

# *Financial Sovereignty 3*

## ***Connecting Money & Soul***

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Section 7



Invoking the  
Sacred





Activate Your  
Intention

Open to Receive

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# CHECK – IN:

- How has your week been?
- What have you noticed?
- *Have you been able to connect and stay connected to your soul and relax?*
- *Have you been tracking your money? What happened?*
- *Have you been staying out of contraction?*



# Financial Sovereignty

## Section 7

- Going Deeper with our Relationship with Money
- Connecting with Your Passion
- Planting more in the Quantum Field – The Sophia Frequency  
REGULARLY!



# Best Way to Use this Training

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- Refer back to Your Intention
- Lean into Resistance
- Set aside time to work on it!
- Commit to the process



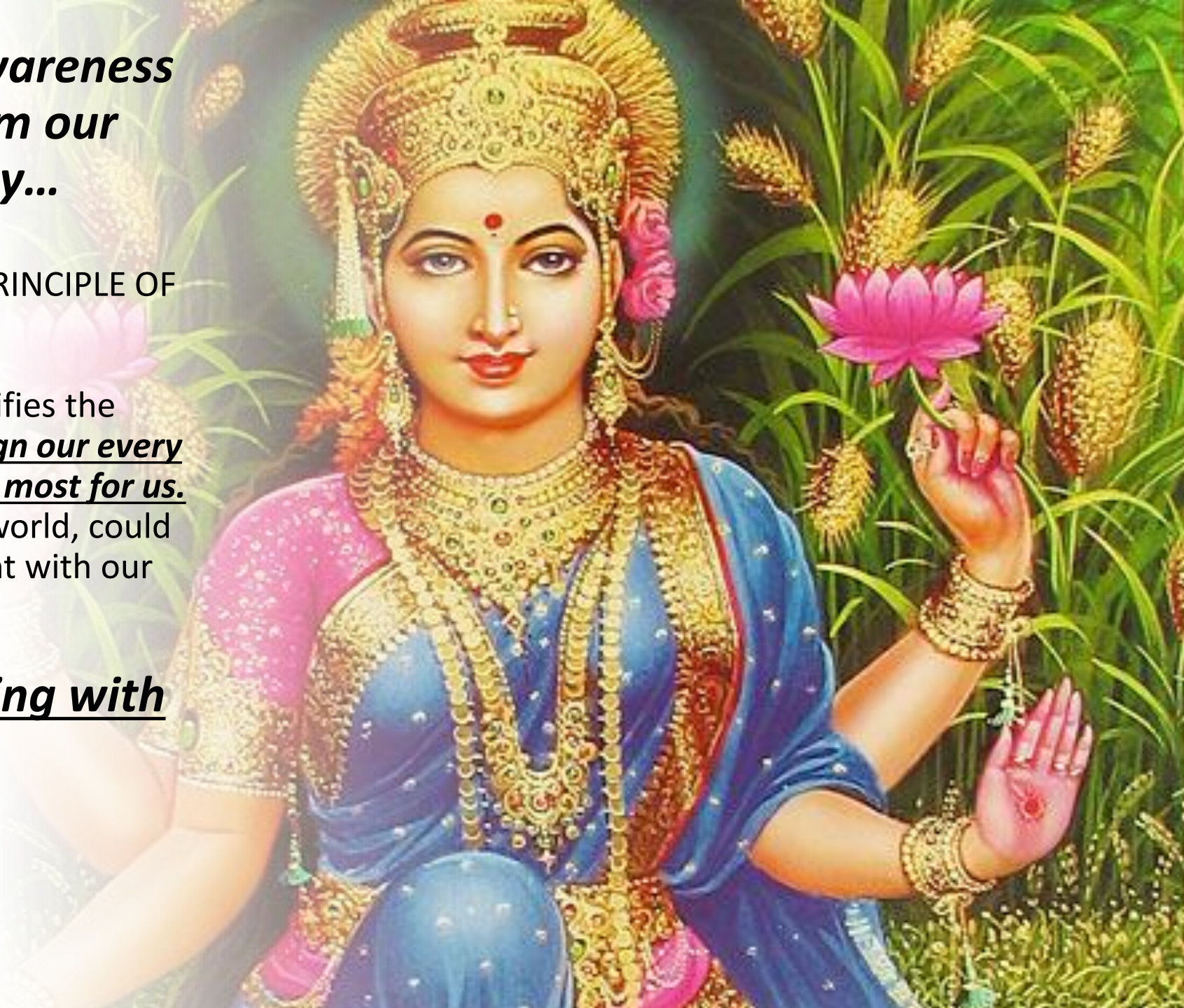


***I'd like to bring your awareness  
back to this slide from our  
Opening Ceremony...***

I like to think of Lakshmi as the PRINCIPLE OF  
ABUNDANCE.

Traditionally, Lakshmi personifies the  
blessings that arrive ***when we align our every  
action with what the soul desires most for us.***  
If there is anything amiss in our world, could  
it be we aren't truly in alignment with our  
soul?

***This speaks of connecting with  
our passion.***





Deep within your Soul is the Seed of Your Passion. That very special part of you that you brought with you from the realms of the Divine – that specific DROP OF LIGHT that is yours alone – THAT YOU CAME TO SHARE WITH THE WORLD.

When you drop into this frequency and share from that place, you give freely from your heart.

This is the type of giving that attracts our abundance.

It is usually something we are passionate about and this causes us to push ourselves forward to do things that might be out of our comfort zone.

In order to move into the sweet spot, it is necessary to connect to this frequency regularly.





# REMEMBER...

Lakshmi is the auspiciousness that begins to bloom in our life when we **align our every action with the work our soul has come here to do.**

She reminds us our ultimate goal is not just outward wealth **but being able to know our true bliss.** What makes us feel lit up like a glow stick while we are doing it? What work doesn't feel like work at all? She is a link to finding that bliss so that what is within us is poured forth to the world.



*So, let's ponder that...*

- What is your passion?
- What is the work that doesn't feel like work for you?
- What could you do for hours and rather than feel tired when you finish, you feel energized?
- When you are quiet and go in your soul, what does the Divine want to pour forth through you?
- What do you KNOW is yours to do in the world? Remember, this doesn't have to be about a "job." It can be holding a frequency, being a good mom, or a good citizen.





# Remember the 1<sup>st</sup> Form of Lakshmi Wealth

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**Veera Lakshmi (Valor Lakshmi)** She bestows the *strength and courage we need to face our difficulties and overcome them*. The word Veera is closely related to virility, which means vigorous strength, and virtue, which means being strong enough to, choose what's right over what's easy.



*So...*

- Are you engaging in your passion regularly?
- Do you truly know what it is?
- Do you feel stuck?
- Do you feel connected to your soul on a regular basis?
- What do you need to assist you in this area?
- Do you feel like the Divine might be trying to get your attention?





*If so, is this a place where you need to SURRENDER?*

If you are truly ready to end the struggle, then it is time to commit to releasing MONEY or as an adversary, and letting IT be your friend...your teacher.

So do it, right now, if you are still struggling with abundance and money, take a deep breath and let go. Let go of trying to figure it out. Let go of doing it all yourself. Let go of beating yourself up when you don't do it right, or don't have enough, when the books don't balance, or the paycheck is not big enough. Surrender and let **THIS ISSUE** be your friend and ally. Feel this viscerally in your body. Drop the struggle. Even if just for a moment.

Say out loud: ***Ok, I surrender. What, "in Goddess's name" have you been trying to teach me? I surrender. Show me. I am willing to see differently.*** Then write down everything that comes in your journal.



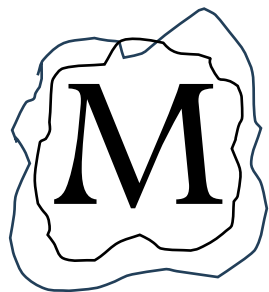
## *So, now, from this place*

- Take a moment and close your eyes.
- Drop into your heart of hearts.
- Relax.
- Ask yourself what do I really and truly want when it comes to my relationship with money.
- Pull out your journal and begin writing.
- Imagine what it would FEEL like if what you just wrote had already happened. How would you feel if it had already happened.





*Is there anything you need to update here?*



### **Intention**

4~5 outcomes you would like to see

### **Emotion**

4~5 emotions you would feel









## Module 7 Homework

- Continue to connect to your soul everyday
- Try doing today's meditation first thing in the morning & at night before bed.
- Track your income everyday
- Pick 1 new money habit to begin.
- Practice the 7 Gives.
- Stay out of contraction – relax.
- Surrender

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Next Week: Section 8