



# The Sacred Money Mysteries

## *Remembering the Lost Teachings of the Goddess*

Class 1 – Preparing for Success

Class 2 – The Core Principles

Class 3 – The Real Nature of Wealth

Class 4 – Self Worth vs. Net Worth

Class 5 – Expansion vs. Adaptation

Class 6 – Life is Abundance



# Sacred Money Mysteries Truth 1

We Are One With All Good – We Can't Add or Lose Anything As long as we're operating from separation, true wealth and fulfillment will always be 'out there' no matter how much we have.

## The Principle of Oneness

Because there is only One Life, One Power, One Presence, One Substance, there is also only One Creative Principle and One Activity – which must be right where you are.

### Sacred Money Mysteries

#### TOOLS FOR CLASS 1

My Sacred Money Vision

The Great Reversal

One Minute Mystic' Process

Intention Prayer

Daily LIFT Practice

The 7 Sacred Gifts that Give You Everything

21-Day Giving Challenge

Sacred Money Archetypes

# MY SACRED MONEY MYSTERIES VISION STATEMENT

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## MY SACRED MONEY MYSTERIES WEALTH VISION

What is the ultimate vision of your abundant life?

A large rectangular area with a blurred green background and horizontal lines for writing. The lines are evenly spaced and extend across the width of the area. The background is a soft, out-of-focus image of green foliage.

## THE GREAT REVERSAL

Everything is within you. You can not give what you don't have.

Observe where are you judging by appearances. How do you judge yourself, others and the world based on the appearances of money, wealth and abundance?

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Where do you react to monetary things? What pushes your buttons?

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### PRACTICE YOUR AWARENESS – PROBLEMS SOLVE WHEN YOU EVOLVE

Begin practicing your awareness in those places you catch yourself judging or reacting. Stop become still feel your way back to the oneness within. Rise above the situation and connect with the truth of your infinite being.

# SACRED MONEY MYSTERIES INNER PRACTICES\*

## ONE MINUTE MYSTIC' PROCESS\*

This is about stopping throughout the day, even every hour, to practice small mystical moments of remembering who and what you really are, and what is true about you and life.

## INTENTION PRAYER\*

To cultivate the internal conditions for greater realizations of truth, and be drawn to the perfect opportunities and resources for discovering and embodying it you can integrate this intention prayer into your daily routines or your one minute mystic practice.

*“More than I want to fix, change, heal, control, or manipulate anyone or anything, I want to know the truth that makes me free.”*

## LIFT PRACTICE – Living In The Feeling Tone\*

Visualize your ideal awakened wealth outcome, who would you be if you were living and being and having everything you desire? Imagine it with and through all your senses. How it would feel like to be in your desired outcome, embodying the feeling and the visionary vibration of it. Breathing it in and allowing it to expand and radiate into your heart, body and out of you to the whole planet. As you are doing the LIFT practice notice the qualities of feeling and being and write them down, so you can later begin to integrate those qualities into your life.

## LIFT-PRACTICE & SCHEDULING YOUR WEALTH ACTIVATION STRATEGY\*

Focusing on the vision you are ultimately seeking to create for your life, allow yourself to really feel into it. When you have identified these qualities of feeling and of being, ask yourself, “What people, places, objects and actions activate these qualities of feeling? And, in these experiences where I am feeling these ways, who am I being?” Your action step is then to engineer more of those people, places, objects and actions into your life to activate these qualities. Engineering these into your life as part of your schedule, as part of your strategy, as part of your environment. You can do this for every quality that you want. Similarly, look at what people, places, objects and actions activate the opposite...and start to engineer those out.

FEELING – “What people, places, objects and actions activate feeling qualities of my vision?”

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BEING – “Who – and how – am I being when I am experiencing these qualities?”

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DOING – “What am I doing, when I experience these qualities and how can I engineer that into my schedule, strategy, and environment more and more each day?”

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What can I let go of? What is not congruent with my vision?

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## The 7 Sacred Gifts that Give You Everything

### The 21-Day Giving Challenge

For the next 21 days begin fasting from getting and start feasting from giving. Look at The Seven Sacred Gifts and find ways you can begin giving more in these seven areas. Schedule your actions in your planner or on your calendar. Remember to give yourself first and always ask, “In what ways can I give more?”

#### **Giving Forth**

Share your time, talent, and treasure.

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**Giving Away**

Circulate what you no longer need/use.

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**Giving Up**

Release habits, criticism, complaints, judgment.

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**Giving In**

Let go of resistance, surrender to what's emerging.

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**Giving to Yourself**

Give yourself what you seek from others.

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**Forgiving**

Free yourself and others from emotional debt.

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**Giving Thanks**

What you appreciate, appreciates.

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**Sacred Money Archetypes\***

- Journal with your top Sacred Money Archetype daily
- Ask how your two supporting Sacred Money Archetypes support your number 1
- Complete the Business Insights Breakthrough tool
- Complete the Personal Insights Breakthrough tool

\*Kendall Summerhawk