance  
Goddesses...Lakshmi,  
Fortuna, Abundantia, Moneta,  
Isis, Venus, and Gaia





# Money Ceremony





**Group co-created  
ceremony  
How to handle.**





# Ceremonial Structure

- Setting Intention
- Helping You Discover it's Growth Principles
- Apply Toward Your Life & Start Helping Others in Theirs
- Center & Open to Receive - Sacred Space





# Working with Intention

- What you do want to energize in your ceremony?
- Ceremony intent becomes the focus.





# Basic Ceremonial Outline

Order and components are flexible.

## **Ceremony Creation**

1. Determine the Intention for the ceremony.
2. Determine participants.
3. Determine location.
4. Create Structure of the ceremony. Include participants, place, intention, and each elemental realm.

## **Day and Time of the Ceremony**

1. Prepare space. Create focal point and any other necessary components. Leave ceremonial space in better condition than you found it.
2. Prepare yourself. Prepare participants if needed.

## **Ceremony Itself**

1. Enter ceremonial space.
2. Call in sacred space.
3. Initial Connection and Intention.
4. Body of Ceremony including each elemental realm.

Earth

Water

Air

Fire

Spirit

5. Raise Energy.
6. Distribute energy appropriately.
7. Ground energy.



# Raising the Energy of Celebration

- Uplifts each person and community
- Imprints in cells
- Energetic Sustainability





# Sacred Space

- Just as you create a sacred place or physical space for an event or ceremony you also create a sacred mental/emotional/energetic/spiritual internal space.
- Importance in your own work and holding space for others.
- You may or may not be doing ceremony with others.





# Earth in sacred space

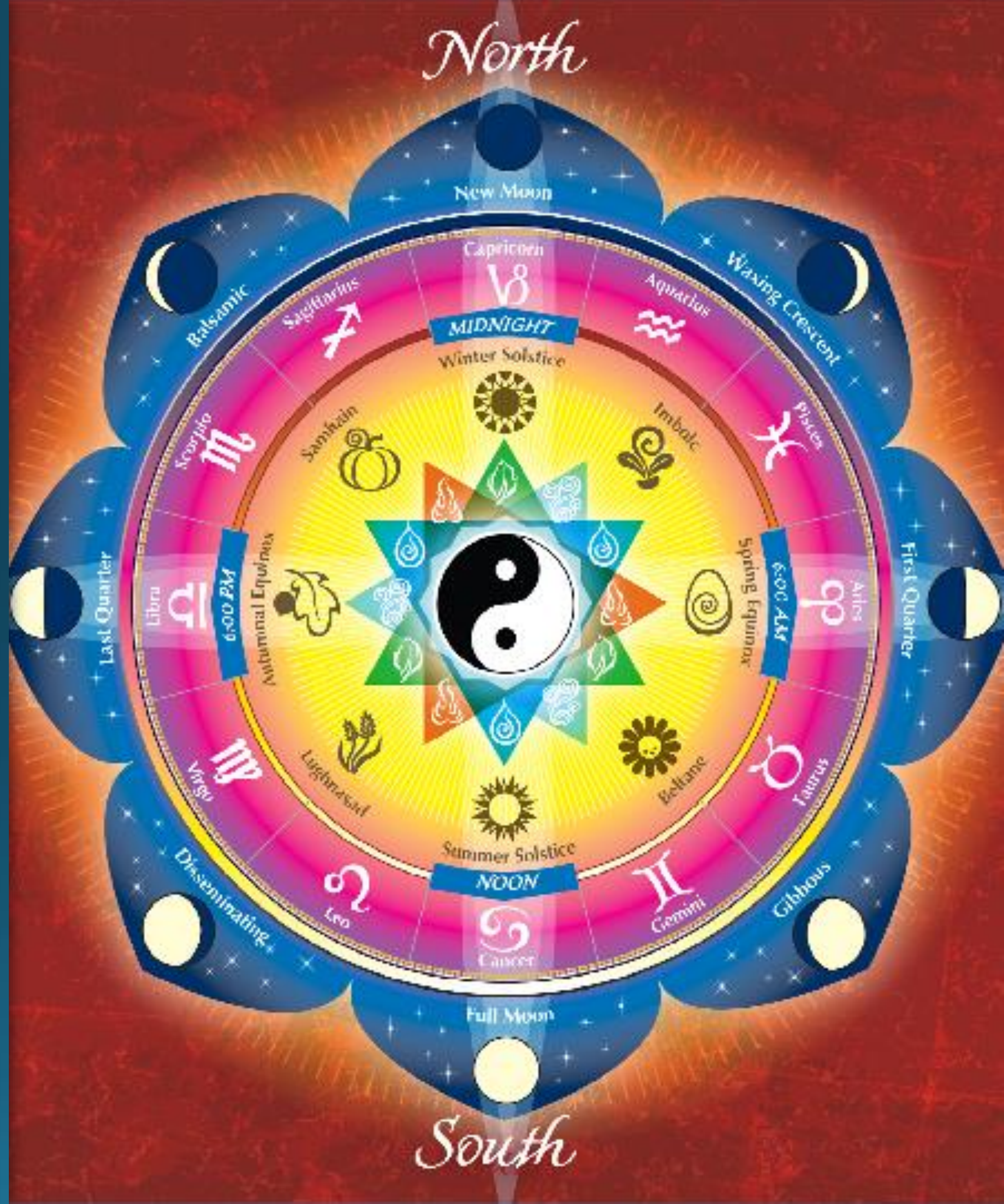
- Creating & calling in sacred space means you are consciously inviting Divine Spirit into whatever it is you may be doing -- from ceremony to bill paying.
- Connecting to and working with your clients and on/in your business.





# Directions

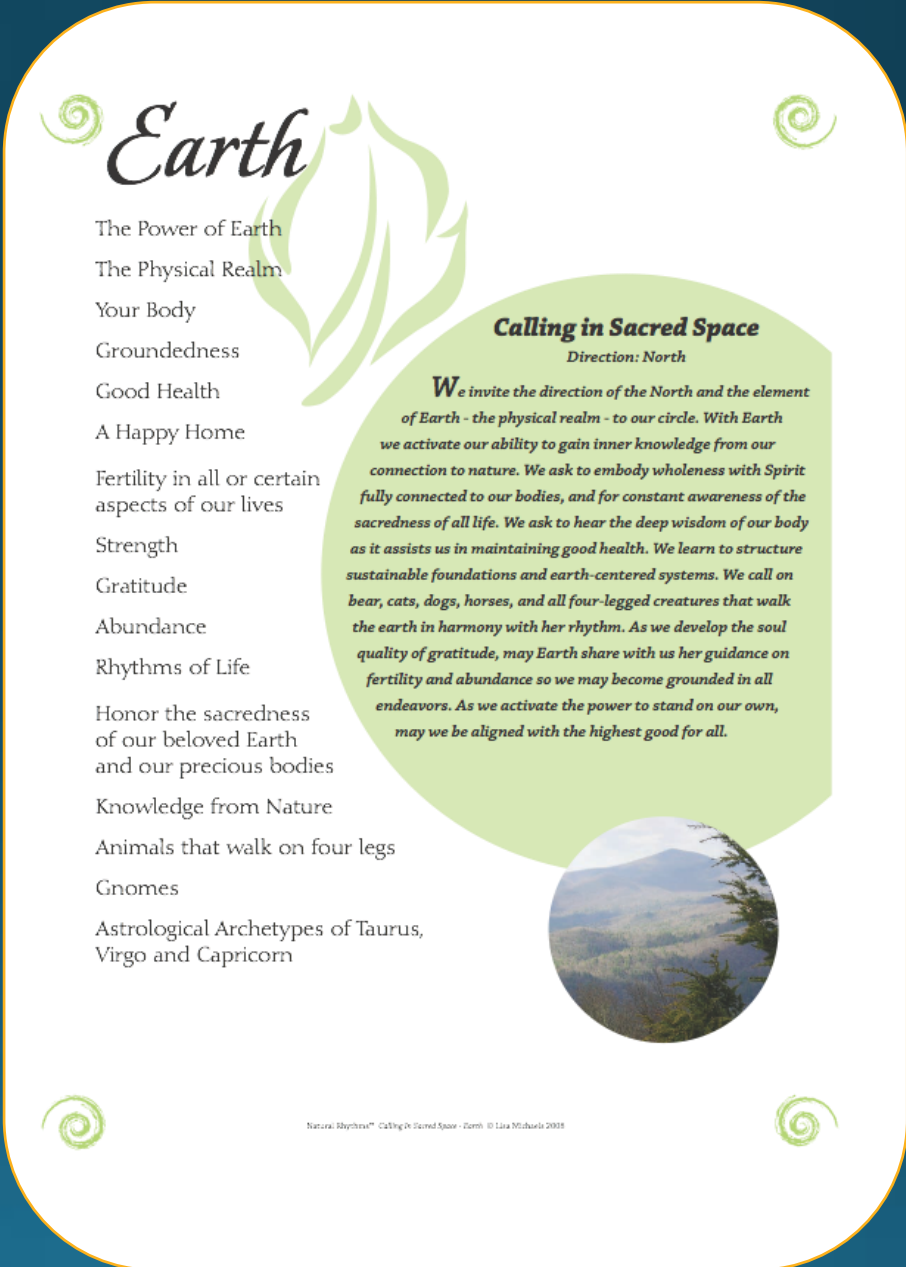
- Many different systems
- Use them in Astrological terms
- Masculine & Feminine Axis





# Invoking Earth

Physical/material realm  
Calling into sacred space  
Creating an altar  
Prayer or blessing




The card is titled "Earth" in a large, elegant script font, with a green leaf-like graphic to its right. Below the title is a list of 20 items, each preceded by a small green spiral icon. The items are: The Power of Earth, The Physical Realm, Your Body, Groundedness, Good Health, A Happy Home, Fertility in all or certain aspects of our lives, Strength, Gratitude, Abundance, Rhythms of Life, Honor the sacredness of our beloved Earth and our precious bodies, Knowledge from Nature, Animals that walk on four legs, Gnomes, and Astrological Archetypes of Taurus, Virgo and Capricorn. To the right of the list is a green circular area containing the text "Calling in Sacred Space" and "Direction: North". Below this is a paragraph of text. At the bottom right of the card is a circular image of a mountain landscape. The card is decorated with green spiral icons in the corners.

**Earth**

The Power of Earth  
The Physical Realm  
Your Body  
Groundedness  
Good Health  
A Happy Home  
Fertility in all or certain aspects of our lives  
Strength  
Gratitude  
Abundance  
Rhythms of Life  
Honor the sacredness of our beloved Earth and our precious bodies  
Knowledge from Nature  
Animals that walk on four legs  
Gnomes  
Astrological Archetypes of Taurus, Virgo and Capricorn

**Calling in Sacred Space**  
Direction: North

*We invite the direction of the North and the element of Earth - the physical realm - to our circle. With Earth we activate our ability to gain inner knowledge from our connection to nature. We ask to embody wholeness with Spirit fully connected to our bodies, and for constant awareness of the sacredness of all life. We ask to hear the deep wisdom of our body as it assists us in maintaining good health. We learn to structure sustainable foundations and earth-centered systems. We call on bear, cats, dogs, horses, and all four-legged creatures that walk the earth in harmony with her rhythm. As we develop the soul quality of gratitude, may Earth share with us her guidance on fertility and abundance so we may become grounded in all endeavors. As we activate the power to stand on our own, may we be aligned with the highest good for all.*



Natural Rhythms™ Calling in Sacred Space - Earth © Lisa Michaels 2018



# Earth altar item Examples

- Basic - rock
- Animal - Bear, lion, buffalo, those that walk close to the earth
- Mystical - Gnomes
- Everyday - salt, grain, bread, or a plant





# Invoking Water

- Emotional/feeling Realm
- Calling into sacred space
- Creating an altar
- Prayer or blessing



*Water*

The Power of Water  
The Feeling and Emotional Realm  
Emotional Support  
Intuition  
Clear Emotions  
Friendship  
Understanding  
Good Relationships  
Being Bathed in Love  
Allowing Life to Flow  
Sustainability  
Birthing Waters  
Ebb and Flow  
Giving and Receiving  
Feeling Guidance  
Fluidity  
Rejuvenation and Regeneration  
Water Sprites  
Dolphins, Whales, Fish, and Water creatures  
Astrological Archetypes of Cancer, Scorpio, and Pisces

**Calling in Sacred Space**  
*Direction: South*

*We invite the direction of the South and the element of Water - the emotional realm - to our circle. With Water we activate our emotional maturity and ask to have the wisdom to respond, instead of to react, to life. We ask that our emotional realm be clear, clean, and current. We invite the spirit of the lakes, rivers, streams, oceans, and rain to join us. We invite the dolphins, whales, fish, mermaids, and water sprites to our circle. We honor our inner child, the deep teachings of the mirror of relationships, and the potency of regeneration. We activate and align the Water power of love with the highest good for all.*

Natural Rhythms™ Calling In Sacred Space - Water © Lisa Michaels 2008



# Water altar item Examples

- Basic - shell
- Creature - Fish, Dolphin, or Whale
- Mystical - Water Sprites or Mermaids
- Everyday - a beautiful vessel containing Water





# Invoking Air

- Mental/vibrational Realm
- Calling into sacred space
- Creating an altar
- Prayer or blessing


## Air

The Power of Air  
The Mental Realm  
Vibrational Attunement  
Wisdom  
Good Communication  
Clean Air  
The Ability to Listen  
Breath of Life  
Intellectual Growth  
Knowledge  
Intention  
Clear Thinking  
Clarity  
Perspective  
Knowing  
Power of Prayer  
Meditation  
Fairies  
Angels  
Winged Ones  
Astrological Archetypes of Gemini,  
Libra, and Aquarius

### Calling in Sacred Space

Direction: West

**We** invite the direction of the West and the element of Air - the mental realm - to our circle. With Air we activate the precious gift that the breath of life gives us. We ask to hear our inner voice of wisdom. We activate our ability to consciously set the vibrational tone of our lives. We ask to see the cosmic and archetypal perspective of our personal and mass consciousness belief systems. We open to deep listening to one another. As we call on the birds and the winged ones, we ask for the courage to be the visionaries for our time. We call on the angelic realm and all those who assist us on the inner realm to guide our path. We claim the Air power of intention and align our intentions with the highest good of all.



Natural Rhythms™ Calling in Sacred Space - Air © Lisa Michaels 2003



# Air altar item Examples


- Basic - feather
- Creature - any type of bird, bats, butterflies, or anything that flies
- Mystical - Fairies
- Everyday - sage or incense





# Invoking Fire

- Action/energy Realm
- Calling into sacred space
- Creating an altar
- Prayer or blessing



## Fire

The Power of Fire  
The Action Realm  
Passion  
Transformation  
Sexuality  
Illumination  
Ambition  
Ecstasy  
Right Use of Power  
Joy  
Living Fully  
Life-Force  
Warmth  
Energy  
Will  
Movement  
Dragons  
Snakes  
Phoenix  
Astrological Archetypes of Aries, Leo, and Sagittarius

**Calling in Sacred Space**  
*Direction: East*

*We invite the direction of the East and the element of Fire - the action realm - to our circle. With Fire we activate new beginnings, our passion, sexuality, vitality, and growth. We honor the power of transformation and purification. We call on the Fire realm beings: dragons, snakes, and the phoenix. We invoke the power of the sun, light, life-force energy, and our Radiant Selves. We connect with our ambition, ecstasy, warmth, and joy. We ask to grow in wisdom as we shine the light of awareness on our inner world. We claim the power of our actions and align them with the highest good for all.*



Natural Rhythms™ Calling in Sacred Space - Fire © Lisa Michaels 2008



# Fire Altar Examples

- Basic - candle
- Creature - snakes, lizards, & salamanders
- Mystical - Dragon
- Everyday - Chili Peppers





# Invoking Spirit

- Spirit/Soul Realm
- Calling into sacred space
- Creating an altar
- Prayer or blessing



*Spirit*

The Power of Spirit  
God and Goddess  
Divine Masculine  
Divine Feminine  
Essence Expression  
Personal Responsibility  
Grace and Trust  
Desire  
Sacred Union  
Life Purpose  
Upliftment  
Unified Field  
Creativity  
Compassion  
Balance  
Spiritual Growth  
Guides and Teachers  
Yin and Yang  
Receptive and Active Energies  
Personal Divinity and Humanity  
Sun and Moon

**Calling in Sacred Space**  
*Direction: Center*

*We invite the direction of Center and Spirit to our circle. We honor both the Divine Feminine and Divine Masculine. We activate the As Above/So Below Mysteries and the As Within/So Without Mysteries. We call on the deep wisdom of the yin and yang, receptive and active forces. We ask to align the forces within toward inner balance, allowing the wisdom and rhythm of the sun and moon to guide our own lives. We call on all those connected to sacred union: Goddess and God, Magdalene and Christ, Gaia and Green Man, Isis and Osirus, Shakti and Shiva. We call forth our own inner essence and ask that our expression in the world be toward the highest good of all. May we use our power of choice wisely, and may we have compassion for all life. May we grow in our ability to activate a unified field of awareness, bringing forth our Spirit filled desires with grace and ease.*



Natural Rhythms™ Calling in Sacred Space - Spirit © Lisa Michaels 2008



# Invoking Spirit

- Honoring Feminine & Masculine Expression
- Deep Inner Healing Religion - Soul Expression
- Union for Creation





# Spirit Altar em Examples

- Basic - photo of yourself
- Anything you create
- Flowers
- Pictures and Statues of Divine Beings
- Anything sacred to you





# Earth Physical Realm

- Physical Space
- Physical Safety
- Physical Connection
- Physical Ceremonies such as burial.





# Water Emotional Realm

- Emotional Connection
- Emotional Safety
- Harmonic cord in feeling realm
- Water in Ceremony such as using holy water or baptism.





# Air Mental Realm

- Ceremonial Intent
- Keeping the Focus
- Calling on the Unseen
- Mental Safety
- Air in Ceremony
- Utilizing the power of word.





# Fire Action Realm

- Keeping Ceremony Energized
- Utilizing the energy of the Ceremony
- Utilizing Activation
- Fire in Ceremony burning objects, candle-light, sacred fire, trance or altered states.





# Spirit Spiritual Realm

- Connection to the Divine
- Spiritual Resonance
- Bridging inner and outer world
- Healing old religious wounding
- Calling forth your essence self







# Elemental Guidance



# Sacred Timing





# Integration & Raising the Energy Celebrate Ceremony







Gratitude, Ground & Close